Founders Forum

April 2025

F H FOUNDERS HALL

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A Message from Nikki:

Spring has arrived, and with it comes fresh energy and exciting changes at Founders Hall! I'd like to extend a heartfelt thank you for your flexibility and understanding as we completed some building projects. Thanks to your patience and support, we now have a beautiful new coffee bar, upgraded kitchen amenities, and state-of-the-art display screens — which will help us share the incredible things happening here and honor the sponsors and donors who make it all possible.

This season also brings a new pep in our step, reflected in our vibrant spring course offerings. The enthusiasm practically jumps off the pages of our course book and into our classrooms!

If you recently participated in our class surveys, thank you for taking the time to share your thoughts. Unsurprisingly, we received glowing feedback about our talented and dedicated instructors — one of my favorites: "I feel like I'm learning from the best, and having fun doing it!" Your feedback helps us continue to make every experience here enriching and meaningful.

I also want to share a wonderful volunteer opportunity coming up on April 16th. We'll be partnering with the Boys & Girls Club to prepare flowers for SOAR's flower recipients. We could use your help! If you'd like to lend a hand and spread a little spring cheer, please reach out to me for more information.

And don't forget — our much-anticipated Garden Gathering is just around the corner. This is an event you won't want to miss! Be sure to check out the details inside this newsletter.

Wishing you a joyful and inspiring spring season,

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IN THIS NEWSLETTER YOU CAN EXPECT: A Message from Nikki **Community Updates** April Special Events & Reminders April Calendar Welcome New Members Drop-in Groups **April Movies** Gratitude for our Donors.

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Our Stories: Instructors, Members, and Events.



Two-day Billiards Tournament Recap

Our two-day bracket-style Billiards Tournament was full of skill, suspense, and plenty of laughs! Congratulations to Ron, our champion, and Bert, our runner-up!

With lunch on day one, plenty of friendly banter, and even a few colorful words for added flair, there was never a dull moment!

Whether you're a seasoned player or just getting started, all levels are welcome to join in, practice, and rack 'em up for the next game!

The photo above shows members who stayed for the final match, standing alongside the winners.

"Seniors on the Ball": Founders Hall Basketball Team.

The Founders Hall basketball team, Seniors on the Ball, photographed below and led by the dynamic duo JoAnn Cali and Jim Arcuri, is all about fun, fitness, and friendly competition!

This spirited group hones their skills with drills, then puts it all to the test with a 20-minute halfcourt scrimmage to wrap up each session.

But they don't stop there! These dedicated players hit the stands to cheer on the RHS girls' basketball team and even take the court themselves for an exciting halftime exhibition game.

What a team, what a community, what a game!



What's Your Sign?

Founders Friday: Cosmic Conversations — was truly out of this world!

Members discovered their astrological signs, connected with others who share the same sign, and enjoyed a fantastic afternoon of fun and connection. We had a huge turnout!

Plus, we were thrilled to feature Lily Fertik, one of our newest instructors for the Spring semester, who showcased her incredible Mixed Media Art class and gave members a sneak peek at the creativity and inspiration her upcoming class will bring.





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REMINDERS:

Founders Hall **general hours** are 8:30am-4:30pm.

Friday, April 18th, Founders Hall will not have semester classes, all FITNESS classes will still be held.

Spring for Things 2025! This April, watch flowers bloom throughout Founders Hall each one marked with a needed item like newspaper subscriptions, exercise bands, stamps, coffee, and more. Want to help? Just pick a flower, attach your donation, and drop it at the front desk. Donate on your own or team up with friends or classmates.

Ridgefield Night Out Gallo & Ridgefield Playhouse SOLD OUT

Friday, April 11th. Although this month's event is sold out, this will be a series that combines a local dinner and event. Don't miss out on signing up for the next Ridgefield Night Out! This month's RNO: Dinner: 5:45, Show 8:00pm

Ridgefield's Key 🔴 Suffragist, Alice Paul

Friday, April 25th at 1:00pm.

Discover and learn more about the story of Alice Paul, Ridgefield's own suffrage leader, in a dynamic presentation by Darla Shaw, Jean Cole, and Debbie Ahle.

A local legacy that changed history!

Book Discussion:

Taste: My Life Through Food by Stanley Tucci

Thursday, April 10th at 3:00pm. Facilitated by The Ridgefield Library.

Eat Together Lunch

Spring Happy Hour

Thursday, April 17th at 12:00pm bring your own lunch and we will provide sweets. A great way to connect and meet new friends.

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Thursday, April 24th at 4:00pm Thanks to our friends at Care Patrol, we'll be adding an extra dose of fun with karaoke totally optional, but smiles and good times are guaranteed. Sip, snack, sing (if you'd like!), and

celebrate the arrival of spring with friends old and new. **Sponsored by Care Patrol.**

Performance:

Monday, April 28th at 2:00pm.

Come listen to the Founders Hall Singers in the library. What a great way to support your fellow members and enjoy their voices. Refreshments will be served.

Founders Friday: Trivia



Friday, April 11th at 2:00pm. Join us for an afternoon of fun, laughter, and friendly competition at our next Founders Friday: Trivia! Test your knowledge with four exciting rounds of pub-style trivia — Entertainment, Sports, History, and Nature. Whether you're a trivia buff or just in it for the laughs, it's the perfect way to connect and unwind. We'll have light drinks and crunchy snacks to keep you fueled as you play.

Bring your game face and a friend — and let's make it a Friday to remember! **Sponsored by Ridgefield Station.**

Trash Talk:

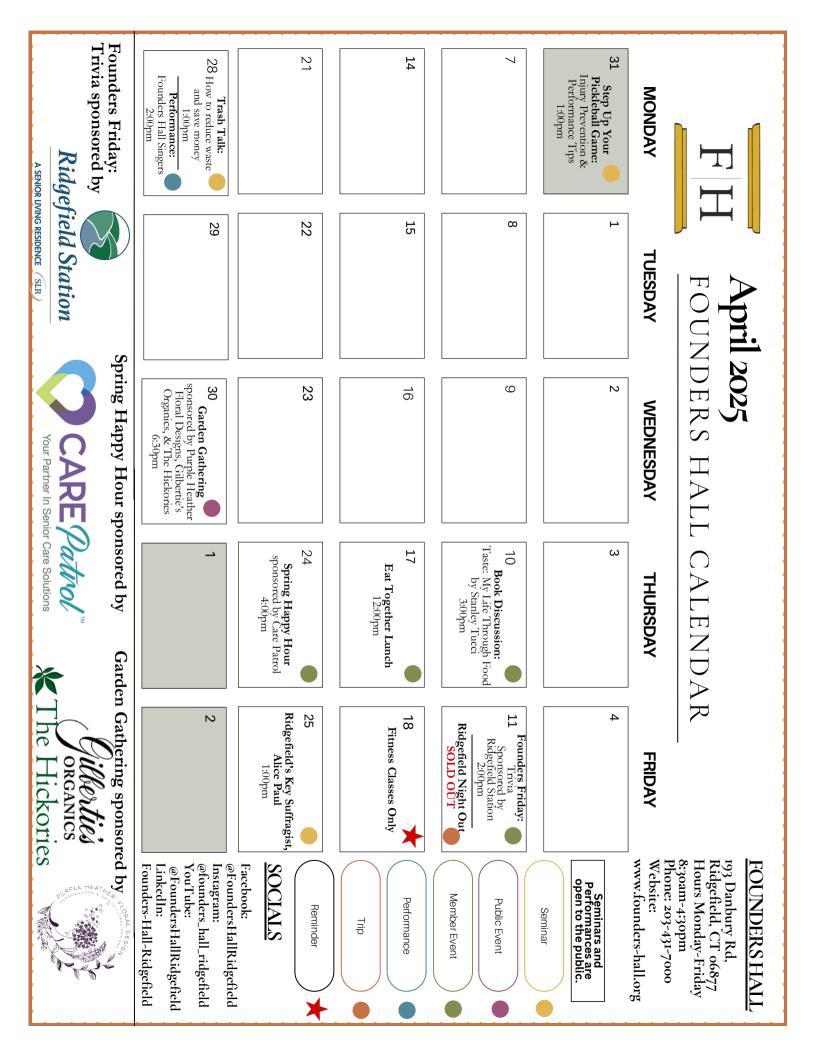
How to reduce waste and save money

Monday, April 28th at

1:00pm. Many of you are already champions of recycling — we see it every day! But even the most dedicated recyclers can get tripped up by confusing rules and "wishcycling." Join us in the FH Lecture Room for Trash Talk, presented by Jennifer Heaton-Jones, the Executive Director of the regional governmental solid waste and recycling authority, HRRA.



Wednesday, April 30th at 6:30pm, join us for an enchanting, hands-on event to benefit Founders Hall, where you'll design a take-home piece using fresh herbs from Gilbertie's, seeds and potting materials from The Hickories, and vibrant flowers from Purple Heather. As you create, enjoy an exquisite spread of crudités, delicious bites, and refreshing drinks. Explore the "Garden Shop", with proceeds donated to Founders Hall, for theme-inspired treasures, perfect for your own garden or as a thoughtful gift. This event is a wonderful way to connect with friends while giving back to Founders Hall. Register at www.founders-hall.org. Tickets are \$75pp.



Everything You Wanted to Know About Senior Care

The pros and cons of... Homecare – Assisted Living – Memory Care – Nursing Home...and what they cost?

...But were afraid to ask.

Contact Paul & Susan Doyle 475.619.4123 | 914.356.1901 TheDoyles@youroasisadvisor.com



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Welcome to the Founders Hall Community New members from February 16th-March 15th

Bill Ashley Heidi Ashley Chris Bance Rita Bangser Jose Beltran Rosita Benson Kathy Biagiarelli Adela Booth David Booth Ann Callahan Pamela Custode

Gina Darling Betsy DeSoye David Doyle George Ferrigno JoAnn Ferrigno Judi Ford Deb Freeman Jane Frost JoJo Galante Dee Hallerung Vic Iorillo Joan Kendall Susan Kirshner Sue Komsta Josette LeFranc Carol Leibman George Leibman Anastasia Lester Tom Lester Michael Lynch Sy Lynch MJ Massie Steve Maydan David Mazza Melissa Murray-Bance Dennis O'Connell Jodi O'Connell Ben Ortiz Susan Payne Bill Pelton Lorraine Piazza Carol Quirolo Joe Quirolo

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Drop-in Groups

2nd Wednesday of the month 2:00-4:00pm, all levels welcome. No money. Small prizes awarded to the winners.

Billiards: Monday- Friday 11:30am-4:30pm, all levels welcome.

Quilting: Tuesdays 2:00-4:00pm, all levels welcome.

Weaving: Wednesdays 10:00am-12:00pm, all levels welcome.

Bingo: Every 1st & 3rd Friday of the month. 1:00-3:00pm, all levels welcome.

Pinochle: Mondays 1:00pm-4:00pm, if you know the game, join us.

Garden Club: April-October Every 3rd Friday 1:00-2:30pm.

<u>APRIL MOVIES</u>

Friday April 4th at 2:00pm Walk the Line -Rated PG13 - 2h 10min *Ridgefield Night Out

Friday April 18th at 2:00pm Flamenco - Not Rated - 1h 37min *Flamenco with Nikki & Music with Michael

Friday April 25th at 2:00pm **The Truman Show** - Rated PG - 1h 42min *Ethics in Science with Chris

Movies are held in the first floor Media Room. Please check-in with the front desk first. Thank you and enjoy! *Theme of the day.



Thank you to our donors *From February 16th- March 17th*



Jeffrey Altman

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° Founders Circle

Founders Circle members are donors who have linked their legacy with Founders Hall.

Our Mission is to provide a diverse program of social, educational, and physical fitness programs for today's active seniors in a warm, fun, and stimulating atmosphere.

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Thank you for reading!