

FOUNDERS HALL

Spring 2025

Table of Contents

Introduction 2

Registration Information 4

Evening Program 5 - 6

Academic Program 7 - 13

Dance Program 14 - 15

Registration Form 17 - 21

On The Road 23

Social and Seminar Programs 24- 25

Art Program 26 - 29

Hobby and Sports Program 29 - 34

Technology Program 35

INTRODUCTION

Information

General Hours: Monday - Friday, 8:30AM-4:30PM
Address: 193 Danbury Road, Ridgefield CT, 06877
Phone: 203-431-7000
Email: foundershall@founders-hall.org
Web: www.founders-hall.org
Facebook: Founders Hall Ridgefield
Instagram: [founders_hall_ridgefield](https://www.instagram.com/founders_hall_ridgefield)
LinkedIn: Founders-Hall-Ridgefield

Sponsors

Our special thanks to the generous sponsors who help us keep class and program fees at a minimum:

Academic Program:

Rudy Ruggles
Nick and Anita Donofrio
Ridgefield Station

Art Program:

Anna-Maria and Stephen Kellen
Foundation

Fitness Program:

Barker Welfare Foundation
The Paul and Johanna Laszig Trust

Hobby & Sports Program:

Ridgefield Parks and Recreation
Ridgefield Thrift Shop
The Wadsworth Russell Lewis
Trust Fund

On the Road Program:

Ridgefield Professional Office Complex

Dear Members,

Our Spring 2025 semester will consist of in-person classes, Zoom classes, and a few hybrid classes. Please remember that these classes are only for Founders Hall members. The dates for our Spring Semester will begin on March 31 and run through June 6th. If classes require a make-up class they will be held during the following two weeks after the end of semester.

Registration for Spring 2025 is similar to previous years, with an online option and a mail-in option. The online option saves significant staff resources so we hope you will try that if you haven't before.

New to you!

Please note we are offering more evening courses this semester! Check out our new Academic and Art courses highlighted in our Evening Course section.

In-Person Attendance Information

Our goal is to keep Founders Hall members, instructors and staff healthy while gathering in-person and enjoying each other's company. To achieve that, each of us plays an important role. If you don't feel well, please stay home.

Closing and Cancellation Policy

Programs are subject to change or cancellation.

Founders Hall follows Ridgefield Public Schools for weather-related closings. If Ridgefield Public Schools are closed, Founders Hall will also be closed. If the schools have a delayed opening, Founders Hall will be open for the day. We encourage members to check for updates before heading to Founders Hall.

There are three ways to check for Founders Hall closures:

1. Email Notification:

All members will receive an email by 8:00 AM on the day of the closure.

2. Website Announcement:

Updates will be posted under "Announcements" at www.founders-hall.org.

3. Phone Message:

A recorded message will be available by 8:00 AM at (203) 431-7000.

Registration

You can register and pay for semester programs online or by mail. **Registrations are due by Tuesday, March 18 at 4:30PM.**

How to Register Online

Log into your Community Pass account and simply follow the prompts to review the programs, make your choices and complete the registration. You can securely pay electronically or you can choose to pay by check.

If you have NOT activated a Community Pass account, please email Tracy Dubin (tracy@founders-hall.org). She will send you a log-in username and password so you can take advantage of online registration for Spring Semester.

If you don't use email or would like some guidance in using online registration, please call Tracy for help.

If you prefer to use paper

Complete the form on pages 17 - 21 and mail with payment.

Whether You Register Online or On Paper

Spring semester programs begin on Monday, March 31. Programs are subject to change and/or cancellation.

If you have registered for a Zoom class, you will receive a link for that class the morning the class meets.

If more people are interested in a class than there are available spaces, we will use a random lottery to assign places. **All PAID registrations received by 4:30PM on Tuesday, March 18th** will be included in any necessary lotteries. If there is not space for you in a class, we will notify you and refund your payment. No news is good news. You will not hear from us if we are able to enroll you as requested.

Registrations are non-transferable. We do keep waiting lists for those who wish to join a filled class.

FOUNDERS HALL SPRING 2025

Evening Program

Academics:

Ethical Questions in Science

Students will engage in discussions of some of the greatest ethical questions facing our world today. From the use of DNA to screen for diseases or criminality, the importance of CRISPR technology, the advancement of 5G technology, cloning and virtual reality, students will generate web diagrams of the possible impact this technology will have on society and attempt to draw conclusions as to its value or risk. No science background is required!

Tuesday 6:00-7:15PM

Instructor: Chris Priedeman

First class: April 1

Fee: \$35/\$42NR (10 Sessions)

Guided Meditation for All

Unwind at the end of the day with a relaxing session of guided meditation. No previous experience is required. Just come as you are, take a seat and follow along as we put the worries and busyness of the day aside. Each evening class will have two short and easy sessions, a little stretching to limber up and time for questions. Come and enjoy!

Tuesday 5:30-6:30PM

Instructor: Peter Bancel

First class: April 15

Fee: \$35/\$42NR (8 Sessions)

Music with Michael Lankester ~ In-Person ONLY

THE CONCERTO

1. Bach – The Brandenburg Concerto
2. Mozart – Piano Concerto in C No.21, K.467
3. Beethoven – Violin Concerto
4. Mendelssohn – Violin Concerto
5. Dvořak – Cello Concerto
6. Chopin – Piano Concerto Nos. 1 & 2
7. Elgar – Cello Concerto
8. Ravel – Piano Concerto Nos. 1 & 2
9. Sibelius – Violin Concerto
10. Bartok – Concerto for Orchestra

Thursday 6:00-7:30PM

Instructor: Michael Lankester

First Class: April 3

Fee: \$35/\$42NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Evening Program continued

Art:

The Essence of You: Mixed Media Intuitive Painting Class

In this art class, we explore the profound connection between mind, body, and spirit through various artistic modalities, including acrylics, oil pastels, textiles, and more. By engaging with these mediums, participants will cultivate mindfulness, deepen self-awareness, and express their inner worlds. Acrylics allow for vibrant and fluid expression of emotions, while oil pastels offer a tactile experience, fostering a connection to our senses. Textiles invite participants to weave stories and emotions, creating a tactile connection to both the physical and spiritual realms. Throughout this journey, we will embrace the process of creation as a form of healing, grounding, and personal transformation. Fun fact: there will be new directives every two weeks to add depth and layers to the canvas. All levels of creatives/artists are welcome to join in this creative process. An additional materials fee of \$10 will apply at registration.

Thursday 5:00-7:00PM

First Class: April 3

Instructor: Lily Fertik

Fee: \$45/\$52NR (10 Sessions)

Garden Mosaics

Dive into the vibrant world of mosaics in a relaxed, creative environment. This hands-on class focuses on creating garden-themed mosaics using materials like ceramic tiles, pottery, glass, and found objects. You'll learn essential skills for crafting long-lasting indoor and outdoor pieces, such as wall hangings, sculptures, and sun catchers. With step-by-step instruction, you'll master techniques in cutting, tool use, installation, and grouting, all while exploring color, style, and personal expression. No prior experience required—by the end, you'll have completed at least one mosaic and gained all the skills needed for future projects. All skill levels welcome. There is a materials fee (\$38) for this course and it will cover: Thinset, grout, mosaic tiles and glass. All tools are provided for use but you are welcome to bring in your favorite tools if you already have them.

Tuesday 5:00-7:00PM

First Class: April 1

Instructor: Barbara Galazzo

Fee: \$45/\$52NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Academic Program

Adventures in Poetry with Ira Joe

Even if you love winter, when it's time for the snow to go, it's time to step poetically into spring. And laden with poems from then and from now Ira Joe Fisher invites your eyes and reactions to those poems. A poem is an adventure ... for your soul. Let us adventure together! Class will not meet on April 18.

Friday 10:30AM-12:00PM

First Class: April 4

Instructor: Ira Joe Fisher

Fee: \$35/\$42NR (10 Sessions)

Book Discussion

Join your friends, new and old, for an in-person monthly book discussion. Books are available through Ridgefield Library and/or Hoopla, one of the Library's e-content services (link on Library website). Copies of the books may be available at the Front Desk at Founders Hall.

April 10: Taste: My Life Through Food, Stanley Tucci

May 8: The Women, Kristin Hannah

June 12: Long Island, Colm Toibin

Thursday 3:00-4:30PM

Facilitator: Staff members of Ridgefield Library

No Charge

Contemporary Short Stories

Enthusiastic readers will use the Shared Inquiry Method for a text-based discussion of selections from The Scribner Anthology of Contemporary Short Fiction (\$18). This anthology of fifty extraordinary stories includes pieces by authors Alexie Sherman, Margaret Atwood, Toni Bambara, Sandra Cisneros, Michael Cunningham, Junot Diaz, Louise Erdrich, Annie Proulx, and many others.

Wednesday 1:00 - 2:30PM

First Class: April 2

Instructor: Louise Hazebrouck

Fee: \$35/\$42NR (9 Sessions)

French Refresher

These classes are for those who have taken French previously or have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. French is Fun, Book 2 (\$34) will be used for the class and is available through the registration form..

The class will also use Learn French the Fun and Fast Way, which you may be able to find used.

Wednesday 9:30-11:00AM

First Class: April 2

Instructor: Steve Rome

Fee: \$35/\$42NR (9 Sessions)

FOUNDERS HALL SPRING 2025

Film: The Future

Movies have long tried to predict the future, and I'm not just talking about science fiction. Take *The Shape of Water* (2017) as an example. It's a film that goes beyond the typical genre boundaries. Then there's *Blade Runner*, a taut thriller that explores the impact of pollution, driving humanity to leave Earth, while also posing profound questions about what it means to be human. That's a lot for one movie! For a bit of escapism, we'll also dive into the original *Star Wars* (1977). Will humanity ever evolve further? *2001: A Space Odyssey* offers its take on that. And yes, I promise to explain all the weird stuff in that film. Look forward to seeing you there!

Section 1: Monday 10:00AM-1:00PM	First Class: March 31
Section 2: Monday 1:30-4:30PM	First Class: March 31
Section 3: Tuesday 10:00AM-1:00PM	First Class: April 1
Section 4: Tuesday 1:30-4:30PM	First Class: April 1

Instructor: Robert Klaeger Fee: \$35/\$42NR (9 Sessions)

Friends, Enemies, and Influences in the History of Art

Artistic rivalries can be a source of inspiration for great art, oftentimes spurring artists to new heights. This course will follow several celebrated artists, linked to a counterpart by either friendship, admiration, envy, or ambition. To achieve what they did, each needed the influence of a contemporary. Who, if not all, are the winners? Class will not meet April 18.

Friday 12:30- 1:30PM	First Class: April 4
----------------------	----------------------

Instructor: Karen Pellecchia Fee: \$35/\$42NR (6 Sessions)

Getting the Words Off the Page

(Sponsored by Ridgefield Station)

This course is a dynamic and engaging class designed to help you master the art of delivering written material aloud to an audience. Whether you're performing words from a renowned writer or your own creation, you'll hone your skills in vocal expression and presence. Blending elements of acting with a deep appreciation for the craft of writing, this class offers a supportive and enjoyable environment for everyone—from the shy and curious to the seasoned performer. It's a fun, safe space to explore, practice, and grow as a communicator.

Tuesday 1:30 -3:00PM	First Class: April 1
----------------------	----------------------

Instructor: Scott Schulte Fee: \$35/\$42NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Global Issues

This program encourages and develops group discussion on critical worldwide issues, be they social, economic or political, in a complex and changing world. The topics to be discussed will be selected by course members from a list of important issues presented at the first meeting. Most weeks, a volunteer member of the group will provide subject background and questions to help initiate discussion. A guest speaker may be invited on occasion. The program strives to ensure that everyone gets an opportunity to participate and that the tradition of civil discourse will be maintained in a stimulating setting.

Monday 10:30AM-12:30PM	First Class: March 31
------------------------	-----------------------

Facilitators: Janet Andersen and George Eggleston Fee: \$18/\$21NR (10 Sessions)

History: The Soul of America

Come join us as we read, "The Soul of America" by Jon Meacham. The author explores contentious periods in our history and how presidents and citizens came together to defeat the forces of anger, intolerance, and extremism. Meacham brings vividly to life turning points in American history. The Civil War, Reconstruction, The Lost Cause, immigration, The KKK, and women's rights are some of the topics in the book. As Lincoln tells us, "The better angels of our nature have found a way to prevail." The book (\$17) is available via the registration form.

Wednesday 3:15-4:30PM	First Class: April 2
-----------------------	----------------------

Instructor: Mike Settanni Fee: \$35/\$42NR (9 Sessions)

Investments Discussion

Participants will choose topics for discussion such as a particular asset class, industry sector or individual stocks or bonds.

Tuesday 10:00 -11:30AM	First Class: April 1
------------------------	----------------------

Moderators: Scott DeYoung & Len Goldner Fee: \$18/\$21NR (10 Sessions)

Italian: Beginning

This beginner level class will introduce this beautiful language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. Class will not meet on April 18.

True Beginner Level 1	Friday 9:00-10:15AM	First Class: April 4
Beginner Advanced Level 3	Friday 10:45-12:00PM	First Class: April 4
Beginner Continuing Level 2	Friday 12:30-1:45PM	First Class: April 4

Instructor: Roland Fiorelli Fee: \$40/\$48NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Italian: Continuing/Intermediate

These continuing classes are for those with knowledge of Italian beyond beginner level. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing.

Continuing Level 4 Monday 9:00AM-10:15AM First Class: March 31
Intermediate Level 5 Monday 10:30AM - 12:00PM First Class: March 31
Instructor: Roland Fiorelli Fee: \$40/\$48NR (10 Sessions)

Meditation – For Those Who Don't and Those Who Do

Meditation is a simple way to slow down, and reconnect with basic living. Settling down by just sitting mindfully helps us relax with ourselves and be more available for others. It's a simple mental hygiene that refreshes. Many of us sense this, but have trouble to get down to it. This class will be about getting down to doing some meditation. As in previous classes at Founder's Hall, we'll cover the basics and learn how to bring it into our daily lives. We will continue with Pema Chodron's book (\$15), "How to Meditate: A Practical Guide to Making Friends with Your Mind". The class is open to all. Beginners are welcome! Those who've already taken a Founders Hall meditation class are welcome to join and go further.

Friday 9:00-10:30AM First Class: April 25
Instructor: Peter Bancel Fee: \$20/\$24NR (5 Sessions)

Music with Michael Lankester ~ In-Person and on Zoom

VIVA ESPAÑA!

1. Folk Music, Instruments & Church Music
2. Renaissance – El Greco / Victoria
3. Baroque – Velázquez, Velasco / Soler, Hidalgo & Scarlatti
4. Classical – Goya / Mateo Albéniz & Beethoven
5. The 19th Century – Sarasate, Arriaga & The Zarzuela
6. The French Connection – Bizet, Chabrier, Debussy & Ravel
7. 20th Century – Dali, Gaudi, Miró, Gris / Falla, Granados & Isaac Albéniz
8. Picasso / Rodrigo, Mompou, Turina
9. Garcia, Rosales / Montsalvatge, Gerhard, Balada & del Campo
10. Victoria de los Ángeles, Alfredo Kraus, Plácido Domingo, José Carreras

PLEASE NOTE: The morning session will have an in person and zoom option, but the afternoon will be in person ONLY.

Section 1 Thursday 10:30AM-12:00PM First Class: April 3
Section 2 Thursday 1:00-2:30PM First Class: April 3
Instructor: Michael Lankester Fee: \$35/\$42NR (10 Sessions)

FOUNDERS HALL SPRING 2025

The Names You Know, the Lives You Don't

In this class we will be discussing famous men and women from all areas and professions, many being the first in their fields. It will include high achievers in the arts and sports, those who made major discoveries in science, ground breaking people in politics, inventors, as well as humanitarians, patent winners, and discoverers who made the world a better place. What do you know about Frances Perkins, Jay Gould, Nikola Tesla, or the first woman physician?

Instructor: Toni McKeen First Class: April 2
Section 1 Wednesday 10:30AM-12:00PM Fee: \$35/\$42NR (10 Sessions)
Section 2 Wednesday 1:00-2:30PM Fee: \$35/\$42NR (10 Sessions)

Processing the Waves of Grief: a Group Experience

Whether it is a spouse, a friend, or a child, losing someone we love is painful and difficult. It takes time to process the loss and the grief - and it is often described as coming in waves. In this group experience, you will have a place to sit with others who are working through grief. There is no 'right way' to process grief. You will have space to remember your loved ones, to talk about the loss and look at how you live and feel in current times. Katie Guillory is an experienced facilitator who will hold the space for these discussions. Note: there is no timeline for loss. You can come and process a loss from a long time ago, or something more recent. All are welcome.

Monday 10:30AM-12:00PM First Class: March 31
Instructor: Katie Guillory Fee: \$35/\$42NR (10 sessions)

Showing Up For Yourself: Insight Group to Reflect and Connect

The Insight Group is a sharing circle where we create time and space to check in with ourselves through reflection, writing, and saying things out loud. In Group, the facilitator offers prompts for your consideration. You will have a few minutes to reflect and write. You can go wherever your mind takes you, as deeply as you feel comfortable going. At the end of that time, the floor will be opened to sharing. You can say as much or as little as you would like. Pass or "come back to me" is always an option. In these groups, there is no crosstalk or advice giving. Sometimes being present and listening to each other really is more than enough. The group will be led by Katie Guillory, who is an experienced group facilitator. She has a knack for asking just the right questions to unlock insight. You may be surprised by this experience. Come explore yourself and share with others in person.

Monday 1:30-3:00PM First Class: March 31
Instructor: Katie Guillory Fee: \$35/\$42NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Spanish Level 1: Refresher

This class is not for beginners but for those who have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. Practice Makes Perfect: Intermediate Spanish Grammar by Gilda Nissenberg (\$16) and Short Stories in Spanish (Intermediate) (\$12) will be used for the class. The books are available through the registration form.

Wednesday 1:00-2:30PM

First Class: April 2

Instructor: Steve Rome

Fee: \$35/\$42NR (9 Sessions)

Spanish Level 2: Expanding Your Skills

Elevate your Spanish proficiency in this comprehensive advanced-level speaking course designed for learners who wish to refine their conversational skills and deepen their understanding of nuanced language. Through engaging discussions, role-plays, and real-world scenarios, you will enhance your ability to express complex ideas, opinions, and emotions in Spanish while building on your existing knowledge to foster greater fluency. The book is available through the registration form for \$13 and is titled Learning Spanish II: How to Understand and Speak a New Language.

Wednesday 1:00-2:00PM

First Class: April 2

Instructor: Isabel Campos Anello

Fee: \$35/\$42NR (10 Sessions)

Tiger. Lion. Garuda. Dragon

In the Himalayan traditions of Tibet, Bhutan and Nepal and also those of China and Japan, the best of life is considered to be right there within us. It's found in human qualities that are universally admired and enjoyed. These qualities can also be forgotten, or hidden in us. The Asian traditions have a delightful way of bringing them out – through the colorful imagery of the four guardians: the Tiger, the Lion, the Garuda and the elegant Dragon. Each represents a quality that we can recognize, cultivate and play with. In this class we will explore these Himalayan qualities and invite them to visit us in Ridgefield.

Friday 11:00-12:30PM

First Class: April 25

Instructor: Peter Bancel

Fee: \$20/\$24NR (5 Sessions)

Voices of America: Exploring Current Events & Their Historical Context

This course examines contemporary issues and events in the United States through the lens of history. Students will explore the historical roots of current debates and controversies, analyzing how past events have shaped the present. By understanding the historical context of today's headlines, participants will develop a deeper understanding of the complexities of American society and politics.

Thursday 4:00PM-5:30PM

First class: April 3

Instructor: Jennifer DeJulio

Fee: \$35/\$42NR (10 Sessions)

FOUNDERS HALL SPRING 2025

The Woman in the Attic: Jane Eyre and Wide Sargasso Sea

Attics are confined and isolated spaces, metaphorical reflections of the ways in which women can be controlled and limited by others. In Charlotte Bronte's Jane Eyre (1847) and in Wide Sargasso Sea (1966) by Jean Rhys, the lives of women and the forces that encourage or oppress them as they seek self-actualization and independence are themes which find voice. Though Rhys' book can stand alone, it is intended as a prequel to Bronte's because it focuses on characters who are central to Jane Eyre. Both novels provide a fascinating exploration of the relationships between men and women and how these are informed and defined by the societies they inhabit. That said, this course will not be a forum for "male-bashing" or aggressive feminist views. Rather, it will provide an opportunity to read and engage in animated discussion of the works themselves and to consider the expectations for and experiences of men and women in these important novels and in our world.

The following books are available via the registration form:

Jane Eyre by Charlotte Bronte (\$8)

Wide Sargasso Sea by Jean Rhys (\$12)

Monday 3:00-4:30PM

First Class: March 31

Instructor: Maggie Seligman

Fee: \$35/\$42NR (10 sessions)

Writing: A Shared Experience

This collegial group of writers meets weekly to share short pieces of prose and poetry. The aim is to improve writing through the constructive criticism of fellow members of the group.

Tuesday 10:00AM-12:00PM

First Class: April 1

Class Directed

Fee: \$18/\$21NR (10 Sessions)

Writing Workshop

We each have a story to tell. It needs to be told; it wants out. Discover your story in this writing workshop where each participant is both a teacher and a pupil. The process is joyful and rewarding, as we hone our skills and learn. Each week, write something of your choice within two pages - an essay, memoir, poem, short story. Read it in a friendly environment, and receive constructive feedback focused on clarity, grammar, punctuation, and organization of the piece. Everyone stands to gain as we sharpen our writing skills. The class will be limited to 14.

Tuesday 2:00-4:30PM

First Class: April 1

Moderator: Anton Deiters

Fee: \$18/\$21NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Dance Program

Drum Circle

This class invites you to move freely through space, guided by a teacher trained in Danskinetics from the Omega Institute in NY. You'll explore improvisation, feel diverse rhythms in your body, and play in community with classmates, expressing yourself openly according to your physical and psychological comfort levels.

We'll begin with a warm-up, followed by playful movement, and end with a deep relaxation cool-down. Rooted in yoga, this class promotes body-mind-spirit holistic awareness. Come join us and have fun dancing to live drumming! This class will meet on these dates: April 3, 17, 24 and May 1, 15, 29.

Thursday 2:00-3:00PM

First Class: April 3

Instructor: Supriya Swerdlik Hermenze

Fee: \$35/\$42NR (6 Sessions)

Flamenco

Ever wanted to know more about Flamenco, the beautiful dance that hails from Southern Spain? Well, come learn by doing! We will continue what we started in earlier sessions, but new students are welcome. We will work on posture, arms, hand flourishes (floreos), simple marking steps, and basic footwork -- all while focusing on the compas, the rhythmic structure that is the foundation for all flamenco. Ole! Class will NOT meet on April 11 & 18, May 9.

Friday 2:05 - 2:50PM

First Class: April 4

Instructor: Nikki Nuut

Fee: \$35/\$42NR (7 Sessions)

Get Your Groove On: Salsa for Beginners

Ready to spice up your dance moves? Salsa is all about vibrant rhythm, smooth technique, and exciting partner work! With its perfect blend of timing, freestyle footwork, and the thrill of leading and following, salsa lets you express yourself while staying in sync with the music. Whether you're dancing solo or with a partner, it's a fun way to energize your body and connect with others. Come join our new instructor, Luis, who has 25 years of teaching experience on the dance floor and let the rhythm move you! Class will not meet April 15 or June 3. Make up days will be announced.

Tuesday 4:00 - 4:55 PM

First Class: April 1

Instructor: Luis Lopez

Fee: \$35/\$42NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Tap Dancing

Learn the basics of tap dancing through music. Not only is this class great for learning tap routines, it is also a fun way to keep in shape.

Level 1 (Beginner) - Tuesday 3:00-4:00PM

First Class: April 1

Level 2 (Continuing) - Tuesday 2:00-3:00PM

First Class: April 1

Instructor: Karen Casagrande

Fee: \$35/\$42NR (10 Sessions)

Zumba with Jessica ~ In Person

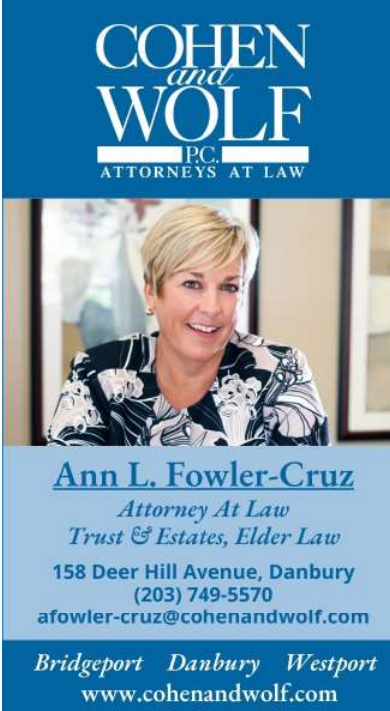
Get ready to move, groove, and shake things up! Jessica brings her own signature style to Zumba, blending a lifetime of dance and fitness experience into a high-energy class that feels more like a dance party than a workout. With a mix of Latin beats, global rhythms, and a variety of dance styles, you'll be smiling, sweating, and wondering where the time went. No matter your experience level, you'll leave feeling like you danced the day away—because you did!

Wednesday 10:05-10:55AM

First Class: April 2

Instructor: Jessica Mancini

Fee: \$35/\$42NR (10 Sessions)



**COHEN
and
WOLF**
PC
ATTORNEYS AT LAW

Ann L. Fowler-Cruz
Attorney At Law
Trust & Estates, Elder Law
158 Deer Hill Avenue, Danbury
(203) 749-5570
afowler-cruz@cohenandwolf.com

Bridgeport Danbury Westport
www.cohenandwolf.com

Here are the steps for paper registration:

1. Read the course book and select programs.
2. Complete the form on pages 16 – 20 indicating your contact information and the programs you want to take.
3. If registering for more than one person, please indicate, with initial or name, who is taking which class(es).
4. Total your program fees. The payment for Ridgefield residents is the first amount. The payment for non-Ridgefield residents is the second amount, designated as “NR.”
5. Indicate your payment method:
 - Check, payable to Founders Hall. You may submit one check for your entire registration.
 - Credit card: Visa, MasterCard, Discover or American Express.
 - Check the box if you would like to cover the cost of the credit card fee.

6. Mail your completed registration form and payment so that it arrives at Founders Hall by 4:30pm on Tuesday, March 18.

Please note: If a class you’ve selected is oversubscribed, we will make every effort to add additional sections. If necessary, we will conduct a random lottery to determine places in oversubscribed classes. If we are not able to accommodate your selection, we will call you and refund your payment. You will not hear from us if we are able to accommodate your selections. **Please note: only paid registrations will be included in any lottery.**

If you have questions or need assistance with completing the registration form, please contact Katie or Tracy.

SPRING 2025 Registration Form

Member ID Number _____

Name _____

Address _____

Phone _____ E-mail: _____

	Sign me up	Course Fee	Materials Fee
<u>Evening Courses</u>		Ridgefield	Non-Ridgefield
Ethics in Science	<input type="checkbox"/>	\$35	\$42
Guided Meditation	<input type="checkbox"/>	\$35	\$42
The Concerto with M Lankester	<input type="checkbox"/>	\$35	\$42
Essence of You	<input type="checkbox"/>	\$45	\$52 <input type="checkbox"/> \$10
Garden Mosaics	<input type="checkbox"/>	\$45	\$52 <input type="checkbox"/> \$38

<u>Academic Courses</u>		Ridgefield	Non-Ridgefield
Adventures in Poetry with Ira Joe	<input type="checkbox"/>	\$35	\$42
Book Discussion	<input type="checkbox"/>	no fee	
Contemporary Short Stories	<input type="checkbox"/>	\$35	\$42 <input type="checkbox"/> \$18
Film: The Future			
Monday 10:00-1:00	<input type="checkbox"/>	\$35	\$42
Monday 1:30-4:30	<input type="checkbox"/>	\$35	\$42
Tuesday 10:00-1:00	<input type="checkbox"/>	\$35	\$42
Tuesday 1:30-4:30	<input type="checkbox"/>	\$35	\$42
French Refresher	<input type="checkbox"/>	\$35	\$42 <input type="checkbox"/> \$34
Friends, Enemies in Art	<input type="checkbox"/>	\$35	\$42
Getting the Words off the Page	<input type="checkbox"/>	\$35	\$42
Global Issues	<input type="checkbox"/>	\$18	\$21
History: The Soul of America	<input type="checkbox"/>	\$35	\$42 <input type="checkbox"/> \$17
Investments Discussion	<input type="checkbox"/>	\$18	\$21

	Sign me up	Course Fee		Materials Fee
		Ridgefield	Non-Ridgefield	
Italian: True Beginner Lv 1 9:00	<input type="checkbox"/>	\$40	\$48	
Italian: Beginner Adv. Lv 3 10:45	<input type="checkbox"/>	\$40	\$48	
Italian: Beginner Contg. Lv 2 12:30	<input type="checkbox"/>	\$40	\$48	
Italian: Continuing Lv 4 9:00	<input type="checkbox"/>	\$40	\$48	
Italian: Intermediate Lv 5 10:30	<input type="checkbox"/>	\$40	\$48	
Meditation	<input type="checkbox"/>	\$20	\$24	<input type="checkbox"/> \$15
Music With Michael Lankester In Person				
Section 1 at FH Thursday 10:30	<input type="checkbox"/>	\$35	\$42	
Section 2 at FH Thursday 1:00	<input type="checkbox"/>	\$35	\$42	
Music With Michael Lankester Zoom Only				
Section 1 - Zoom Thursday 10:30	<input type="checkbox"/>	\$35	\$42	
Section 2 - IN PERSON ONLY				
Names You Know Lives You Don't In Person				
Section 1 at FH Wed 10:30	<input type="checkbox"/>	\$35	\$42	
Section 2 at FH Wed 1:00	<input type="checkbox"/>	\$35	\$42	
Names You Know Lives You Don't Zoom Only				
Section 1 Zoom Wed 10:30	<input type="checkbox"/>	\$35	\$42	
Section 2 Zoom Wed 1:00	<input type="checkbox"/>	\$35	\$42	
Processing Grief	<input type="checkbox"/>	\$35	\$42	
Showing Up For Yourself	<input type="checkbox"/>	\$35	\$42	
Spanish Level 1	<input type="checkbox"/>	\$35	\$42	
Book: Practice Makes Perfect				<input type="checkbox"/> \$16
Book: Short Stories in Spanish				<input type="checkbox"/> \$12
Spanish Level 2	<input type="checkbox"/>	\$35	\$42	<input type="checkbox"/> \$13
Tiger, Lion, Garuda, Dragon	<input type="checkbox"/>	\$20	\$24	
Voices of America	<input type="checkbox"/>	\$35	\$42	
Woman in the Attic	<input type="checkbox"/>	\$35	\$42	
Book: Jane Eyre				<input type="checkbox"/> \$8
Book: Wide Sargasso				<input type="checkbox"/> \$12
Writing: A Shared Experience	<input type="checkbox"/>	\$18	\$21	
Writing Workshop	<input type="checkbox"/>	\$18	\$21	

Dance Courses

	Sign me up	Course Fee		Materials Fee
		Ridgefield	Non-Ridgefield	
Drum Circle	<input type="checkbox"/>	\$35	\$42	
Flamenco	<input type="checkbox"/>	\$35	\$42	
Salsa	<input type="checkbox"/>	\$35	\$42	
Tap Dancing Level 1 Beginner	<input type="checkbox"/>	\$35	\$42	
Tap Dancing Level 2 Continuing	<input type="checkbox"/>	\$35	\$42	
Zumba with Jessica	<input type="checkbox"/>	\$35	\$42	

On the Road

Sign me up for the Mailing List!	<input type="checkbox"/>	No Fee	No Fee
----------------------------------	--------------------------	--------	--------

Ridgefield Night Out

Gallo and Ridgefield Playhouse	<input type="checkbox"/>	\$155	\$170
--------------------------------	--------------------------	-------	-------

Special Events

Annual Meeting	<input type="checkbox"/>	No Fee	No Fee
Community Table: Ridgefield Playhouse	<input type="checkbox"/>	\$5	\$6
Founders Hall Interview Project			
Sign me up for more details	<input type="checkbox"/>	No Fee	No Fee
Contemporary Con. Aldrich Museum	<input type="checkbox"/>	\$10	\$12

Art Courses

Closer Look at Colored Pencil	<input type="checkbox"/>	\$45	\$52	
Drawing Studio Workshop	<input type="checkbox"/>	\$12	\$15	
Essence of You - Mixed Media	<input type="checkbox"/>	\$45	\$52	<input type="checkbox"/> \$10
Experimental Drawing	<input type="checkbox"/>	\$45	\$52	
Figure Drawing	<input type="checkbox"/>	\$45	\$52	
Imitate Monet	<input type="checkbox"/>	\$45	\$52	
Oil Painting	<input type="checkbox"/>	\$45	\$52	
Portraiture	<input type="checkbox"/>	\$45	\$52	
Italic Calligraphy	<input type="checkbox"/>	\$45	\$52	
Watercolor Inter/Adv 10:30	<input type="checkbox"/>	\$40	\$48	
Watercolor Inter/Adv 1:30	<input type="checkbox"/>	\$40	\$48	

Sign me up Course Fee Materials Fee
 Ridgefield Non-Ridgefield

Hobby and Sports Courses

Basketball Clinic	<input type="checkbox"/>	\$35	\$42	
Bridge Assisted Play	<input type="checkbox"/>	No Fee	No Fee	
Bridge Continuing Beginners 2.0	<input type="checkbox"/>	\$35	\$42	<input type="checkbox"/> \$20
Bridge Intermediate/Advanced	<input type="checkbox"/>	\$35	\$42	<input type="checkbox"/> \$18
Duplicate Bridge				
Monday	<input type="checkbox"/>	\$18	\$21	
Partner (if any): _____				
Friday	<input type="checkbox"/>	\$18	\$21	
Partner (if any): _____				
Founders Hall Singers	<input type="checkbox"/>	No fee	No Fee	
Genealogy:				
Adv Beginning Genealogy Th11:30	<input type="checkbox"/>	\$45	\$52	
Intermed Genealogy Tu 9:30	<input type="checkbox"/>	\$45	\$52	
Adv Intermed Genealogy Tu 12:30	<input type="checkbox"/>	\$45	\$52	
Advanced Genealogy Th 2:30	<input type="checkbox"/>	\$45	\$52	
2025 Calendar Year Database Fee	<input type="checkbox"/>			<input type="checkbox"/> \$20
Genealogy Family Story Mon 10:00	<input type="checkbox"/>	\$45	\$52	
Golf Fit	<input type="checkbox"/>	\$35	\$42	
Kitchen Skills Tuesday, May 20	<input type="checkbox"/>	\$15	\$18	
Kitchen Skills Wednesday, May 21	<input type="checkbox"/>	\$15	\$18	
Knitting and Crocheting	<input type="checkbox"/>	\$35	\$42	
Mah Jongg - (Choose 1)				
Session 1 - April 4	<input type="checkbox"/>	\$5	\$6	
Session 2 - May 2	<input type="checkbox"/>	\$5	\$6	
Session 3 - May 23	<input type="checkbox"/>	\$5	\$6	
Pickleball Beginning	<input type="checkbox"/>	\$35	\$42	
Pickleball Continuing	<input type="checkbox"/>	\$35	\$42	
Pickleball Ladder Play	<input type="checkbox"/>	\$35	\$42	

Select 1
ONLY

Sign me up Course Fee
 Ridgefield Non-Ridgefield

Piano Lessons

Beginner	<input type="checkbox"/>	\$35	\$42
Beginner Repeat	<input type="checkbox"/>	\$65	\$72
Intermediate Beginner	<input type="checkbox"/>	\$65	\$72
Advanced Beginner	<input type="checkbox"/>	\$65	\$72
Quilt and Sew	<input type="checkbox"/>	\$45	\$52

Technology Courses

Canva	<input type="checkbox"/>	\$35	\$42
Google Docs	<input type="checkbox"/>	\$35	\$42
Photoshop Level 3	<input type="checkbox"/>	\$35	\$42

Before you register, please consider this... Although your class fee may be just \$35, it actually costs Founders Hall \$100 to provide that class to you. How can we offer such a discount? Because members like you *donate* to Founders Hall in addition to paying program fees. That's the ONLY way we can continue to offer low-cost, life-long learning. Thank you!

Payment

Total Program Fees: \$ _____
 Donation: \$ _____
 Total Enclosed: \$ _____

Payment Method

- Check enclosed payable to Founders Hall
You may submit one check for your entire registration.
- Cash (hand-delivered)
- Credit Card #: _____
Exp. date: _____ cvc: _____ Zip Code _____
- I would like to cover the 4% credit card processing fee.

FOUNDERS HALL SPRING 2025



F
H
GARDEN
GATHERING

A hands-on experience of growing and giving.

SAVE THE DATE

04 MONTH 30 DAY 25 YEAR

April 30 at 6:30 PM, join us for an enchanting hands-on event to benefit **Founders Hall**, where you'll design a stunning take-home piece using fresh herbs from **Gilbertie's**, seeds and potting materials from **The Hickories**, and vibrant flowers from **Purple Heather**. As you create, enjoy an exquisite spread of crudités, delicious bites, refreshing drinks, and other delightful surprises.

Explore the **Founders Hall "Garden Shop"** for theme-inspired treasures, perfect for your own garden or as a thoughtful gift. This event is a wonderful way to connect with friends while giving back to Founders Hall.

Mark your calendars—don't miss this special gathering!



FOUNDERS HALL SPRING 2025

On the Road Program...

Due to lower than expected registration, the “On the Road” Program will be undergoing a pause for part of the Spring Semester. If you’d like to stay updated on future trips, please check the box on the registration form to join the On The Road mailing list. Keep your eyes peeled for an exciting trip later in the semester!



Ridgefield Night Out: Ridgefield Playhouse

Join us for **Ridgefield Night Out**, a special event series that combines dinner and a show for a perfect night out in our beautiful community! Enjoy a 4-course, family-style Italian meal at Gallo Restaurant before heading over to the Ridgefield Playhouse for an unforgettable performance of *The Man in Black: A Tribute to Johnny Cash*. It’s a fantastic way to support our local businesses while having an amazing time. Don’t miss out – limited availability, so be sure to enroll today!

Friday, April 11, 2025

Dinner: 5:45pm Show: 8pm

Fee: \$155 / \$170NR

FOUNDERS HALL SPRING 2025

Seminar Series

Step Up Your Pickleball Game: Injury Prevention & Performance Tips

Dr. Allan Rosenthal & Gigi Weiss, MSPT Monday, March 31 1:00PM

Ridgefield's Key Suffragist, Alice Paul

Darla Shaw, Jean Cole & Debbie Ahle Friday, April 25 1:00PM

Estate Planning, Planned Giving and RMD

Robert Creamer, P.C. & Lilwyn Dyer, CLU Friday, May 16 1:00PM

Healthy Eating on a Budget (The Price is Right for Your Health)

Carmen Weber, RD Friday, May 23 1:00PM

Hearing Health & Prevention

Connecticut Eye Consultants Friday, May 30 1:00PM

Scam Avoidance

Dwight Edwards Friday, June 6 1:00PM

Singer/Songwriter Concert Series

Artist will be announced at a later date. Friday, June 20 1:00PM

Founders Fridays

Trivia *(Sponsored by Ridgefield Station)*

Friday, April 11 2:00-3:30PM

English Afternoon Tea *(Sponsored by The Greens and Wilton Meadows)*

Friday, May 9 2:00-3:30PM

Books of Summer *(Sponsored by Books on the Common)*

Friday, June 13 2:00-3:30PM

New Member Welcome Coffees

Tuesday, March 18 10:30-11:30AM

Tuesday, June 10 10:30-11:30AM

Eat Together Lunches

Wednesday, March 19 12:00-1:00PM

Thursday, April 17 12:00-1:00PM

Friday, May 23 12:00-1:00PM

FOUNDERS HALL SPRING 2025

Special Events

Live Well Day *(Sponsored by NuVance)*

No Fee Friday, May 28 9:00AM

Annual Meeting *(Sponsored by New York Life)*

No Fee - Registration Required Thursday, May 15 5:30-7:30PM

Community Table

Fee: \$5 / \$6 NR Wednesday, March 26 12:00PM

The Community Table quarterly lunch program. Join us for a delicious lunch, while we host a local community partner. This semester, staff members from *The Ridgefield Playhouse* will join us for a meal and conversation. This is more than a social event – it's an opportunity to meet new people, share stories, and build meaningful connections within our community. Whether you're looking to connect, learn, or simply enjoy a good meal in good company, this lunch is a chance to be part of something special. Limited availability.

Founders Hall Interview Project: Join the Conversation

Ongoing, next Session: Wednesday, April 9th 4:30-5:30PM

We're facilitating intergenerational conversations between Founders Hall members and local teenagers. If you are interested in sharing your stories and wisdom, and learning about the younger generation, sign up to participate and Nikki will reach out to you with more details. Let's continue to strengthen our community!

Spring Happy Hour *(Sponsored by Care Patrol)*

No Fee Thursday, April 24 4:00-5:30PM

Contemporary Connections

Fee:\$10/\$12 NR Friday, May 2nd 1:00PM

Join us at Founders Hall as The Aldrich Contemporary Art Museum proudly presents an interactive presentation provided by Access Specialist Holly Lapine and Education Assistant Antonio Paone, highlighting Martha Diamond: Deep Time. The event will include an inquiry-based conversation about Martha Diamond's life and art, complemented by classical music that inspired her, along with poetry. Limited spots are available!

FOUNDERS HALL SPRING 2025

Art Program

A Closer Look at Working with Colored Pencils

Through the interplay between implement and paper, an artist controls the impact and perception of an artwork. While beginners are welcome, this course is better suited for students who are familiar with the medium, and wish to further develop their skills and learn new tricks of the trade. One such technique is “under-layering,” which adds depth and richness. We will also cover how to blend tones, build values with overlapping pigments, how to choose the best pencil color for burnishing, and most importantly, how to adjust each of the above techniques to your choice of paper color and texture. Each student will choose a theme, object or scene to draw. Options and methods will be discussed during class for the benefit of all. Materials will be determined based on the optimal combination of paper and pencils to achieve a desired outcome. Please bring a pocket folder in which to store weekly reference sheets. Class will not meet April 22.

Tuesday 10:30AM-12:00PM

Instructor: Moki Kokoris

First Class: April 1

Fee: \$45/\$52NR (8 Sessions)

Drawing Studio Workshop

This studio time affords an opportunity to work with like-minded colored pencil artists.

Monday 2:30-4:30PM

Instructor: Open Session

First Class: March 31

Fee: \$12/\$15NR (10 Sessions)

The Essence of You: Mixed Media Intuitive Painting Class

In this art class, we explore the profound connection between mind, body, and spirit through various artistic modalities, including acrylics, oil pastels, textiles, and more. By engaging with these mediums, participants will cultivate mindfulness, deepen self-awareness, and express their inner worlds. Acrylics allow for vibrant and fluid expression of emotions, while oil pastels offer a tactile experience, fostering a connection to our senses. Textiles invite participants to weave stories and emotions, creating a tactile connection to both the physical and spiritual realms. Throughout this journey, we will embrace the process of creation as a form of healing, grounding, and personal transformation. Fun fact: there will be new directives every two weeks to add depth and layers to the canvas. All levels of creatives/artists are welcome to join in this creative process. An additional materials fee of \$10 will apply at registration.

Friday 10:00AM - 12:00PM

Instructor: Lily Fertik

First Class: April 3

Fee: \$45/\$52NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Experimental Drawing

This course explores the experimental and expressive nature of drawing using various drawing materials. Beyond representation and traditional concerns, students are encouraged to embrace the possibilities of creative and expressive activity. Through particular materials, drawing and thinking processes are formulated. Drawings produced are intimately related to these materials and experimentation, a key to uncovering individual artists' mark and language.

Media to be explored will include, but are not limited to, compressed charcoal, conte crayon, oil pastels, oil sticks, gouache, ink, and chalk on varied grounds.

It is suggested that students have some prior foundational drawing experience.

Materials list: Mixed media paper, bristol board pad, pastel paper, oil sticks, oil pastels, conte crayon, rags, jars, and portfolio.

Friday 1:45-3:45PM

Instructor: Karen Pellecchia

First Class: April 4

Fee: \$45/\$52NR (10 Sessions)

Figure Drawing

Students work each week from a live model. During the last half-hour, peers will critique each others work. A model fee, based on the number of students in the workshop, will be collected at the first class.

Wednesday 10:00AM-12:00PM

Instructor: Donatella Gagliano

First class: April 2

Fee: \$45/\$52NR (8 Sessions)

Imitate Monet's Shifting Light & Colors - Colored Pencil Drawing

Claude Monet studied the effects of light by painting the same subject in varying lighting conditions. His most well-known series were haystacks, water lilies, Rouen Cathedral, Waterloo Bridge. This approach allowed him to capture how changes in light would affect the colors, shadows, and overall mood of his works of art. In this colored pencil course, we will study how to depict your chosen subject, structure, or landscape at different times of day - dawn/sunrise, midday, sunset/dusk (i.e. alpenglow effect), and night-time. The primary focus will be on how colors shift from warm to cool tones, or saturate/desaturate, depending on the light source (sun, moon, street lamp) and atmospheric conditions (mist effect of fog, reflections from rain, etc). *Materials: 9" X 12" pad of Canson XL Mixed Media white paper, a set of colored pencils (wax-based or watercolor pencils), hand-held sharpener, a pocket folder in which to store weekly reference sheets.* Class will not meet on April 22.

Tuesday 1:00-2:30PM

Instructor: Moki Kokoris

First Class: April 1

Fee: \$45/\$52NR (8 Sessions)

FOUNDERS HALL SPRING 2025

Oil Painting

For experienced or beginner artists, this course will cover painting techniques, color mixing, composition and painting styles as well as varied painting subjects - still life, landscape, portrait and figures. The art studio atmosphere is coupled with art direction and guidance and freedom to experience new things. Canvas fee is \$3.

Wednesday 1:30-3:00PM

First Class: April 2

Instructor: Bonnie Weber

Fee: \$45/\$52NR (10 Sessions)

Portraiture with Colored Pencil

This is an advanced class and is designed for students who have some portrait drawing background. Students learn basic elements of facial anatomy - muscle and bone structure – and come to understand how a knowledge of those elements are essential building blocks of portraiture. “Meditative” is what Talburt calls the careful and methodical approach required for this marvelous medium with the jewel-like colors. The emphasis is on process more than product and the class is recommended for the committed art student who is interested in augmenting class work with work at home. *SUPPLIES: PLEASE BRING THE 48 COLOR SET OF SOFT CORE PRISMACOLOR PENCILS. Other supplies: 11 X 14 white drawing pad, 6 and 8B graphite pencils, kneaded eraser, a Derwent battery eraser (also available on Amazon for under \$10.)*

Monday 12:30-2:15PM

First Class: March 31

Instructor: Martha Talburt

Fee: \$45/\$52NR (8 Sessions)

Traditional Calligraphy - The Italic Hand (script)

Italic, or Chancery Cursive, was the handwriting of Renaissance scribes. Today, Italic calligraphy is frequently used for invitations, place cards, or in decorative art pieces. In this class, beginner students will learn this elegant alphabet following a step-by-step approach, which will cover the basic strokes that create the letters, both minuscules (lower-case letters) and majuscules (capitals). For returning students, we will discuss spacing, layout, and learn simple flourishing. The goal is to design a small decorative final piece - perhaps your favorite quote - worthy of framing! *Materials: For initial sessions, materials will be available in class. A full list of materials (paper pads, calligraphy markers or Pilot Parallel pen) will be provided for students to purchase on their own. Please bring a pocket folder in which to store weekly reference sheets.* Class will not meet on April 22.

Tuesday 3:00-4:30PM

First Class: April 1

Instructor: Moki Kokoris

Fee: \$45/\$52NR (8 Sessions)

FOUNDERS HALL SPRING 2025

Watercolor - Intermediate to Advanced

This class is for experienced watercolorists only - with all their own equipment. There will be weekly inspiration (perhaps seasonal) and/or handouts offered. As usual, the 2 hour class time may be used for your own personal paintings. Classes are limited to 16 students.

Section 1 Thursday 10:30AM-12:30PM

First Class: April 3

Section 2 Thursday 1:30-3:30PM

First Class: April 3

Instructor: Tina Phillips

Fee: \$40/\$48NR (6 Sessions)

Hobby and Sports Program

Basketball for Fun Clinic

Want to feel like a kid again? Then consider joining the men and women of the “Seniors on the Ball” basketball team. Why join? It’s a fun way to work on your balance, coordination and flexibility. We exercise, do drills and yes, the last 20 minutes or so of the session, we play a controlled, senior type of basketball on a reduced size court. As an added bonus, you will get to know some of the nicest people in Founders. No experience necessary, just a fun-loving spirit. Team members are in their 70s, 80s, no one in their 90s yet. Class meets in the gym at Parks and Recreation. No class April 16.

Wednesday 1:15-2:15PM

First class: April 2

Coaches: JoAnn Cali and Jim Arcuri

Fee: \$35/\$42NR (9 Sessions)

Bridge: Assisted Play

Experienced players will be available to assist play and answer questions.

Wednesday 10:00AM-12:00PM

First Class: April 2

Coaches: J. Clark and D. Thornton

No Charge

FOUNDERS HALL SPRING 2025

Bridge: Continuing Beginners 2.0

This class is intended for two groups of students:

1) as a continuation for those who have recently taken a True Beginners class at Founders Hall or elsewhere and 2) a refresher for those who have played bridge before but feel “rusty” about their current skill level.

The class will be based on 5 card Majors, Standard American and will continue to employ the Beginners textbook: *Bridge for Everyone* by Crisfield, available through the registration form for \$20.

Thursday 9:30-10:30AM

First class: April 3

Instructor: Mike Hess

Fee: \$35/\$42NR (10 Sessions)

Bridge Intermediate / Advanced

This class is for experienced players who want to improve their bidding, declarer play, and defense to the next level. We'll focus on 2/1 Game Force, supplemented by Standard American bidding based on five-card majors and will cover important basic conventions like Blackwood, Stayman, and transfers. Then we'll build upon that knowledge and learn more about competitive conventions like Michaels, Splinters, Jacoby 2NT, Negative Doubles, Roman Key Card Blackwood and New Minor Forcing. The class will also cover advances in defensive play: what to discard, giving count, and how to use suit preference signals. Comprised of short classroom lectures followed by the bidding and play of real bridge hands, this class is for players who are ready for more complex play. Recommended texts: Bridge for Everyone, D. W. Crisfield (\$20), and 25 Bridge Conventions You Should Know, Seagram and Smith (\$18) are both available through the registration form.

Thursday 11:00AM-12:00PM

First class: April 3

Instructor: Mike Hess

Fee: \$35/\$42NR (10 Sessions)

Duplicate Bridge

Enjoy bridge playing the same hands as other pairs (duplicate). This approach will challenge your skill regardless of ‘luck of the deal.’ If you are registering with a partner, please include your partner’s name on the registration form. This class is limited to 62 participants. Pre-requisite for Duplicate Bridge is proficiency with duplicate bridge rules and play.

Section 1 Monday 10:00AM-12:30PM

First Class: March 31

Section 2 Friday 10:00AM-12:30PM

First Class: April 4

Director: Bob Kimerling

Fee: \$18/\$21NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Drop-in Groups

Gardeners (April-Oct)	Third Friday	1:00-2:30PM
Quilting Group	Tuesdays	2:00-4:00PM
Weaving	Wednesdays	10:00AM-12:00PM Sandy Hurd
Bingo	1st and 3rd Fridays	1:00-3:00PM
Poker	2nd Wednesday	2:00-4:00PM

Founders Hall Singers

This welcoming singing group meets once a week to work on a variety of music.

Director: Daniela Sikora

Monday 12:30-1:30PM

No Charge

Genealogy- Continuing ~ In-Person and on Zoom

Completion of Beginning Genealogy is a prerequisite for the following classes.

Please check with Toni regarding correct class placement.

After learning some of the basics of research, these classes continue to build skills and add new databases to continue on your genealogy journey.

Advanced Beginners Genealogy	Thursday	11:30AM-1:30PM
Intermediate Genealogy	Thursday	9:30 - 11:30AM
Advanced Intermediate Genealogy	Tuesday	12:30 - 2:30PM
Advanced Genealogy	Thursday	2:30-4:30PM

Instructor: Toni McKeen

First Class: April 1 Tu / 3 Th

Fee: \$45/\$52NR (10 Sessions)

Annual Database Fee: \$20 - required once per calendar year from all Genealogy students registering for a 2025 Genealogy class.

Genealogy - Writing Your Family Story ~ In-Person and on Zoom

This class helps you, with step-by-step guidance and handouts, to capture and write the family story...of a parent, grandparent, or yourself. Using family stories, photos, letters, records, and documents, your ancestor’s life will be preserved for future generations. What a wonderful gift to leave them. All are welcome to join this class.

Monday 10:00AM-12:00PM

First Class: March 31

Instructor: Toni McKeen

Fee: \$45/\$52NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Golf Fit: Conditioning for the Ultimate Performance

Who's ready for golf? You will be! Join a fun class that focuses on the thing you can control when you play golf – your conditioning! Build strength, balance and flexibility to get ready for the season. Bring an exercise mat, your putter and a golf ball ...and your golf partner, too! Class will not meet on April 18.

Friday 3:00-4:00PM

First Class: April 4

Instructor: Carol Gardell

Fee: \$35/\$42NR (8 Sessions)

Kitchen Skills with the Staff: A Hands on Experience

Join our hands-on Cooking & Baking Skills class where you'll dive into the art of preparing delicious dishes and sweet treats! Whether you're a beginner or looking to refine your techniques, this interactive session is designed to give you practical experience in the kitchen. Learn essential skills such as proper knife handling, the art of piping, picking produce, and more, all while creating mouthwatering recipes. Nikki and Katie will guide you through each step, offering tips and tricks to elevate your culinary abilities. Get ready to roll up your sleeves, get creative, and enjoy a fun-filled, educational cooking experience! Class size limited to 16.

Section 1: Tuesday, May 20

11:00AM-12:30PM

Section 2: Wednesday, May 21

11:00AM-12:30PM

Instructor: Founders Hall Staff

Fee: \$15/\$18NR (1 Session)

Knitting and Crocheting

Jo Ann Brown brings 67 years of experience, extraordinary memory and great problem solving abilities to help with the tremendous variety of needlework projects at Founders Hall. This is a large class. In fact, the class has set up an 'appointment secretary' (LOL) to ensure all students get equal time. All in the class appreciate and compliment each others' efforts and completed items. It is a fun and friendly environment.

Tuesday 1:15-3:15PM

First Class: April 1

Instructor: Jo Ann Brown

Fee: \$35/\$42NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Mah Jongg - Learn to Play!

Discover the exciting world of Mahjong, a traditional Chinese game that blends strategy, skill, and a bit of luck. In this fun and interactive class, you'll learn the essential rules, tile types, and strategies needed to play Mah jongg like a pro. Whether you're a complete beginner or looking to refresh your skills, this class will guide you through the game step-by-step. This will be taught in 3 sessions - 8 participants per session maximum. Please sign up for only ONE session.

Fridays 10:00AM - 12:30PM

Session 1 - April 4th, 11th and 25th

Session 2 - May 2nd, 9th, and 16th

Session 3 - May 23rd, 30th, and June 6th

Instructor: Barbara Hillery

Fee: \$5/\$6 NR

Piano Lessons

These classes are limited to seven students and are formatted more as a group lesson. Schedule is subject to change.

Beginner* Thurs 1:00-2:00PM Fee: \$35/\$42NR (10 Sessions)

Intermed Beginner Thurs 12:00-1:00PM Fee: \$65/\$72NR (10 Sessions)

Advanced Beginner Thurs 11:00AM-12:00PM Fee: \$65/\$72NR (10 Sessions)

Instructor: Ed Kadziewicz

First Class: April 3

*Fee to repeat Beginning Piano Class: \$65/\$72NR

Pickleball - Beginners

Pickleball is a blend of tennis, badminton and ping pong. Pickleball is a great way to meet new people and play a game that is right for a variety of skill levels and ages. It is a fun, easy sport to learn! Come swing a paddle with us and enjoy one of the fastest growing sports in America. Class will meet at the Parks and Recreation Center gym. **You are only allowed to sign up for one pickleball class due to overwhelming interest.** No class on April 10 and 17.

Thursday 12:15-1:15PM

First Class: April 3

Instructor: Tom McIntyre

Fee: \$35/\$42NR (8 Sessions)

FOUNDERS HALL SPRING 2025

Pickleball - Continuing

This class is intended for those who have been through the beginners class and wish to further their skill level. Class will meet at the Parks and Recreation Center gym. **You are only allowed to sign up for one pickleball class due to overwhelming interest.** No class on April 10 and 17.

Thursday 1:30-2:30PM
Instructor: Tom McIntyre

First Class: April 3
Fee: \$35/\$42NR (8 Sessions)

Pickleball: Ladder Play

Test your pickleball skills as part of an informal ladder league. Players registering for the session will be randomly placed on a ladder and grouped with three other players for matches to be played each Friday. Players move up and down the ladder based on their game results. A fun way to practice pickleball with similarly skilled players. Class meets at Parks and Recreation Center gym. **You are only allowed to sign up for one pickleball class due to overwhelming interest.** No class April 11 and 18.

Friday 12:15-2:30PM
Instructor: Tom McIntyre

First Class: April 4
Fee: \$35/\$42NR (8 Sessions)

Quilting and Sewing

Join this class to begin your sewing/quilting journey or continue by learning new tricks, tips and techniques. You can bring your own sewing machine or use the ones in the sewing room. Jo Ann Brown has 67 years of experience using a sewing machine and has her own methods that are tried and true. The environment is friendly and warm.

Tuesday 11:00AM-1:00PM
Instructor: Jo Ann Brown

First Class: April 1
Fee: \$45/\$52NR (10 Sessions)

FOUNDERS HALL SPRING 2025

Technology Program

Canva: Graphic Design

Get ready to tap into your creativity with The Canva-Do Attitude! In this fun, beginner-friendly class, you'll learn how to design beautiful digital projects with ease using Canva -a free web-based graphic design platform. From personalized invitations to digital scrapbooks and family genealogy charts, we'll guide you through each step in a lighthearted, hands-on way. Whether you're organizing your memories or making something special for a loved one, this course will help you master Canva's tools with confidence. No prior experience needed—just bring your enthusiasm and your “Canva-Do” spirit! Each session ends with a dedicated Q&A and guided work time to ensure you get all the support you need. You can bring your own iPad or laptop or use one of our computers. Class WILL meet on April 11th, 25th, May 9th, 16th, 23rd, June 6th.

Friday 3:00 - 4:30PM
Instructor: Nellie Beavers

First Class: April 11
Fee: \$35/\$42NR (6 Sessions)

Google Docs for Beginners

Google Docs is a free, user-friendly, cloud-based application for creating, editing, and sharing word processing documents. Files can be accessed from any computer with an internet connection. Google Sheets, a spreadsheet application, will be introduced. You may bring your own laptop to class if you prefer. To access Google Docs and Sheets, you will need to set up a free gmail account BEFORE coming to class. Please bring your gmail password to log on to your gmail at Founders Hall.

Tuesday 3:00-4:30PM
Instructor: Anita Vallee

First Class: April 1
Fee: \$35/\$42NR (10 Sessions)

Photoshop Elements Level 3

This class continues from Photoshop Level 2 by mastering some of the more creative tools and great special effects possible with the program. Students must have taken Photoshop Elements 8 levels 1 and 2 as a requirement for this class.

Tuesday 10:30AM-12:00PM
Instructor: Toni McKeen

First Class: April 1
Fee: \$35/\$42NR (10 Sessions)

Open Tech Lab

Need help with computer classes or electronic devices? A volunteer will be in the Computer Lab on many Fridays from 1-3PM to answer questions and assist you. Please sign up at the front desk by 4:30 on the Thursday before attending.
Fridays 1:00-3:00PM No fee

Founders Hall Foundation, Inc.
193 Danbury Rd.
Ridgefield, CT 06877

NONPROFIT ORG
U.S. Postage
PAID
Danbury, CT
Permit No. 2082