

# FOUNDERS FORUM February 2025





### A Message from Nikki:

What a wonderful time we had at "Meet the Team!" The best part? Engaging in great conversations with our incredible members. Your enthusiasm and support fuel our dedication to making Founders Hall the special place it is. Thank you for spending time with us and for being such an important part of our community!

This February, as we celebrate connection and sharing, I can't help but reflect on the beautiful friendships that blossom within these walls. It's inspiring to see members coming together, supporting one another, and truly making Founders Hall a hub of warmth and camaraderie. What better reminder of the power of connection during this Valentine's season?

We're also excited to celebrate our connections with the broader Ridgefield community. I'd like to invite you to a special viewing of video highlights from last year's intergenerational Founders Hall Interview Project on Sunday, February 2nd, at 3:00 PM. This project brought members together with local students to share stories, perspectives, and experiences. Please RSVP for the event at the front desk.

If you're interested in participating in this meaningful initiative, which will continue in 2025, I'd love to chat with you.

Let's continue building connections and sharing stories —within Founders Hall and beyond. Thank you for being such a vital part of this vibrant community.

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IN THIS

NEWSLETTER YOU CAN EXPECT: A Message from Nikki & Welcome to New Members.

Community Updates & February Movies

February Special Events

February Calendar

A Valentines note to yourself, Founders Hall Drop-in Groups, Oasis Senior Advisors.

Gratitude for our Donors

Welcome To Our Founders Hall Community! New members from December 16th- January 15th

Joanne Acquadro Kerry Christiansen Robin Altman Chris Bleach Katherine Bleach Janet Bruehlman Patricia Butter

Arny DiLaura Rachel Eichelbaum Karen Gamer Sue Grey Jim Hamren

Marijane Hamren George Hefferon Marguerite Hefferon Mary Hicks Steve Hicks Janet Jussel

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Founders Hall is a Donor-Supported Education and Recreation Center for Individuals Age 60 and Older. 193 Danbury Road, Ridgefield, CT 06877 \* 203.431.7000 \* www.founders-hall.org.



Office Hours: Monday-Friday 8:30am-4:30pm

## Our Stories: Instructors, Members, and Events.



Patty Yaffa Member & Volunteer

Hi, I'm Patty Yaffa! Until my retirement a year and a half ago, I was never able to enjoy Founders Hall due to my work schedule. That all changed as soon as I retired.

I officially retired on July 7, 2023, and by July 10, I became a member of Founders Hall and signed up to volunteer, mainly filling in at the receptionist desk. What better way to meet new people, make friends, and start this next and best chapter of my life?

Founders Hall has truly been the answer to my question, "What do I do now?" I absolutely love seeing and meeting people, and I've already started new friendships that mean so much to me.

In addition to being an active member here, I'm proud to serve as the Vice Chair of Ridgefield's Commission on Aging. I'll be hosting a Coffee Talk at Founders Hall on February 26th at 10:30 AM to share more about the commission and our upcoming Expo at the Recreation Center this spring. I'd love for you to join me! Founders Hall provides me with purpose, a sense of belonging, and most of all, a wonderful sense of community. The events and classes are first class—just like Founders Hall itself!



#### Katie Overstreet Programs Manager

Meet Katie Overstreet, our Programs Manager who joined the Founders Hall team this past September! While she was unable to attend our 'Meet the Team' event due to visiting family, many of you may have met her over the past few months in classes or around the Hall. Katie is passionate about creating engaging and fun courses and is excited to hear your ideas and suggestions.

Katie and her family relocated to Ridgefield nearly a year ago from the Kansas City metro area. She's a proud Chiefs and Jayhawks fan, a mom to two young children, and a cat lover.

Be sure to stop by and say hello —Katie is looking forward to getting to know you and continuing to bring vibrant programs to our community!



#### Founders Friday: Puzzle Party

Last month's Founders Friday Puzzle Party was a hit! Members enjoyed a cozy afternoon filled with jigsaw puzzles, crossword challenges, hot cocoa, and sweet treats—all while connecting with friends and having fun.

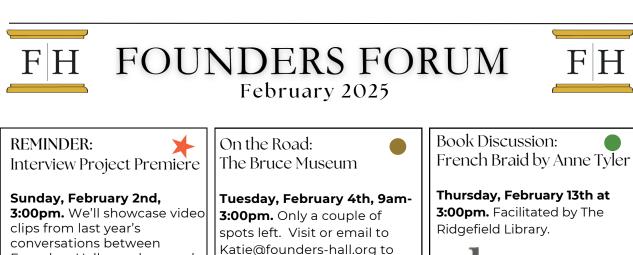
This month, we're turning up the sweetness! Mark your calendars for Friday, February 14th, at 2:00 PM, and join us for a Chocolate Tasting, generously sponsored by Ridgefield Station.

Don't miss this delightful afternoon of fun and connection!



#### FEBRUARY MOVIES "Road to the Oscars" (past Academy Award winners)

Fri. 2/7 at 10:00am	All Quiet on the Western Front 2022 2h 28m (foreign drama) *Best International Feature Film*
Fri. 2/14 at 10:00am	My Octopus Teacher 2020 Documentary 1h 25m (documentary) *Best Documentary Feature*
Fri. 2/21 at 10:00am	Ma Raineys Black Bottom 2020 1h 34m (drama/musical) *Best Actor & Best Actress*
Fri. 2/28 at 10:00am	Marriage Story 2019 2h 16m (drama) *Best Original Screenplay Nominee*



see availability.

new friends.

Eat Together Lunch

Tuesday, February 18th at

**Billiards** Tournament

Tuesday, February 25th &

Wednesday February 26th

at 10:00am. All levels welcome.

Come join this fun crew for a two

day tournament. Bragging rights

for the winners! Lunch included

on the first day. Register at the

front desk. \$8/\$10NR

Commission on Aging

Wednesday, February 26th at

10:30am. Meet the Commission

about exciting initiatives like the

Senior Spectacular Expo, the Gold

on Aging over coffee and learn

Card Senior discount program,

refreshments. connect. and ask

and the Spotlight on Seniors

questions about how these

webpage. Enjoy light

programs benefit you!

Coffee Talk with

12:00pm bring your own lunch

great way to connect and meet

and we will provide sweets. A



Al & How ChatGPT is Changing the World with Dr. Rick Lawrence

Friday, February 21st at 1:00pm. Join us for an engaging overview of ChatGPT and its impact on daily life, education, and career opportunities. We'll explore its remarkable capabilities, limitations like bias and misinformation, and broader implications of AI, including regulation and humanity's future. Don't miss this fascinating look at the evolving role of AI!

The Greatest Sitcoms of **A**ll Time with Martin Gitlin

Friday, February 28th at 1:00pm. Join award-winning author and pop culture historian Martin Gitlin for a fun, trivia-filled presentation based on his book, The Greatest Sitcoms of All Time. Enjoy hilarious clips, test your sitcom knowledge, and explore how 70 years of TV comedy have evolved. Don't miss this entertaining event!

#### Friday, March 28th at 5:30pm, Mystery Masquerade.

Founders Hall members and

participants while enjoying

light refreshments. RSVP at

Ridgefield High School students. Followed by an opportunity to chat with the

the front desk.

Founders Friday:

**Chocolate Tasting** 

Friday, February 14th at

mostly sweet, featuring

chocolate! While being

2:00pm. A tasting of dishes,

dazzled by a performance of

love songs sung by Charlotte

time students of Miss Anya.

You may remember this

dynamic duo from their

**Broadway Musical Duets** 

chocolate lor

performance last September.

Sponsored by

**Ridgefield Station** 

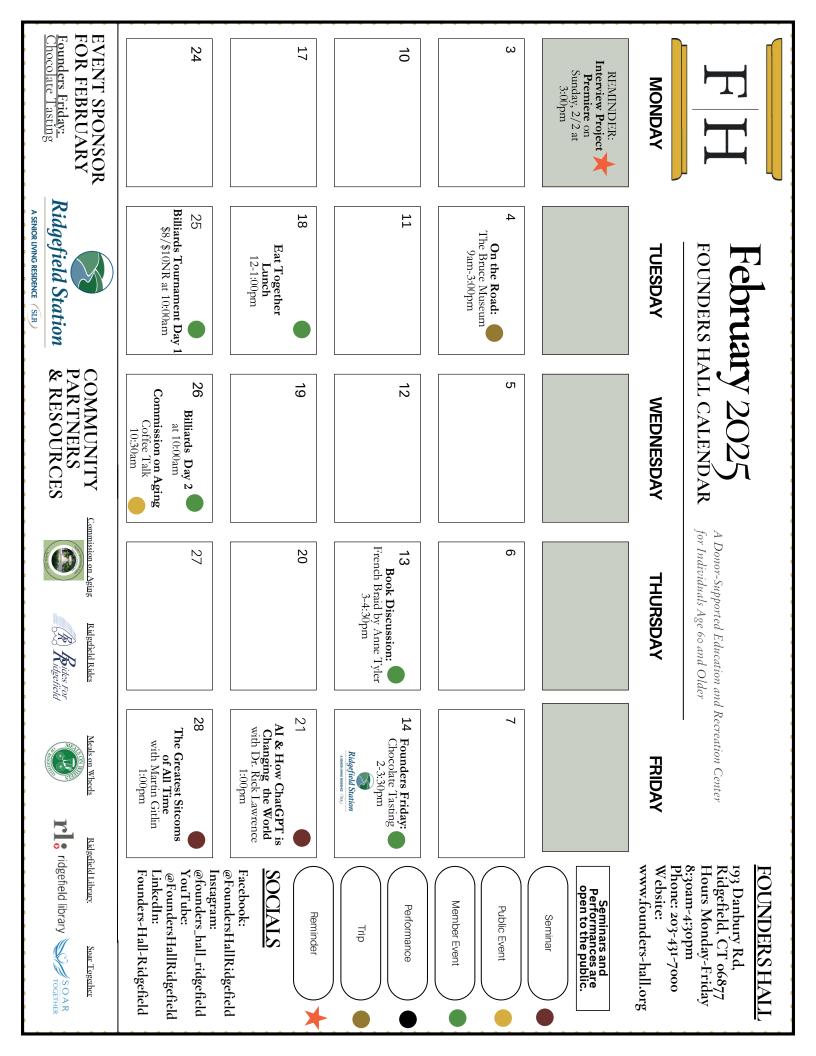
A SENIOR LIVING RESIDENCE SLR

SAVE THE DATE for the Mystery Masquerade!

Gray and Brandan Janso, long-

Step into a thrilling evening of suspense and witness a crime unfold! Enjoy a sumptuous dinner while mingling with mysterious suspects, and earn tickets for your chance to win an exciting prize! Register on Community Pass or with Tracy.





Write a Love Note to Yourself This Valentine's Day	
Dear, < your name	
I love and appreciate you because	
You make me proud when you	
One of my favorite things about you is	
You bring joy to others by	
This Valentine's Day, I want to remind you that	
Love, < your name	

## Drop-in Groups

#### Poker:

2nd Wednesday of the month 2:00-4:00pm, all levels welcome. *No money. Small prizes awarded to the winners.* 

#### **Billiards:**

Monday- Friday 11:30am-4:30pm, all levels welcome.

#### **Bingo:**

Every 1st & 3rd Friday of the month. 1:00-3:00pm, all levels welcome.

#### Pinochle:

Mondays 1:00pm-4:00pm, if you know the game, join us.

#### Quilting:

Tuesdays 2:00-4:00pm, all levels welcome.

#### Weaving:

Wednesdays 10:00am-12:00pm, all levels welcome.

# Everything You Wanted to Know About Senior Care

The pros and cons of... Homecare – Assisted Living – Memory Care – Nursing Home...and what they cost?

# ...But were afraid to ask.

**Contact Paul & Susan Doyle** 475.619.4123 | 914.356.1901 TheDoyles@youroasisadvisor.com





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Founders Circle ° members are donors who have linked their legacy with Founders Hall.

**Our Mission** is to provide a diverse program of social, educational, and physical fitness programs for today's active seniors in a warm, fun, and stimulating atmosphere.

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Thank you for reading!

