

FOUNDERS

FORUM

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OCTOBER 2024

A Message from Grace:

Welcome to October!

The Founders Hall Big Band Big Night gala was a tremendous success, thanks to the help and support of so many members and friends. Our first off-site event was a wonderful tribute to Rudy Ruggles, the recipient of this year's Pillar of Founders Hall Award.

We are excited to welcome Katie Overstreet, who joined us in mid-September as our new Program Manager. Katie will be planning and coordinating the classes and seminars we all enjoy. Welcome, Katie!

As we usher in this new month, we wish a Happy Rosh Hashanah to those celebrating. May it be a sweet and joyful new year!

Read this newsletter for details on the many October events coming your way—there's plenty to add to your calendar.

HIGHLIGHTS

- OCT 1-2 **BOCCE TOURNAMENT** *SPONSORED BY KEYSTONE PLACE AT WOOSTER HEIGHTS*
- OCT 8TH **SEMINAR: NAVIGATING SENIOR CARE 101**
- OCT 9TH **POKER MEETUP**
- OCT 10TH **BOOK DISCUSSION: COLD COMFORT FARM**
- OCT 11TH **APPLE TASTING** *SPONSORED BY SHERATON CAREGIVERS*
- OCT 17TH **TRIP: NEW BRITAIN MUSEUM OF ART**
- OCT 18TH **SEMINAR: MEDICARE, WHAT YOU NEED TO KNOW**
- OCT 22ND **FALL HAPPY HOUR** *SPONSORED BY SPRING VILLAGE AT DANBURY*
- OCT 24TH **EAT TOGETHER LUNCH**
- OCT 25TH **PERFORMANCE: CHAMBER MUSIC FOR WINDS AND PIANO**
- OCT 28TH **FITNESS REGISTRATIONS DUE**
- OCT 29TH **PERFORMANCE: I AM HERBERT**

TRIPS

NEW BRITAIN MUSEUM OF ART

Thursday, October 17th 9am-5pm

The fee (\$75/\$90NR) includes admission and transportation. Founders Hall members can bring a guest at the \$90 rate. Lunch can be purchased in the museum cafe. See Tracy to sign up.

CHRISTMAS SPECTACULAR AT RADIO CITY MUSIC HALL

Thursday, December 5th 8am-6pm

Seats for the 11am performance and transportation are included in the fee (\$152/\$182NR). Founders Hall members can bring a guest at the \$182 rate. The schedule allows for free time after the show. See Tracy to sign up.



Founders Hall is a Donor-Supported Education and Recreation Center for Individuals Age 60 and Older

193 Danbury Road, Ridgefield, CT 06877 • 203.431.7000 • www.founders-hall.org • facebook: Founders Hall Ridgefield

Monday-Friday 8:30 am - 4:30 pm

EVENTS

SPECIAL EVENT:

Bocce Tournament

Sponsored by

Keystone Place at Wooster Heights

**Tuesday and Wednesday
October 1st & 2nd, 10am-3pm**

Grab a partner and join us for a fun, bracket-style Bocce Tournament! Whether you're a seasoned player or trying it for the first time, everyone is welcome. If needed, play will continue into the second day. Sign up with Tracy. Lunch served on day one. \$8/\$10NR

SPECIAL EVENT:

Fall Happy Hour

Sponsored by

Spring Village at Danbury

Tuesday, October 22nd, 4-5:30pm

Join us for our Fall Happy Hour! Sip on cocktails or mocktails while you mix and mingle with your fellow members. A perfect way to unwind and socialize.



SEMINAR:

Medicare: What You Need To Know

Presented by

RSS & WCAAA

Friday, October 18th 1:00pm

Karen Gaudian, Ridgefield Social Services, will discuss the basics of Medicare, how it works, and open enrollment. She will be joined by Audrey Cole, WCAAA who will discuss fraud and how to avoid it.

SEMINAR:

Navigating Senior Care 101: How To Get Here To There

Presented by

Oasis Senior Advisors

Tuesday, October 8th 1:00pm

An overview of the entire care continuum from in-home through nursing home. What are the best practices, what are the best resources available, and what do things cost and how do people pay for it?



PERFORMANCE:

Chamber Music for Winds and Piano

Presented by

Tri-County Musicians

Friday, October 25th 1:00pm

The Tri-County Musicians, a group of five wind players and a pianist, will perform a classical repertoire of wind and piano-wind chamber music. Founders Hall member, Joshua Auerbach, is the bassoonist of this accomplished group returning for their fourth concert here.

PERFORMANCE:

'I Am Herbert'

Performed by

**Antoinette Brennan and
Scott Schultz**

Tuesday, October 29th 1:00pm

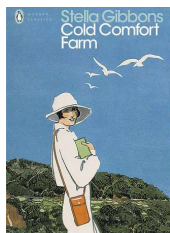
Antoinette Brennan and Scott Schultz will perform the sketch from Act III of 'You Know I Can't Hear You When The Water's Running'. Get ready to enjoy this fabulous comedy play.

HAPPENINGS

BOOK DISCUSSION:

Cold Comfort Farm
by Stella Gibbons

Thursday, October 10th, 3-4:30pm



Join us for this discussion facilitated by staff members of the Ridgefield Library.

FOUNDERS FRIDAY:

Apple Tasting

Sponsored by
Sheraton Caregivers

Friday, October 11th, 2-3:30pm

Celebrate Fall's favorite fruit at our Apple Tasting! Enjoy sweet and savory apple-themed dishes that highlight the season. It is a delicious way to connect with friends and enjoy the season .



EAT LUNCH TOGETHER:

Thursday, October 24th
12:00-1:00pm



Bring your own lunch and we will provide sweets.

POKER MEETUP:

Wednesday, October 9th
2:00-4:00pm



TRUNK or TREAT

Join us at The Lounsbury House
Thursday, October 31st

Founders Hall will be setting up a Trunk or Treat spot at the Lounsbury House this year! Celebrating Halloween with our town-wide community.

If you'd like to contribute candy or join us that evening, reach out to Nikki@founders-hall.org.



SIGN UP & SAVE THE DATE

GIVE THANKS FOR PIE:

Calling All Bakers

We need your delicious pies for our upcoming event.

If you'd like to bake a pie, please contact Nikki@founders-hall.org.

Let's make this event extra sweet.

SAVE THE DATE: Fri. November 8th



Sponsored by Ridgefield Station Senior Living Residences

FOUNDERS HALL-IDAY

Light Fight 2024

Brighten the Season, Shine for a Cause. Spread holiday cheer and show off your decorating skills in our annual event.

To sign up your home or be a sponsor, Contact Stephanie@founders-hall.org.
SAVE THE DATE: December 6-15th



GRATITUDE

Thank you to our donors

From August 17th ~ September 16th

A.C.T of Connecticut	Donna and Chris Devaney	Joanne and Sherwin Gorenstein
Anonymous Donors	Susan Margolis and Scott DeYoung	Merrile and Norman Green
Diane Antezzo	Frances DiBona	Nina Gregory °
Barbara Arnold	Barbara Dodd	Conte Guzman-Hoffman
The Ash Family	Len Doherty	Wendy Handler
Josh and Jessica Auerbach	Eleanor Doll	Lynda Hanley
Lia Barone	Susan Donnell	Lizzy Hanson
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Elana Barroso	Tim Donovan	Lynne Hills
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Suzanne Benton	Mary Ellen Egan	Margot and Paul Ingrassia ^
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Stephanie Campbell ^	Dr. John K. Fisher	Deborah and Rob Kinnaird
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Sara Champion	Carl and Joan Forcheski	Jennifer and Ron Kubick
Dotty Chapman	Lorraine and Brian Forrler	Chuck Lampe
The Chuma Family	Carol Foster	Paul and Stella Langer
Marianne Collins	Kitty Fischer and Harvey Fraser	Judy and Joe LaPorta
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Ruth Corbett	Barbara Gargan	Carl and Christine Lecher
The Crooker Family	Joe and Pat Giacone °	Ellen Lennon
Paula Curry and Robert Bojanek	Carol and Ron Giustino	Tom Lesko °^
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Julia D'Arcy	Richard and Evelyn Godbout °^	Nancy Libby
Jack David	Rela Golan	Patricia Linnon

GRATITUDE

Thank you to our donors *continued*

From August 17th ~ September 16th

Denis and Mary Ellen Loncto	Nancy Ollinger	Sheila Silverman
Carole Long ^	Carla Palmer	David B. Smith and Maria Victor-Smith
Marianne Loomis	Suzie Pandjiris	Michael Smith and Ann Bennett Smith
Bob Lussi	Timi and Peter Parsons	Sherie Snyder
Frank and Sharon Madden ^	Sheila Pearl	SPHERE
Betty Maher	Carla Pehowski	The Staples Family ^
Maggie Manna	Marianne Pei ^	Margaret Sullivan
Sal Mannuccia and Janet Gebbia Mannuccia °^	Tina Phillips °^	Polly and Ray Tafrate ^
Maria and Carmine Marallo	Judith and James Pierpont	Anne Testa
Kathy and Harvey Mark	Vivian Pierson	Joel H. Third ^
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Deborah and Jay Martin	Mendy and Don Polchinski	Maureen Tucker
Mr. and Mrs. Paul Martin	Meg and John Prezzano	Joanne Williams and Steve Unger
Linda Massie °	Mary Laura Pritchard °	Diane Usas °^
Lynette Mathias	James Prosnit and Wendy Bloch	Linda and Vince Vaccaro
Diane Mazzanti	Prospector Theater	Shirley Van Dam
Carolyn McAdams	Bradford Purcell	The Donna and John Ward Charitable Fund
Mary Pat and James McConnell	Mary Ellen Raab	Mark and Grace Weber °^
Lynn McCrystal	Martha Rajaratnam	Sharon Weingard
Patricia McGeary	Raghu and Srivalli Rao	Peter C. Welch, M.D.
Sue and Michael McKnight	Maureen and Pat Reville	Margaret Whelan
Marilyn Mezzo ^	Ridgefield Library	Shirley Wilken
Paula and Daniel Molloy	Mary Rieke	Don and Jayme Wilkinson
Luba Molnar	Cindy Rio	Tim and Heidi Williams
The Pamela F. and Robert J. Morganti Foundation °	Kent and Margaret Rohrer ^	Eileen Wilson
Susan and John Morrison	Ellen Ross	Lora Wishod
Helen Mannis and Fritz Mundorff ^	Ronnie Ross	Michael Wool
Kathleen and Timothy Nevin	Stephanie Rossini	Carole Woolery
Marsha and George Nichols	David Sachs and Linda Shackelford ^	Patricia Yaffa
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Deborah Norley	Elvira Schadow	
The Norwitt Family	Susan and John Shenko	^ Monthly Donor
Marge Okapal	Lillian Sherdal	° Founders Circle

OCTOBER AT THE MOVIES

Fri. 10/4 at 2:30pm **Woman in Gold** (2015) *1hr 51mins ~PG13*
Helen Mirren, Maria Altmann, Ryan Reynolds

Fri. 10/18 at 2:30pm **Field of Dreams** (1989) *1hr 45mins ~PG*
Kevin Costner, Amy Madigan, Gaby Hoffman

Fri. 10/25 at 2:30pm **Unfrosted** (2024) *1hr 36mins ~PG13*
Jerry Seinfeld, Melissa McCarthy, Jim Gaffigan

OUR COMMUNITY

A heartfelt thank you to our Meditation Class for their generous donation of meditation books to the Founders Hall Library. We're excited to announce that these resources will have a dedicated section, making it easy for everyone to access the wisdom of meditation.

We also extend our gratitude to the Tuesday Yoga and Relaxation class for their thoughtful contribution of lovely wines to support the Wine Chest at the Big Band Big Night Gala.

The continued generosity by so many in our community and the positive energy you bring to Founders Hall, makes all the difference.



We appreciate you more than words can say!



Welcome! **New Members** (as of September 16th)

Dolores Alfredo	Laurie Gilkes	Terrence Mahon	Hitoshi Shida
Jerry Amodeo	Jen Guszack	Diane Moller	Jerry Stern
Sue Amodeo	Anne Harris	Barbara Morse	Robina Stern
Laurie Bachmann	Cathrine Hazlehurst	Joan Ohrnberger	Tracy Taft
Peter Bachmann	Craig Heberton	Patty O'Shea	Susan Tamas
Judy Beller	Craig Hobbs	Vibha Patel	Pauline Thirlwall
Lawrence Beller	Colette Kabasakalian	Florence Pavalow	Ariela Verter
Mike Chuma	Greg Kabasakalian	Jeanne Pinto	Leon Verter
Marlene Coccaro	Carol Kalowsky	Don Polchinski	Jim Wood
Jennifer Dineen	Chris Lang	John Romano	
Pam Doyle	Jacque Lang	Lisa Rosenblum	
Paul Doyle	Ann Leathers	Marlene Schrage	
Debra Garrett-Tunell	Sydelle Livingston	Hiroko Shiba	