



FOUNDERS HALL

# Fall 2024

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# INTRODUCTION

## Information

Office Hours: Monday - Friday, 8:00AM-5:00PM  
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Facebook: Founders Hall Ridgefield  
Instagram: [founders\\_hall\\_ridgefield](https://www.instagram.com/founders_hall_ridgefield)  
Twitter: FoundersHallCT  
LinkedIn: Founders-Hall-Ridgefield

## Sponsors

Our special thanks to the generous sponsors who help us keep class and program fees at a minimum:

### Academic Program:

Rudy Ruggles  
Nick and Anita Donofrio

### Art Program:

Anna-Maria and Stephen Kellen  
Foundation

### Fitness Program:

Barker Welfare Foundation  
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### Hobby & Sports Program:

Ridgefield Parks and Recreation  
Ridgefield Thrift Shop  
The Wadsworth Russell Lewis  
Trust Fund

### On the Road Program

Ridgefield Professional Office Complex

### Social Program:

Cohen and Wolf PC  
Fairfield County Bank  
The Greens at Cannondale  
and Wilton Meadows  
Keystone Place at Wooster Heights  
Oasis Senior Advisors  
Ridgefield Station  
Senior Living Residences  
Sheraton Caregivers  
Spring Village at Danbury  
Watermark at East Hill

Dear Members,

Our Fall 2024 Semester will consist of in-person classes, Zoom classes, and a few hybrid classes. Please remember that these classes are only for Founders Hall members.

Registration for Fall 2024 is similar to previous years, with an online option and a mail-in option. The online option saves significant staff resources so I hope you will try that if you haven't before.

## In-Person Attendance Information

Our goal is to keep Founders Hall members, instructors and staff healthy while gathering in-person and enjoying each other's company. To achieve that, each of us plays an important role. Abiding by these expectations and rules is necessary to keep our community safe and to make our in-person programs successful. These rules apply to classes, events, and drop-in visits.

### The Rules:

1. If you don't feel well, please stay home.
2. If you test positive for Covid, please inform Grace immediately.

## Closing and Cancellation

Closings for inclement weather will be posted on [www.founders-hall.org](http://www.founders-hall.org).  
**Programs are subject to change and/or cancellation.**

# FOUNDERS HALL FALL 2024

## Registration

You can register and pay for semester programs online or by mail. Registrations are due by Tuesday, August 27 at 4:30PM.

### *How to Register Online*

Log into your Community Pass account and simply follow the prompts to review the programs, make your choices and complete the registration. You can securely pay electronically or you can choose to pay by check.

**If you have NOT activated a Community Pass account**, please email Tracy Dubin (tracy@founders-hall.org). She will send you a log-in user name and password so you can take advantage of online registration for Fall semester.

**If you don't use email or would like some guidance in using online registration**, please call Tracy or Grace for help.

## If you prefer to use paper

Complete the form on pages 17 - 21 and mail with payment.

### *Whether You Register Online or On Paper*

**Fall semester programs begin on Monday, September 16.** Programs are subject to change and/or cancellation.

If you have registered for a Zoom class, you will receive a link for that class the evening before class meets.

If more people are interested in a class than there are available spaces, we will use a random lottery to assign places. **All PAID registrations received by 4:30PM on Tuesday, August 27** will be included in any necessary lotteries. If there is not space for you in a class, we will notify you and refund your payment. No news is good news. You will not hear from us if we are able to enroll you as requested.

**Registrations are non-transferrable.** We do keep waiting lists for those who wish to join a filled class.

## Academic Program

*The Academic Program is generously sponsored by  
Rudy Ruggles and Nick and Anita Donofrio.*

### **Adventures in Poetry with Ira Joe ~ In-Person**

Poetry. Good for the soul. *Your* soul. Good for the world. *Our* world. At the Friday gatherings, Ridgefield's Poet Laureate, Ira Joe Fisher, will present and ponder - with you - three or four poems. We'll see what makes the words bubble and fizz. And we'll invite the poem into your mind and into your heart. A poem is sound, song, wisdom, delight. A poem affects you. From the page to the ear to the heart. To savor. To remember. You might just smile. And sigh.

Friday 10:30AM-12:00PM

First Class: September 20

Instructor: Ira Joe Fisher

Fee: \$35/\$42NR (10 Sessions)

### **Book Discussion ~ In-Person**

Join your friends, new and old, for an in-person monthly book discussion. Books are available through Ridgefield Library and/or Hoopla, one of the Library's e-content services (link on Library website). Copies of the books may be available at the Front Desk at Founders Hall.

September 12 The Dutch House by Ann Patchett

October 10 Cold Comfort Farm by Stella Gibbons

November 14 North Woods by Daniel Mason

Thursday 3:00-4:30PM

Facilitator: Staff members of Ridgefield Library

No Charge

## FOUNDERS HALL FALL 2024

### **Contemporary Art (Art from the 1960s to Present) ~ In-Person**

Contemporary art is the art of “today,” but what makes it truly “contemporary?” While many art historians contend that Contemporary art refers to art produced by artists who are alive today, others consider the late 1960s or early 1970s (the end of Modernism) as its beginning. This course will cover key experimental movements of the 1960s to the present and explore the way in which contemporary artists look to past traditions to invent new and, often, controversial ways of making meaning in the work they produce.

Instructor: Karen Pellicchia  
Thursday 3:00 - 4:30PM

First Class: September 19  
Fee: \$35/\$42NR (10 Sessions)

### **Current Events ~ In-Person**

Share your thoughts on a variety of current event topics in an informal discussion format. Personal participation is encouraged in this interactive group.

Wednesday 10:00-11:30AM  
Facilitator: Dick Moccia

First class: September 18  
Fee: \$18/\$21NR (10 Sessions)

### **Film: New York, New York ~ In-Person**

Each year I make up a list of semester titles I'd like to teach and then think of individual movies that would fit. New York keeps coming out on the bottom, but it's always there winking at me. You see, there are just so many movies that take place in, or are about, New York. Some are historically important, but would bore your socks off, others have nothing to do with reality, and would bore your socks off, and don't get me started on the musicals. I think I've managed to cut through the celluloid jungle and come up with 18 good titles and will choose from them. I don't expect a trip to Coney Island and we won't stop at a hot dog wagon. We will, however, have 'Dinner at Eight' with Jean Harlow, both Barrymores, Billie Burke (!), and Marie Dressler. Quite a meal.

In-Person Class:

Section 1: Monday 10:00AM-1:00PM  
Section 2: Monday 1:30-4:30PM  
Section 3: Tuesday 10:00AM-1:00PM  
Section 4: Tuesday 1:30-4:30PM

First Class: September 16  
First Class: September 16  
First Class: September 17  
First Class: September 17

Instructor: Robert Klaeger

Fee: \$35/\$42NR (9 Sessions)

## FOUNDERS HALL FALL 2024

### **French Refresher ~ In-Person**

These classes are for those who have taken French previously or have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. French is Fun, Book 2 (\$34) will be used for the class and is available through the registration form. Class will not meet September 25.

The class will also use Learn French the Fun and Fast Way, which you may be able to find used.

Wednesday 9:30-11:00AM  
Instructor: Steve Rome

First Class: September 18  
Fee: \$35/\$42NR (9 Sessions)

### **Global Issues ~ In-Person**

This program encourages and develops group discussion on critical worldwide issues, be they social, economic or political, in a complex and changing world. The topics to be discussed will be selected by course members from a list of important issues presented at the first meeting. Most weeks, a volunteer member of the group will provide subject background and questions to help initiate discussion. A guest speaker may be invited on occasion. The program strives to ensure that everyone gets an opportunity to participate and that the tradition of civil discourse will be maintained in a stimulating setting. Time will also be set aside at each meeting for discussion of topical international events.

Monday 10:30AM-12:30PM

First Class: September 16

Facilitators: Doug Coombs and Janet Andersen

Fee: \$18/\$21NR (10 Sessions)

### **Great American Short Stories ~ In-Person**

Enthusiastic readers will use the Shared Inquiry Method for a text-based discussion of selections from The Best American Short Stories of the Century, edited by John Updike. This anthology of fifty-six extraordinary stories includes selections by authors Raymond Carver, John Cheever, Joyce Carol Oates, Flannery O'Connor, Philip Roth, Eudora Welty and others. The class will pick up from where we left off in late Spring with two stories, on pages 539 (Saul Bellow) and 569 (John Updike). The book is available through the registration form for \$19. Class will not meet September 25.

If more are interested than can be accommodated in class, Louise will repeat the same stories during the Winter 2025 Semester.

Wednesday 1:00 - 2:30PM  
Instructor: Louise Hazebruck

First Class: September 18  
Fee: \$35/\$42NR (10 Sessions)

## FOUNDERS HALL FALL 2024

### History: Teddy and Booker T. ~ In-Person

Join us in September for our next book: Teddy and Booker T.: How Two American Icons Blazed a Path for Racial Equality. Brian Kilmeade describes how by 1900 the years of racial progress after the Civil War were starting to erode. An unlikely alliance at best - the son of an enslaved woman with no father or last name and a sickly boy from a privileged family. One an educator and orator, the other a military man and a politician. The author reveals how the two men worked together - won, and sometimes lost, in the war against injustice. They fought the good fight to help America live up to its promise of liberty and justice for all.

The book is available via the registration form for \$24.

Wednesday 3:15-4:30PM

First Class: September 18

Instructor: Mike Settanni

Fee: \$35/\$42NR (10 Sessions)

### The History and Culture of Ancient Egypt ~ In-Person and on Zoom

In this new course we will learn about one of the greatest civilizations the world has ever known. We will begin with the earliest structures by the first known architect, leading to the great pyramids of Giza, Abu Simbal, and Luxor. We will cover their greatest pharaohs and kings. Included will be their most important gods, the inventions they gave to the world, including papyrus, the first writing material. Fun topics include their makeup, their various crowns, the Rosetta Stone, and their ankh symbol. Oh, and did I mention King Tut?

Instructor: Toni McKeen

First Class: September 18

Section 1 Wednesday 10:30AM-12:00PM

Fee: \$35/\$42NR (10 Sessions)

Section 2 Wednesday 1:00-2:30PM

Fee: \$35/\$42NR (10 Sessions)

### Investments Discussion ~ In-Person

Participants will choose topics for discussion such as a particular asset class, industry sector or individual stocks or bonds.

Tuesday 10:00 -11:30AM

First Class: September 17

Moderators: Scott DeYoung and Len Goldner

Fee: \$18/\$21NR (10 Sessions)

## FOUNDERS HALL FALL 2024

### Italian: Beginning ~ In-Person

This beginner level class will introduce this beautiful language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing.

Beginners Friday 9:00-10:15AM

First Class: September 20

Beginner Advanced Friday 10:45AM-12:00PM

First Class: September 20

Beginner Continuing Friday 12:30-1:45PM

First Class: September 20

Instructor: Roland Fiorelli

Fee: \$40/\$48NR (10 Sessions)

### Italian: Continuing ~ In-Person

This continuing class is for those with knowledge of Italian beyond beginner level. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing.

Monday 9:00-10:15AM

First Class: September 16

Instructor: Roland Fiorelli

Fee: \$40/\$48NR (10 Sessions)

### Italian: Intermediate ~ In-Person

For those who have taken Beginners Italian or have a prior knowledge of the language, the emphasis will be on speaking, with some focus on grammar, reading and writing. This is a good class for those planning a trip to Italy or for those who just want to experience the beauty of the Italian language.

Monday 10:30AM-12:00PM

First Class: September 16

Instructor: Roland Fiorelli

Fee: \$40/\$48NR (10 Sessions)

### Meditation for Daily Life ~ In-Person

Meditation, or mindfulness-awareness practice, is a simple but potent way to connect to the goodness of life. Bringing mindfulness to daily life helps us relax with ourselves and be more available for others. Mindfulness offers a way to work with our mind that is clear-eyed, direct and gentle. It helps ground us when we find turmoil in the world, or are faced with the confusion of strong emotions. The class will cover the basics of meditation and will explore how to establish a daily practice. Readings include Pema Chodron's book, "How to Meditate: A Practical Guide to Making Friends with Your Mind" and other sources. The class is open to all. Beginners are welcome! Those who've already taken a Founders Hall meditation class are encouraged to join and deepen their practice. Books are available through the registration form for \$15.

Friday 9:30 - 11:00AM

First Class: October 18

Instructor: Peter Bancel

Fee: \$20/\$24NR (6 Sessions)

## FOUNDERS HALL FALL 2024

### Music with Michael Lankester ~ In-Person and on Zoom

#### Time Travel: A Journey Through the Ages

When exactly did the Baroque era end and the Classical era begin? When did the Classical period give birth to the Romantic era? When did Modernism begin? Michael Lankester traverses these periods in history using copious examples in music, painting and literature.

1. The Beginnings - Folk Music and Dance
2. Organum - Homophony and Polyphony
3. Early Baroque
4. The Flowering of the Late Baroque
5. Early Classical
6. 'Sturm und Drang'
7. The Romantic Era - The Artist as Hero
8. The Explosion of Modernism
9. Into the Future - The Challenger Spacecraft
10. The Golden Record

Section 1 Thursday 10:30AM-12:00PM

First Class: September 19

Section 2 Thursday 1:00-2:30PM

First Class: September 19

Instructor: Michael Lankester

Fee: \$35/\$42NR (10 Sessions)

### The Oxford Inklings Part 3 ~ In-Person

#### The Imaginative Mind and the Pursuit of Power

At the end of the 1920s, a close friendship had begun to develop between two Oxford dons, C.S. Lewis and J.R.R. Tolkien, and this small nucleus would soon expand into a group which became known as The Inklings and has since acquired almost legendary status. As the poet and scholar John Wain observed, 'In a very dead period of Oxford's history, Lewis and his friends provided a stir of life.' The Inklings arguably gave rise to one canonical classic of English literature, Tolkien's The Lord of the Rings, as well as other lesser works. Over the length of this three-part class, we will examine Tolkien's masterpiece as well as works by Lewis and Charles Williams. The books for this semester may be ordered through the registration form: The Last Battle by C.S. Lewis (\$9); The Great Divorce by C.S. Lewis (\$14); All Hallow's Eve by Charles Williams (\$16); The Return of the King by J.R.R. Tolkien (\$15).

Tuesday 3:00-4:30PM

First Class: September 17

Instructor: John Morrison

Fee: \$35/\$42NR (10 Sessions)

## FOUNDERS HALL FALL 2024

### Processing the Waves of Grief: a Group Experience ~ In-Person

Whether it is a spouse, a friend, or a child, losing someone we love is painful and difficult. It takes time to process the loss and the grief - and it is often described as coming in waves. In this group experience, you will have a place to sit with others who are working through grief. There is no 'right way' to process grief. You will have space to remember your loved ones, to talk about the loss and look at how you live and feel in current times. Katie Guillory is an experienced facilitator who will hold the space for these discussions. Note: there is no timeline for loss. You can come and process a loss from a long time ago, or something more recent. All are welcome.

Monday 10:30AM-12:00PM

First Class: September 16

Instructor: Katie Guillory

Fee: \$35/\$42NR (10 Sessions)

### Showing Up For Yourself:

#### Insight Group to Reflect and Connect ~ In-Person

The Insight Group is a sharing circle where we create time and space to check in with ourselves through reflection, writing, and saying things out loud. In Group, the facilitator offers prompts for your consideration. You will have a few minutes to reflect and write. You can go wherever your mind takes you, as deeply as you feel comfortable going. At the end of that time, the floor will be opened to sharing. You can say as much or as little as you would like. Pass or "come back to me" is always an option. In these groups, there is no crosstalk or advice giving. Sometimes being present and listening to each other really is more than enough. The group will be led by Katie Guillory, who is an experienced group facilitator. She has a knack for asking just the right questions to unlock insight. You may be surprised by this experience. Come explore yourself and share with others in person. This group will meet for 60-90 minutes each week.

Monday 1:30-3:00PM

First Class: September 16

Instructor: Katie Guillory

Fee: \$35/\$42NR (10 Sessions)

## FOUNDERS HALL FALL 2024

### **Spanish Refresher ~ In-Person**

These classes are for those who have taken Spanish previously or have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. Spanish is Fun Book 2, second edition (\$34) and Short Stories in Spanish (Intermediate) (\$12) will be used for the class. The books are available through the registration form.

No class September 25.

Wednesday 1:00-2:30PM

Instructor: Steve Rome

First Class: September 18

Fee: \$35/\$42NR (9 Sessions)

### **We the People: Part 1 ~ In-Person**

The first three words of the preamble to the U.S. Constitution immediately differentiate this document from all those declarations of rights that had come before it. Who were the men that are now referred to as the Framers of the Constitution? What were their main concerns and how do they echo today in our lives, over 230 years later? Why did they pick our form of government? Why even before the ink was dry on the main Seven Articles of the Constitution, did they feel the need to add the first ten amendments, known today as the Bill of Rights? What were the driving forces behind future important amendments?

We will first review the main body of the original seven articles. Each will be reviewed with an eye toward their interpretation then and now. We will investigate the rather arcane institution known as the electoral college. The rules of the Senate, which are nowhere in the constitution yet impact our lives, will also get a closer look.

We will also review some of the key rights bestowed in the U.S. Constitution such as freedom of speech, freedom of religion, the right to bear arms, and the right to due process and equal protection under the law. And, observe how the application of those rights has changed over time.

The goal of our journey is not to develop a cadre of Constitutional scholars but to fulfill Thomas Jefferson's famous challenge "...a well-informed electorate is a prerequisite to democracy."

These discussions will occur over two semesters. The first eight weeks will cover the main articles of the Constitution, the rules of government. The second semester will cover the Bill of Rights and other key amendments.

For our common text, we will use The U.S. Constitution annotated by Ray Raphael available via the registration form for \$10.

Monday 1:00-2:30PM

Instructor: Tom McIntyre

First Class: September 16

Fee: \$18/\$21NR (8 Sessions)

## FOUNDERS HALL FALL 2024

### **So What Does A Buddhist Do? ~ In-Person**

We have all heard that buddhists meditate, go on solitary retreats, engage in exotic rituals, etc. But what do buddhists actually do? What are these practices and why do them? In this class, we'll look at what buddhists practice by trying it out. In the big picture, the goal of buddhist practice is to welcome and grow our best qualities - among them compassion, joy and openness. While familiar to all of us, for buddhists, these good human qualities are jewels worth gathering. And they've developed some interesting approaches in how they do that. To get a taste, we'll give some of it a try and see for ourselves. The class will include guided sessions of different practices, discussions, exchanges and a selection of readings. All are welcome!

Friday 11:15AM - 12:45PM

Instructor: Peter Bancel

First Class: October 18

Fee: \$20/\$24NR (6 Sessions)

### **Writing: A Shared Experience ~ In-Person**

This collegial group of writers meets weekly to share short pieces of prose and poetry. The aim is to improve writing through the constructive criticism of fellow members of the group.

Tuesday 10:00AM-12:00PM

Class Directed

First Class: September 17

Fee: \$18/\$21NR (10 Sessions)

### **Writing Workshop ~ In-Person**

We each have a story to tell. It needs to be told; it wants out. Discover your story in this writing workshop where each participant is both a teacher and a pupil. The process is joyful and rewarding, as we hone our skills and learn. Each week, write something of your choice within two pages - an essay, memoir, poem, short story. Read it in a friendly environment, and receive constructive feedback focused on clarity, grammar, punctuation, and organization of the piece. Everyone stands to gain as we sharpen our writing skills. The class will be limited to 11.

Tuesday 2:00-4:30PM

Moderator: Anton Deiters

First Class: September 17

Fee: \$18/\$21NR (10 Sessions)

## FOUNDERS HALL FALL 2024

### Evening Academic Program ~ In-Person

#### Music with Michael Lankester - The Great Pianists

‘Colour is the keyboard, the eyes are the harmonies, the soul is the piano with many strings. The Artist is the hand that plays, touching one key or another to cause vibrations in the soul.’ -Wassily Kandinsky

‘There is nothing remarkable about it. All one has to do is hit the right keys at the right time and the instrument plays itself.’ -Johann Sebastian Bach

1. The Background - Steinway, Bechstein, Blüthner or Bösendorfer?
2. Sergei Rachmaninov & Vladimir Horowitz
3. Sviatoslav Richter & Myra Hess
4. Arthur Rubinstein & Emil Gilels
5. Glenn Gould & Van Cliburn
6. Alfred Brendel & Martha Argerich
7. Vladimir Ashkenazy & Maurizio Pollini
8. Murray Perahia & Mitsuko Uchida

Thursday 6:00-7:30PM

Instructor: Michael Lankester

First Class: September 19

Fee: \$35/\$42NR (8 Sessions)

### Dance Program

#### Ballroom Dancing ~ In-Person

Tonja makes ballroom dancing fun and easy. This class will get you moving comfortably in the most popular social and club style dances. No partner is necessary to sign up! Class will meet September 20 and 27, October 11 and 18 and November 1, 8, 15, and 22.

Friday 10:05-10:55AM

Instructor: Tonja Dias

First Class: September 20

Fee: \$35/\$42NR (8 Sessions)

## FOUNDERS HALL FALL 2024

### Dance Program (continued)

#### Beginner Flamenco ~ In-Person

Ever wanted to know more about Flamenco, the beautiful dance that hails from Southern Spain? Well, come learn by doing! We will continue what we started in earlier sessions, but new students are welcome. We will be working in the Tangos, a simple 4-count rhythm perfect for flamenco beginners. We will work on posture, arms, hand flourishes (floreos), simple marking steps, and basic footwork -- all while focusing on the compas, the rhythmic structure that is the foundation for all flamenco. No dance experience necessary – just a love of learning something new. Ole! Class will not meet October 11 or November 8.

Friday 2:05-2:50PM

Instructor: Nikki Nuut

First Class: September 20

Fee: \$35/\$42NR (8 Sessions)

#### Tap Dancing Beginners ~ In-Person

Learn the basics of tap dancing through music. Not only is this class great for learning tap routines, it is also a fun way to keep in shape.

Tuesday 3:00-4:00PM

Instructor: Karen Casagrande

First Class: September 17

Fee: \$35/\$42NR (10 Sessions)

#### Tap Dancing Continued ~ In-Person

Continue to develop your tap dancing technique in this class with Karen.

Tuesday 2:00-3:00PM

Instructor: Karen Casagrande

First Class: September 17

Fee: \$35/\$42NR (10 Sessions)

#### Zumba Gold ~ In-Person and on Zoom

Zumba Gold brings exciting Latin and international dance rhythms to beginners. The easy-to-follow dances include Cha Cha, Merengue, Salsa, Cumbia, Tango, Rumba, Belly Dance and even Rock and Roll! Great for the mind, body and soul, Zumba is fun, easy, different and effective. HAVE FUN AND STAY FIT!

Wednesday 10:05-10:55AM

Instructor: Roxane Angotta

First Class: September 18

Fee: \$35/\$42NR (10 Sessions)



## FALL 2024 REGISTRATION

Here are the steps for paper registration:

1. Read the course book and select programs.
2. Complete the form on pages 17 – 21 indicating your contact information and the programs you want to take.
3. If registering for more than one person, please indicate, with initial or name, who is taking which class(es).
4. Total your program fees. The payment for Ridgefield residents is the first amount. The payment for non-Ridgefield residents is the second amount, designated as “NR.”
5. Indicate your payment method:
  - Check, payable to Founders Hall. You may submit one check for your entire registration.
  - Credit card: Visa, MasterCard, Discover or American Express.
6. **Mail your completed registration form and payment so that it arrives at Founders Hall by 4:30pm on Tuesday, August 27.**

Please note: If a class you’ve selected is oversubscribed, we will make every effort to add additional sections. If necessary, we will conduct a random lottery to determine places in oversubscribed classes. If we are not able to accommodate your selection, we will call you and refund your payment. You will not hear from us if we are able to accommodate your selections. **Please note: only paid registrations will be included in any lottery.**

If you have questions or need assistance with completing the registration form, please contact Grace or Tracy.

**Before you register, consider this...** Although your class fee may be just \$30, it actually costs Founders Hall \$90 to provide that class to you. How can we offer such a discount? Because members like you *donate* to Founders Hall in addition to paying program fees. That’s the ONLY way we can continue to offer low-cost, life-long learning.

## FALL 2024 Registration Form

Member ID Number \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail: \_\_\_\_\_

Sign me up      Course Fee      Book Fee

### Academic Courses

		Ridgefield	Non-Ridgefield		
Adventures in Poetry with Ira Joe	<input type="checkbox"/>	\$35	\$42		
Book Discussion	<input type="checkbox"/>	no fee			
Contemporary Art	<input type="checkbox"/>	\$35	\$42		
Current Events	<input type="checkbox"/>	\$18	\$21		
Film: New York, New York - In-Person					
Monday 10:00-1:00	<input type="checkbox"/>	\$35	\$42		
Monday 1:30-4:30	<input type="checkbox"/>	\$35	\$42		
Tuesday 10:00-1:00	<input type="checkbox"/>	\$35	\$42		
Tuesday 1:30-4:30	<input type="checkbox"/>	\$35	\$42		
French Refresher	<input type="checkbox"/>	\$35	\$42	<input type="checkbox"/>	\$34
Global Issues	<input type="checkbox"/>	\$18	\$21		
Great American Short Stories	<input type="checkbox"/>	\$35	\$42	<input type="checkbox"/>	\$19
History: Teddy and Booker T	<input type="checkbox"/>	\$35	\$42	<input type="checkbox"/>	\$24
History of Ancient Egypt In-Person					
Section 1 at FH Wed 10:30	<input type="checkbox"/>	\$35	\$42		
Section 2 at FH Wed 1:00	<input type="checkbox"/>	\$35	\$42		
History of Ancient Egypt Zoom Only					
Section 1 Zoom Wed 10:30	<input type="checkbox"/>	\$35	\$42		
Section 2 Zoom Wed 1:00	<input type="checkbox"/>	\$35	\$42		
Investments Discussion	<input type="checkbox"/>	\$18	\$21		

	Sign me up	Course Fee		Book Fee
		Ridgefield	Non-Ridgefield	
Italian: Beginning 9:00	<input type="checkbox"/>	\$40	\$48	
Italian: Beginning Adv. 10:45	<input type="checkbox"/>	\$40	\$48	
Italian: Beginning Contg. 12:30	<input type="checkbox"/>	\$40	\$48	
Italian: Continuing	<input type="checkbox"/>	\$40	\$48	
Italian: Intermediate	<input type="checkbox"/>	\$40	\$48	
Meditation For Daily Life	<input type="checkbox"/>	\$20	\$24	<input type="checkbox"/> \$15
Music With Michael Lankester In Person				
Section 1 at FH Thursday 10:30	<input type="checkbox"/>	\$35	\$42	
Section 2 at FH Thursday 1:00	<input type="checkbox"/>	\$35	\$42	
Music With Michael Lankester Zoom Only				
Section 1 Zoom Thursday 10:30	<input type="checkbox"/>	\$35	\$42	
Section 2 Zoom Thursday 1:00	<input type="checkbox"/>	\$35	\$42	
Oxford Inklings	<input type="checkbox"/>	\$35	\$42	
Book: The Last Battle				<input type="checkbox"/> \$9
Book: The Great Divorce				<input type="checkbox"/> \$14
Book: All Hallow's Eve				<input type="checkbox"/> \$16
Book: The Two Towers				<input type="checkbox"/> \$15
Processing Grief	<input type="checkbox"/>	\$35	\$42	
Showing Up For Yourself	<input type="checkbox"/>	\$35	\$42	
Spanish Refresher	<input type="checkbox"/>	\$35	\$42	
Book: Spanish Is Fun				<input type="checkbox"/> \$34
Book: Short Stories in Spanish				<input type="checkbox"/> \$12
We the People - Part 1	<input type="checkbox"/>	\$18	\$21	<input type="checkbox"/> \$10
What Do Buddhists Do?	<input type="checkbox"/>	\$20	\$24	
Writing: A Shared Experience	<input type="checkbox"/>	\$18	\$21	
Writing Workshop	<input type="checkbox"/>	\$18	\$21	
Great Pianists with M Lankester	<input type="checkbox"/>	\$35	\$42	

### On the Road Trips

New Britain Museum of Art	<input type="checkbox"/>	\$75	\$90
Christmas Spectacular	<input type="checkbox"/>	\$152	\$182

	Sign me up	Course Fee	
		Ridgefield	Non-Ridgefield
<b><u>Dance Courses</u></b>			
Ballroom Dance	<input type="checkbox"/>	\$35	\$42
Flamenco	<input type="checkbox"/>	\$35	\$42
Tap Dancing Beginning	<input type="checkbox"/>	\$35	\$42
Tap Dancing Continued	<input type="checkbox"/>	\$35	\$42
Zumba Gold	<input type="checkbox"/>	\$35	\$42

### Special Events

Bocce Tournament	<input type="checkbox"/>	\$8	\$10
Live Music and Dance Party	<input type="checkbox"/>	\$10	\$12
Holiday Party 3:00	<input type="checkbox"/>	\$12	\$15
Holiday Party 6:00	<input type="checkbox"/>	\$12	\$15

We will do our best to honor table requests. To reserve a table for one of the Holiday Parties:

- 1) You can reserve a table **for up to 8** Founders Hall members.
- 2) Each member of that table must complete a registration form and pay in full by November 15.
- 3) Choose one person in your group to complete the form and be our contact person.

1. \_\_\_\_\_ 5. \_\_\_\_\_
2. \_\_\_\_\_ 6. \_\_\_\_\_
3. \_\_\_\_\_ 7. \_\_\_\_\_
4. \_\_\_\_\_ 8. \_\_\_\_\_

### Art Courses

Drawing Basics	<input type="checkbox"/>	\$45	\$52
Drawing on the Right Side Brain	<input type="checkbox"/>	\$45	\$52
Drawing Studio Workshop	<input type="checkbox"/>	\$12	\$15
Independent Supervised Study	<input type="checkbox"/>	\$45	\$52
Landscape Four Seasons	<input type="checkbox"/>	\$45	\$52
Life Drawing	<input type="checkbox"/>	\$45	\$52

Sign me up      Course Fee      Book Fee  
                          Ridgefield      Non-Ridgefield

**Art Courses (continued)**

Oil Painting	<input type="checkbox"/>	\$45	\$52		
Photography	<input type="checkbox"/>	\$45	\$52		
Still Life Colored Pencil	<input type="checkbox"/>	\$45	\$52		
Traditional Calligraphy	<input type="checkbox"/>	\$45	\$52		
Watercolor 101	<input type="checkbox"/>	\$40	\$48		
Watercolor Inter/Adv 10:30	<input type="checkbox"/>	\$40	\$48		
Watercolor Inter/Adv 1:30	<input type="checkbox"/>	\$40	\$48		

**Hobby and Sports Courses**

Basketball Clinic	<input type="checkbox"/>	\$35	\$42		
Bridge Assisted Play	<input type="checkbox"/>		no fee		
Bridge True Beginners	<input type="checkbox"/>	\$35	\$42	<input type="checkbox"/>	\$20
Bridge Continuing Beginners 2.0	<input type="checkbox"/>	\$35	\$42	<input type="checkbox"/>	\$20
Bridge Intermediate/Advanced	<input type="checkbox"/>	\$35	\$42	<input type="checkbox"/>	\$18
Cooking Tuesday, October 15	<input type="checkbox"/>	\$15	\$18		
Cooking Wednesday, October 16	<input type="checkbox"/>	\$15	\$18		
Duplicate Bridge					
Monday	<input type="checkbox"/>	\$18	\$21		
Partner (if any): _____					
Friday	<input type="checkbox"/>	\$18	\$21		
Partner (if any): _____					

Genealogy					
Beginning Genealogy Thur 9:30	<input type="checkbox"/>	\$45	\$52		
Adv Beg Genealogy Tues 12:30	<input type="checkbox"/>	\$45	\$52		
Intermed Genealogy Thur 11:30	<input type="checkbox"/>	\$45	\$52		
Advanced Genealogy Thur 2:30	<input type="checkbox"/>	\$45	\$52		
2024 Calendar Year Database Fee	<input type="checkbox"/>				\$20
Genealogy Family Story Mon 10:00	<input type="checkbox"/>	\$45	\$52		

Sign me up      Course Fee  
                          Ridgefield      Non-Ridgefield

Founders Hall Singers	<input type="checkbox"/>	No fee	
Knitting and Crocheting	<input type="checkbox"/>	\$35	\$42
Piano Lessons			
Beginner	<input type="checkbox"/>	\$35	\$42
Beginner Repeat	<input type="checkbox"/>	\$65	\$72
Intermediate Beginner	<input type="checkbox"/>	\$65	\$72
Advanced Beginner	<input type="checkbox"/>	\$65	\$72
Pickleball Beginning	<input type="checkbox"/>	\$35	\$42
Pickleball Continuing	<input type="checkbox"/>	\$35	\$42
Pickleball Ladder Play	<input type="checkbox"/>	\$35	\$42
Quilt and Sew	<input type="checkbox"/>	\$45	\$52

**Technology Courses**

Google Docs	<input type="checkbox"/>	\$35	\$42
Photoshop Beginners	<input type="checkbox"/>	\$35	\$42

**Payment**

Total Program Fees: \$ \_\_\_\_\_

Donation: \$ \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

Payment Method

- Check enclosed payable to Founders Hall  
     You may submit one check for your entire registration.
- Cash (hand-delivered)
- Credit Card (Visa, Mastercard, Discover or American Express)
- I would like to cover the 4% credit card processing fee.

Card number: \_\_\_\_\_

Exp. date: \_\_\_\_\_      cvc: \_\_\_\_\_      Zip Code \_\_\_\_\_

## FOUNDERS HALL FALL 2024

### On the Road Program

The following trips will depart from Pond's Edge Executive Park, 901 Ethan Allen Highway (Route 7). The executive park is south of the intersection of Routes 35 and 7. Please enter through the south entrance, which is near Ace Tire and across the street from Ridgefield Self-Storage. There is a sign that says 'Medical and Professional Park' at the entrance. Founders Hall staff will direct you to a parking spot from there.

You must have pre-arranged transportation to and from the bus.

**The bus will leave promptly at the assigned time. We are not able to wait for any late arrivals, no exceptions.**

#### New Britain Museum of Art

We will have a guided tour of the 'Modern Women' exhibit, featuring female artists whose participation in the Abstract Expressionist movement contributed to the advance of modern art. At a time when social norms hindered professional advancement for most women, these artists expanded the conceptual scope and technical possibilities of what art could be. After the tour there will be time to explore the museum on your own.

The fee includes admission and transportation. Lunch can be purchased in the museum café.

Thursday, October 17      9:00AM-5:00PM      Fee: \$75/\$90NR

#### Christmas Spectacular at Radio City Music Hall

This New York tradition is sure to make your holidays special. Seats for the 11AM performance and transportation are included. The schedule allows time for lunch and window shopping following the show.

Thursday, December 5      8:00AM-6:00PM      Fee: \$152/\$182NR

## FOUNDERS HALL FALL 2024

### Upcoming Fundraising Events

**Saturday, September 14**

**Amber Room Colonnade, Danbury**

Join us for a fabulous evening of live music by the Norm Hathaway Band, dinner and auction all to benefit Founders Hall.

See Stephanie Campbell for ticket and sponsorship information or visit [founders-hall.org](http://founders-hall.org).



**We're lighting up Ridgefield December 6-15.**

Visit [founders-hall.org](http://founders-hall.org) for details on how to view the light displays and vote for your favorites!

**COHEN  
and  
WOLF**  
P.C.  
ATTORNEYS AT LAW



**Ann L. Fowler-Cruz**

*Attorney At Law  
Trust & Estates, Elder Law*

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*Bridgeport Danbury Westport*  
[www.cohenandwolf.com](http://www.cohenandwolf.com)

## FOUNDERS HALL FALL 2024

### Seminar Series

#### Get Connected

Cooper Young and George Geist    Friday, August 30            1:00PM

#### How to Get From Here to There: Navigating Senior Care 101

Oasis Senior Advisors            Friday, September 20            1:00PM

#### Performance: A Musicals Duet

Charlotte and Bradan            Friday, September 20            3:00PM

#### 60 Years of Art at the Aldrich Contemporary Art Museum

Cybele Maylone                    Tuesday, September 24            1:00PM

#### “Nothin’ but a Good Man Feelin’ Bad” The Rise of the Blues (1900-1930)

Peter Muir                            Friday, September 27            1:00PM

#### Medicare: What You Need to Know

Karen Gaudian and WCAAA        Friday, October 18                1:00PM

#### Performance: Chamber Music for Winds and Piano

Tri-County Musicians            Friday, October 25                1:00PM

#### Fifty Ridgefield Women Who Have Left Their Mark

Darla Shaw                            Friday, November 15            1:00PM

### Founders Fridays

#### Fashion Show

*Sponsored by RVNAhealth*        Friday, September 6            1:00-2:30PM

#### Apple Tasting

*Sponsored by Sheraton Caregivers*    Friday, October 11            2:00-3:30PM

#### Give Thanks for Pie

*Sponsored by Ridgefield Station Senior Living Residences*    Friday, November 8            2:00-3:30PM

#### Nutcracker Showcase

*Sponsored by The Greens at Cannondale and Wilton Meadows*    Friday, December 6            2:00-3:30PM

## FOUNDERS HALL FALL 2024

### Special Events

#### Art Show Opening *Sponsored by Oasis Senior Advisors*

No fee                                    Wednesday, August 28            4:00PM

#### Bocce Tournament *Sponsored by Keystone Place at Wooster Heights*

\$8/\$10NR                            Tues and Wed Oct. 1 & 2            10:00AM

#### Fall Happy Hour *Sponsored by Spring Village at Danbury*

No fee                                    Tuesday, October 22            4:00-5:30PM

#### Live Music and Dance Party *Sponsored by Cohen and Wolf PC*

\$10/\$12NR                            Friday, November 22            4:00-6:00PM

#### Holiday Party

*Sponsored by Watermark at East Hill and Spring Village at Danbury*

Enjoy a variety of festive entertainment, holiday fare and the opportunity to celebrate the season among friends at this Holiday Party. Don't miss your photo with Santa. Please indicate the session you would like to attend on the registration form. You may also indicate which members you wish to include at your table. We will do our best to honor table requests.

Session 1 \$12/\$15NR            Thursday, December 12            3:00-5:00PM

Session 2 \$12/\$15NR            Thursday, December 12            6:00-8:00PM

#### New Member Welcome Coffees

*Sponsored by Keystone Place at Wooster Heights*

Tuesday, August 29                10:30-11:30AM

Tuesday, December 5            10:30-11:30AM

#### Eat Together Lunches

Wednesday, September 18        12:00-1:00PM

Thursday, October 24            12:00-1:00PM

Monday, November 18            12:00-1:00PM

Tuesday, December 17            12:00-1:00PM

## FOUNDERS HALL FALL 2024

### Art Program

*Sponsored by the Anna-Maria and Stephen Kellen Foundation*

#### Drawing Basics ~ In-Person

Come and spend a morning learning how to draw what you see and observe. In this course we will 'learn to look' by covering the fundamentals of shading, perspective and composition. Subjects will include basic forms, still life and simple landscape with an eye toward capturing the world around you. This class is a judgment-free zone designed with fun and creativity in mind. Let's draw!

Monday 10:00AM-12:00PM

First Class: September 16

Instructor: Madyn Gwynne

Fee: \$45/\$52NR (10 Sessions)

#### Drawing on the Right Side of the Brain ~ In-Person

For both beginners and seasoned artists, this course will encourage participants to perfect the art of drawing and uncover their individual artistic language. Media will include charcoal, graphite, ink, and chalk. Working from life and reproductions of masters' work, students will explore the vocabulary of drawing as art form.

Friday 1:30-3:30PM

First Class: September 20

Instructor: Karen Pellicchia

Fee: \$45/\$52NR (10 Sessions)

#### Drawing Studio Workshop ~ In-Person

This studio time affords an opportunity to work with like-minded colored pencil artists.

Monday 2:30-4:30PM

First Class: September 16

Instructor: Open Session

Fee: \$12/\$15NR (10 Sessions)

#### Independent Supervised Study with Moki ~ In-Person

For past or current students of Colored Pencil or Graphite Drawing classes

You ask? We deliver! Individualized guidance for colored pencil drawing (from past courses: birds, botanicals, animals, etc.) and /or drawing with graphite. One-on-one assistance with new or on-going projects will be offered, including composition, process, techniques, colors, backgrounds, effects, etc.

Please note this is not an instructional class.

Thursday 1:30-3:00PM

First Class: September 26

Instructor: Moki Kokoris

Fee: \$45/\$52NR (8 Sessions)

## FOUNDERS HALL FALL 2024

### Landscape - Colored Pencil Drawing

The following colored Pencil Drawing course will be taught over two semesters. While both sections follow the same theme, the criteria are different. Whether it's a mountain landscape, your backyard pond scene, or a favorite tree, the focus of this course will be on recreating the same view in different conditions. The goal for each section is to produce a series of 4 drawings of the same size so that they may be displayed as a quadriptych. Each of the two courses can stand independently. Therefore, you may choose to attend only one or both.

#### Landscape in Four Seasons (Fall 2024)

##### Variations on a Theme ~ In-Person

In this colored pencil course, we will study how to depict your chosen landscape in Spring, Summer, Autumn and Winter. In addition to studying the more obvious changes in the landscape, we will cover the proper hues and tones with which to color shadows on grass vs snow, which shade of green to choose for vegetation in spring vs autumn, etc.

Materials: Sketching pencil for ideas and taking notes, 9x12 pad of Canson XL Mixed Media white paper, a set of colored pencils (wax-based or watercolor pencils), hand-held sharpener, a pocket folder for storing of weekly reference sheets.

Tuesday 1:00-2:30PM

First Class: September 24

Instructor: Moki Kokoris

Fee: \$45/\$52NR (8 Sessions)

#### Coming in Winter 2025: Landscape at Different Hours of the Day

##### Studies of Color Scheme Shifting ~ In-Person

In this colored pencil course, we will study how to depict your chosen landscape at different hours of the day - dawn/sunrise, daytime, sunset/dusk, and nighttime - as did Monet. The primary focus will be on the different aspects of light, specifically how it changes, shifts and desaturates hues, depending on its source.

Please note: Registration for this program will be in the Winter 2025 course book.

#### Life Drawing ~ In-Person

Students work each week from a live model. During the last half-hour, peers will critique each others work. A model fee, based on the number of students in the workshop, will be collected at the first class.

Wednesday 10:00AM-12:00PM

First class: September 18

Instructor: Donatella Gagliano

Fee: \$45/\$52NR (8 Sessions)

## FOUNDERS HALL FALL 2024

### Oil Painting ~ In-Person

For experienced or beginner artists, this course will cover painting techniques, color mixing, composition and painting styles as well as varied painting subjects - still life, landscape, portrait and figures. The art studio atmosphere is coupled with art direction and guidance and freedom to experience new things. Canvas fee is \$3.

Wednesday 1:30-3:00PM

First Class: September 25

Instructor: Bonnie Weber

Fee: \$45/\$52NR (9 Sessions)

### Photography ~ In-Person

Do you enjoy taking photographs? Would you like to become a better photographer? This course is for you, no matter your skill level or the type of camera you use. You will learn about focusing, exposure, composition and how to improve the sharpness of your photographs. This will be an interactive course where we will share our photographs, discuss the positive and negative aspects of the shots and how they could be improved.

Monday 3:00-4:00PM

First Class: September 16

Instructor: Marc Loonan

Fee: \$45/\$52NR (10 Sessions)

### Still Life - Colored Pencil Drawing ~ In-Person

Even before settling into the drawing portion of this course, we will cover the various styles and aspects of 'still life' as an art form. The introduction will include choosing a general theme, the background and surface, and deciding whether to add decorative elements. We'll also focus on composition, arrangement and set up, colors (subtle hues, bright and bold colors, or unconventional color schemes), lighting options such as chiaroscuro or blinding light, and how to convey mood and evoke emotional reaction from the observer. Additionally, based on your individual set of choices, we will discuss the optimal color of paper on which to draw your still life creation.

Materials: Sketching pencil for ideas and taking notes, a set of colored pencils (wax-based or watercolor pencils), hand-held pencil sharpener, a pocket folder for storing of weekly reference sheets. The type and color of drawing paper will depend on each student's chosen theme, arrangement and skill level with colored pencils.

Tuesday 10:30AM-12:00PM

First Class: September 24

Instructor: Moki Kokoris

Fee: \$45/\$52NR (8 Sessions)

## FOUNDERS HALL FALL 2024

### Traditional Calligraphy - the Uncial (Celtic) Hand + Celtic Knotwork Design and Illuminated Monograms~ In-Person

Taught following traditional methodology, in this course, returning or aspiring calligraphers will learn the Uncial Hand, a majuscule (solely capital letters) round-form and rhythmic script commonly used from the 4th to the 8th centuries AD by Latin and Greek scribes. A derivative of Uncial was used in the famous Book of Kells (c 800 AD). Time-permitting, we may spend one session learning Celtic knotwork design, and another exploring the decorative interwoven monogram illuminations.

Materials: For initial sessions, materials will be available in class. A full list of materials (paper pads, calligraphy markers and pen) will be provided for students to purchase on their own. Please bring a pocket folder in which to store weekly reference sheets.

Tuesday 3:00-4:30PM

First Class: September 24

Instructor: Moki Kokoris

Fee: \$45/\$52NR (8 Sessions)

### Watercolor 101: Back to Basics ~ In-Person

This class is for those returning or new to watercolor. There will be basic brushes, paper and WATERCOLOR paint for you to USE while in class. It is strongly recommended that you have, bring or buy your own materials from a material list given at the beginning of the semester **SO YOU CAN PRACTICE AT HOME**. As usual, Tina will offer Seasonal inspiration as subjects to paint. Class is limited to 15 students.

Class will not meet October 18.

Friday 10:30AM-12:30PM

First Class: October 4

Instructor: Tina Phillips

Fee: \$40/\$48NR (6 Sessions)

### Intermediate to Advanced Watercolor ~ In-Person

**This class is for experienced watercolorists only - with all their own equipment.** There will be weekly inspiration (perhaps seasonal) and/or handouts offered. As usual, the 2 hour class time may be used for your own personal paintings. Classes are limited to 15 students.

Class will not meet October 17.

Section 1 Thursday 10:30AM-12:30PM

First Class: October 3

Section 2 Thursday 1:30-3:30PM

First Class: October 3

Instructor: Tina Phillips

Fee: \$40/\$48NR (6 Sessions)

## FOUNDERS HALL FALL 2024

### Hobby and Sports Program

*The Hobby and Sports Program is sponsored by  
The Wadsworth Russell Lewis Trust Fund,  
Ridgefield Parks and Recreation and Ridgefield Thrift Shop*

#### **Basketball for Fun Clinic ~ In-Person**

Want to feel like a kid again? Then consider joining the men and women of the “Seniors on the Ball” basketball team. Why join? It’s a fun way to work on your balance, coordination and flexibility. We exercise, do drills and yes, the last 20 minutes or so of the session, we play a controlled, senior type of basketball on a reduced size court. As an added bonus, you will get to know some of the nicest people in Founders. No experience necessary, just a fun-loving spirit. Team members are in their 70s, 80s, no one in their 90s yet. Class meets in the gym at Parks and Recreation.

Wednesday 1:15-2:15PM

First class: September 18

Coaches: JoAnn Cali and Jim Arcuri

Fee: \$35/\$42NR (10 Sessions)

#### **Bridge: Assisted Play ~ In-Person**

Experienced players will be available to assist play and answer questions.

Wednesday 10:00AM-12:00PM

First Class: September 18

Coaches: J. Clark and D. Thornton

No Charge

#### **Bridge for True Beginners ~ In-Person**

Bridge is to card games what chess is to board games, as challenging as it is rewarding. If you’ve ever wanted to learn, now is the time and this is the class. We’ll start with the basics: what it means to follow suit, to take a trick, and to play trump. Then we’ll move on to the objectives, including actual scoring based on bidding and making contracts. Lessons will cover fundamental bidding (to reach the best contract) and Play of the Hand (to be able to fulfill that contract).

Required text: Bridge for Everyone, D. W. Crisfield, available through the registration form for \$20.

Tuesday 9:30-10:30AM

First class: September 17

Instructor: Mike Hess

Fee: \$35/\$42NR (10 Sessions)

## FOUNDERS HALL FALL 2024

#### **Bridge: Continuing Beginners 2.0 ~ In-Person**

This class is intended for two groups of students:

1) as a continuation for those who have recently taken a True Beginners class at Founders Hall or elsewhere and 2) a refresher for those who have played bridge before but feel “rusty” about their current skill level.

The class will be based on 5 card Majors, Standard American and will continue to employ the Beginners textbook: *Bridge for Everyone* by Crisfield, available through the registration form for \$20.

Thursday 9:30-10:30AM

First class: September 19

Instructor: Mike Hess

Fee: \$35/\$42NR (10 Sessions)

#### **Bridge Intermediate / Advanced ~ In-Person**

This class is for experienced players who want to improve their bidding, declarer play, and defense to the next level. We’ll focus on 2/1 Game Force, supplemented by Standard American bidding based on five-card majors and will cover important basic conventions like Blackwood, Stayman, and transfers. Then we’ll build upon that knowledge and learn more about competitive conventions like Michaels, Splinters, Jacoby 2NT, Negative Doubles, Roman Key Card Blackwood and New Minor Forcing. The class will also cover advances in defensive play: what to discard, giving count, and how to use suit preference signals. Comprised of short classroom lectures followed by the bidding and play of real bridge hands, this class is for players who are ready for more complex play. Recommended texts: Bridge for Everyone, D. W. Crisfield (\$20), and 25 Bridge Conventions You Should Know, Seagram and Smith (\$18) are both available through the registration form.

Thursday 11:00AM-12:00PM

First class: September 19

Instructor: Mike Hess

Fee: \$35/\$42NR (10 Sessions)

#### **Cooking with the Staff: Fall Favorites ~ In-Person**

Nikki and Grace will share and demonstrate recipes, tips and techniques. You get to sample!

Section 1: Tuesday, October 15

11:00AM-1:00PM

Section 2: Wednesday, October 16

11:00AM-1:00PM

Instructor: Founders Hall Staff

Fee: \$15/\$18NR (1 Session)



## FOUNDERS HALL FALL 2024

### Duplicate Bridge ~ In-Person

Enjoy bridge playing the same hands as other pairs (duplicate). This approach will challenge your skill regardless of 'luck of the deal.' If you are registering with a partner, please include your partner's name on the registration form. This class is limited to 62 participants. Pre-requisite for Duplicate Bridge is proficiency with duplicate bridge rules and play.

Section 1	Monday	10:00AM-12:30PM	First Class: September 16
Section 2	Friday	10:00AM-12:30PM	First Class: September 20
Director:	Bob Kimerling		Fee: \$18/\$21NR (10 Sessions)

### Beginning Genealogy ~ In-Person

Learning about your family through genealogy research is the biggest hobby in America, and is certainly rewarding. All that is needed are computer skills to begin. It is fun and exciting to trace your roots and watch your family tree grow.

Thursday	9:30-11:30AM	First Class: September 19
Instructor:	Toni McKeen	Fee: \$45/\$52NR (10 Sessions)

### Continuing Genealogy ~ In-Person and on Zoom

**Completion of Beginning Genealogy is a prerequisite for the following classes.**  
Please check with Toni regarding correct class placement.

After learning some of the basics of research, these classes continue to build skills and add new databases to continue on your genealogy journey.

Advanced Beginners Genealogy	Tuesday	12:30-2:30PM
Intermediate Genealogy	Thursday	11:30AM-1:30PM
Advanced Genealogy	Thursday	2:30-4:30PM
Instructor:	Toni McKeen	First Class: September 17/19
		Fee: \$45/\$52NR (10 Sessions)

**Annual Database Fee: \$20 - required once per calendar year from all Genealogy students registering for a 2024 Genealogy class.**

## FOUNDERS HALL FALL 2024

### Genealogy - Writing Your Family Story ~ In-Person and on Zoom

This class helps you, with step-by-step guidance and handouts, to capture and write the family story...of a parent, grandparent, or yourself. Using family stories, photos, letters, records, and documents, your ancestor's life will be preserved for future generations. What a wonderful gift to leave them. All are welcome to join this class.

Monday	10:00AM-12:00PM	First Class: September 16
Instructor:	Toni McKeen	Fee: \$45/\$52NR (10 Sessions)

### Drop-in Groups ~ In-Person

Gardeners (April-Oct)	Third Friday	1:00-2:30PM
Quilting Group	Tuesdays	2:00-4:00PM
Weaving	Wednesdays	10:00AM-12:00PM Sandy Hurd

### Founders Hall Singers ~ In-Person

This welcoming singing group meets once a week to work on a variety of music.

Director:	Daniela Sikora	Monday 12:30-1:30PM	No Charge
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### Knitting and Crocheting ~ In-Person

Jo Ann Brown brings 67 years of experience, extraordinary memory and great problem solving abilities to help with the tremendous variety of needlework projects at Founders Hall. This is a large class. In fact, the class has set up an 'appointment secretary' (LOL) to ensure all students get equal time. All in the class appreciate and compliment each others' efforts and completed items. It is a fun and friendly environment.

Tuesday	1:15-3:15PM	First Class: September 17
Instructor:	Jo Ann Brown	Fee: \$35/\$42NR (10 Sessions)

### Piano Lessons ~ In-Person

These classes are limited to seven students. Schedule is subject to change.

Beginner*	Thurs 1:00-2:00PM	Fee: \$35/\$42NR (10 Sessions)
Intermed Beginner	Thurs 12:00-1:00PM	Fee: \$65/\$72NR (10 Sessions)
Advanced Beginner	Thurs 11:00AM-12:00PM	Fee: \$65/\$72NR (10 Sessions)
Instructor:	Ed Kadziewicz	First Class: September 19

\*Fee to repeat Beginning Piano Class: \$65/\$72NR

## FOUNDERS HALL FALL 2024

### Pickleball - Beginners ~ In-Person

Pickleball is a blend of tennis, badminton and ping pong. Pickleball is a great way to meet new people and play a game that is right for a variety of skill levels and ages. It is a fun, easy sport to learn! Come swing a paddle with us and enjoy one of the fastest growing sports in America. Class will meet at the Parks and Recreation Center gym. No class October 3.

Thursday 12:15-1:15PM  
Instructor: Tom McIntyre

First Class: September 26  
Fee: \$35/\$42NR (8 Sessions)

### Pickleball - Continuing ~ In-Person

This class is intended for those who have been through the beginners class and wish to further their skill level. Class will meet at the Parks and Recreation Center gym. No class October 3.

Thursday 1:30-2:30PM  
Instructor: Tom McIntyre

First Class: September 26  
Fee: \$35/\$42NR (8 Sessions)

### Pickleball: Ladder Play ~ In-Person

Test your pickleball skills as part of an informal ladder league. Players registering for the session will be randomly placed on a ladder and grouped with three other players for matches to be played each Friday. Players move up and down the ladder based on their game results. A fun way to practice pickleball with similarly skilled players. Class meets at Parks and Recreation Center gym. No class October 11.

Friday 12:15-2:30PM  
Instructor: Tom McIntyre

First Class: September 20  
Fee: \$35/\$42NR (9 Sessions)

### Quilting and Sewing ~ In-Person

Join this class to begin your sewing/quilting journey or continue by learning new tricks, tips and techniques. You can bring your own sewing machine or use the ones in the sewing room. Jo Ann Brown has 67 years of experience using a sewing machine and has her own methods that are tried and true. The environment is friendly and warm.

Tuesday 11:00AM-1:00PM  
Instructor: Jo Ann Brown

First Class: September 17  
Fee: \$45/\$52NR (10 Sessions)

## FOUNDERS HALL FALL 2024

### Technology Program

#### Google Docs ~ In-Person

Google Docs is a free, user-friendly, cloud-based application for creating, editing, and sharing word processing documents. Files can be accessed from any computer with an internet connection. Google Sheets, a spreadsheet application, will be introduced.

To access Google Docs and Sheets, you will need to set up a free gmail account BEFORE coming to class. Please bring your gmail password to log on to your gmail at Founders Hall.

You may bring your own laptop to class if you prefer.

This is a beginner's level class.

Tuesday 3:00-4:30PM  
Instructor: Anita Vallee

First Class: September 17  
Fee: \$35/\$42NR (10 Sessions)

#### Photoshop Beginner ~ In-Person

Come and begin to master the amazing Photoshop Elements program. With a step by step approach, you will learn to use the tools in the Tool Box and some fun tricks to enhance your older photos and improve your less than perfect newer ones. Photos will be provided for practice in class. You do not need to own the program. This course is a requirement for the advanced levels of Photoshop classes. Students must have basic computer skills - beyond emails.

Tuesday 10:30AM-12:00PM  
Instructor: Toni McKeen

First Class: September 17  
Fee: \$35/\$42NR (10 Sessions)

#### Open Tech Lab

Need help with computer classes or electronic devices? A volunteer will be in the Computer Lab on many Fridays from 2-4PM to answer questions and assist you. Please sign up at the front desk by 4:30 on the Thursday before attending.

Fridays 2:00-4:00PM

No fee

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