



FOUNDERS HALL

Fall 2023

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INTRODUCTION

Information

Office Hours: Monday - Friday, 8:00AM-5:00PM
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Email: foundershall@founders-hall.org
Web: www.founders-hall.org
Facebook: Founders Hall Ridgefield
Instagram: [founders_hall_ridgefield](https://www.instagram.com/founders_hall_ridgefield)
Twitter: FoundersHallCT
LinkedIn: Founders-Hall-Ridgefield

Sponsors

Our special thanks to the generous sponsors who help us keep class and program fees at a minimum:

Academic Program:

Rudy Ruggles
Nick and Anita Donofrio
The Leir Foundation
Union Savings Bank Foundation

Art Program:

Anna-Maria and Stephen Kellen
Foundation

Fitness Program:

Barker Welfare Foundation
The Paul and Johanna Laszig Trust

Hobby & Sports Program:

Ridgefield Parks and Recreation
Ridgefield Thrift Shop
The Wadsworth Russell Lewis
Trust Fund

On the Road Program

Ridgefield Professional Office Complex

Social Program:

Bethel Health Care and Cascades
Senior Living
Cohen and Wolf PCs
The Greens at Cannondale and
Wilton Meadows
Keystone Place at Wooster Heights
Ridgefield Crossings
Ridgefield Station
RVNAhealth
Spring Village at Danbury
Watermark at East Hill

Closing and Cancellation

Closings for inclement weather will be posted on www.founders-hall.org.

Programs are subject to change and/or cancellation.

Dear Members,

Our Fall 2023 Semester will consist of in-person classes, Zoom classes, and a few hybrid classes. Please remember that these classes are only for Founders Hall members.

If the pandemic situation requires it, we will pivot to Zoom programs.

Registration for Fall 2023 is similar to previous years, with an online option and a mail-in option. The online option saves significant staff resources so I hope you will try that if you haven't before.

In-Person Attendance Information

Our goal is to keep Founders Hall members, instructors and staff healthy while gathering in-person and enjoying each other's company. To achieve that, each of us plays an important role. Abiding by these expectations and rules is necessary to keep our community safe and to make our in-person programs successful. These rules apply to classes, events, and drop-in visits.

The Rules:

1. If you don't feel well, please stay home.
2. If you test positive for the virus, please inform Grace immediately.

FOUNDERS HALL FALL 2023

Registration

You can register and pay for semester programs online or by mail. Registrations are due by Tuesday, August 29 at 4:30PM.

How to Register Online

Log into your Community Pass account and simply follow the prompts to review the programs, make your choices and complete the registration. You can securely pay electronically or you can choose to pay by check.

If you have NOT activated a Community Pass account, please email Tracy Dubin (tracy@founders-hall.org). She will send you a log-in user name and password so you can take advantage of online registration for Fall semester.

If you don't use email or would like some guidance in using online registration, please call Tracy or Grace for help.

If you prefer to use paper

Complete the form on pages 17 - 21 and mail with payment.

Whether You Register Online or On Paper

Fall semester programs begin on Monday, September 11. Programs are subject to change and/or cancellation.

If you have registered for a Zoom class, you will receive a link for that class the evening before class meets.

If more people are interested in a class than there are available spaces, we will use a random lottery to assign places. **All PAID registrations received by 4:30PM on Tuesday, August 29** will be included in any necessary lotteries. If there is not space for you in a class, we will notify you and refund your payment. No news is good news. You will not hear from us if we are able to enroll you as requested.

Registrations are non-transferrable. We do keep waiting lists for those who wish to join a filled class.

Academic Program

*The Academic Program is generously sponsored by
Rudy Ruggles, Nick and Anita Donofrio,
The Leir Foundation and Union Savings Bank Foundation*

Adventures in Poetry with Ira Joe

There is poetry in the world. In all of us: in each of us. At the Friday gatherings Ridgefield's Poet Laureate, Ira Joe Fisher, will present three or four poems. We'll read the poem. We'll unpack it. And we'll invite the poem into your mind and into your heart. A poem is sound, song, wisdom, delight. A poem affects you. From the page to the ear to the heart. To savor. To remember.

Friday 10:30AM-12:00PM

First Class: September 15

Instructor: Ira Joe Fisher

Fee: \$30/\$36NR (10 Sessions)

Book Discussion ~ In-Person

Join your friends, new and old, for an in-person monthly book discussion. Books are available through Ridgefield Library and/or Hoopla, one of the Library's e-content services (link on Library website). Copies of the books may be available at the Front Desk at Founders Hall.

September 14 The Ambassadors by Henry James

October 12 The Marriage Portrait by Maggie O'Farrell

November 9 What Storm, What Thunder by Myriam J.A. Chancy

Thursday 3:00-4:30PM

Facilitator: Staff members of Ridgefield Library

No Charge

FOUNDERS HALL FALL 2023

Come Fly With Me ~ In-Person and on Zoom

Get your virtual passports ready! This semester, we will travel (virtually) to fascinating cities and countries around the world. Our first stop will be Ecuador and the famous Galapagos Islands before we jet off to Turkey to explore all its wonders. No trip around the world would be complete without a stop in India to visit the breathtaking Taj Mahal and be a guest at a traditional, four-day Indian wedding. Spinning the globe again, we will visit Easter Island to study the mysterious Moai statues. We will see the local handicrafts, and learn about the key figures, music and culture of these cities. Who knows? There might even be a surprise destination or two. You don't want to be late for this 'flight'!

Instructor: Toni McKeen
Section 1 Wednesday 10:30AM-12:00PM
Section 2 Wednesday 1:00-2:30PM

First Class: September 13
Fee: \$30/\$36NR (10 Sessions)
Fee: \$30/\$36NR (10 Sessions)

Current Events ~ In-Person

Share your thoughts on a variety of current event topics in an informal discussion format. Personal participation is encouraged in this interactive group.

Wednesday 10:00-11:30AM
Facilitator: Bill Monti

First class: September 13
Fee: \$15/\$18NR (10 Sessions)

Film: Biopix Number 2 ~ In-Person

Biopix are movies 'based on' the lives of actual persons. Our first Biopix course was so popular I've decided to do a second one. We'll see nine movies I've not shown before. Regulars Judy Dench and Meryl Streep will be on hand, but several Founders newcomers will appear too. I'm resisting calls to show *Won Ton Ton, the Dog Who Saved Hollywood* and *Cars*, and will concentrate on stories about humans. I am attracted, though, to a great bio of the Brooklyn Bridge.

In-Person Class:

Section 1: Monday 1:00-4:00PM
Section 2: Tuesday 10:00AM-1:00PM
Section 3: Tuesday 1:30-4:30PM

First Class: September 18
First Class: September 19
First Class: September 19

Instructor: Robert Klaeger
Fee: \$30/\$36NR (9 Sessions)

FOUNDERS HALL FALL 2023

French Refresher ~ In-Person

These classes are for those who have taken French previously or have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. French is Fun, Book 2 will be used for the class. It is available through the registration form for \$34. Class will not meet September 20.

Wednesday 9:30-11:00AM
Instructor: Steve Rome

First Class: September 13
Fee: \$30/\$36NR (9 Sessions)

Global Issues ~ In-Person

This program encourages and develops group discussion on critical worldwide issues, be they social, economic or political, in a complex and changing world. The topics to be discussed will be selected by course members from a list of important issues presented at the first meeting. Most weeks, a volunteer member of the group will provide subject background and questions to help initiate discussion. A guest speaker may be invited on occasion. The program strives to ensure that everyone gets an opportunity to participate and that the tradition of civil discourse will be maintained in a stimulating setting. Time will also be set aside at each meeting for discussion of topical international events.

Class will not meet September 25.

Monday 10:30AM-12:30PM
Facilitators: Janet Andersen & George Eggleston

First Class: September 11
Fee: \$15/\$18NR (9 Sessions)

Great American Short Stories ~ In-Person

Enthusiastic readers will use the Shared Inquiry method for a text-based discussion of The Best American Short Stories of the Century, edited by John Updike. This anthology of more than fifty extraordinary stories includes selections by authors Raymond Carver, John Cheever, Joyce Carol Oates, Flannery O'Connor, Philip Roth, Eudora Welty and others. These short stories have endured the test of time. The book is available through the registration form for \$19.

Wednesday 1:00 - 2:30PM
Instructor: Louise Hazebrouck

First Class: September 13
Fee: \$30/\$36NR (10 Sessions)

FOUNDERS HALL FALL 2023

History: The Dust Bowl ~ In-Person

Join us as we read *The Worst Hard Time* by Timothy Egan. Walter Cronkite said, 'This is can't-put-it-down history.' John Steinbeck gave voice to those who fled the Dust Bowl. This is the story of those who stayed and survived - and it is an extraordinary story of endurance and heroism. This book is a powerful cautionary tale about the dangers of trifling with nature. Hope to see you there.

The book is available via the registration form for \$15.

Wednesday 3:15-4:30PM

First Class: September 13

Instructor: Mike Settanni

Fee: \$30/\$36NR (10 Sessions)

Investments Discussion ~ In-Person

Participants will choose topics for discussion such as a particular asset class, industry sector or individual stocks or bonds.

Tuesday 1:30 -3:00PM

First Class: September 12

Moderators: Scott DeYoung and Len Goldner

Fee: \$10/\$12NR (10 Sessions)



Friends • Food • Fun • Shopping

Thursday, Oct. 5, 6pm - 10pm

\$40 to benefit Founders Hall



Keystone Place
at Wooster Heights
A Life Fulfilling Retirement Community

John and Lori
Berisford

Liz and Steven
Goldstone



FOUNDERS HALL FALL 2023

Italian: Beginning ~ In-Person

This beginner level class will introduce this beautiful language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing.

Friday 11:00AM-12:30PM

First Class: September 15

Instructor: Lisetta Farris

Fee: \$40/\$48NR (10 Sessions)

Italian: Beginners Continuing ~ In-Person

This continuing class is for those with knowledge of Italian. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. Class will not meet September 25.

Monday 9:00-10:30AM

First Class: September 11

Instructor: Lisetta Farris

Fee: \$40/\$48NR (10 Sessions)

Italian: Continuing ~ In-Person

For those who have taken Beginners Italian or have a prior knowledge of the language, the emphasis will be on speaking, with some focus on grammar, reading and writing. This is a good class for those planning a trip to Italy or for those who just want to experience the beauty of the Italian language.

Class will not meet September 25.

Monday 10:30AM-12:00PM

First Class: September 11

Instructor: Lisetta Farris

Fee: \$40/\$48NR (10 Sessions)

How to Meditate ~ In-Person

Meditation, or mindfulness-awareness practice, is a simple but potent way to connect to the goodness of life. Grounding ourselves in this way helps us relax with ourselves and be more available for others. This class will cover the basics of meditation and explore how to bring it into our daily lives. We will use Pema Chodron's book, "How to Meditate: A Practical Guide to Making Friends with Your Mind". The class is open to all. Beginners are welcome! Those who've already taken a Founders Hall meditation class are encouraged to join and deepen their practice. Books are available through the registration form for \$16.

Friday 9:00 - 10:30AM

First Class: September 22

Friday 11:00AM - 12:30PM

First Class: September 22

Instructor: Peter Bancel

Fee: \$20/\$24NR (5 Sessions)

FOUNDERS HALL FALL 2023

Music with Michael Lankester ~ In-Person and on Zoom

Words and Music

*'The man that hath no music in himself,
Nor is not mov'd with the concord of sweet sounds,
Is fit for treasons, strategems, and spoils;
the motions of his spirit are dull as night,
And his affections dark as Erebus:
Let no such man be trusted. Mark the music.'*

~ The Merchant of Venice - William Shakespeare

*'Since Singing is so good a thing,
I wish all men would learn to sing.'*

~ William Byrd

Michael Lankester explores the world of literature and music from the mediaeval chanson to the flowering of German lieder, from the simple folk song to grand opera, and from the setting of religious texts to the poetry of Goethe.

1. If Music Be the Food of Love
2. Die Schöne Müllerin
3. On Wings of Song
4. Love's All Over the Mountain, Where the Beautiful Go to Die
5. In Paradisum
6. The Night of the Missing Lemon Juice
7. A Night at the Opera
8. The Song of the Nightingale
9. Silent Night
10. Symphony of a Thousand

Section 1 Thursday 10:30AM-12:00PM

First Class: September 14

Section 2 Thursday 1:00-2:30PM

First Class: September 14

Instructor: Michael Lankester

Fee: \$30/\$36NR (10 Sessions)

FOUNDERS HALL FALL 2023

Showing Up For Yourself:

NUSHU Group to Reflect and Connect ~ In-Person

NUSHU Group is a sharing circle where we create time and space to check in with ourselves through reflection, writing, and saying things out loud. In NUSHU Group, the facilitator offers prompts for your consideration. You will have a few minutes to reflect and write. You can go wherever your mind takes you, as deeply as you feel comfortable going. At the end of that time, the floor will be opened to sharing. You can say as much or as little as you would like. Pass or "come back to me" is always an option. In these groups, there is no crosstalk or advice giving. Sometimes being present and listening to each other really is more than enough. The group will be led by Katie Guillory, who is a certified NUSHU Group facilitator. She has a knack for asking just the right questions to unlock insight. You will be surprised by this experience. Come explore yourself and share with others in person. This group will meet for 60-90 minutes. Class will not meet September 25 or October 23.

Monday 1:30-3:00PM

First Class: September 11

Instructor: Katie Guillory

Fee: \$20/\$24NR (8 Sessions)

Spanish Refresher ~ In-Person

These classes are for those who have taken Spanish previously or have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. Spanish is Fun Book 2, second edition will be used for the class. It is available through the registration form for \$34. No class September 20.

Wednesday 1:00-2:30PM

First Class: September 13

Instructor: Steve Rome

Fee: \$30/\$36NR (9 Sessions)

FOUNDERS HALL FALL 2023

We the People: Part 1 ~ In-Person

The first three words of the preamble to the U.S. Constitution immediately differentiate this document from all those declarations of rights that had come before it. Who were the men, that are now referred to as the Framers of the Constitution? What were their main concerns and how do they echo today in our lives, over 230 years later? Why did they pick our form of government? Why even before the ink was dry on the main Seven Articles of the Constitution, did they feel the need to add the first ten amendments, known today as the Bill of Rights? What were the driving forces behind future important amendments?

We will first review the main body of the original seven articles. Each will be reviewed with an eye toward their interpretation then and now. We will investigate the rather arcane institution known as the electoral college. The rules of the Senate, which are nowhere in the constitution yet impact our lives, will also get a closer look.

We will also review some of the key rights bestowed in the U.S. Constitution such as freedom of speech, freedom of religion, the right to bear arms, and the right to due process and equal protection under the law. And, observe how the application of those rights has changed over time.

The goal of our journey is not to develop a cadre of Constitutional scholars but to fulfill Thomas Jefferson's famous challenge "...a well-informed electorate is a prerequisite to democracy."

These discussions will occur over two semesters. The first eight weeks will cover the main articles of the Constitution, the rules of government. The second semester will cover the Bill of Rights and other key amendments.

For our common text, we will use The U.S. Constitution annotated by Ray Raphael available via the registration form for \$8.

Please note: Class will not meet September 25.

Monday 1:00-2:30PM

Instructor: Tom McIntyre

First Class: September 11

Fee: \$15/\$18NR (8 Sessions)

Writing: A Shared Experience ~ In-Person

This collegial group of writers meets weekly to share short pieces of prose and poetry. The aim is to improve writing through the constructive criticism of fellow members of the group.

Tuesday 10:00AM-12:00PM

Class Directed

First Class: September 12

Fee: \$15/\$18NR (10 Sessions)

FOUNDERS HALL FALL 2023

Writing Workshop ~ In-Person

'We each have a story to tell. It needs to be told; it wants out. Discover your story in this writing workshop where each participant is both a teacher and a pupil. The process is joyful and rewarding, as we hone our skills and learn.' Each week, write something of your choice within two pages - an essay, memoir, poem, short story - read it in a friendly environment, and receive constructive feedback focused on clarity, grammar, punctuation, and organization of the piece. Everyone stands to gain as we sharpen our writing skills. The class will be limited to 11.

Class will not meet September 25.

Monday 2:00-4:30PM

Moderator: Anton Deiters

First Class: September 11

Fee: \$15/\$18NR (10 Sessions)

Evening Academic Program ~ In-Person

Music with Michael Lankester - The Art of Conducting

'All manner of singular body movements...As a *sforzando* occurred he tore his arms, previously crossed upon his breast, with great vehemence asunder. At the piano he crouched down lower and lower to show the degree of softness. If a *crescendo* entered he gradually rose again and at a *forte* jumped into the air.'

On Beethoven Conducting by Ludwig Spohr

'The art of conducting consists in knowing when to stop conducting and just let the orchestra play.'

Herbert von Karajan

From Guido of Arrezzo to Carlo Maria Giulini, Mozart to Mengelberg, Bach to Bernstein, and so many more, I shall attempt to examine the very nature of conducting, the technique, the personalities involved, the specialists, the pitfalls and the towering performances that continue to resonate to the present day.

Michael Lankester

1. The Origins
2. 'All's the World a Stage'
3. Sturm und Drang - Haydn, Mozart & Beethoven
4. Peacocks on the Podium
5. The Maestro
6. The Last Romantics - The First Modernists
7. The Winds of Change - A Question of Technique
8. A Personal Journey

Class will not meet October 5.

Thursday 6:00-7:30PM

Instructor: Michael Lankester

First Class: September 21

Fee: \$30/\$36NR (8 Sessions)

FOUNDERS HALL FALL 2023

Evening Academic Program ~ In-Person (continued)

Designing Your Retirement

This four-part seminar/workshop will explore the philosophy, structure and aspirations for this stage of life. A variety of speakers and panelists will present content and share life experiences on their approach to retirement.

Part I *The Opportunity of a Lifetime: Unpacking the Literal and Figurative Role of Place to Unlock Healthy Longevity* with Ryan Frederick of Here!

Monday, October 2 6:30-8:00PM

Part II *Right Place Workshop* with Ryan Frederick

Tuesday, October 3 6:00-9:00PM

Part III *Finding Meaning and Purpose in Later Life* with Ed Merck

Tuesday, October 10 6:30-8:00PM

Part IV *Considering Financial Health in Retirement* with Peter Hall

Tuesday, October 17 6:30-8:00PM

Dance Program

Ballroom Dancing ~ In-Person

Tonja makes ballroom dancing fun and easy. This class will get you moving comfortably in the most popular social and club style dances. No partner is necessary to sign up! Class will meet September 15, 22 and 29, October 13 and 20 and November 3.

Friday 10:05-10:55AM

Instructor: Tonja Dias

First Class: September 15

Fee: \$30/\$36NR (6 Sessions)



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We help families find the right care solution for their loved ones at no cost. As your trusted partner, we review the history of each care provider, generate a recommended list of care options based on your needs and resources and facilitate the transition process.

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Let Us Help. We Are Your Trusted Partner.



CarePatrol of Connecticut

CHRIS CURRAN,
Senior Advisor
ccurran@carepatrol.com

203-448-1474

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FOUNDERS HALL FALL 2023

Dance Program (continued)

Beginner Flamenco ~ In-Person

Ever wanted to know more about Flamenco, the beautiful dance that hails from Southern Spain? Well, come learn by doing! We will continue what we started in earlier sessions, but new students are welcome. We will be working in the Tangos, a simple 4-count rhythm perfect for flamenco beginners. We will work on posture, arms, hand flourishes (floreos), simple marking steps, and basic footwork -- all while focusing on the compas, the rhythmic structure that is the foundation for all flamenco. No dance experience necessary – just a love of learning something new. Ole! Class will not meet October 13 or November 10.

Friday 2:05-2:50PM

Instructor: Nikki Nuut

First Class: September 15

Fee: \$30/\$36NR (7 Sessions)

Tap Dancing Beginners ~ In-Person

Learn the basics of tap dancing through music. Not only is this class great for learning tap routines, it is also a fun way to keep in shape.

Tuesday 3:00-4:00PM

Instructor: Karen Casagrande

First Class: September 12

Fee: \$30/\$36NR (10 Sessions)

Tap Dancing Continued ~ In-Person

Continue to develop your tap dancing technique in this class with Karen.

Tuesday 2:00-3:00PM

Instructor: Karen Casagrande

First Class: September 12

Fee: \$30/\$36NR (10 Sessions)

Zumba Gold ~ Hybrid to start, then on Zoom

Zumba Gold brings exciting Latin and international dance rhythms to beginners. The easy-to-follow dances include Cha Cha, Merengue, Salsa, Cumbia, Tango, Rumba, Belly Dance and even Rock and Roll! Great for the mind, body and soul, Zumba is fun, easy, different and effective. HAVE FUN AND STAY FIT!

Class will be hybrid in September then meet on Zoom only beginning sometime in October.

Wednesday 10:05-10:55AM

Instructor: Roxane Angotta

First Class: September 13

Fee: \$30/\$36NR (10 Sessions)

FALL 2023 REGISTRATION

Here are the steps for paper registration:

1. Read the course book and select programs.
2. Complete the form on pages 17 – 21 indicating your contact information and the programs you want to take.
3. If registering for more than one person, please indicate, with initial or name, who is taking which class(es).
4. Total your program fees. The payment for Ridgefield residents is the first amount. The payment for non-Ridgefield residents is the second amount, designated as “NR.”
5. Indicate your payment method:
 - Check, payable to Founders Hall. You may submit one check for your entire registration.
 - Credit card: Visa, MasterCard, Discover or American Express.

6. Mail your completed registration form and payment so that it arrives at Founders Hall by 4:30pm on Tuesday, August 29.

Please note: If a class you’ve selected is oversubscribed, we will make every effort to add additional sections. If necessary, we will conduct a random lottery to determine places in oversubscribed classes. If we are not able to accommodate your selection, we will call you and refund your payment. You will not hear from us if we are able to accommodate your selections. **Please note: only paid registrations will be included in any lottery.**

If you have questions or need assistance with completing the registration form, please contact Grace or Tracy.

Founders Hall FALL 2023 Registration Form

Member ID Number _____

Name _____

Address _____

Phone _____ E-mail: _____

		Sign me up	Course Fee	Book Fee	
<u>Academic Courses</u>			Ridgefield	Non-Ridgefield	
Adventures in Poetry with Ira Joe	<input type="checkbox"/>		\$30	\$36	
Book Discussion	<input type="checkbox"/>		no fee		
Come Fly With Me In-Person					
Section 1 at FH Wed 10:30	<input type="checkbox"/>		\$30	\$36	
Section 2 at FH Wed 1:00	<input type="checkbox"/>		\$30	\$36	
Come Fly With Me Zoom Only					
Section 1 Zoom Wed 10:30	<input type="checkbox"/>		\$30	\$36	
Section 2 Zoom Wed 1:00	<input type="checkbox"/>		\$30	\$36	
Current Events	<input type="checkbox"/>		\$15	\$18	
Film: Biopix 2 - In-Person					
Monday 1:00-4:00	<input type="checkbox"/>		\$30	\$36	
Tuesday 10:00-1:00	<input type="checkbox"/>		\$30	\$36	
Tuesday 1:30-4:30	<input type="checkbox"/>		\$30	\$36	
French Refresher	<input type="checkbox"/>		\$30	\$36	<input type="checkbox"/> \$34
Global Issues	<input type="checkbox"/>		\$15	\$18	
Great American Short Stories	<input type="checkbox"/>		\$30	\$36	<input type="checkbox"/> \$19
History: Dust Bowl	<input type="checkbox"/>		\$30	\$36	<input type="checkbox"/> \$15
Investments Discussion	<input type="checkbox"/>		\$10	\$12	

	Sign me up	Course Fee		Book Fee
		Ridgefield	Non-Ridgefield	
Italian: Beginning	<input type="checkbox"/>	\$40	\$48	
Italian: Beginners Continuing	<input type="checkbox"/>	\$40	\$48	
Italian: Continuing	<input type="checkbox"/>	\$40	\$48	
Meditation 9:00	<input type="checkbox"/>	\$20	\$24	<input type="checkbox"/> \$16
Meditation 11:00	<input type="checkbox"/>	\$20	\$24	<input type="checkbox"/> \$16
Music With Michael Lankester In Person				
Section 1 at FH Thursday 10:30	<input type="checkbox"/>	\$30	\$36	
Section 2 at FH Thursday 1:00	<input type="checkbox"/>	\$30	\$36	
Music With Michael Lankester Zoom Only				
Section 1 Zoom Thursday 10:30	<input type="checkbox"/>	\$30	\$36	
Section 2 Zoom Thursday 1:00	<input type="checkbox"/>	\$30	\$36	
Showing Up For Yourself	<input type="checkbox"/>	\$20	\$24	
Spanish Refresher	<input type="checkbox"/>	\$30	\$36	<input type="checkbox"/> \$34
We the People - Part 1	<input type="checkbox"/>	\$15	\$18	<input type="checkbox"/> \$8
Writing: A Shared Experience	<input type="checkbox"/>	\$15	\$18	
Writing Workshop	<input type="checkbox"/>	\$15	\$18	
Art of Conducting with M Lankester	<input type="checkbox"/>	\$30	\$36	
Designing Your Retirement	<input type="checkbox"/>	No fee		

Dance Courses

Ballroom Dance	<input type="checkbox"/>	\$30	\$36
Flamenco	<input type="checkbox"/>	\$30	\$36
Tap Dancing Beginning	<input type="checkbox"/>	\$30	\$36
Tap Dancing Continued	<input type="checkbox"/>	\$30	\$36
Zumba Gold	<input type="checkbox"/>	\$30	\$36

On the Road Trips

Peter Parley Schoolhouse	<input type="checkbox"/>	\$5	\$6
Mohegan Sun Casino	<input type="checkbox"/>	\$45	\$53
Dreamgirls at Goodspeed	<input type="checkbox"/>	\$145	\$174
Botanical Garden Train Show	<input type="checkbox"/>	\$145	\$174

	Sign me up	Course Fee	
		Ridgefield	Non-Ridgefield
<u>Special Events</u>			
Bocce Tournament	<input type="checkbox"/>	\$8	\$10
Billiards Tournament	<input type="checkbox"/>	\$8	\$10
Live Music and Dance Party	<input type="checkbox"/>	\$10	\$12
Holiday Party 3:00	<input type="checkbox"/>	\$12	\$15
Holiday Party 6:00	<input type="checkbox"/>	\$12	\$15

We will do our best to honor table requests. To reserve a table for one of the Holiday Parties:

- 1) You can reserve a table **for up to 8** Founders Hall members.
- 2) Each member of that table must complete a registration form and pay in full by November 15.
- 3) Choose one person in your group to complete the form and be our contact person.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Art Courses

Drawing Basics	<input type="checkbox"/>	\$40	\$48
Art Nouveau	<input type="checkbox"/>	\$40	\$48
Hybrid Illustration/Silhouette	<input type="checkbox"/>	\$40	\$48
Drawing Studio Workshop	<input type="checkbox"/>	\$10	\$12
Drawing Supervised Study	<input type="checkbox"/>	\$40	\$48
Colored Pencil Water and Sky	<input type="checkbox"/>	\$40	\$48
Life Drawing	<input type="checkbox"/>	\$40	\$48
Oil Painting	<input type="checkbox"/>	\$40	\$48
Watercolor 101	<input type="checkbox"/>	\$40	\$48
Watercolor Inter/Adv 10:30	<input type="checkbox"/>	\$40	\$48
Watercolor Inter/Adv 1:30	<input type="checkbox"/>	\$40	\$48

Sign me up Course Fee Book Fee
 Ridgefield Non-Ridgefield

Hobby and Sports Courses

Basketball Clinic	<input type="checkbox"/>	\$35	\$42	
Bridge Assisted Play	<input type="checkbox"/>		no fee	
Bridge True Beginners	<input type="checkbox"/>	\$30	\$36	
Book: Bridge For Everyone	<input type="checkbox"/>			<input type="checkbox"/> \$20
Bridge Beginners 2.0	<input type="checkbox"/>	\$30	\$36	
Book: Bridge For Everyone	<input type="checkbox"/>			<input type="checkbox"/> \$20
Bridge Intermediate/Advanced	<input type="checkbox"/>	\$30	\$36	
Book: 25 Conventions...	<input type="checkbox"/>			<input type="checkbox"/> \$18
Cooking Tuesday, October 24	<input type="checkbox"/>	\$12	\$15	
Cooking Wednesday, October 25	<input type="checkbox"/>	\$12	\$15	
Duplicate Bridge				
Monday	<input type="checkbox"/>	\$15	\$18	
Partner (if any): _____				
Friday	<input type="checkbox"/>	\$15	\$18	
Partner (if any): _____				
Genealogy				
Beginning Genealogy Thur 11:30	<input type="checkbox"/>	\$40	\$48	
Adv Beg Genealogy Tues 2:30	<input type="checkbox"/>	\$40	\$48	
Intermediate Genealogy Thur 9:30	<input type="checkbox"/>	\$40	\$48	
Advanced Genealogy Thur 2:30	<input type="checkbox"/>	\$40	\$48	
2023 Calendar Year Database Fee	<input type="checkbox"/>			\$20
Genealogy Book Project Mon 10:00	<input type="checkbox"/>	\$40	\$48	
Founders Hall Singers	<input type="checkbox"/>	No fee		
Knitting and Crocheting	<input type="checkbox"/>	\$30	\$36	

Sign me up Course Fee
 Ridgefield Non-Ridgefield

Piano Lessons

Beginner	<input type="checkbox"/>	\$30	\$36
Beginner Repeat	<input type="checkbox"/>	\$60	\$70
Advanced Beginner	<input type="checkbox"/>	\$60	\$70
Pickleball Beginning	<input type="checkbox"/>	\$30	\$36
Pickleball Continuing	<input type="checkbox"/>	\$30	\$36
Pickleball Ladder Play	<input type="checkbox"/>	\$30	\$36
Quilt and Sew	<input type="checkbox"/>	\$40	\$48

Technology Courses

Google Docs	<input type="checkbox"/>	\$30	\$36
Photoshop Level 3	<input type="checkbox"/>	\$30	\$36
Photoshop Workshop	<input type="checkbox"/>	\$30	\$36

Before you register, consider this... Although your class fee may be just \$30, it actually costs Founders Hall \$90 to provide that class to you. How can we offer such a discount? Because members like you *donate* to Founders Hall in addition to paying program fees. That's the ONLY way we can continue to offer low-cost, life-long learning.

Payment

Total Program Fees: \$ _____

Donation: \$ _____

Total Enclosed: \$ _____

Payment Method

- Check enclosed payable to Founders Hall
 You may submit one check for your entire registration.
- Cash (hand-delivered)
- Credit Card (Visa, Mastercard, Discover or American Express)

Card number: _____

Exp. date: _____ cvc: _____ Zip Code _____

FOUNDERS HALL FALL 2023

On the Road Program

The following trips will depart from Pond's Edge Executive Park, 901 Ethan Allen Highway (Route 7). The executive park is south of the intersection of Routes 35 and 7. Please enter through the south entrance, which is near Ace Tire and across the street from Ridgefield Self-Storage. There is a sign that says 'Medical and Professional Park' at the entrance. Founders Hall staff will direct you to a parking spot from there.

You must have pre-arranged transportation to and from the bus.

The bus will leave promptly at the assigned time. We are not able to wait for any late arrivals, no exceptions.

Peter Parley Schoolhouse

Come spend an hour at the historical Peter Parley Schoolhouse learning about rules/discipline, actual lessons, and fun and games for Ridgefield children in the early 1800's. Sally Sanders will talk about the history of the schoolhouse and veteran Ridgefield retired teachers Dr. Darla Shaw and BG Brown will take participants through what went on during an actual day.

This trip is limited to 20 participants and carpooling from Founders Hall will be required as parking at the schoolhouse is very limited. All fees for this trip will be donated to the Ridgefield Historical Society.

Wednesday, September 13 9:30-11:30AM Fee: \$5/\$6NR

Mohegan Sun Casino

This trip includes transportation to Mohegan Sun. Unlike in the past, there will be no coupons for food or gambling.

Monday, October 2 8:00AM-6:00PM Fee: \$45/\$53NR

FOUNDERS HALL FALL 2023

Dreamgirls at Goodspeed Opera House

A 1960s Motown girl group catches its big break during an amateur competition. But will their friendship - and their music - survive the rapid rise from obscurity to pop super stardom? With dazzling costumes and powerhouse vocal performances, this Tony and Grammy Award-winning musical sizzles with sparkling spirit and dance.

The trip includes lunch at The Gelston House prior to the show.

Wednesday, November 15 9:15AM-6:30PM Fee: \$145/\$174NR

Botanical Garden Train Show

NYBG's Holiday Train Show - a favorite holiday tradition - has been making memories for over 30 years! See model trains zip through an enchanting display of more than 190 replicas of New York landmarks, each delightfully re-created from natural materials such as birch bark, lotus pods, and cinnamon sticks. There will be time to enjoy other displays before heading to Arthur Avenue for a 1:30pm lunch at Emilia's. The schedule will allow time to do a little shopping before returning to Ridgefield.

Trip includes transportation, admission to garden and train show and lunch.

Thursday, November 30 8:45AM-5:45PM Fee: \$145/\$174NR



FOUNDERS HALL FALL 2023

Seminar Series

85 and ALIVE

Darla Shaw and Martha Talburt Friday, September 22 1:00PM

Hands on History

Keeler Tavern Museum Friday, September 29 1:00PM

Ethics and the Frontiers of Medicine

Dr. Arthur Caplan Friday, October 20 1:00PM

The Essence of Irving Berlin

Peter Muir Friday, October 27 1:00PM

Medicare: What You Need to Know

Karen Gaudian and WCAAA Friday, November 3 3:00PM

Performance: Tri-County Musicians

Wednesday, November 29 2:00PM
(Date subject to change)

Founders Fridays

Fashion Show

Sponsored by RVNAhealth Friday, September 8 2:00-3:30PM

Coffee Tasting

Friday, October 13 2:00-3:30PM
Sponsored by The Greens at Cannondale and Wilton Meadows

Pie Sampler

Friday, November 10 2:00-3:30PM
Sponsored by Keystone Place at Wooster Heights

Nutcracker Showcase

Friday, December 1 2:00-3:30PM
Sponsored by Ridgefield Station

New Member Welcome Coffees

Sponsored by The Greens at Cannondale and Wilton Meadows

Tuesday, August 29 10:30-11:30AM

Tuesday, December 5 10:30-11:30AM

FOUNDERS HALL FALL 2023

Special Events

Fall Happy Hour *Sponsored by Watermark at East Hill*

No fee Wednesday, September 27 4:00-5:30PM

Bocce Tournament

\$8/\$10NR Tues and Wed Oct. 3 & 4 10:00AM

Art Show Opening *Sponsored by Spring Village at Danbury*

No fee Thursday, October 26 4:30PM

Billiards Doubles Tournament *Sponsored by Ridgefield Station*

\$8/\$10NR Tues and Wed Nov 14 & 15 10:00AM

Live Music and Dance Party *Sponsored by Ridgefield Crossings*

\$10/\$12NR Friday, November 17 4:00-6:00PM

Holiday Party

Sponsored by Bethel Health Care and Cascades Senior Living, and Cohen and Wolf PCs

Enjoy a variety of festive entertainment, holiday fare and the opportunity to celebrate the season among friends at this Holiday Party. Don't miss your photo with Santa. Please indicate the session you would like to attend on the registration form. You may also indicate which members you wish to include at your table. We will do our best to honor table requests.

Session 1 \$12/\$15NR Wednesday, December 13 3:00-5:00PM

Session 2 \$12/\$15NR Wednesday, December 13 6:00-8:00PM

Fundraising Events

Wine Cheese and Accessories

Sponsored by John and Lori Berisford, Liz and Steven Goldstone, Keystone Place at Wooster Heights, Ridge Crest at Meadow Ridge

Thursday, October 5 6:00-9:00PM

Founders Hall-iday Light Fight

Sponsored by Fairfield County Bank, Larry Bossidy, Liz and Steven Goldstone, The Couri Family, Ridge Crest at Meadow Ridge, Visiting Angels, Montanari Fuel

December 8 through December 17

FOUNDERS HALL FALL 2023

Art Program

Sponsored by the Anna-Maria and Stephen Kellen Foundation

Drawing Basics ~ In-Person

Come and spend a morning learning how to draw what you see and observe. In this course we will 'learn to look' by covering the fundamentals of shading, perspective and composition. Subjects will include basic forms, still life and simple landscape with an eye toward capturing the world around you. This class is a judgement-free zone designed with fun and creativity in mind. Let's draw!

Class will not meet September 25.

Monday 10:00AM-12:00PM

First Class: September 11

Instructor: Madyn Gwynne

Fee: \$40/\$48NR (10 Sessions)

Art Nouveau and the Concept Art That the Style Inspired ~ In-Person

As Drawn Art or Collage Design (sketching, drawing, colored pencils/markers, or collage)

Focusing on the distinctive style of the Art Nouveau poster, its flowing design elements and nature-inspired characteristics, we will cover not only the designs of the time, but also contemporary art and media that was inspired by the style, such as Brian Froud's concept art for the film 'The Dark Crystal,' and J.R.R. Tolkien's Elvenlands as they appeared in the 'Lord of the Rings' film series.

Students will work toward a final project, which could be a stand-alone work of art worthy of framing, or printed as a greeting card or product label (wine bottle, homemade tomato sauce or jam, etc.), or even a self-referential advertising poster for a garden club plant sale.

A supplies list will be sent to students. Class participants will be limited to 8.

Tuesday 10:30AM-12:00PM

First Class: September 19

Instructor: Moki Kokoris

Fee: \$40/\$48NR (8 Sessions)

FOUNDERS HALL FALL 2023

Hybrid Illustration / Silhouette Art~ In-Person

(predominantly colored pencil, but mixed media welcome)

The main focus of this course is to create infilled silhouettes that make a statement by evoking an emotion or addressing an environmental issue. They can be theme-based wilderness landscapes, celestial scenes, botanical, comical, literary, or simply artistic in nature. Examples: Bird-shaped silhouette infilled with musical notation, polar bear-shaped silhouette infilled with icebergs and aurora, howling wolf-shaped silhouette infilled with moon and night sky, cat-shaped silhouette infilled with mice, wine glass silhouette infilled with an Italian villa, silhouette of Godzilla infilled with the NYC skyline, silhouette of Shakespeare infilled with handwritten sonnets. Let your creativity and imagination run wild!

A supplies list will be sent to students. Class participants will be limited to 8.

Tuesday 1:00-2:30PM

First Class: September 19

Instructor: Moki Kokoris

Fee: \$40/\$48NR (8 Sessions)

Drawing Studio Workshop ~ In-Person

This studio time affords an opportunity to work with like-minded colored pencil artists.

Monday 2:30-4:30PM

First Class: September 11

Instructor: Open Session

Fee: \$10/\$12NR (10 Sessions)

Drawing: Supervised Study with Moki ~ In-Person

Independent supervised study for both colored Pencil and/or Graphite drawing and an occasional surprise 'Inspirational Seminar.*'

You ask? We deliver! Individualized guidance for colored pencil drawing (from past courses: birds, botanicals, animals, etc.) and /or drawing with graphite. Assistance with composition, techniques, choosing paper colors, adding backgrounds, etc.

*'Inspiration seminars' (i.e. silverpoint). The goal is to add kindling to the fire in your artistic bellies.

Thursday 2:00-3:30PM

First Class: September 21

Instructor: Moki Kokoris

Fee: \$40/\$48NR (8 Sessions)

FOUNDERS HALL FALL 2023

Water and Sky in Landscape Art ~ In-Person

Colored Pencil Drawing

In this course, we will study the many techniques of drawing water and sky in landscape art as they appear at various times of day, in different weather conditions and seasons. Focusing on the sky, students will learn how to choose optimal colors, textures and effects with which to achieve either subtle or dramatic effects to add mood to the scene, including sunsets, the silvery night sky, luminous clouds, lightning amid a thunderstorm, rainbows, and even the aurora borealis. We will also look at methods of drawing bodies of water, whether it is ocean or lake, river or waterfall - also under different weather conditions - and how to draw reflections, ripples and breaking waves.

Class participants will be limited to 8.

Materials: 9"x12" or larger pad of white mixed media paper, 24+ set of colored pencils, handheld sharpener, graphite pencil for light sketching, white eraser (or kneaded eraser).

Tuesday 3:00-4:30PM

First Class: September 19

Instructor: Moki Kokoris

Fee: \$40/\$48NR (8 Sessions)

Life Drawing ~ In-Person

Students work each week from a live model. During the last half-hour, peers will critique each others work. A model fee, based on the number of students in the workshop, will be collected at the first class.

Wednesday 10:00AM-12:00PM

First class: September 13

Instructor: Donatella Gagliano

Fee: \$40/\$48NR (10 Sessions)

FOUNDERS HALL FALL 2023

Oil Painting ~ In-Person

For experienced or beginner artists, this course will cover painting techniques, color mixing, composition and painting styles as well as varied painting subjects - still life, landscape, portrait and figures. The art studio atmosphere is coupled with art direction and guidance and freedom to experience new things. Canvas fee is \$3.

Wednesday 1:30-3:00PM

First Class: September 20

Instructor: Bonnie Weber

Fee: \$40/\$48NR (9 Sessions)

Watercolor 101: Back to Basics ~ In-Person

This class is for those returning or new to watercolor. There will be basic brush, paper and WATERCOLOR paint for you to USE while in class. It is strongly recommended that you have, bring or buy your own materials from a material list given at the beginning of the semester. As usual, Tina will offer Seasonal (Fall) inspiration as subjects to paint, however there will be an occasional demonstration of 'Painting the Amalfi Coast.' Class is limited to 14 students.

Friday 10:30AM-12:30PM

First Class: September 29

Instructor: Tina Phillips

Fee: \$40/\$48NR (6 Sessions)

Intermediate to Advanced Watercolor ~ In-Person

This class is for experienced watercolorists only - with all their own equipment. There will be weekly inspiration and/or handouts offered. In addition to Fall subjects, several weeks will include 'Painting the Amalfi Coast.' As usual, the 2 hour class time may be used for your own personal paintings. Classes are limited to 14 students.

Class will not meet October 5.

Section 1 Thursday 10:30AM-12:30PM

First Class: September 28

Section 2 Thursday 1:30-3:30PM

First Class: September 28

Instructor: Tina Phillips

Fee: \$40/\$48NR (6 Sessions)

FOUNDERS HALL FALL 2023

Hobby and Sports Program

*The Hobby and Sports Program is sponsored by
The Wadsworth Russell Lewis Trust Fund,
Ridgefield Parks and Recreation and Ridgefield Thrift Shop*

Basketball for Fun Clinic ~ In-Person

Want to feel like a kid again? Then consider joining the men and women of the "Seniors on the Ball" basketball team. Why join? It's a fun way to work on your balance, coordination and flexibility. We exercise, do drills and yes, the last 20 minutes or so of the session, we play a controlled, senior type of basketball on a reduced size court. As an added bonus, you will get to know some of the nicest people in Founders. No experience necessary, just a fun-loving spirit. Team members are in their 70s, 80s, no one in their 90s yet. Class meets in the gym at Parks and Recreation.

Wednesday 1:15-2:15PM

First class: September 13

Coaches: JoAnn Cali and Jim Arcuri

Fee: \$35/\$42NR (10 Sessions)

Bridge: Assisted Play

Experienced players will be available to assist play and answer questions.

Wednesday 10:00AM-12:00PM

First Class: September 13

Coaches: J. Clark and D. Thornton

No Charge

Bridge for True Beginners ~ In-Person

Bridge is to card games what chess is to board games, as challenging as it is rewarding. If you've ever wanted to learn, now is the time and this is the class. We'll start with the basics: what it means to follow suit, to take a trick, and to play trump. Then we'll move on to the objectives, including actual scoring based on bidding and making contracts. Lessons will cover fundamental bidding (to reach the best contract) and Play of the Hand (to be able to fulfill that contract).

Required text: Bridge for Everyone, D. W. Crisfield, available through the registration form for \$20.

Tuesday 9:30-10:30AM

First class: September 12

Instructor: Mike Hess

Fee: \$30/\$36NR (10 Sessions)

FOUNDERS HALL FALL 2023

Bridge: Continuing Beginners 2.0 ~ In-Person

This class is intended for two groups of students:

1) as a continuation for those who have recently taken a True Beginners class at Founders Hall or elsewhere and 2) a refresher for those who have played bridge before but feel "rusty" about their current skill level.

The class will be based on 5 card Majors, Standard American and will continue to employ the Beginners textbook: *Bridge for Everyone* by Crisfield, available through the registration form for \$20.

Thursday 9:30-10:30AM

First class: September 14

Instructor: Mike Hess

Fee: \$30/\$36NR (10 Sessions)

Bridge Intermediate / Advanced ~ In-Person

This class is for experienced players who want to improve their bidding, declarer play, and defense to the next level. We'll focus on 2/1 Game Force, supplemented by Standard American bidding based on five-card majors and will cover important basic conventions like Blackwood, Stayman, and transfers. Then we'll build upon that knowledge and learn more about competitive conventions like Michaels, Splinters, Jacoby 2NT, Negative Doubles, Roman Key Card Blackwood and New Minor Forcing. The class will also cover advances in defensive play: what to discard, giving count, and how to use suit preference signals. Comprised of short classroom lectures followed by the bidding and play of real bridge hands, this class is for players who are ready for more complex play. Recommended texts: Bridge for Everyone, D. W. Crisfield (\$20), and 25 Bridge Conventions You Should Know, Seagram and Smith (\$18) are both available through the registration form.

Thursday 11:00AM-12:00PM

First class: September 14

Instructor: Mike Hess

Fee: \$30/\$36NR (10 Sessions)

Cooking with the Staff: Tailgates ~ In-Person

Nikki and Grace will share and demonstrate recipes, tips and techniques. You get to sample!

Section 1: Tuesday, October 24

11:00AM-1:00PM

Section 2: Wednesday, October 25

11:00AM-1:00PM

Instructor: Founders Hall Staff

Fee: \$12/\$15NR (1 Session)

FOUNDERS HALL FALL 2023

Duplicate Bridge ~ In-Person

Enjoy bridge playing the same hands as other pairs (duplicate). This approach will challenge your skill regardless of 'luck of the deal.' If you are registering with a partner, please include your partner's name on the registration form. This class is limited to 62 participants. Pre-requisite for Duplicate Bridge is proficiency with duplicate bridge rules and play.

Section 1	Monday	10:00AM-12:30PM	First Class: September 11
Section 2	Friday	10:00AM-12:30PM	First Class: September 15
Director: Bob Kimerling			Fee: \$15/\$18NR (10 Sessions)

Genealogy ~ In-Person

Gathering information about one's family is one of America's biggest hobbies. The various course levels range from the basics of census and immigration research through more advanced research techniques, and finally putting it all together in a wonderful book with documents, photos and stories.

Beginning Genealogy	Thursday	11:30AM-1:30PM
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Completion of Beginning Genealogy is a prerequisite for the following classes.

Please check with Toni regarding correct class placement.

Advanced Beginning Genealogy	Tuesday	2:30-4:30PM
Intermediate Genealogy	Thursday	9:30-11:30AM
Advanced Genealogy	Thursday	2:30-4:30PM
Instructor: Toni McKeen		First Class: September 12/14
		Fee: \$40/\$48NR (10 Sessions)

Annual Database Fee: \$20 - required once per calendar year from all Genealogy students registering for a 2023 Genealogy class.

FOUNDERS HALL FALL 2023

Genealogy Book Project ~ In-Person

For those of you who have been researching your genealogy, this course gives you the opportunity to focus on one relative and write their story using charts, records, photos, and family stories.

Monday 10:00AM-12:00PM	First Class: September 11
Instructor: Toni McKeen	Fee: \$40/\$48NR (10 Sessions)

Drop-in Groups ~ In-Person

Gardeners (April-Oct)	Third Friday	1:00-2:30PM	Jack Hughes
Quilting Group	Tuesdays	2:00-4:00PM	
Weaving	Wednesdays	10:00AM-12:00PM	Sandy Hurd

Founders Hall Singers ~ In-Person

This welcoming singing group meets once a week to work on a variety of music.
 Director: Daniela Sikora Monday 12:30-1:30PM No Charge

Knitting and Crocheting ~ In-Person

Work on the project of your choice, meet other knitters and crocheters, be inspired by your classmates' projects, troubleshoot problems, get important hints and tips along with a discount at a local store. You can learn a new skill or technique, cure your 'finishing phobia,' bring a 'show and share' or start from the beginning. This is a large class, so bring ample patience.

Tuesday 1:15-3:15PM	First Class: September 12
Instructor: Jo Ann Brown	Fee: \$30/\$36NR (10 Sessions)

Piano Lessons ~ In-Person

These classes are limited to seven students. Schedule is subject to change.

Beginner*	Thursday 12:15-1:15PM	Fee: \$30/\$36NR (10 Sessions)
Adv. Beginner	Thursday 11:00AM-12:15PM	Fee: \$60/\$70NR (10 Sessions)
Instructor: Ed Kadziewicz		First Class: September 14

*Fee to repeat Beginning Piano Class: \$60/\$70NR

FOUNDERS HALL FALL 2023

Pickleball - Beginners ~ In-Person

Pickleball is a blend of tennis, badminton and ping pong. Pickleball is a great way to meet new people and play a game that is right for a variety of skill levels and ages. It is a fun, easy sport to learn! Come swing a paddle with us and enjoy one of the fastest growing sports in America. Class will meet at the Parks and Recreation Center gym. No class October 19.

Thursday 12:15-1:15PM
Instructor: Tom McIntyre

First Class: September 21
Fee: \$30/\$36NR (8 Sessions)

Pickleball - Continuing ~ In-Person

This class is intended for those who have been through the beginners class and wish to further their skill level. Class will meet at the Parks and Recreation Center gym. No class October 19.

Thursday 1:30-2:30PM
Instructor: Tom McIntyre

First Class: September 21
Fee: \$30/\$36NR (8 Sessions)

Pickleball: Ladder Play ~ In-Person

Test your pickleball skills as part of an informal ladder league. Players registering for the session will be randomly placed on a ladder and grouped with three other players for matches to be played each Friday. Players move up and down the ladder based on their game results. A fun way to practice pickleball with similarly skilled players. Class meets at Parks and Recreation Center gym. No class November 10.

Friday 12:15-2:30PM
Instructor: Tom McIntyre

First Class: September 15
Fee: \$30/\$36NR (9 Sessions)

Quilting and Sewing ~ In-Person

This class will be a combination of quilting and/or sewing. Continue your quilting journey or learn to use a sewing machine from the very start, read a pattern, begin to make garments or simple home decorating items or refresh your sewing skills. General sewing supplies needed for both mediums. Class is limited to 10.

Tuesday 11:00AM-1:00PM
Instructor: Jo Ann Brown

First Class: September 12
Fee: \$40/\$48NR (10 Sessions)

FOUNDERS HALL FALL 2023

Technology Program

Google Docs ~ In-Person

Google Docs is a free, user-friendly, cloud-based application for creating, editing, and sharing word processing documents. Files can be accessed from any computer with an internet connection. Google Sheets, a spreadsheet application, will be introduced. To access Google Docs and Sheets, you will need to set up a free gmail account BEFORE coming to class. Please bring your gmail password to log on to your gmail at Founders Hall.

You may bring your own laptop to the class if you prefer. Please check to be sure you can access Google Docs on your laptop.

Monday 3:00-4:30PM
Instructor: Anita Vallee

First Class: September 11
Fee: \$30/\$36NR (10 Sessions)

Photoshop Level 3 ~ In-Person

This class continues from Photoshop Level 2 by mastering some of the more creative tools and great special effects possible with the program.

Students must have taken Photoshop Levels 1 and 2 as a requirement for this class.

Tuesday 1:00-2:30PM
Instructor: Toni McKeen

First Class: September 12
Fee: \$30/\$36NR (10 Sessions)

Photoshop Workshop ~ In-Person and on Zoom

This course is offered to those who have taken Photoshop 3. Now use your skills to work on your own photos with guided help.

Tuesday 10:30AM-12:00PM
Instructor: Toni McKeen

First Class: September 12
Fee: \$30/\$36NR (10 Sessions)

Open Tech Lab

Need help with computer classes or electronic devices? A volunteer will be in the Computer Lab on many Fridays from 2-4PM to answer questions and assist you. Please sign up at the front desk by 4:30 on the Thursday before attending.

Fridays 2:00-4:00PM

No fee

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