



FOUNDERS HALL

Winter 2022

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INTRODUCTION

Information

Office Hours: Monday - Friday, 8:00AM-5:00PM
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Email: foundershall@founders-hall.org
Web: www.founders-hall.org
Facebook: Founders Hall Ridgefield

Sponsors

Our special thanks to the generous sponsors who help us keep class and program fees at a minimum:

Academic Program:

Rudy and Sally Ruggles
Nick and Anita Donofrio
The Leir Foundation

Art Program:

The Anna-Maria and Stephen Kellen Foundation

Fitness Program:

Barker Welfare Foundation
The Paul and Johanna Laszig Trust
Ridgefield Parks and Recreation

Hobby & Sports Program:

Ridgefield Parks and Recreation
Ridgefield Thrift Shop
The Wadsworth Russell Lewis Trust Fund

Social Program:

The Greens at Cannondale and Wilton Meadows
Keystone Place at Wooster Heights
Ridgefield Crossings

Closing and Cancellation

Founders Hall closings for inclement weather will be posted on:
www.founders-hall.org and Facebook: Founders Hall Ridgefield
WFSB (channel 3) and WTNH (channel 8)

Programs are subject to change and/or cancellation.

Dear Members,

Our Winter 2022 Semester will consist of in-person classes, Zoom classes, and a few hybrid classes. Please remember that these classes are only for Founders Hall members.

If the pandemic situation requires it, we will pivot to Zoom programs.

Registration for Winter 2022 is similar to previous years, with an online option and a mail-in option. The online option saves significant staff resources so I hope you will try that if you haven't before.

Members attending Founders Hall in-person must submit a waiver and show proof of vaccination. Read the following for more details on the requirements for In-Person attendance at Founders Hall.

In-Person Attendance Information

Our goal is to keep Founders Hall members, instructors and staff healthy while gathering in-person and enjoying each other's company. To achieve that, each of us plays an important role. Abiding by these expectations and rules is necessary to keep our community safe and to make our in-person programs successful. These rules apply to classes, events, and drop-in visits.

The Rules:

1. If you don't feel well, please stay home.
2. All attending members must show proof of COVID-19 vaccination.
3. Members must submit a signed Founders Hall COVID-19 waiver.
4. If you test positive for the virus, please inform Grace immediately.
5. Seating will be set up for social distancing. Please don't move chairs.

What to Expect When You Arrive:

- All members must complete the check-in process prior to entering the building.
- The first time you visit Founders Hall for an event or class, you must submit your signed waiver and show proof of vaccination.

FOUNDERS HALL WINTER 2022

Registration

You can register and pay for semester programs online or by mail. Registrations are due by Monday, December 6 at 4:30PM.

How to Register Online

Log into your Community Pass account and simply follow the prompts to review the programs, make your choices and complete the registration. You can securely pay electronically (with a small processing fee added to the total) or you can choose to pay by check.

If you have NOT activated a Community Pass account, please email Tracy Dubin (tracy@founders-hall.org). She will send you a log-in user name and password so you can take advantage of online registration for Winter semester.

If you don't use email or would like some guidance in using online registration, please call Tracy or Grace for help.

If you prefer to use paper

Complete the form on pages 15 - 18 and mail with payment.

Whether You Register Online or On Paper

Winter semester programs begin on Monday, January 3. Programs are subject to change and/or cancellation.

If you have registered for a Zoom class, you will receive a link for that class the evening before class meets.

If more people are interested in a class than there are available spaces, we will use a random lottery to assign places. **All PAID registrations received by 4:30PM on Monday, December 6** will be included in any necessary lotteries. If there is not space for you in a class, we will notify you and refund your payment. No news is good news. You will not hear from us if we are able to enroll you as requested.

Registrations are non-transferrable. We do keep waiting lists for those who wish to join a filled class.

Academic Program

*The Academic Program is generously sponsored by
Rudy and Sally Ruggles, Nick and Anita Donofrio and
The Leir Foundation*

Book Discussion ~ In-Person

Join your friends, new and old, for an in-person monthly book discussion. Books are available through Ridgefield Library and/or Hoopla, one of the Library's e-content services (link on Library website). Copies of the books may be available at the Front Desk at Founders Hall.

January 13 The Weight of Ink by Rachel Kadish

February 10 Margaret the First by Danielle Dutton

March 10 The Exiles by Christina Baker Kline

Thursday 3:00-4:30PM

Facilitator: Staff members of Ridgefield Library

No Charge

Classical Wisdom: Seneca, Ethical Letters ~ On Zoom

*Every hour of the day countless situations arise that call for advice,
and for that advice we have to look to philosophy.* Letter XVI

Philosopher, statesman, orator, adviser to Emperors, such were among the remarkably diverse talents of Lucius Annaeus Seneca (c.4BCE-CE65). Above all, however, he was a natural writer and a kind of confidant or mentor to his legion of readers, inviting them to think about the ordinary predicaments of daily life arising from the human condition. In keeping with Stoic tradition, his advice was eminently concise, sensible, candid, often witty, and situated within his vision of humans as members of a universal community of mankind. Forty letters of counsel to his young friend, Lucilius, have been included for their general interest in our common text, Seneca: Letters from a Stoic, Penguin Classics, ISBN 13:978-0-140-44210-6. Please read the 'Introduction' and Letters II, III, V, VI, VII & VIII before our first meeting.

This course will be conducted virtually; accordingly registration will be limited to 23 participants.

Friday 10:00 -11:30AM

First Class: January 7

Facilitator: Howard Jacobs

Fee: \$15/\$18NR (8 Sessions)

FOUNDERS HALL WINTER 2022

Current Events ~ In-Person

Share your thoughts on a variety of current event topics in an informal discussion format. Personal participation is encouraged in this interactive group.

Wednesday 10:00-11:30AM

First class: January 5

Facilitator: Bill Monti

Fee: \$15/\$18NR (10 Sessions)

Film - Eight Spy Movies ~ In-Person and on Zoom

Bob Klaeger returns with eight Spy movies. He begins with Marlene Dietrich facing a firing squad in Dishonored (1931) and ends with Benedict Cumberbatch, with mustache, undercover in Moscow in The Courier (2021). In between are six familiar (Bond!), and not so familiar (An Englishman Abroad). Trench coats optional.

Due to technical requirements, all Zoom attendees will tune in from 1-4 PM on Mondays.

In-Person Class:

Section 1: Tuesday 10:00AM-1:00PM

First Class: January 4

Section 2: Tuesday 1:30-4:30PM

First Class: January 4

Zoom Class:

Monday 1:00-4:00PM

First Class: January 3

Instructor: Robert Klaeger

Fee: \$30/\$36NR (8 Sessions)

French Intermediate ~ On Zoom

This class is for those who have taken French Intermediate with Françoise. It is also appropriate for anyone with two years of high school French. The emphasis will be on developing good communication skills, reinforcing grammar and building vocabulary.

This class will use the book: Communication Progressive du Français - Niveau intermédiaire - 2e édition by Claire Miquel (green cover).

Tuesday 3:00-4:30PM

First class: January 4

Instructor: Françoise Lampe

Fee: \$30/\$36NR (8 Sessions)

FOUNDERS HALL WINTER 2022

French Advanced ~ On Zoom

This class is for those with prior knowledge of the language or with the equivalent of three or four years of high school French. The emphasis will be on improving speaking fluency and expanding vocabulary. This will be achieved through discussion of current events and reading of news articles and selected French literary works. The course will also build on the basic framework of French grammar and reinforce sentence structure and pronunciation.

Friday 3:00-4:30PM

First class: January 7

Instructor: Françoise Lampe

Fee: \$30/\$36NR (8 Sessions)

Great Decisions ~ In-Person

Developed by the Foreign Policy Association in 1954, the Great Decisions program is the oldest and largest grassroots world affairs educational program of its kind in the country. It is designed to bring citizens of all ages together in a study group to learn more about and exchange views on foreign policy issues of vital interest to our country. The program provides a common set of materials in the form of a briefing book of readings about the selected topics and a related video featuring subject experts in order to help participants reach informed opinions on policy options. In addition, time will also be set aside during each meeting for discussion of immediate international events. The cost of the briefing book is included in the fee.

Monday 10:30AM -12:30PM

First Class: January 17

Facilitators: George Eggleston & Janet Andersen Fee: \$35/\$42NR (8 Sessions)

History: Countdown 1945 ~ In-Person

Come join us as we read Countdown 1945: The Extraordinary Story of the Atomic Bomb and the 116 Days That Changed the World by Chris Wallace (available via the registration form for \$15). The title alone should be enough to draw you in. These are some of people we will read about: Albert Einstein, J. Robert Oppenheimer, Harry Truman and George Marshall.

Should the United States have dropped the bomb on Japan? How will a rookie President of the US face this challenge? As stated on the jacket cover: Told with vigor, intelligence, and humanity, Countdown 1945 is the definitive account of one of the most significant moments in history. **Class will not meet February 23.**

Wednesday 3:15-4:30PM

First Class: January 5

Instructor: Mike Settanni

Fee: \$30/\$36NR (10 Sessions)

FOUNDERS HALL WINTER 2022

Iconic Buildings Part 4 ~ In-Person and on Zoom

Continuing to explore magnificent buildings, office skyscrapers, opera houses, monuments, and museums, we will travel about the world including Washington DC and NYC. We will take a close look at the buildings and learn about the interesting backstories of how they came to be...or almost didn't!

Instructor: Toni McKeen

First Class: January 5

Section 1 Wednesday 10:00-11:30AM

Fee: \$30/\$36NR (10 Sessions)

Section 2 Wednesday 1:00-2:30PM

Fee: \$30/\$36NR (10 Sessions)

Investments Discussion ~ In-Person

Designed to be an interactive discussion of investment topics, this ongoing series of seminars will provide helpful information on investment resources and review general investment principles. In addition, discussion will be focused on current developments and their direct impact on stock, bond, mutual fund and other investment vehicles. Your thoughts and questions will be welcomed. Some elementary level of investment knowledge is helpful.

Tuesday 10:00-11:30AM

First Class: January 4

Facilitators: Charlie Taney and Arthur Levine

Fee: \$15/\$18NR (10 Sessions)

Italian: Beginners Continuing ~ In-Person

This continuing class is for those with knowledge of Italian. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing.

Monday 9:00-10:30AM

First Class: January 3

Instructor: Lisetta Farris

Fee: \$40/\$48NR (10 Sessions)

FOUNDERS HALL WINTER 2022

Italian: Continuing ~ In-Person

These classes are for those who have taken Beginners Italian or have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. The Level 4 class is mainly for conversation, reading articles / books and of course some grammar. These are good classes for those planning a trip to Italy or for those who just want to experience the beauty of the Italian language.

Level 3 Monday 10:30AM-12:00PM

First Class: January 3

Level 4 Monday 12:30-2:00PM

First Class: January 3

Instructor: Lisetta Farris

Fee: \$40/\$48NR (10 Sessions)

Music with Michael Lankester: The Art of Good Conduct

~ In-Person and on Zoom

'All manner of singular body movements ... As a sforzando occurred he tore his arms, previously crossed upon his breast, with great vehemence asunder. At the piano he crouched down lower and lower to show the degree of softness. If a crescendo entered he gradually rose again and at a forte jumped into the air.'

- On Beethoven Conducting by Ludwig Spohr

'The art of conducting consists in knowing when to stop conducting and just let the orchestra play.'

- Herbert von Karajan

'Music can name the unnameable and communicate the unknowable.'

- Leonard Bernstein

Over the years I have often been asked if I would consider a series on the subject of conductors and conducting. I have hesitated in the past because I thought that simply comparing and contrasting different conductor's interpretations of the same music would be insufficiently interesting and perhaps not even discernible, given the infinite subtleties involved. But now, I think I know how to do it. From Guido of Arezzo to Carlo Maria Giulini, Mozart to Mengelberg, Bach to Bernstein, and so many more, I shall attempt to examine the very nature of conducting, the technique, the personalities involved, the specialists, the pitfalls, and the towering performances that continue to resonate to the present day. ~ Michael Lankester

Section 1 Thursday 10:30AM-12:00PM

First Class: January 6

Section 2 Thursday 1:00-2:30PM

First Class: January 6

Instructor: Michael Lankester

Fee: \$30/\$36NR (10 Sessions)

FOUNDERS HALL WINTER 2022

Adventures in Poetry ~ In-Person

Poetry rides on the pulse. It simply asks to be invited from the heart to the mind. Simply to be read and pondered. It need not baffle, it need only be delight or thought or poignance. Usually all three. We will read and we will hear the poem. And ask it into our thoughts. We'll take the poem from dusty shelf to brightened day. To enjoy. To remember.

Friday 10:00-11:30AM

First Class: January 7

Instructor: Ira Joe Fisher

Fee: \$30/\$36NR (10 Sessions)

Shelley's Children: Drama of Social Conscience ~ In-Person

In 'A Defence of Poetry,' Percy Bysshe Shelley wrote that 'poets are the unacknowledged legislators of the world.' In this course, we will see how this view of authors and their work resonates within both serious and comical plays by five important 20th-century playwrights. Racism; the dangers, responsibilities, and ethical questions raised by advances in technology; Big Business and the environment; fearmongering as a weapon in politics and society; ostracism and otherness are some of the themes we'll encounter, issues which continue to challenge us in the present day. During class, we will have a chance to read aloud and otherwise interpret scenes from the plays (no thespian experience necessary!) as well as to engage in lively discussion of the texts. Be assured that, despite the content of the plays, the class will not become a forum for political or social debate.

We will read, in order, R.U.R by Karel Capek (Penguin Classics edition), The Madwoman of Chaillot by Jean Giradoux (Dramatist's Play Service, Inc. edition), The Crucible by Arthur Miller, Orpheus Descending by Tennessee Williams, A Raisin in the Sun by Lorraine Hansberry. This in-person only class is limited to 20 participants.

Thursday 3:00 - 4:30PM

First Class: January 6

Instructor: Maggie Seligman

Fee: \$30/\$36NR (10 Sessions)

FOUNDERS HALL WINTER 2022

The Struggle for Racial Justice ~ In-Person

This course is designed to initiate a discourse on why a country founded on the most basic principles of human rights continues to struggle with the issue of racial justice. We will start with a review of the real history of Reconstruction, not the one you were taught in high school. Next up will be a discussion of Jim Crow Laws and the subsequent battle for civil rights in the 1960's, followed by the law-and-order reaction of the late 1970's and 1980's and finally into the current call for racial justice, The Black Lives Matter Movement. Each week, the moderator, will present material from a range of historians and writers, such as Eric Foner, John Meacham, W.E.B. Du Bois, James Baldwin and Ta-Nehisi Coates. Poems, letters, plays and song lyrics will be utilized to provide a cultural context to the discussions. Federal legislation, Supreme Court decisions, and a wealth of empirical data will also be considered. Class is limited to 25 participants. In addition to eight Mondays, class will meet on Fridays January 21 and January 28.

Monday and some Fridays 1:00 -2:30PM

First Class: January 3

Moderator: Tom McIntyre

Fee: \$15/\$18NR (10 Sessions)

Writing: A Shared Experience ~ In-Person

This collegial group of writers meets weekly to share short pieces of prose and poetry. The aim is to improve writing through the constructive criticism of fellow members of the group.

Tuesday 10:00AM-12:00PM

First Class: January 4

Class Directed

Fee:\$30/\$36NR (10 Sessions)

Writing Workshop ~ In-Person

'We each have a story to tell. It needs to be told; it wants out. Discover your story in this writing workshop where each participant is both a teacher and a pupil. The process is joyful and rewarding, as we hone our skills and learn.' Each week, write something of your choice within two pages - an essay, memoir, poem, short story - read it in a friendly environment, and receive constructive feedback focused on clarity, grammar, punctuation, and organization of the piece. Everyone stands to gain as we sharpen our writing skills. The class will be limited to 11.

Monday 2:00-4:30PM

First Class: January 3

Moderator: Anton Deiters

Fee:\$15/\$18NR (8 Sessions)

FOUNDERS HALL WINTER 2022

Dance Program

Tap Dancing Continued ~ In-Person

Continue to develop your tap dancing technique in this class with Karen.

Tuesday 2:00-3:00PM

First Class: January 4

Instructor: Karen Casagrande

Fee: \$30/\$36NR (10 Sessions)

Zumba Gold ~ On Zoom

Zumba Gold brings exciting Latin and international dance rhythms to beginners. The easy-to-follow dances include Cha Cha, Merengue, Salsa, Cumbia, Tango, Rumba, Belly Dance and even Rock and Roll! Great for the mind, body and soul, Zumba is fun, easy, different and effective. HAVE FUN AND STAY FIT!

Thursday 9:30-10:30AM

First Class: January 6

Instructor: Roxane Angotta

Fee: \$30/\$36NR (10 Sessions)

Technology Program

iPhone Beyond Beginner to Intermediate

This is a beyond beginner to intermediate class introducing many iPhone functions. General topics include: Where to get help, Contacts, Phone, Camera, Calendars, Photos and Albums, Security, iCloud and Backups, the Internet, FaceTime, Email, Apps and Texting. This class ONLY covers Apple phones and not any other brand/manufacturers' devices. You must have an iPhone model 6S or higher. Also, you must be on a current version of the Operating System. Any version that starts with a '14' or higher will be fine.

Because this is a beyond beginner/intermediate class we assume you already understand and can use some of the basic phone functions: how to use the phone and add contacts, send an email and take pictures with the camera. If you do not know how to do these basic functions, this class might prove too challenging.

Wednesday 10:30AM-12:00PM

First Class: January 26

Instructor: Michele Schor

Fee: \$30/\$36NR (8 Sessions)

FOUNDERS HALL WINTER 2022

Technology Program (continued)

Photoshop Level 2 ~ In-Person

Having learned to use many tools to enhance photos, in this class we will peel away the 'mystery' of using layers. Students will also expand their skills by exploring the advanced use of gradients, working with text, hand coloring B/W photos, correcting color cast, and many other fun tricks.

Completion of Beginning Photoshop is a prerequisite for this class.

Tuesday 11:30AM-1:00PM

First Class: January 4

Instructor: Toni McKeen

Fee: \$30/\$36NR(10 sessions)

Photoshop Level 3 ~ In-Person

This class continues from Photoshop Level 2 by mastering some of the more creative tools and great special effects possible with the program.

Students must have taken Photoshop Levels 1 and 2 as a requirement for this class.

Tuesday 10:00-11:30AM

First Class: January 4

Instructor: Toni McKeen

Fee: \$30/\$36NR (10 Sessions)

Open Tech Lab

Need help with computer classes or electronic devices? A volunteer will be in the Computer Lab on many Fridays from 2-4PM to answer questions and assist you.

Fridays 2:00-4:00PM.

No fee.

WINTER 2022 REGISTRATION

Here are the steps for paper registration:

1. Read the course book and select programs.
2. Complete the form on pages 15 – 18 indicating your contact information and the programs you want to take.
3. If registering for more than one person, please indicate, with initial or name, who is taking which class(es).
4. Total your program fees. The payment for Ridgefield residents is the first amount. The payment for non-Ridgefield residents is the second amount, designated as “NR.”
5. Indicate your payment method:
 - Check, payable to Founders Hall. You may submit one check for your entire registration.
 - Credit card: Visa, MasterCard, Discover or American Express. We will add a 4% processing fee to the transaction.

6. Mail your completed registration form and payment so that it arrives at Founders Hall by 4:30pm on Monday, December 6.

Please note: If a class you’ve selected is oversubscribed, we will make every effort to add additional sections. If necessary, we will conduct a random lottery to determine places in oversubscribed classes. If we are not able to accommodate your selection, we will call you and refund your payment. You will not hear from us if we are able to accommodate your selections. **Please note: only paid registrations will be included in any lottery.**

If you have questions or need assistance with completing the registration form, please contact Grace or Tracy.

Founders Hall WINTER 2022 Registration Form

Member ID Number _____

Name _____

Address _____

Phone _____ E-mail: _____

	Sign me up	Course Fee	Book Fee
Academic Courses		Ridgefield	Non-Ridgefield
Book Discussion			
January: <u>The Weight of Ink</u>	<input type="checkbox"/>	no fee	
February: <u>Margaret the First</u>	<input type="checkbox"/>	no fee	
March: <u>The Exiles</u>	<input type="checkbox"/>	no fee	
Classical Wisdom	<input type="checkbox"/>	\$15	\$18
Current Events	<input type="checkbox"/>	\$15	\$18
Film			
Zoom only Monday 1:00-4:00	<input type="checkbox"/>	\$30	\$36
In-person			
Tuesday 10:00-1:00	<input type="checkbox"/>	\$30	\$36
Tuesday 1:30-4:30	<input type="checkbox"/>	\$30	\$36
French Intermediate	<input type="checkbox"/>	\$30	\$36
French Advanced	<input type="checkbox"/>	\$30	\$36
Great Decisions	<input type="checkbox"/>	\$35	\$42
History: Countdown 1945	<input type="checkbox"/>	\$30	\$36 <input type="checkbox"/> \$15
Investments Discussion	<input type="checkbox"/>	\$15	\$18

	Sign me up	Course Fee	
		Ridgefield	Non-Ridgefield
Iconic Buildings In-Person			
Section 1 at FH Wed 10:00	<input type="checkbox"/>	\$30	\$36
Section 2 at FH Wed 1:00	<input type="checkbox"/>	\$30	\$36
Iconic Buildings Zoom Only			
Section 1 Zoom Wed 10:00	<input type="checkbox"/>	\$30	\$36
Section 2 Zoom Wed 1:00	<input type="checkbox"/>	\$30	\$36
Italian: Beginners Continuing	<input type="checkbox"/>	\$40	\$48
Italian: Continuing 3	<input type="checkbox"/>	\$40	\$48
Italian: Continuing 4	<input type="checkbox"/>	\$40	\$48
Music With Michael Lankester In Person			
Section 1 at FH Thursday 10:30	<input type="checkbox"/>	\$30	\$36
Section 2 at FH Thursday 1:00	<input type="checkbox"/>	\$30	\$36
Music With Michael Lankester Zoom Only			
Section 1 Zoom Thursday 10:30	<input type="checkbox"/>	\$30	\$36
Section 2 Zoom Thursday 1:00	<input type="checkbox"/>	\$30	\$36
Adventures in Poetry	<input type="checkbox"/>	\$30	\$36
Shelley's Children	<input type="checkbox"/>	\$30	\$36
Struggle for Racial Justice	<input type="checkbox"/>	\$15	\$18
Writing: A Shared Experience	<input type="checkbox"/>	\$30	\$36
Writing Workshop	<input type="checkbox"/>	\$15	\$18
<u>Dance Courses</u>			
Tap Dancing Continued	<input type="checkbox"/>	\$30	\$36
Zumba Gold	<input type="checkbox"/>	\$30	\$36
<u>Technology Courses</u>			
iPhone Beyond Beg/Intermed	<input type="checkbox"/>	\$30	\$36
Photoshop Level 2	<input type="checkbox"/>	\$30	\$36
Photoshop Level 3	<input type="checkbox"/>	\$30	\$36

Art Courses

	Sign me up	Course Fee		Book Fee
		Ridgefield	Non-Ridgefield	
Continuous Line Drawing	<input type="checkbox"/>	\$40	\$48	
How to Draw Shadows and Light	<input type="checkbox"/>	\$40	\$48	
Monochromatic Drawing	<input type="checkbox"/>	\$40	\$48	
Drawing Studio Workshop	<input type="checkbox"/>	\$10	\$12	
Life Drawing	<input type="checkbox"/>	\$40	\$48	
Oil Painting Section 1 1:30	<input type="checkbox"/>	\$40	\$48	
Oil Painting Section 2 3:15	<input type="checkbox"/>	\$40	\$48	
Watercolor 10:30	<input type="checkbox"/>	\$40	\$48	
Watercolor 1:30	<input type="checkbox"/>	\$40	\$48	
<u>Hobby and Sports Courses</u>				
Basketball Clinic	<input type="checkbox"/>	\$35	\$42	
Bridge Beginners with Experience	<input type="checkbox"/>	\$30	\$36	
Bridge Intermediate/Advanced	<input type="checkbox"/>	\$30	\$36	
Book: 25 Conventions...	<input type="checkbox"/>			<input type="checkbox"/> \$16
Book: Bridge For Everyone	<input type="checkbox"/>			<input type="checkbox"/> \$20
Duplicate Bridge				
Monday	<input type="checkbox"/>	\$15	\$18	
Partner (if any): _____				
Friday	<input type="checkbox"/>	\$15	\$18	
Partner (if any): _____				
ACBL Sanctioned Duplicate Bridge E-mail debsslam@gmail.com .				
Genealogy				
Adv. Beginning Genealogy 11:30	<input type="checkbox"/>	\$40	\$48	
Intermediate Genealogy 9:30	<input type="checkbox"/>	\$40	\$48	
Advanced Genealogy 2:30	<input type="checkbox"/>	\$40	\$48	
2022 Calendar Year Database Fee	<input type="checkbox"/>			\$20
Genealogy Book Project 10:30	<input type="checkbox"/>	\$40	\$48	

FOUNDERS HALL WINTER 2022

Art Program

Sponsored by the Anna-Maria and Stephen Kellen Foundation

Continuous Line Scribble Drawing ~ In-Person

The amusing challenge of Scribble Art is to create a finished drawing using only one continuous line - generally without lifting the drawing implement (ballpoint pen, thin-line marker, gel pen, pencil, etc.) off the paper until the work of art is complete.

In this course, we will explore different types of linework, a variety of tools, backgrounds and colors, and even combine two or more tools and/or colors to create truly unique sketches of any chosen subject. It's often best to work quickly while holding the pen or pencil loosely to create the most dramatic effects. So, let's loosen up a little, shall we?

Class participants will be limited to 8.

Tuesday 10:30AM - 12:00PM

Instructor: Moki Kokoris

First Class: January 11

Fee: \$40/\$48NR (8 Sessions)

How to Draw Shadows and Light (Glow) - Colored Pencils ~ In-Person

Knowing where and how to add either shadows or light-glow to your subject or scene can make your drawings much more striking and dramatic. In this course, students will learn the fundamental methods of adding definition, contrast and emphasis to their colored pencil art.

We will cover both the forms of shadows based on the type and angle of the light source, and their effects on the surface upon which the shadows are cast.

As we progress, the class will explore the differences between edge-light and backlighting and glow intensity. We will also study the subtle values created by moonlight, candlelight or artificial light, and how they affect tints and colors. Each of these nuances generates its individual emotional response in the observer of the artwork.

Class participants will be limited to 8.

Tuesday 3:00 - 4:30PM

Instructor: Moki Kokoris

First Class: January 11

Fee: \$40/\$48NR (8 Sessions)

FOUNDERS HALL WINTER 2022

Monochromatic Drawing and Beyond - Colored Pencils ~ In-Person

Monochrome art is generally produced using a single color, though tonal variations are created through shades or tints, and sometimes textures.

Analogous color 'families' appear adjacent to one another on the color wheel, i.e. blue, blue-green, and green, or orange, orange-yellow, and yellow. Because there is little contrast between analogous hues, the artist must rely much more on value and saturation.

Students will experiment with a narrow range of color choices (no more than four separate hues), and will be challenged to produce the same work of art in two forms: one monochromatic, and the other using analogous colors.

Class participants will be limited to 8.

Tuesday 1:00 - 2:30PM

Instructor: Moki Kokoris

First Class: January 11

Fee: \$40/\$48NR (8 Sessions)

Drawing Studio Workshop ~ In-Person

This studio time affords an opportunity to work with like-minded colored pencil artists.

Monday 2:30-4:30PM

Instructor: Open Session

First Class: January 3

Fee: \$10/\$12NR (10 Sessions)

Life Drawing ~ In-Person

Students work each week from a live model. Models are organized by the group. During the last half-hour, peers will critique each others work. A model fee, based on the number of students in the workshop, will be collected at the first class.

Wednesday 10:00AM-12:00PM

Instructor: Donatella Gagliano

First class: January 5

Fee: \$40/\$48NR (10 Sessions)

FOUNDERS HALL WINTER 2022

Oil Painting Section 1 ~ In-Person

For experienced or beginner artists, this course will cover painting techniques, color mixing, composition and painting styles as well as varied painting subjects - still life, landscape, portrait and figures. The art studio atmosphere is coupled with art direction and guidance and freedom to experience new things. Canvas fee is \$3.

Artists will be responsible for cleaning shared equipment both before and after use.

Wednesday 1:30 - 3:00PM

First Class: January 5

Instructor: Bonnie Weber

Fee: \$40/\$48NR (10 Sessions)

Oil Painting Section 2 ~ In-Person

For experienced or beginner artists, this course will cover painting techniques, color mixing, composition and painting styles as well as varied painting subjects - still life, landscape, portrait and figures. The art studio atmosphere is coupled with art direction and guidance and freedom to experience new things. Canvas fee is \$3.

Artists will be responsible for cleaning shared equipment both before and after use.

Wednesday 3:15 - 4:45PM

First Class: January 5

Instructor: Bonnie Weber

Fee: \$40/\$48NR (10 Sessions)

Intermediate to Advanced Watercolor ~ In-Person

This class is for experienced watercolorists. Tina will provide a demonstration of a technique, then assist with application of it in a group painting session. As always, the 2 hour class time may be used for your own personal painting.

Artists will be responsible for cleaning shared equipment both before and after use.

Section 1 Thursday 10:30AM - 12:30PM

First Class: January 6

Section 2 Thursday 1:30 - 3:30PM

First Class: January 6

Instructor: Tina Phillips

Fee: \$40/\$48NR (6 Sessions)

FOUNDERS HALL WINTER 2022

Hobby and Sports Program

*The Hobby and Sports Program is sponsored by
The Wadsworth Russell Lewis Trust Fund,
Ridgefield Parks and Recreation, and Ridgefield Thrift Shop*

Basketball for Fun Clinic ~ In-Person

Want to feel like a kid again? Then consider joining the men and women of the "Seniors on the Ball" basketball team. Why join? It's a fun way to work on your balance, coordination and flexibility. We exercise, do drills and yes, the last 20 minutes or so of the session, we play a controlled, senior type of basketball on a reduced size court. As an added bonus, you will get to know some of the nicest people in Founders. No experience necessary, just a fun loving spirit. Team members are in their 70s, 80s, no one in their 90s yet. **Class will not meet February 23.**

Wednesday 1:15-2:15PM

First class: January 5

Coaches: JoAnn Cali and Jim Arcuri

Fee: \$35/\$42NR (10 Sessions)

Bridge: Beginners With Experience/Skills ~ In-Person

This class is intended for two groups of students:

1) as a continuation for those who have recently taken a True Beginners class at Founders Hall or elsewhere and 2) a refresher for those who have played bridge before but feel "rusty" about their current skill level.

The class will be based on 5 card Majors, Standard American and will continue to employ the Beginners textbook : *Bridge for Everyone* by Crisfield, available through the registration form for \$20.

Thursday 9:30-10:30AM

First class: January 6

Instructor: Mike Hess

Fee: \$30/\$36NR (10 Sessions)

Founders Hall Singers ~ In-Person

This singing group meets once a week to work on a variety of music. New members are welcome. **The group will not meet January 17 or February 21.**

Director: Daniela Sikora

Monday 12:30-1:30PM

No Charge

FOUNDERS HALL WINTER 2022

Bridge Intermediate / Advanced ~ In-Person

This class is for experienced players who want to improve their bidding, declarer play, and defense to the next level. We'll focus on 2/1 Game Force, supplemented by Standard American bidding based on five-card majors and will cover important basic conventions, like Blackwood, Stayman, and transfers. Then we'll build upon that knowledge and learn more about competitive conventions, like Michaels, Splinters, Jacoby 2NT, Negative Doubles, Roman Key Card Blackwood and New Minor Forcing. The class will also cover advances in defensive play: what to discard, giving count, and how to use suit preference signals. Comprised of short classroom lectures followed by the bidding and play of real bridge hands, this class is for players who are ready for more complex play. Recommended texts: Bridge for Everyone, D. W. Crisfield (\$20), and 25 Bridge Conventions You Should Know, Seagram and Smith (\$16) are both available through the registration form.

Thursday 11:00AM-12:00PM First class: January 6
 Instructor: Mike Hess Fee: \$30/\$36NR (10 Sessions)

Drop-in Groups ~ In-Person

Gardeners (March-Oct)	third Friday	1:00-2:30PM	Jack Hughes
Quilting Group	Tuesdays	2:00-4:00PM	
Rug Hooking	Wednesdays	1:30-4:00PM	
Weaving	Wednesdays	10:00AM-12:00PM	Sandy Hurd

Duplicate Bridge ~ In-Person

Enjoy bridge playing the same hands as other pairs (duplicate). This approach will challenge your skill regardless of 'luck of the deal.' If you are registering with a partner, please include your partner's name on the registration form. This class is limited to 62 participants. Pre-requisite for Duplicate Bridge is proficiency with duplicate bridge rules and play.

Section 1 Monday 10:00AM-12:30PM First Class: January 3
 Section 2 Friday 10:00AM-12:30PM First Class: January 7
 Director: Bob Kimerling Fee: \$15/\$18NR (10 Sessions)

FOUNDERS HALL WINTER 2022

Duplicate Bridge Online: ACBL Sanctioned Duplicate Bridge ~ ONLINE

NOW AVAILABLE: ONLINE Virtual ACBL Sanctioned Duplicate Bridge where players may earn masterpoints (currently earned at 150%). ALL PLAYERS, OF ALL ABILITIES, ARE WELCOME.

Founders Hall Virtual Duplicate Bridge Club is now online at Bridgebase Online (BBO). It is perfect for anyone wishing to play bridge for master points from home (yes, in your pjs!). And, these games support Founders Hall.

Games are held online every Thursday afternoon at 4:00pm. We play 18 boards (paying full MPs+ an extra 50%) in 6 rounds and the game provides fun for about two hours. These games cost \$6.00 per player.

Please email Director Debbie Thornton to get started (you will want to get an ACBL# for \$8.00) and she will need to help you get set up on BBO. She is also available for tutorials to help you with the first steps to online bridge, which is a great deal of fun. After that, you will be able to sign up online at www.bridgebase.com/v3/ any time up to two hours before game time.

You can reach Debbie Thornton at: debsslam@gmail.com.

Thursday 4:00-6:00PM On-going
 Director: Debbie Thornton Fee per game: \$6 paid online

Genealogy ~ In-Person

Gathering information about one's family is one of America's biggest hobbies. The various course levels range from the basics of census and immigration research through more advanced research techniques, and finally putting it all together in a wonderful book with documents, photos and stories.

Completion of Beginning Genealogy is a prerequisite for the following classes.

Please check with Toni regarding correct class placement.

Advanced Beginning Genealogy	Thursday	11:30AM-1:30PM
Intermediate Genealogy	Thursday	9:30-11:30AM
Advanced Genealogy	Thursday	2:30-4:30PM
Instructor: Toni McKeen		First Class: January 6
		Fee: \$40/\$48NR (10 Sessions)

Annual Database Fee: \$20 - required from all students registering for a Winter Semester class.

FOUNDERS HALL WINTER 2022

Genealogy Book Project ~ In-Person

This class is for those genealogists who want to “put some flesh on an ancestor” going beyond a birth, marriage and death record of that relative. As well as for those who have books in progress. With step by step help and lots of guidelines, you will produce a book you will be proud of and your family will love to read.

Monday 10:30AM-12:00PM

First Class: January 3

Instructor: Toni McKeen

Fee: \$40/\$48NR (10 Sessions)

Knitting and Crocheting ~ In-Person

Work on the project of your choice, meet other knitters and crocheters, be inspired by your classmates' projects, troubleshoot problems, get important hints and tips along with a discount at a local store. You can learn a new skill or technique, cure your 'finishing phobia,' bring a 'show and share' or start from the beginning. This is a large class, so bring ample patience.

Tuesday 1:15-3:15PM

First Class: January 4

Instructor: Jo Ann Brown

Fee: \$30/\$36NR (10 Sessions)

Piano Lessons ~ In-Person

These classes are limited to seven students. Schedule is subject to change.

Beginner* Thursday 12:15-1:15PM Fee: \$30/\$36NR (10 Sessions)

Int. Beginner Thursday 9:30- 11:00AM Fee: \$60/\$70NR (10 Sessions)

Adv. Beginner Thursday 11:00AM-12:15PM Fee: \$60/\$70NR (10 Sessions)

Instructor: Ed Kadziewicz First Class: January 6

*Fee to repeat Beginning Piano Class: \$60/\$70NR

FOUNDERS HALL WINTER 2022

Pickleball - Beginners ~ In-Person

Pickleball is a blend of tennis, badminton and ping pong. Pickleball is a great way to meet new people and play a game that is right for a variety of skill levels and ages. It is a fun, easy sport to learn! Come swing a paddle with us and enjoy one of the fastest growing sports in America. Class will meet at the Parks and Recreation Center gym. **Class will not meet February 17 or 24.**

Thursday 12:00-1:15PM

First Class: January 13

Instructor: Tom McIntyre

Fee: \$20/\$24NR (6 Sessions)

Pickleball - Continuing ~ In-Person

This class is intended for those who have been through the beginners class and wish to further their skill level. Class will meet at the Parks and Recreation Center gym. **Class will not meet February 17 or 24.**

Thursday 1:15-2:30PM

First Class: January 13

Instructor: Tom McIntyre

Fee: \$20/\$24NR (6 Sessions)

Pickleball: Ladder Play ~ In-Person

Test your pickleball skills as part of an informal ladder league. Players registering for the session will be randomly placed on a ladder and grouped with three other players for matches to be played each Friday. Players move up and down the ladder based on their game results. A fun way to practice pickleball with similarly skilled players. Class meets at Parks and Recreation Center gym. **Class will not meet February 18 or 25.**

Friday 12:00-2:30PM

First Class: January 7

Instructor: Tom McIntyre

Fee: \$30/\$36NR (8 Sessions)

FOUNDERS HALL FITNESS JAN-APRIL 2022

Fitness Program

*Sponsored by The Paul and Johanna Laszig Fund,
Ridgefield Parks and Recreation and
Barker Welfare Foundation*

To check on availability and to register, please call Tracy at
(203) 431-7000 or email her at tracy@founders-hall.org.

Aerobics ~ In-person

A low-impact exercise program offered for muscle conditioning and increased body strength.

Section 1: Mon./Wed./Fri. 9:00-9:55AM Class is on-going
Instructor: Susan Neumann Fee: \$35/\$42NR per month

Aerobics ~ On Zoom

A low-impact exercise program offered for muscle conditioning and increased body strength.

Section 1: Mon./Wed./Fri. 10:30-11:25AM Class is on-going
Instructor: Susan Neumann Fee: \$35/\$42NR per month

Aquacize ~ In-Person

This low-impact water exercise program uses flotation devices to improve joint flexibility, relieve pain and stiffness, and tone muscles.

Tues./Thurs. 9:30-10:30AM Location: Parks & Recreation
Instructor: Parks & Rec Staff Fee: \$35/\$42NR per month

Core ~ In-person and On Zoom

Pilates approach will be used in this core strengthening program. Stretching and use of hand weights will strengthen the overall body as well as improve flexibility and balance.

Mon./Wed. 3:00-4:00PM Class is on-going
Instructor: Lindy Olszewski Fee: \$30/\$36NR per month

FOUNDERS HALL FITNESS JAN-APRIL 2022

Seated Stretching & Conditioning ~ In-person and On Zoom

An easy (to moderate) approach to increase and improve flexibility, strength and posture. The program will include a combination of gentle stretching, breath awareness and muscle and core strengthening.

Tues./Thurs. 1:05-1:50PM Class is on-going
Instructor: Barbara Reidy Fee: \$30/\$36NR per month

Strength and Balance 1 ~ In-Person

55-minute exercise program suitable for most levels improves body alignment and balance. Standing dance movement exercises combined with chair-seated hand-weights, abdominal strengthening exercises and flexibility stretches.

Mon./Wed./Fri. 11:00-11:55AM Class is on-going
Instructors: Laura M. and Louise H. Fee: \$35/\$42NR per month

Strength and Balance 2 ~ In-Person

This exercise program is a little faster paced and uses hand weights and other tools in standing and floor mat workout routines that strengthen abdominal and lower back muscles, and increase flexibility to improve body alignment and balance. Participants in this class must be able to use floor mats.

Mon./Wed./Fri. 12:00-12:55PM Class is on-going
Instructors: Laura M. and Louise H. Fee: \$35/\$42NR per month

Strength and Balance Level 1 - Beginner with Susan ~ On Zoom

55-minute exercise program suitable for most levels improves body alignment and balance. Standing dance movement exercises combined with chair-seated hand-weights, abdominal strengthening exercises and flexibility stretches.

Mon./Wed./Fri. 10:00-10:55AM Class is on-going
Instructor: Susan Consentino Fee: \$35/\$42NR per month

Strength and Balance Level 2 - Intermediate with Susan ~ On Zoom

This exercise program is a little faster paced and uses hand weights and other tools in standing and floor mat workout routines that strengthen abdominal and lower back muscles, and increase flexibility to improve body alignment and balance. Participants in this class must be able to use floor mats.

Mon./Wed./Fri. 11:00AM-12:00PM Class is on-going
Instructor: Susan Consentino Fee: \$35/\$42NR per month

FOUNDERS HALL FITNESS JAN-APRIL 2022

Strength Core and More ~ In-person and On Zoom

This class incorporates strength, balance and core work. Total body toning will be achieved by using dumbbells, resistance bands and small weighted balls. Exercises will be done standing and on the floor with exercises on a mat.

Tues./Thurs. 5:00-6:00PM

Class is on-going

Instructor: Lindy Olszewski

Fee: \$40/\$48NR per month

Stretch and Flex ~ In-Person and On Zoom

This mostly-seated workout addresses the full body, focusing on flexibility and range of motion. This positive-attitude exercise approach incorporates lifting, reaching, stretching, and breathing exercises, which can make even everyday activities easier.

Mon./Wed./Fri. 1:00-1:55PM

Class is on-going

Instructors: Laura M. and Louise H.

Fee: \$35/\$42NR per month

Tai Chi Beginner ~ On Zoom

Mari Lewis will teach the long form of the Yang Style Tai Chi Chuan. This 'soft' form of martial arts is considered a safe and effective isometric exercise. Tai Chi is known to help improve balance, flexibility, strength and coordination as well as aid in the ability to manage stress.

Monday and Friday 8:30-9:30AM

Class is on-going

Instructor: Mari Lewis

Fee: \$30/\$36NR per month

Tai Chi Intermediate ~ On Zoom

For continuing students, Mari Lewis will teach the long form of the Yang Style Tai Chi Chuan. This 'soft' form of martial arts is considered a safe and effective isometric exercise. Tai Chi is known to help improve balance, flexibility, strength and coordination as well as aid in the ability to manage stress.

Monday and Friday 9:30-10:30AM

Class is on-going

Instructor: Mari Lewis

Fee: \$30/\$36NR per month

Tai Chi Advanced ~ On Zoom

Mari's continuing advanced students will continue their study and practice of the long form of the Yang Style Tai Chi Chuan.

Tues./Thurs. 10:00-11:00AM

Class is on-going

Instructor: Mari Lewis

Fee: \$35/\$42NR per month

FOUNDERS HALL FITNESS JAN-APRIL 2022

Yoga and Relaxation Gentle ~ In-person and On Zoom

This class includes warming stretches, yoga postures and breathing techniques. It will combine slow and easy movements and is suitable for newer students and those wanting a mellow practice. Students will need to get up and down from floor mats.

Tues./Thurs. 9:50-11:00AM

Class is on-going

Instructors: Liz W. (Tues.)/ Supriya H. (Thurs.)

Fee: \$35/\$42NR per month

Yoga and Relaxation Moderate ~ In-person and On Zoom

This class includes warming stretches, yoga postures and breathing techniques. This moderate class includes some intermediate level postures and longer holds and is suitable for students with some experience.

Tues./Thurs. 8:30-9:40AM

Class is on-going

Instructors: Liz W. (Tues.)/ Beverly L. (Thurs.)

Fee: \$35/\$42NR per month

Seated Yoga ~ In-person and On Zoom

Balancing mind and body through stretches, breath and relaxation techniques. Some standing is done using the chair as support. All levels are welcome.

Tues. Liz / Thurs. Supriya 11:10-11:55AM

Class is on-going

Instructors: Liz W. (Tues.)/ Supriya H. (Thurs.)

Fee: \$30/\$36NR per month

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