



FOUNDERS HALL

Summer 2018

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INTRODUCTION

Information

Hours: Monday / Wednesday / Friday, 8:30AM-4:30PM
Tuesday / Thursday, 8:30AM-8:30PM
Address: 193 Danbury Road, Ridgefield CT, 06877
Phone: 203-431-7000
Email: foundershall@founders-hall.org
Web: www.founders-hall.org
Facebook: Founders Hall Ridgefield

Sponsors

Our special thanks to the generous sponsors who help us keep class and program fees at a minimum:

Academic Program:

Rudy and Sally Ruggles

Fitness Program:

Paul and Johanna Laszig Trust
Barker Welfare Foundation

Hobby & Sport Program:

Ridgefield Parks and Recreation
Ridgefield Thrift Shop
The Wadsworth Russell Lewis
Trust Fund

On the Road Program:

Ridgefield Professional Office Complex

Seminars

Union Savings Bank Foundation

Social Events:

Books on the Common
Connecticut In-Home Assistance
Fairfield County Bank
Laurel Ridge Health Care Center
Ridgefield Crossings
Western Connecticut Health Network

Closing and Cancellation

Founders Hall closings for inclement weather will be posted on:

www.founders-hall.org
Facebook: Founders Hall Ridgefield
WFSB (channel 3)
WTNH (channel 8)

Programs are subject to change and/or cancellation.

Online Registration

You can now register and pay for semester programs online, which is simple, secure and convenient. It not only makes registration easier for you, it dramatically streamlines the process for staff, and over time, it will reduce the cost of printing and mailing course books, all of which will leave more time and money for programming.

How to Register Online

Log into your Community Pass account and simply follow the prompts to review the programs, make your choices and complete the registration. You can securely pay electronically (with a small processing fee added to the total), or you can choose to pay by check or cash.

If you have NOT activated a Community Pass account, please email Tracy Dubin (tracy@founders-hall.org). She will send you a log-in user name and password so you can take advantage of online registration for summer semester.

If you have forgotten your log-in name or need a temporary password, please email Tracy Dubin (tracy@founders-hall.org).

If you don't use email or would like some guidance in using online registration, please see Tracy or Grace for help. There will be help sessions in the Computer Lab on Friday, May 25 and Wednesday, May 30.

If you prefer to use paper

Complete the form on pages 14-18 and mail or drop it off with payment.

Whether You Register Online or On Paper

Summer semester programs begin on Monday, June 18. Programs are subject to change and/or cancellation.

If more people are interested in a class than there are available spaces, we will use a random lottery to assign places. **All PAID registrations received by 8:30 pm on Tuesday, June 5** will be included in any necessary lotteries. If there is not space for you in a class, we will notify you and refund your payment. No news is good news. You will not hear from us if we are able to enroll you as requested.

Fitness Registration

The registration for 2018 fitness classes began October 17, 2017. Please call Tracy Dubin regarding class availability.

SUMMER 2018 CALENDAR

- May 16..... Fundraiser: Gold Sale
- May 18..... Seminar: Scrabble - Strategies and Fun
sponsored by Union Savings Bank Foundation
- May 23..... Health and Fitness Day
sponsored by Western Connecticut Health Network
- May 25..... Founders Food Truck Friday
sponsored by Connecticut In-Home Assistance
- May 25..... Help Session for on-line registration
- May 28..... Closed in Observance of Memorial Day
- May 29..... Founders Hall Annual Meeting
- May 30..... Spring Semester Trip: Florence Griswold Museum
- May 30..... Help Session for on-line registration
- June 3..... Battle of the Chefs
*sponsored by Fairfield County Bank
and The Chefs' Warehouse*
- June 5..... New Member Coffee
- June 5..... Summer Semester Registrations Due
- June 8..... Books of Summer Tea
sponsored by Books on the Common
- June 14..... Book Discussion: The Tea Girl of Hummingbird Lane
- June 15..... Spring Semester Trip: Essex Steam Train and Boat Ride
- June 18..... Summer Semester Begins

SUMMER 2018 CALENDAR

- June 22..... Seminar: Meals on Wheels
- July 3..... Independence Day Picnic
*sponsored by Fairfield County Bank
and Ridgefield Crossings*
- July 4..... Closed in Observance of Independence Day
- July 10..... Trip: New York Botanical Garden
- July 12..... Book Discussion: The Women in the Castle
- July 13..... L'Art du Bouquet Tea
sponsored by Laurel Ridge Health Care Center
- July 20..... Seminar: Cutting Edge Research on Alzheimer's
and Dementia
- July 27..... Founders Food Truck Friday
- August 1..... Trip: *Oliver* at Goodspeed Theatre
- August 9..... Book Discussion: Pachinko
- August 10..... Sundae Tea
sponsored by Ridgefield Crossings
- August 21..... New Member Coffee
- August 21..... Fall Semester Registrations Due
- September 3..... Closed in Observance of Labor Day
- September 4..... Fall Semester Begins
- September 7..... Seminar: It's All About Attitude
sponsored by Union Savings Bank Foundation

FOUNDERS HALL SUMMER 2018

Academic Program

*The Academic Program is generously sponsored by
Rudy and Sally Ruggles*

AARP Smart Driver Course

Founders Hall sponsors this course, which will familiarize drivers with new traffic laws and regulations, new roadways, changes and updates on cars, safety procedures and tips, and adapting to driving as you get older. These four-hour classes, held at Ridgefield Crossings, are scheduled for July 17, September 18, and November 20, 2018. Check with your auto insurance company, as rates may be reduced after completion of the course. Because New York State mandates a six-hour course and Connecticut mandates a four-hour course, NY residents must check with their insurance company regarding approval before enrolling for any of the Ridgefield classes.

Call William Van Hall at (203) 748-2344 for registration and more information.

The Art of Writing

Calling all writers! Come join a phenomenal group of your peers in this class. Whether you are a novice or advanced writer, interested in fiction, memoir, or poetry, there is something here for you. Members of the group will write, revise, share their work and have fun in a supportive environment. Each week, the instructor will offer in-class writing opportunities, prompts and ideas for take-home writing, and lead constructive critiques. Class will not meet July 3 or August 14.

Tuesday 10:30AM-12:00PM

First Class: June 19

Instructor: Cheryl Panosian Haddad

Fee: \$30/\$36NR (8 Sessions)

Book Discussion

Join your friends, new and old, for a monthly book discussion. Books may be available at the front desk.

June 14 The Tea Girl of Hummingbird Lane by Lisa See

July 12 The Women in the Castle by Jessica Shattuck

August 9 Pachinko by Min Jin Lee

Thursday 3:00-4:30PM

Facilitator: Ridgefield Library Staff

No Charge

FOUNDERS HALL SUMMER 2018

Current Events

Share your thoughts on a variety of current event topics in an informal discussion format. Personal participation is encouraged in this interactive group. Class will not meet July 4.

Wednesday 10:00-11:30AM

First class: June 20

Facilitator: Bill Monti

Fee: \$12/\$15NR (9 Sessions)

Four Films for August

Bob Klaeger presents four very different films for the end of Summer.

August 7: Alfred Hitchcock's "Suspicion" with Joan Fontaine and Cary Grant.

August 14: "Dr. Strangelove" - Stanley Kubrick's (very) dark comedy of the threshold of nuclear war.

August 21: "Mr. Blandings Builds His Dream House" - Cary Grant and Myrna Loy build a house in Connecticut.

August 28: "The Sting" - Paul Newman and Robert Redford as con men in the Great Depression.

Tuesday 1:00-4:00PM

First Class: August 7

Instructor: Robert Klaeger

Fee: \$20/\$24NR (4Sessions)

FOUNDERS HALL SUMMER 2018

Academic Program (continued)

The Great Voices

From the heroics of grand opera to the intimacy of lieder, this series of six lectures focuses on some of the greatest singers of our time, including:

1. Rosa Ponselle, Renata Tebaldi, Kirsten Flagstad, Elizabeth Schwarzkopf, Gundula Janowitz, Victoria de los Ángeles
2. Maria Callas, Montserrat Caballé, Renata Scotto, Birgit Nilsson, Jessye Norman, Joan Sutherland, Kiri te Kanawa
3. Marian Anderson, Kathleen Ferrier, Elena Obratsova, Christa Ludwig, Frederica von Stade, Tatiana Troyanos
4. José van Dam, Robert Merrill, Friedrich Schorr, Dietrich Fischer Dieskau, Tito Gobbi, Sherill Milnes, Bryn Terfel, Richard Salter
5. Enrico Caruso, Beniamino Gigli, Jussi Böjrling, Loritz Melchior, Carlo Bergonzi, John McCormack, Peter Pears, Frank Patterson
6. Tito Schipa, Alfredo Kraus, Josef Kaufmann, José Carréras, Plácido Domingo, Luciano Pavarotti

Please note: This class was offered in the evening during Winter Semester 2018.

Instructor: Michael Lankester First class: June 28
Section 1 Thursday 10:45AM-12:15PM Fee: \$25/\$30NR (6 Sessions)
Section 2 Thursday 1:00-2:30PM Fee: \$25/\$30NR (6 Sessions)

Italian: Beginners Continuing

This continuing class is for those with knowledge of Italian. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing.

Monday 8:30-10:00AM First Class: June 18
Instructor: Rita Schaffer Fee: \$15/\$18NR (4 Sessions)

FOUNDERS HALL SUMMER 2018

Italian: Continuing

These classes are for those who have taken Beginners Italian or have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. This is a good class for those planning a trip to Italy or for those who just want to experience the beauty of the Italian language.

Level 3 Thursday 10:00-11:30AM First Class: June 7
Level 4 Monday 10:00-11:30AM First Class: June 18
Instructor: Rita Schaffer Fee: \$15/\$18NR (4 Sessions)

Treasures of Tuscany

The beautiful Tuscany area of Italy comes to life in this course. Explore the history of this region starting with the early Etruscan settlers. Feel like you are walking the picturesque streets and visiting the most important sights of the famed walled towns including Pisa, San Gimignano, Siena, Cortona and others. Take part in the special local festivals and celebrations, and learn about the contributions of its famous citizens, all through beautiful PowerPoint photo presentations and lively discussions. Class will not meet July 4.

Instructor: Toni McKeen First Class: June 20
Section 1 Wednesday 10:30AM-12:00PM Fee: \$30/\$36NR (10 Sessions)
Section 2 Wednesday 1:15-2:30PM Fee: \$30/\$36NR (10 Sessions)

Writing Workshop

Whether you are a new or seasoned writer, come and enjoy the company of classmates who will help you take your writing to a new level. Each week write something of your choice - short story, essay, memoir, poetry - and read it in a friendly environment and receive constructive feedback. Everyone stands to gain as we sharpen our writing skills. The class will be limited to 14 participants.

Monday 2:00-4:30PM First Class: June 18
Facilitators: Anton Deiters and Ray Morse Fee:\$30/\$36NR (10 Sessions)

FOUNDERS HALL SUMMER 2018

Evening Academic Program

Vive la France!

“The regarding of a piece of music as an artefact – a thing of planned shapes, dimensions, color, and consistency – rather than as the expression of an emotion whose end is in itself, brings the French composer nearer than any other to the painter and the sculptor.”

–Martin Cooper

Michael Lankester examines the history and development of French music from the poetry and ballads of the 12th Century troubadours, through the ‘Grand Siècle’ of Versailles and the court of Louis XIV, to the heady days of 19th Century Paris, the Cafes of Montmartre and the Folies Bergère, and on to the 20th Century and the construction in Paris of the Georges Pompidou Centre and the Institute for Research and Coordination of Acoustics/Music.

1. Cathedrals & Crusades
2. The Plantagenet Kings and The Burgundian Court
3. The Grand Siècle – Lully, Glück, Molière and the Birth of Opera
4. The Age of Romance - Balzac and Dumas, Meyerbeer and Berlioz
5. Montmartre and the Folies Bergère – Bizet and Offenbach
6. ‘Les Six’ and the Age of Jazz
7. The Russian Invasion – The Ballets Russes
8. Les Enfants Terribles – Messaien and Boulez

Thursday 6:30-8:00PM

Instructor: Michael Lankester

First Class: June 28

Fee: \$30/\$36NR (8 Sessions)

FOUNDERS HALL SUMMER 2018

On the Road Program

The following trips will depart from Pond’s Edge Executive Park, 901 Ethan Allen Highway (Route 7). The executive park is south of the intersection of Routes 35 and 7.

Please enter through the south entrance, which is near Ace Tire and across the street from Ridgefield Self-Storage. There is a sign that says ‘Medical and Professional Park’ at the entrance. Founders Hall staff will direct you to a parking spot from there.

The bus will leave promptly at the assigned time. We are not able to wait for any late arrivals, no exceptions.

Georgia O’Keeffe: Visions of Hawai’i at NY Botanical Garden

Discover the artist’s little-known depictions of the Hawaiian Islands, and the plants and landscapes that inspired them, at this lush exhibition of Hawaiian flora and a stunning display of more than 15 of O’Keeffe’s Hawai’i paintings—not seen together in New York since their debut in 1940. The trip includes a catered buffet luncheon in the Garden Terrace Room.

Tuesday, July 10

9:00AM-5:00PM

Fee: \$108/\$120NR

Oliver! at Goodspeed Opera House

Bounced from workhouse to forced labor, Oliver Twist escapes to the streets where he meets Fagin, the Artful Dodger and a band of child pickpockets. Will he find love, home and happiness before it’s too late? Consider yourself part of the family with the colorful international smash that gave the world “Where Is Love?,” “Food! Glorious Food!” and “As Long As He Needs Me.” The trip includes lunch at The Gelston House prior to the show.

Wednesday, August 1

9:30AM-6:30PM

Fee: \$120/\$130NR

A minimum of 40 registrants is required for each trip.

FOUNDERS HALL SUMMER 2018

Seminar Series

Meals on Wheels

Debra Franceschini-Gatje Friday, June 22 1:00PM

Cutting Edge Research on Alzheimer's and Dementia

Dr. Peter McAllister Friday, July 20 1:00PM

Scrabble: Strategies and Fun

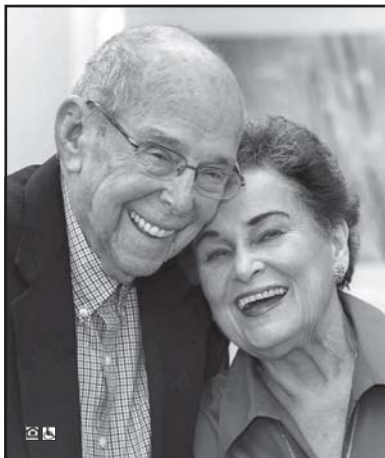
Cornelia Guest Friday, May 18 1:00PM

Founders Food Truck Fridays

Friday, May 25 12:30-2:00PM

Sponsored by Connecticut In-Home Assistance

Friday, July 27 12:30-2:00PM



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With unrivaled services and amenities, Maplewood Senior Living communities provide assisted living and memory care options to Fairfield County seniors.

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FOUNDERS HALL SUMMER 2018

Special Events

Health and Fitness Day

Sponsored by Western Connecticut Health Network

No fee Wednesday, May 23 9:00AM

Founders Hall Annual Meeting

No fee Tuesday, May 29 11:30AM

Independence Picnic

Sponsored by Fairfield County Bank and Ridgefield Crossings

Tuesday, July 3 12:00-2:00PM \$10/\$12NR

Tastings and Teas

Books of Summer Tea Friday, June 8 2:00-3:30PM

Sponsored by Books on the Common

L'Art du Bouquet Tea Friday, July 13 2:00-3:30PM

Sponsored by Laurel Ridge Health Care Center

Sundae Tea Friday, August 10 2:00-3:30PM

Sponsored by Ridgefield Crossings

New Member Welcome Coffees

Tuesday, June 5 10:30-11:30AM

Tuesday, August 21 10:30-11:30AM

Fundraising Events

Battle of the Chefs Sunday, June 3 4:00-7:00PM

Sponsored by Fairfield County Bank and The Chefs' Warehouse

SUMMER 2018 REGISTRATION

Wait!

Before completing this form, will you consider registering online instead? Online registration is simple, secure and convenient for you and an enormous time-saver for our staff. Over time, online registration will leave more funds available for programming. Please see page 3 for details. Thank you.

Here are the steps for paper registration:

1. Read the course book and select programs.
2. Complete the form on pages 15 – 18 indicating your contact information and the programs you want to take. If you are taking the class or trip with another person (or have a partner for Duplicate Bridge), please note that person's name next to the appropriate class.
3. Total your program fees. The payment for Ridgefield residents is the first amount. The payment for non-Ridgefield residents is the second amount designated as "NR."
4. Indicate your payment method:
 - Check, payable to Founders Hall. (You may submit one check for your entire registration.)
 - Cash (if you're hand-delivering your registration).
 - Credit card: Visa, MasterCard, Discover or American Express. We will add a 4% processing fee to the transaction.
5. **Mail or drop off your completed registration form and payment at Founders Hall so that it arrives by 8:30pm on Tuesday, June 5.**

Please note: If a class you've selected is oversubscribed, we will make every effort to add additional sections. If necessary, we will conduct a random lottery to determine places in oversubscribed classes. If we are not able to accommodate your selection, we will call you and refund your payment. You will not hear from us if we are able to accommodate your selections. **Please note: only paid registrations will be included in any lottery.**

If you have questions or need assistance with completing the registration form, please contact Grace or Tracy.

Founders Hall SUMMER 2018 Registration Form

Member ID Number _____

Name _____

Address _____

Phone _____ E-mail: _____

	Sign me up	Course Fee		Book Fee
		Ridgefield	Non-Ridgefield	
<u>Academic Courses</u>				
Art of Writing	<input type="checkbox"/>	\$30	\$36	
Current Events	<input type="checkbox"/>	\$12	\$15	
Four Films for August	<input type="checkbox"/>	\$20	\$24	
Great Voices				
Section 1 10:45AM	<input type="checkbox"/>	\$25	\$30	
Section 2 1:00PM	<input type="checkbox"/>	\$25	\$30	
Italian: Beginners Continuing	<input type="checkbox"/>	\$15	\$18	
Italian: Continuing 3	<input type="checkbox"/>	\$15	\$18	
Italian: Continuing 4	<input type="checkbox"/>	\$15	\$18	
Treasures of Tuscany				
Section 1 10:30AM	<input type="checkbox"/>	\$30	\$36	
Section 2 1:15PM	<input type="checkbox"/>	\$30	\$36	
Writing Workshop	<input type="checkbox"/>	\$30	\$36	

	Sign me up	Course Fee		Book Fee
		Ridgefield	Non-Ridgefield	
<u>Evening Academic Courses</u>				
Vive la France	<input type="checkbox"/>	\$30	\$36	

On the Road Trips

NY Botanical Garden/O’Keeffe	<input type="checkbox"/>	\$108	\$120	
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I’m going with (if any): _____

Oliver at Goodspeed	<input type="checkbox"/>	\$120	\$130	
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I’m going with (if any): _____

Special Events

Independence Day Picnic	<input type="checkbox"/>	\$10	\$12	
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Art Courses

Basic Drawing	<input type="checkbox"/>	\$40	\$48	
Beginning Portraiture	<input type="checkbox"/>	\$40	\$48	
Beginning Colored Pencils	<input type="checkbox"/>	\$40	\$48	
Drawing with Colored Pencils 2	<input type="checkbox"/>	\$40	\$48	
Life Drawing	<input type="checkbox"/>	\$40	\$48	
Drawing: Studio Class	<input type="checkbox"/>	\$40	\$48	
Developing Creative Voice	<input type="checkbox"/>	\$20	\$24	
Learning from O’Keeffe	<input type="checkbox"/>	\$20	\$24	
Oil Painting	<input type="checkbox"/>	\$40	\$48	
Watercolor on Big Paper	<input type="checkbox"/>	\$25	\$30	

	Sign me up	Course Fee	
		Ridgefield	Non-Ridgefield
<u>Evening Art Courses</u>			
En Plein Air	<input type="checkbox"/>	\$35	\$42
Miniature Workshop	<input type="checkbox"/>	\$15	\$18

	Sign me up	Course Fee		Book Fee
		Ridgefield	Non-Ridgefield	
<u>Hobby and Sports Courses</u>				
ACBL Sanctioned Duplicate Bridge				
To register, email dlthornton@sbcglobal.net.				
Bridge - Assisted Play	<input type="checkbox"/>	No fee		
Bridge Advanced Beginners	<input type="checkbox"/>	\$30	\$36	
Bridge Book	<input type="checkbox"/>			\$18
Cooking				
Tuesday	<input type="checkbox"/>	\$12	\$15	
Friday	<input type="checkbox"/>	\$12	\$15	
Duplicate Bridge				
Monday	<input type="checkbox"/>	\$15	\$18	
Partner (if any): _____				
Friday	<input type="checkbox"/>	\$15	\$18	
Partner (if any): _____				
Knitting and Crocheting	<input type="checkbox"/>	\$30	\$36	
Quilt or Sew	<input type="checkbox"/>	\$40	\$48	
Zen and Art of Seeing Photography	<input type="checkbox"/>	\$25	\$30	

Evening Hobby and Sports Courses

Evening Cooking	<input type="checkbox"/>	\$12	\$15	
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	Sign me up	Course Fee	
		Ridgefield	Non-Ridgefield
<u>Technology Courses</u>			
iPhone/iPad	<input type="checkbox"/>	\$25	\$30
Microsoft Word	<input type="checkbox"/>	\$30	\$36

Before you register, consider this...

Although your class fee may be just \$30, it actually costs Founders Hall \$90 to provide that class to you. How can we offer such a discount? Because members like you donate to Founders Hall in addition to paying program fees. If you have not yet made a donation this year, why not send one in with your registration? That's the ONLY way we can continue to offer low-cost, life-long learning.

Payment

Total Program Fees: \$ _____

Donation: \$ _____

Total Enclosed: \$ _____

Payment Method

- Check enclosed payable to Founders Hall
You may submit one check for your entire registration.
- Cash (hand-delivered)
- Credit Card (Visa, Mastercard, Discover or American Express)
A 4% processing fee will be added to the transaction.

Card number: _____

Exp. date: _____ cvc: _____

The Battle Returns

**SUNDAY
JUNE 3**

4-7PM

at Founders Hall

Watch three fabulous chefs as they match sharp knives and quick wits in this mouth-watering, soul satisfying, culinary showdown.

**Entertainment
Open Bar
Food
Fun**

TICKETS

General: \$100

Chef's Table: \$500

**www.founders-hall.org
or call 203.431.7000**

**BATTLE
of the
Chefs**

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the **chefsWAREHOUSE**



Fairfield County Bank

FOUNDERS HALL 193 Danbury Road, Ridgefield, CT

FOUNDERS HALL SUMMER 2018

Art Program

Basic Drawing

This is a basic drawing class for beginning artists, artists who haven't had pencil in hand for years, or artists who have always wanted to take a crack at drawing. Martha believes we're all artists and has created the class as a series of exercises designed to experience drawing as a skill-set and to teach students how to really see. The emphasis is on process far more than product. (We're not going to the Louvre to hang our art, folks, but you'll likely be delighted with the process.)

Tuesday 12:30 -2:30PM

Instructor: Martha Talburt

First class: July 10

Fee: \$40/\$48NR (8 Sessions)

Beginning Portraiture

In this class, Martha builds a bridge from basic drawing skills to the more specific art of drawing portraits. Students study facial anatomy, from the skull outward - including facial features and their placement and how to create the effect of light and shadow on the face. Completion of the *Basic Drawing* class is a prerequisite for this course.

Monday 11:30AM-1:30PM

Instructor: Martha Talburt

First Class: July 9

Fee: \$40/\$48NR (8 Sessions)

Beginning Colored Pencils

The class introduces students to this marvelous medium with the jewel-like colors. Martha calls the careful and methodical approach required for colored pencils "meditative." Students are taught basic color theory along with specific ways to handle the pencils - varied strokes and color mixing methods, including layering, scumbling and burnishing. The course is recommended for the committed art student *who has taken Martha's basic drawing and portraiture classes* and is interested in augmenting class work with work at home. Half of the introductory class sessions are general. The second half focuses on colored pencil portraiture. Please bring a box (minimum of 48) of PRISMACOLOR SOFTCORE PENCILS - Martha finds these pencils easiest to use and the most satisfying.

Monday 9:00-11:00AM

Instructor: Martha Talburt

First Class: July 9

Fee: \$40/\$48NR (8 Sessions)

FOUNDERS HALL SUMMER 2018

Drawing with Colored Pencils 2

This is an advanced class wherein students should be knowledgeable both in drawing portraits and in the use of colored pencils, as the primary focus is on portraiture. The prerequisite is BEGINNING COLORED PENCILS. Class exercises are consistently challenging - designed to help students see better, feel more deeply about their subjects, and render their compositions more proficiently and empathically. Further work at home is often required.

Monday 2:30-4:30PM

Instructor: Martha Talburt

First Class: July 9

Fee: \$40/\$48NR (8 Sessions)

Life Drawing

Students work each week from a new, live model. Class is unstructured. During the last half-hour, we will critique our work. Prerequisite is at least the basic drawing and portraiture classes from Martha or have a strong drawing background from other sources. Sixteen students is the maximum for this class. A model fee, based on the number of students in class, will be collected at the first class.

Tuesday 3:00-5:00PM

Instructor: Martha Talburt

First Class: July 10

Fee: \$40/\$48NR (8 Sessions)

Drawing: Studio Class

This is a non-structured class which has evolved into each student doing his or her own work, putting into practice what's been learned in Martha's other courses. Class members - all intermediate or advanced artists - choose from a full file of model photographs or something they bring from home to work on. Martha assists individuals in these efforts, moving through the classroom critiquing, demonstrating and always validating. Varied choice of drawing medium is encouraged. A major focus is on completed composition.

Tuesday 9:30-11:30AM

Instructor: Martha Talburt

First Class: July 10

Fee: \$40/\$48NR (8 Sessions)

FOUNDERS HALL SUMMER 2018

Art Program (continued)

Developing Your Creative Voice

Yearning to develop a clearer and more powerful message in your artwork? Have you struggled with finding an identifiably unique and creative style? If so, this workshop is for you! We will explore voice, style and intent while learning how to take a more intuitive, risk-taking approach to creating meaningful art. Students are welcome to work in all media.

Thursday 12:30 - 2:30PM

First Class: June 21

Instructor: Jean Linville

Fee: \$20/\$24NR (4 Sessions)

Learning From O'Keeffe

This post-NYBG field trip* workshop will explore the minimalist style of Georgia O'Keeffe. O'Keeffe's approach to subject choice, composition and color will be discussed as well as how to apply her techniques to creating your own work of art. Students are welcome to work in all media.

*Participation in the NYBG field trip or a prior knowledge of O'Keeffe's artwork is not required to take this class.

Thursday 12:30 - 2:30PM

First Class: July 19

Instructor: Jean Linville

Fee: \$20/\$24NR (4 Sessions)

Oil Painting

For experienced or beginner artists. Painting techniques, color mixing, composition, painting styles will be reviewed. Varied painting subjects will be incorporated including: still life, landscape, portrait and figures. Enjoy working in this art studio atmosphere coupled with art direction guidance and freedom to experience new things. Canvas fee \$3 payable in class. Please note: Class will not meet July 4.

Wednesday 1:00-3:00PM

First Class: June 20

Instructor: Bonnie Weber

Fee: \$40/\$48NR (10 Sessions)

FOUNDERS HALL SUMMER 2018

Open Art Studio

Take advantage of this open time in the Art Studio to work on projects in progress or try something new.

Wednesday 9:00AM-1:00PM

Fee: No Charge

Watercolor on Big Paper

Using full sheets of 300 lb. Arches paper, you will make a big splash with your watercolor. This two session class is for experienced watercolorists. Bring a few images to consider which will work best for composition and impact. Class will meet June 21 and 28.

Thursday 9:30-11:30AM

First Class: June 21

Instructor: Ellen Ross

Fee: \$25/\$30NR (2 Sessions)

Evening Art Program

En Plein-Air

Explore the magic of summer evening light. We will visit two locations over the seven weeks to witness first hand how the changing evening light impacts your color palette. This class will take place out-of-doors unless there is a prediction of extreme weather, in which case we will work in the art studio. Students are free to use their favorite portable media such as pencil, colored pencil, pastels or watercolors in the field. A list of field locations will be emailed to participants prior to the June 19th class. Please note: Class will not meet July 10.

Tuesday 6:00 - 8:00PM

First Class: June 19

Instructor: Jean Linville

Fee: \$35/\$42NR (7 Sessions)

Miniature Workshop

Explore the joys and challenges of working small. Every piece of art created in this workshop will be 4x6 or smaller! The focus will be on making a mini series of artworks related to one subject. Pen and ink, water-soluble colored pencils as well as painting media will be used.

Tuesday 6:00 - 8:00PM

First Class: August 14

Instructor: Jean Linville

Fee: \$15/\$18NR (2 Sessions)

FOUNDERS HALL SUMMER 2018

Hobby and Sports Program

*The Hobby and Sports Program is sponsored by
The Wadsworth Russell Lewis Trust Fund and
Ridgefield Parks and Recreation*

ACBL Sanctioned Duplicate Bridge

In our fully sanctioned ACBL duplicate bridge game, players may earn masterpoints in full compliance with rules, regulations and protocol established by the American Contract Bridge League. Play is open to Founders Hall members and a guest.

Founders Hall members may secure a reserved spot in each week's game by emailing the director at dlthornton@sbcglobal.net. If you have pre-registered, please inform the director immediately if you become unable to play. Reservations will be held until 3:15PM at which time spaces will be made available for walk-ins. Non-members are welcome to join us by following the same sign-in procedure and being advised there are seats available. Games are held every Thursday.

Payment will be collected at the door or see Tracy to pre-pay.

Thursday 3:30-6:30PM
Director: Debbie Thornton

On-going program
Fee: \$11/\$13NR per game

Bridge: Assisted Play

Experienced players will be available to assist play and answer questions. Class will not meet July 3.

Tuesday 10:00AM-12:00PM
Coaches: J. Clark, D. Thornton, C. Vazzana

First Class: June 19
Fee: No Charge

FOUNDERS HALL SUMMER 2018

Bridge Advanced Beginners

If you like bridge and want to improve your game, this class is for you. Each two-hour class consists of a short lecture followed by the bidding and play of real bridge hands. This is for bridge players who know the basics—following suit, taking tricks, trumping, as well as fundamental bidding and play. If you have ever bid to the contract of “Four Spades” and fulfilled it, this class is for you. You will build a firm foundation of your bidding, declarer play and defensive play. Standard American bidding based on five card majors will be used. A few bidding conventions such as Blackwood, Stayman, and Transfers will be covered. The required text: Bridge for Everyone by D. W. Crisfield is available through the registration form for \$18.

Thursday 9:30-11:30AM
Instructor: Mike Hess

First class: June 21
Fee: \$30/\$36NR (8 Sessions)

Cooking with Chef Jehan

Chef Jehan returns to demonstrate recipes and share cooking tips, and techniques.

Section 1: Tuesday, July 31

11:00AM-1:00PM

Section 2: Friday, August 3

11:00AM-1:00PM

Instructor: Chef Jehan DeNoïe

Fee: \$12/\$15NR (1 Session)

Duplicate Bridge

Enjoy bridge playing the same hands as other pairs (duplicate). This approach will challenge your skill regardless of ‘luck of the deal.’ If you are registering with a partner, please include your partner's name on the registration form. This class is limited to 62 participants. Pre-requisite for Duplicate Bridge is proficiency with duplicate bridge rules and play. Assisted Bridge on Tuesdays affords an opportunity to learn the mechanics and etiquette of Duplicate Bridge.

Section 1 Monday 10:00AM-12:30PM First Class: June 18

Section 2 Friday 10:00AM-12:30PM First Class: June 22

Directors: Debbie Thornton and Bob Kimerling Fee: \$15/\$18NR (10 Sessions)

FOUNDERS HALL SUMMER 2018

Hobby and Sports Program (continued)

Drop-in Groups

Gardeners	third Friday	1:30-3:00PM	Jack Hughes
Needlework Group	Thursdays	12:00-1:45PM	
Quilting Group	Tuesdays	2:00-4:00PM	
Rug Hooking	Wednesdays	1:30-4:00PM	Ethel Eckhaus
Weaving	Wednesdays	10:00AM-12:00PM	
Wood Carving	Mondays	1:30-4:00PM	Jim Callahan

Founders Hall Band

The Founders Hall Band is open to any person, with any type of instrument, who is willing to learn music. The group meets on Friday mornings in the Living Room.
 Band Director: Bill Palmer Friday 9:30-11:30AM No Charge

Knitting and Crocheting

Work on the project of your choice, meet other knitters and crocheters, be inspired by your classmates' projects, troubleshoot problems, get important hints and tips along with a discount at a local store. You can learn a new skill or technique, cure your 'finishing phobia,' bring a 'show and share' or start from the beginning. This is a large class, so bring ample patience. Class will not meet July 3.

Tuesday 12:15-2:15PM First Class: June 19
 Instructor: Jo Ann Brown Fee: \$30/\$36NR (9 Sessions)

Quilt or Sew

This class will be a combination of quilting and/or sewing. Continue your quilting journey or learn to use a sewing machine from the very start, read a pattern, begin to make garments or simple home decorating items or refresh your sewing skills. General sewing supplies needed for both mediums. Class is limited to 10. Please note: Class will not meet July 3.

Tuesday 10:00AM-12:00PM First Class: June 19
 Instructor: Jo Ann Brown Fee: \$40/\$48NR (9 Sessions)

FOUNDERS HALL SUMMER 2018

Zen & The Art of Seeing: Photography As Meditation

If you are interested in learning to use your camera to expand your relationship with nature, be inspired, and help you to cultivate inner peace this workshop is for you! Have you ever looked at the veins in the petal of a flower? Noticed the reflections of trees and their branches on the stream behind a parking lot? Taken the time to observe the beauty of the dance of light upon snowmelt as it flows down a neighborhood street? When was the last time you looked up to see what the clouds were doing?

When we slow down and look, really look, we are gifted with "New Eyes" with which to experience the beauty of nature at a level that most people never take the time to notice. Using the camera as a meditative tool we expand our connection to the natural world and hence, the divine. The process itself is largely the purpose. The images you create become a bonus and an inspirational reminder of the value of slowing down to see.

This course is suitable for all levels of photography experience and consists of theory, guided meditation, and practice in the "field" on the Founders Hall campus. Participants must have a working knowledge of their own camera & come prepared to spend time outdoors. (Digital SLR, point & shoot, smartphone, and film cameras are all acceptable.) Participants will be given home practice guidelines and be asked to participate in a class photo share. Class will meet on July 19, 26, & August 2.

Thursday 10:00AM - 12:30PM First Class: July 19
 Instructor: Elisabeth Levy Fee: \$25/\$30NR (3 Sessions)

Evening Hobby Program

Evening Cooking with Chef Jehan

Chef Jehan returns to demonstrate recipes and share cooking tips, and techniques.

Tuesday 6:00-8:00PM Class date: July 31
 Instructor: Chef Jehan DeNoüe Fee: \$12/\$15NR (1 Session)

FOUNDERS HALL SUMMER 2018

Technology Program

iPhone and iPad Basics

iPhones and iPads perform many different functions. This course will help you get the most out of your iPhone or iPad. We start with the basics, and work our way up to more detailed topics. General topics include: Battery life management; Use of Settings; Contacts (address book); Email; Texting; Surfing the web; Calendars; Apps; Camera and photo management, and GPS and Navigation. A detailed syllabus will be available before class begins to help you decide which classes you'd like to attend. NOTE: The class only covers Apple's iPhone and iPad, so if you have a different brand of smart phone or tablet, this is not the class for you.

Thursday 2:00-3:30PM

First Class: July 5

Instructor: Michele Schor and Steve Fox

Fee: \$25/\$30NR(7 sessions)

Microsoft Word

Learn the extensive capabilities of Microsoft Word. Formatting (including bullets, borders and shading), automatic numbering, sorting alphabetically and numerically, headers and footers, WordArt, SmartArt, clip art, personal letters, newsletters, watermarks, tables, column charts, pie charts, templates and more will be covered. This class will be taught using Windows 7 operating system and Microsoft Word 2010. Please bring a flash drive to each class.

Monday 9:30-11:00AM

First class: July 2

Instructor: Anita Vallee

Fee: \$30/\$36NR (8 Sessions)

Open Tech Lab

Need help with computer classes or electronic devices? A volunteer will be in the Computer Lab on Fridays from 2-4PM to answer questions and assist you.

Friday 2:00-4:00PM

Fee: No Charge

2018 FITNESS PROGRAM

*The Fitness Program is sponsored by
The Paul and Johanna Laszig Trust and Barker Welfare Foundation*

Fitness classes are offered on a monthly basis. Registration for 2018 Fitness Classes opened October 17, 2017. Please call regarding availability of classes.

Aerobics

A low-impact exercise program offered throughout the year for muscle conditioning and increased body strength.

Section 1 Mon./Wed./Fri. 8:30-9:30AM

Section 2 Mon./Wed./Fri. 9:35-10:35AM

Instructor: D. Bell, S. Consentino, S. Neumann Fee: \$35/\$42NR per month

Aquacize

This low-impact water exercise program uses flotation devices to improve joint flexibility, relieve pain and stiffness, and tone muscles.

Tues./Thurs. 9:30-10:30AM

Location: Parks & Recreation

Instructor: Parks & Rec Staff

Fee: \$35/\$42NR per month

Core

Pilates approach will be used in this core strengthening program. Stretching and use of free weights will strengthen the overall body as well as improve flexibility and balance. The class will use both mats and chairs.

Mon./Wed. 3:30-4:30PM

Instructor: Patti McEvoy Maloney

Fee: \$35/\$42NR per month

Stretch and Flex

This mostly-seated workout addresses the full body, focusing on flexibility and range of motion. This positive-attitude exercise approach incorporates lifting, reaching, stretching and breathing exercises, which can make even everyday activities easier.

Mon./Wed. 2:25-3:25PM

Instructor: Colleen Cugine

Fee: \$35/\$42NR per month

2018 FITNESS PROGRAM

Strength and Balance

A challenging exercise program that uses free weights and other tools in standing, sitting and floor workout routines to strengthen abdominal and lower back muscles, increase flexibility and improve body alignment. Participants must be able to use floor mats.

Beginner*	Mon./Wed./Fri.	12:35-1:20PM
Adv. Beginner*	Mon./Wed./Fri.	11:45AM-12:30PM
Intermediate 1*	Mon./Wed./Fri.	10:45-11:40AM
Intermediate 2**	Mon./Wed./Fri.	1:25-2:20PM

*Instructor: Susan Consentino Fee: \$35/\$42NR per month

**Instructor: Patti McEvoy Maloney Fee: \$35/\$42NR per month

Tai Chi

The following Tai Chi classes teach the long form of the Yang Style Tai Chi Chuan. This 'soft' form of martial arts is considered a safe and effective isometric exercise. Tai Chi is known to help improve balance, flexibility, strength and coordination as well as aid in the ability to manage stress.

The Tai Chi Beginner classes start in January with the study of the first of the three sections of the form and, over the full year, progress through the study of the second and third sections of the traditional Tai Chi long form.

Beginner	Mon./Fri.	8:30-9:15AM	Fee: \$30/\$36NR per month
Advanced Beginner	Mon./Fri.	9:15-10:00AM	Fee: \$30/\$36NR per month
Intermediate	Tues./Thurs.	12:00-1:00PM	Fee: \$35/\$42NR per month

Instructor: Mari Lewis

Beginner Workshop Wed. 8:30-9:30AM Fee: \$12/\$14NR per month

Coach: Diane Kerner

Seated Stretching & Conditioning

An easy (to moderate) approach to increase and improve flexibility and range of motion and posture. The program will include a combination of gentle stretching, breath awareness and muscle and core strengthening.

Tues./Thurs. 1:05-1:50PM

Instructor: Barbara Reidy Fee: \$30/\$36NR per month

2018 FITNESS PROGRAM

Seated Yoga

Balancing mind and body through stretches, breath and relaxation techniques. Some standing is done using the chair as support. All levels are welcome.

Tues./Thurs. 11:05-11:50AM Fee: \$30/\$36NR per month

Instructors: Supriya Swerdlick Hermenze and Liz Wendel

Yoga and Relaxation

These classes include warming stretches, yoga postures and breathing techniques. Section 1 includes some intermediate level postures and longer holds and is suitable for students with some experience with postures. Section 2 combines slow and easy movements and is suitable for new students and those wanting a mellow practice.

Section 1: Moderate Level Tues. Liz / Thurs. Valerie 8:30-9:45AM

Section 2: Gentle Class Tues. Liz/ Thurs. Supriya 9:45-11:00AM

Instructors: Liz Wendel, Supriya Swerdlick Hermenze, Valerie Rich

Fee: \$35/\$42NR per month

Evening Fitness Program

Strength, Core and More

This class incorporates strength, balance and core work. Total body toning will be achieved by using dumbbells, resistance bands and small weighted balls. Exercises will be done standing and on the floor with exercises on a mat.


Tues./Thur. 5:45-6:45PM

Instructor: Lindy Olszewski

Fee: \$40/\$48NR per month

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