

FOUNDERS FORUM

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Making the Best of Every Day

MAY 2023

A Message from Grace:

What a busy month we have in May! From seminars to Fitness Day and Founders Friday, we have something for everyone to enjoy.

We look forward to our Annual Meeting on May 11th at 11:30am and hope you can join us for what is always a valuable update on the previous calendar year here at Founders Hall. A light lunch will be served following the meeting.

The weather is certainly improving and if you haven't already, we hope you'll take a moment to enjoy our beautiful new patio furniture thanks to the generous grant we received from the Anne S. Richardson Fund.

Please note, the building will be closed May 29th in observance of Memorial Day.

We hope to see you very soon!

HIGHLIGHTS

- MAY 5 SEMINAR: THE CORONATION AND CROWN JEWELS
- MAY 11 ANNUAL MEETING
- MAY 11 BOOK CLUB: THE OPTIMIST'S DAUGHTER
- MAY 12 FOUNDERS FRIDAY: CINCO DE MAYO
SPONSORED BY CASCADES SENIOR LIVING AND BETHEL HEALTH CARE
- MAY 19 SEMINAR: ARTS AND CRAFTS OF JAPANESE-AMERICANS INTERRED DURING WWII
- MAY 22 PERFORMANCE: FOUNDERS HALL SINGERS
- MAY 24 GOLD SALE FUNDRAISER
- MAY 26 SEMINAR: PROTECTING YOUR FINANCES
- MAY 29 CLOSED FOR MEMORIAL DAY
- MAY 31 FITNESS DAY *SPONSORED BY NUVANCE HEALTH*

HAPPENINGS



Wednesday, May 31st

9:00-10:45am Fitness Activities

9:00-11:00am Information and Screening Stations

10:30am Brunch

11:00am-1:00pm Speakers

Sample fitness offerings, participate in live demonstrations, and receive health screenings during this fun and interactive morning, followed by healthy refreshments and speakers on a variety of topics.

** Morning in-person Fitness classes will not be held.*

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FOUNDERS FRIDAY FIESTA

Friday, May 12th 2:00-3:30pm

Come celebrate our neighbors to the South! Savor Mexican Coffee, Mexican Hot Chocolate and sweet bites that feature Mexican flavors, while we play some Loteria and Mexican Train Dominoes.

Sponsored by:



F | H

Founders Hall is a Donor-Supported Education and Recreation Center for Individuals Age 60 and Older

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Monday-Friday 8:30 am - 4:30 pm

DEVELOPMENT

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Please save the date for our Gold and Silver Sale fundraiser on Wednesday, May 24th! Members and non-members are welcome to join us from 10:00am-3:00pm. Appraisers from American Gold & Diamond Buyers will evaluate your unwanted gold and silver items such as jewelry, tea sets, cutlery etc. and then offer you a price based on current market values. If you sell, you will receive cash; Founders Hall will receive a portion of the proceeds. Please contact the front desk to reserve a 15-minute time slot although walk-in's are still welcome. Please bring valid identification.

JOIN US FOR A
Garden Party Fundraiser
 THURSDAY, JUNE 21st
 3:00-5:00pm
 PERFORMANCE BY PAMME JONES
 FROM RIDGEFIELD THEATER BARN
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 \$50/person
 NON-MEMBER GUESTS WELCOME
 Generously sponsored by:



Thanks to all who contributed to April's Spring for Things. You've helped ease costs for day-to-day expenses such as coffee and office supplies. Because of your care and support, Founders Hall will bloom with great programs, classes and fellowship. Thank you for tending this very special garden.

EVENTS

THE CORONATION AND CROWN JEWELS Seminar with Toni McKeen
Friday, May 5th at 2:45pm

Join us to learn about the historic coronation of Charles III and his wife, Camilla, as king and queen of the United Kingdom. Gloves, pearls, hats, fascinators and tiaras are encouraged.

PROTECTING YOUR FINANCES Seminar with Alyson Marcucio of Chipman Mazzucco Emerson LLC

Friday, May 26th at 1:00pm

Join us to learn valuable tips from Alyson Marcucio, Attorney at Law, to avoid scams and senior financial exploitation as well as secure your future investments.



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ARTS & CRAFTS OF JAPANESE-AMERICANS INTERRED DURING WWII Seminar with Nancy Beck

Friday, May 19th at 1:00pm

During World War II nearly 120,000 Japanese-Americans were forced to leave their homes on the West Coast, and were incarcerated in camps in the interior. One way to learn about their lives is to see objects they created during their imprisonment. In her presentation, Nancy Beck will show many of these things, from basic necessities such as chairs and tools to a beautiful basket of flowers made from shells, and tell stories of their creators.

FOUNDERS HALL SINGERS

Monday, May 22nd at 1:00pm

Join us for a very special performance led by Daniela Sikora of Ridgefield Chorale!

BOOK DISCUSSION



The Optimist's Daughter by Eudora Welty
May 11th at 3:00pm

We love book club! Join us for this discussion facilitated by staff members of Ridgefield Library.

Many thanks to everyone who attended our Game Show Social: Who Wants to be a Millionaire on Friday, April 14th. We are grateful to our sponsor at Constellation Private Duty for making this fun event possible. Congratulations to our winner, Mary Tobin!

May at the Movies

Selections may change based on availability.



fri
19
American Underdog
2:30pm

As Kurt Warner stocks shelves in a supermarket with his dreams all but out of reach, his wife, coaches, and teammates encourage him to show the world the champion they know him to be. Kurt perseveres and finds the strength to become the legendary two-time NFL MVP, Super Bowl MVP, and Hall of Fame quarterback — proving that anything is possible with faith, family, and determination.

2021 Zachary Levi, Anna Paquin, Dennis Quaid
PG 1hr 52mins

Promised Land
2:30pm

Taking advantage of hard economic times, two salespeople for a natural gas company come to a small town to buy drilling rights from the residents. To their surprise, a local schoolteacher mobilizes a campaign aimed at blocking the company's plans.

2012 Matt Damon, Frances McDormand, John Krasinski
R 1hr 46 mins

fri
26

Welcome!

New Members

(as of April 17)

- | | |
|------------------|----------------------|
| Barbara Arnold | Eeva Kirk |
| Annie Cohen | Albert Koehl |
| Steven Cohen | Maureen Koehl |
| Howard Dickman | Marge Okapal |
| Lynett Dickman | Valerie Rosa |
| Anthony DiPersia | Tobie Saren |
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LET'S CONNECT!

Join our NEW Facebook Group!

We have created a private group for current members of Founders Hall. Only group members and admins can see who is in the group and what they post.

Founders Hall members are encouraged to request to join the group! This could be a great way to find fellow members with similar interests, such as a walking group or card game. It will also be a nice way to stay connected between trips to Founders Hall.

When your request is approved, you will receive a notification within Facebook that you are now a member of the group and will then be able to post in the group as well as read other people's posts and comments.

If your post does not comply with group guidelines below it will be removed by admin(s) and the member will be notified.

To join the group using Facebook on your computer:

1. Log into Facebook.
2. Look at the menu on the left side under the Facebook icon and click Groups.
3. In the search bar at the top, enter the name of the group you're looking for: Founders Hall Members.
4. Select the group then click + Join Group below the cover photo.
5. In 1-2 days, check the Notifications icon on the top right side of your screen. It looks like a little bell and is directly to the left of your profile picture. (If you have a new notification, there will be a number in red directly above the bell icon.) When your request is approved, you will receive a

notification. Click on the bell to read your notifications and if you have a notification that you have been granted access to our group, you can click on it to enter the group. 6. You will also be able to access the group the same way you found it when you were first searching to join: look at the menu on the left side under the Facebook icon and click Groups, then select Founders Hall Members.

To join the group using the Facebook app on your device:

1. Tap the Facebook icon on your home screen to open the app.
2. Tap the three vertical lines in the bottom right hand corner above the word Menu. Tap the Groups tab under shortcuts. Then tap the magnifying glass in the top righthand corner.
3. In the search bar where it says Search groups, enter the name of the group you're looking for: Founders Hall Members.
4. Select (tap on) the group then tap the blue + Join button next to the group name.
5. In 1-2 days, check the Notifications icon on the bottom right side of your screen. It looks like a little bell and is directly to the right of the Menu icon. (If you have a new notification, there will be a number in red directly above the bell icon.) When your request is approved, you will receive a notification. Tap on the bell to read your notifications and if you have a notification that you have been granted access to our group, you can tap on it to enter the group.
6. You will then also be able to access the group the same way you found it when you were first searching to join: tap the three vertical lines in the bottom right hand corner above the word Menu. Tap the Groups tab under shortcuts. Then tap Your groups and the group name in the list

of groups: Founders Hall Members.

Our rules are simple. It's okay to:

1. Ask if any other members would like to meet up for an activity such as a walk or card game.
2. Post requests for service provider recommendations.
3. Recommend service providers, restaurants, etc. The presumption is that there is no relationship between poster and entity. If not an "arms-length" recommendation, please disclose relationship.
4. Share community news and events about local non-profit groups and activities.
5. Enjoy friendly, neighborly exchanges.
6. Share ideas and concerns.
7. Engage, exchange and have fun!

It's not okay to:

1. Offer free services as a means to backdoor advertise.
2. Post classified ads such as tag sale items. There are several Ridgfield Tag Sale and For Sale groups for those purposes.
3. Advertise for-profit businesses.
4. Bash local businesses.
5. Post GoFundMe efforts. Please post these types of solicitations on your personal page instead.
6. Publish posts that are purely political in nature.
7. Publicly shame anyone.

If you have questions, please see Kate Fitzpatrick, our Communications Manager, and/or attend our kickoff event on Wednesday, May 3rd at 1pm to walk you through the process of joining the group.



Save the Date for our Social Bridge Tournament!

Wednesday, June 14th

10:00am-3:00pm

\$8R / \$10NR

Please register at the front desk for the tournament and lunch.



Join us in Welcoming our Summer Programs

Intern, Molly Gels!

Beginning Tuesday, May 30th, Molly will be with us to organize outdoor activities such as hiking, kayaking, birdwatching, gardening and more. She will also support staff with event logistics and other responsibilities as needed. Molly is a Ridgefield native and rising senior at Loyola University in Maryland. We look forward to introducing her to our members!

Don't Forget to Join our New Facebook Group: Founders Hall Members!

Attend our kickoff event on Wednesday, May 3rd at 1pm to walk you through the process of joining the group.

