

FOUNDERS *F*ORUM

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Making the Best of Every Day

FEBRUARY 2023

A Message from Grace:

We are happy to be settling into another year and would like to draw your attention to a fun programming note: our Teas & Tastings are expanding and will now be known as Founders Fridays! These fun, free events on the second Friday of the month are open to all members, with no registration required, and we look forward to offering a wider variety like this month's Super Bowl PreGame on February 10 sponsored by Ridgefield Station. See you soon!

HIGHLIGHTS

JAN 31-FEB 1 BILLIARDS SINGLES TOURNAMENT

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FEB 9 BOOK DISCUSSION

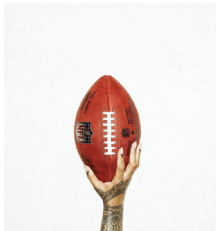
FEB 10 SUPER BOWL PREGAME

SPONSORED BY RIDGEFIELD STATION

FEB 16 HAPPY HOUR

FEB 24 SEMINAR: PERIPHERAL NEUROPATHY
WITH DR. BRITTNY HOWELL

HAPPENINGS



SUPER BOWL PREGAME

Friday, February 10th at 2:00pm

Please join us for game day snacks, festive activities like football bean bag toss and "Touchdown" dice game, not to mention plenty of friendly competition.

Sponsored by:



HAPPY HOUR

Thursday February 16th 4:00-5:30pm

Come mix and mingle with your fellow members over a happy hour drink and light snacks. No need to register, just drop-in!

F | H

Founders Hall is a Donor-Supported Education and Recreation Center for Individuals Age 60 and Older

193 Danbury Road, Ridgefield, CT 06877 • 203.431.7000 • www.founders-hall.org • facebook: Founders Hall Ridgefield
Monday-Friday 8:30 am - 4:30 pm

DEVELOPMENT

Thank you to our donors

From December 14 ~ January 15

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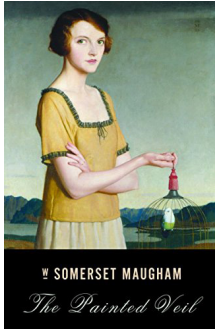
DEVELOPMENT

Sal Mannuccia and Janet Gebbia Mannuccia °^	Jeffrey and Patricia Schmierer	° Founders Circle
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Inge Sands	Victoria and David Yolen	
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Tom and Cathy Savoca	Stefano and Laura Zandri	
Barry Schaffer	Joe Zygalia	

EVENTS

BOOK DISCUSSION:

The Painted Veil
by W. Somerset Maugham
February 9 at 3:00pm



We love book club! Join us for this discussion facilitated by staff members of the Ridgefield Library.



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We are proud that Ridge Crest, the Skilled Nursing and Rehabilitation neighborhood at Meadow Ridge, has been rated among the best by U.S. News & World Report for the third consecutive year.

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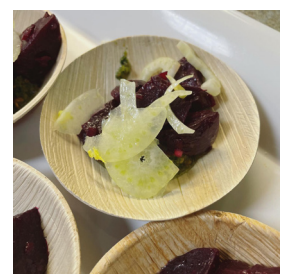
100 Redding Road | Redding, CT 06896
Managed by Benchmark Senior Living

SEMINAR:
Peripheral Neuropathy
with Dr. Brittney Howell
February 24 at 1:00pm



Did you know? At least 20 million people in the U.S. have peripheral neuropathy, which can feel like pain, numbness, tightness and unsteady walking. Come learn about causes and treatments!

Many thanks to everyone who attended our Raid the Root Cellar Tasting on Friday, January 13th, especially our generous sponsor, Comfort Keepers! Our tasty and nutritious menu featured Celery Root Soup with Pancetta and Thyme, Beet and Fennel Salad with Pistachio Pesto, Parmesan Parsnips and Golden Ginger Cake. Yum!



February at the Movies



Selections may change based on availability.

- fri** **Where the Crawdads Sing** **2:00pm**
3 Kya is an abandoned girl who raised herself to adulthood in the dangerous marshlands of North Carolina. For years, rumors of the “Marsh Girl” haunted Barkley Cove, isolating the sharp and resilient Kya from her community. Drawn to two young men from town, Kya opens herself to a new and startling world; but when one of them is found dead, she is immediately cast by the community as the main suspect. As the case unfolds, the verdict as to what actually happened becomes increasingly unclear, threatening to reveal the many secrets that lay within the marsh.
 2022 Daisy Edgar-Jones, Taylor John Smith, Harris Dickinson PG13 2hr 5mins
- fri** **Little Man Tate** **2:00pm**
17 A gifted 7-year-old’s prodigious talents land him in the middle of a battle between his working-class mother and a school director. Meanwhile, the boy yearns to fit in with the other children at his school, who treat him as an outcast.
 1991 Jodie Foster, Dianne Wiest, Harry Connick Jr PG 1hr 39mins
- fri** **The African Queen** **2:30pm**
24 Charlie Allnut (Humphrey Bogart), the booze-guzzling, rough-hewn captain of a broken-down East African riverboat, teams with a straitlaced, iron-willed missionary (Katharine Hepburn) to take on a menacing German gunboat during World War I.
 1951 Humphrey Bogart, Katharine Hepburn, Robert Morley PG 1hr 45mins



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New Members

(as of January 16)

Ruth Feldman	Linda Magni	Mary Toelke
Amy Grossfeld	Robert Magni	Alan Vernon
Pam Guguotta	Peter Nichols	Pamela Vernon
Donna Knoche	Mary O’Neill	Anthony Zeolla
Ginny Kuper	Marie Prenata	
James Lewis	Wendy Rollin	
Joyce Lewis	Lisa Sanders	
Kathy Maglieri	Ann Shih	

Welcome!

Welcome 2023!

The year is off to a great start at Founders Hall. We are happy to see so many of you enrolled in Winter Semester classes that started on January 3.

Here are a few highlights from our month:



Founders Feature

FRIDAY FLAMENCO CLASS!



Founders Feature

LOVE OF LANGUAGES!

Our language students inspire in us a love of lifelong learning. On offer this semester are classes in Intermediate French, Advanced French, Italian: Beginners, Italian: Continuing, and Spanish Refresher (pictured above).



Founders Feature

WATERCOLOR CLASS!

First for Founders Hall! Social Events and Volunteer Manager Nikki Nuut is teaching our first ever Flamenco class, which kicked off with more than fifteen eager participants. "I am so proud of our members and their willingness to try something new. Lots more fun in store! Ole!" says Nikki.

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Tina Phillips demonstrates techniques for her Intermediate to Advanced Watercolor students to then apply in a group painting session (pictured above).