FH

Founders Hall

Winter 2023

Table of Contents

Message From Grace 3 Registration Information 4 Academic Program 5 - 12 Dance Program 13 On The Road 20 Social and Seminar Programs 21 Art Program 22 - 24 Hobby and Sports Program 25 - 29 Technology Program 30 - 31

INTRODUCTION

Information

| Office Hours: | Monday - Friday, 8:00AM-5:00PM |
|---------------|--|
| Address: | 193 Danbury Road, Ridgefield CT, 06877 |
| Phone: | 203-431-7000 |
| Email: | foundershall@founders-hall.org |
| Web: | www.founders-hall.org |
| Facebook: | Founders Hall Ridgefield |
| | |

Sponsors

Our special thanks to the generous sponsors who help us keep class and program fees at a minimum:

Academic Program:

Rudy and Sally Ruggles Nick and Anita Donofrio The Leir Foundation Union Savings Bank Foundation

Art Program: Anna-Maria and Stephen Kellen Foundation

Fitness Program: Barker Welfare Foundation The Paul and Johanna Laszig Trust

Hobby & Sports Program: Ridgefield Parks and Recreation Ridgefield Thrift Shop The Wadsworth Russell Lewis Trust Fund

On the Road Program Ridgefield Professional Office Complex

Social Program: Comfort Keepers The Greens at Cannondale and Wilton Meadows Ridgefield Station

Closing and Cancellation

Closings for inclement weather will be posted on www.founders-hall.org. **Programs are subject to change and/or cancellation.**

Dear Members,

Our Winter 2023 Semester will consist of in-person classes, Zoom classes, and a few hybrid classes. Please remember that these classes are only for Founders Hall members.

If the pandemic situation requires it, we will pivot to Zoom programs.

Registration for Winter 2023 is similar to previous years, with an online option and a mail-in option. The online option saves significant staff resources so I hope you will try that if you haven't before.

Members attending Founders Hall in-person must submit a waiver and show proof of COVID-19 vaccination. Read the following for more details on the requirements for In-Person attendance at Founders Hall.

In-Person Attendance Information

Our goal is to keep Founders Hall members, instructors and staff healthy while gathering in-person and enjoying each other's company. To achieve that, each of us plays an important role. Abiding by these expectations and rules is necessary to keep our community safe and to make our inperson programs successful. These rules apply to classes, events, and dropin visits.

The Rules:

- 1. If you don't feel well, please stay home.
- 2. All attending members must show proof of COVID-19 vaccination.
- 3. Members must submit a signed Founders Hall COVID-19 waiver.
- 4. If you test positive for the virus, please inform Grace immediately.
- 5. Seating will be set up for social distancing. Please don't move chairs.

What to Expect When You Arrive:

- All members must complete the check-in process at the front desk when entering the building.
- The first time you visit Founders Hall for an event or class, you must submit your signed waiver and show proof of vaccination.

Registration

You can register and pay for semester programs online or by mail. Registrations are due by Monday, December 5 at 4:30PM.

How to Register Online

Log into your Community Pass account and simply follow the prompts to review the programs, make your choices and complete the registration. You can securely pay electronically or you can choose to pay by check.

If you have NOT activated a Community Pass account, please email Tracy Dubin (tracy@founders-hall.org). She will send you a log-in user name and password so you can take advantage of online registration for Winter semester.

If you don't use email or would like some guidance in using online registration, please call Tracy or Grace for help.

If you prefer to use paper

Complete the form on pages 15 - 19 and mail with payment.

Whether You Register Online or On Paper

Winter semester programs begin on Tuesday, January 3. Programs are subject to change and/or cancellation.

If you have registered for a Zoom class, you will receive a link for that class the evening before class meets.

If more people are interested in a class than there are available spaces, we will use a random lottery to assign places. **All PAID registrations received by 4:30PM on Monday, December 5** will be included in any necessary lotteries. If there is not space for you in a class, we will notify you and refund your payment. No news is good news. You will not hear from us if we are able to enroll you as requested.

Registrations are non-transferrable. We do keep waiting lists for those who wish to join a filled class.

FOUNDERS HALL WINTER 2023

Academic Program

The Academic Program is generously sponsored by Rudy and Sally Ruggles, Nick and Anita Donofrio, The Leir Foundation and Union Savings Bank Foundation

Book Discussion ~ In-Person

Join your friends, new and old, for an in-person monthly book discussion. Books are available through Ridgefield Library and/or Hoopla, one of the Library's e-content services (link on Library website). Copies of the books may be available at the Front Desk at Founders Hall.

| January 12 | <u>The Lincoln Highway</u> by Amor Towles | |
|--------------------|---|--|
| February 9 | The Painted Veil by W. Somerset Maugham | |
| March 9 | Horse by Geraldine Brooks | |
| Thursday 3:00 | 0-4:30PM | |
| Facilitator: Staff | No Charge | |

Classical Wisdom: Growing Older ~ On Zoom

'If you have a garden and a library, you have everything you need.' - Cicero

Marcus Tullius Cicero (106-43BCE) distinguished lawyer, orator, politician and philosopher wrote his two timeless essays 'On Old Age' and 'On Friendship' at age 63 during the last year of his life. The treatise on old age poses four familiar arguments against the all too prevalent and dismal prospect of growing old in the form of an exquisite dialogue between two younger men and Cicero in the guise of an older man. The second essay is a practical yet eloquent examination of the genesis and nurturance of long-lived friendships so vital to the experience of a rich and meaningful latter half of life. Our common text will be <u>Two Essays on Old Age and Friendship</u>, translation by E.S. Shuckburgh and published by the Leopold Classic Library. The book is available through the registration form for \$16.

This course will be conducted virtually; registration is limited to 20 participants.Friday 10:00 -11:30AMFirst Class: January 6Facilitator: Howard JacobsFee: \$15/\$18NR (6-8 Sessions)

Current Events ~ In-Person

Share your thoughts on a variety of current event topics in an informal discussionformat. Personal participation is encouraged in this interactive group.Wednesday 10:00-11:30AMFirst class: January 4Facilitator: Bill MontiFee: \$15/\$18NR (10 Sessions)

Film: Biopix ~ In-Person

For Winter 2023, we'll take a look at Biopix - Hollywood, and others, telling the stories of real people, and one horse, through the lens in two hours. Some are well known: Daniel Day-Lewis as Lincoln (winner, best actor), some not so much: Dakota Fanning as Effic Gray, a woman who defined determination. Some are almost unknown: Richard Farnsworth as Alvin Straight, a man who drove a John Deere lawn mower 260 miles in a family emergency. You get the idea.

In-Person Class:

| Section 1: Monday 1:00-4:00PM | First Class: January 9 |
|-----------------------------------|--------------------------------|
| Section 2: Tuesday 10:00AM-1:00PM | First Class: January 10 |
| Section 3: Tuesday 1:30-4:30PM | First Class: January 10 |
| Instructor: Robert Klaeger | Fee: \$30/\$36NR (10 Sessions) |

French Intermediate Continued ~ On Zoom

This is a continuation of French Intermediate with Françoise. It is also appropriate for anyone with two or three years of high school French. In addition to speaking and comprehension, the course will also stress basic grammar, reading and writing. Students should obtain *Communication Progressive du Français - Niveau Intermediaire* auteur Claire Miquel.

Tuesday 3:00-4:30PM Instructor: Françoise Lampe

First class: January 3 Fee: \$30/\$36NR (8 Sessions)

FOUNDERS HALL WINTER 2023

French Advanced ~ On Zoom

This class is for those with prior knowledge of the language or with the equivalent of four years of high school French. The emphasis will be on improving speaking fluency and expanding vocabulary. This will be achieved through discussion of current events and reading of news articles and selected French literary works. The course will also build on the basic framework of French grammar and reinforce sentence structure and pronunciation.

| Thursday 3:00-4:30PM | First class: January 5 |
|-----------------------------|-------------------------------|
| Instructor: Françoise Lampe | Fee: \$30/\$36NR (8 Sessions) |

Great Decisions ~ In-Person

Developed by the Foreign Policy Association in 1954, the Great Decisions program is the oldest and largest grassroots world affairs educational program of its kind in the country. It is designed to bring citizens of all ages together in a study group to learn more about and exchange views on foreign policy issues of vital interest to our country. The program provides a common set of materials in the form of a briefing book of readings about the selected topics and a related video featuring subject experts in order to help participants reach informed opinions on policy options. In addition, time will also be set aside during each meeting for discussion of immediate international events. The cost of the briefing book is included in the fee. Monday 10:30AM -12:30PM First Class: January 16 Facilitators: George Eggleston & Janet Andersen Fee: \$35/\$42NR (8 Sessions)

History: America 1927 ~ In-Person

Join us as we transport ourselves almost 100 years back to the Summer of 1927. The people we will read about are Charles Lindbergh, Babe Ruth, Ruth Snyder, Alvin Shipwreck Kelly, Herbert Hoover, Calvin Coolidge, Al Capone, and Al Jolson to name a few. Author Bill Bryson brings us back to an amazing season in American life. He captures the outsized personalities and exciting events in his book, <u>One Summer: America 1927</u>. The book is available via the registration form for \$16.

Class will not meet February 22.

Wednesday 3:15-4:30PM Instructor: Mike Settanni First Class: January 4 Fee: \$30/\$36NR (10 Sessions)

Iconic Buildings ~ In-Person and on Zoom

We continue to visit and explore the most extraordinary, most unusual, highest, oddest, famous, and historic buildings around the world and in the United States. We also learn about the minds of the great architects who conceive of and design their original structures.

| Instructor: Toni McKeen | First Class: January 4 |
|-------------------------------------|--------------------------------|
| Section 1 Wednesday 10:30AM-12:00PM | Fee: \$30/\$36NR (10 Sessions) |
| Section 2 Wednesday 1:00-2:30PM | Fee: \$30/\$36NR (10 Sessions) |

Investments Discussion ~ In-Person

Designed to be an interactive discussion of investment topics, this ongoing series of seminars will provide helpful information on investment resources and review general investment principles. In addition, discussion will be focused on current developments and their direct impact on stock, bond, mutual fund and other investment vehicles. Your thoughts and questions will be welcomed. Some elementary level of investment knowledge is helpful. Class will meet January 3, 17 and 31; February 14 and 28; and March 14.

Tuesday 10:00-11:00AMFirst Class: January 3Facilitator: Arthur LevineFee: \$10/\$11NR (6 Sessions)

Italian: Beginners Continuing ~ In-Person

This continuing class is for those with knowledge of Italian. The emphasis will be onspeaking, but there will be some focus on grammar, reading and writing.Monday 9:00-10:30AMFirst Class: January 9Instructor: Lisetta FarrisFee: \$40/\$48NR (10 Sessions)

Italian: Continuing ~ In-Person

For those who have taken Beginners Italian or have a prior knowledge of the language, the emphasis will be on speaking, with some focus on grammar, reading and writing. The Level 4 class is mainly for conversation, reading articles/books and of course some grammar. These are good classes for those planning a trip to Italy or for those who just want to experience the beauty of the Italian language.

Level 3 Monday 10:30AM-12:00PM Level 4 Monday 12:00-1:30PM Instructor: Lisetta Farris First Class: January 9 First Class: January 9 Fee: \$40/\$48NR (10 Sessions)

FOUNDERS HALL WINTER 2023

Meditation and Bringing Contentment to Life ~ In-Person

Meditation is often presented as a means to manage the stress of daily life. But it does much more: meditation can also bring out the best that life offers. In class, we'll explore how contentment and well-being can be found in every moment, even difficult ones. The class includes basic meditation instruction and an introduction to contemplation practice. Contemplation is a tool that we can use to activate the richness inherent in life, such as the discovery of contentment. The class builds on last Fall's introduction to meditation, but is also suitable for newcomers.

| Friday 11:00AM - 12:30PM | First Class: February 17 |
|--------------------------|-------------------------------|
| Instructor: Peter Bancel | Fee: \$20/\$24NR (5 Sessions) |

<u>Music with Michael Lankester ~ In-Person and on Zoom</u> <u>The Gods Go A-Begging: Music and Mythology</u>

'Our music was once divided into its proper forms ... But later, an unmusical anarchy was led by poets who had natural talent, but were ignorant of the laws of music ... They infected the masses with the presumption to think for themselves ... the result was not music but a reputation for promiscuous cleverness and a spirit of law-breaking.' ~ Plato

Mythology is not a lie, mythology is poetry, it is metaphorical. It is beyond words. Mythology pitches the mind to what can be known but not told. ' - Joseph Campbell

From Prometheus and the gift of fire to Ariadne and the Golden Thread; from Ulysses, threatened by the jaws of Scylla and Charybdis, to the love between Daphnis and Chloë, and from Apollo, God of Music and Dance, to Orpheus in the Underworld... this series traces the extraordinary wealth of music that has been inspired by Ancient Greek and Roman myths.

Section 1 Thursday 10:30AM-12:00PM Section 2 Thursday 1:00-2:30PM Instructor: Michael Lankester First Class: January 5 First Class: January 5 Fee: \$30/\$36NR (10 Sessions)

Adventures in Poetry with Ira Joe

Poetry resides in each of us. In *all* of us. Our Friday gatherings will encounter three poems. We'll invite the poem into your mind. Into your heart. A poem is the sounds its words make. A poem is the effect it has upon you. From the page to the ear to the heart. To savor. To remember.

Friday 10:30AM-12:00PM Instructor: Ira Joe Fisher First Class: January 6 Fee: \$30/\$36NR (10 Sessions)

Short Story Masterpieces ~ In-Person

Enthusiastic readers will use the Shared Inquiry method for a text-based discussion of <u>40 Short Stories</u> edited by Beverly Lawn, an anthology that includes classic works by authors Hawthorne, Poe, Joyce, Woolf, Chekhov, Cheever, Baldwin, O'Connor, Oates, Atwood, Walker, and many others. The book is available through the registration form for \$42. Please note: Class will not meet February 15 or 22.

Wednesday 1:00 - 2:30PM Instructor: Louise Hazebrouck

First Class: January 4 Fee: \$30/\$36NR (8 Sessions)

Spanish Refresher ~ In-Person

These classes are for those who have taken Spanish previously or have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. <u>Spanish is Fun Book 2</u>, second edition will be used for the class. It is available through the registration form for \$34. Class will not meet February 15 or 22 or March 1.

Wednesday 1:00-2:30PM Instructor: Steve Rome First Class: January 4 Fee: \$30/\$36NR (8 Sessions)

FOUNDERS HALL WINTER 2023

Star-Crossed Lovers: Two by Shakespeare ~ In-Person

In *Othello* and *Romeo and Juliet*, Shakespeare once again explores the nature of love, how and why it might thrive or fail, and the effects of individuals and communities on lovers. Each play presents the story of a couple, tragically doomed by fate and hate, who are 'star-crossed' and 'who love not wisely but too well.' In addition, these plays pose questions about loyalty, vengeance, and prejudice and about the ways in which forces external to lovers can act to thwart them.

Class will not meet January 12, February 9 or March 9.

Thursday 3:15-4:45PM Instructor: Maggie Seligman First Class: January 5 Fee:\$30/\$36NR (8 Sessions)

Writing: A Shared Experience ~ In-Person

This collegial group of writers meets weekly to share short pieces of prose and poetry. The aim is to improve writing through the constructive criticism of fellow members of the group.

Tuesday 10:00AM-12:00PM Class Directed

First Class: January 3 Fee:\$15/\$18NR (10 Sessions)



We the People ~ In-Person

The first three words of the preamble to the U.S. Constitution immediately differentiate this document from all those declarations of rights that had come before it. Who were the men, that are now referred to as the Framers of the Constitution? What were their main concerns and how do they echo today in our lives, over 230 years later? Why did they pick our form of government? Why even before the ink was dry on the main Seven Articles of the Constitution, did they feel the need to add the first ten amendments, known today as the Bill of Rights? What were the driving forces behind future important amendments?

We will first review the main body of the original seven articles. Each will be reviewed with an eye toward their interpretation then and now. We will investigate the rather arcane institution known as the electoral college. The rules of the Senate, which are nowhere in the constitution yet impact our lives, will also get a closer look.

We will also review some of the key rights bestowed in the U.S. Constitution such as freedom of speech, freedom of religion, the right to bear arms, and the right to due process and equal protection under the law. And, observe how the application of those rights has changed over time.

The goal of our journey is not to develop a cadre of Constitutional scholars but to fulfill Thomas Jefferson's famous challenge "...a well-informed electorate is a prerequisite to democracy."

These discussions will occur over two semesters. The first eight weeks will cover the main articles of the Constitution, the rules of government. The second semester will cover the Bill of Rights and other key amendments.

For our common text, we will use The U.S. Constitution annotated by Ray Raphael available via the registration form for \$8.

Monday 1:00-2:30PM Instructor: Tom McIntyre First Class: January 9 Fee: \$15/\$18NR (8 Sessions)

Writing Workshop ~ In-Person

'We each have a story to tell. It needs to be told; it wants out. Discover your story in this writing workshop where each participant is both a teacher and a pupil. The process is joyful and rewarding, as we hone our skills and learn.' Each week, write something of your choice within two pages - an essay, memoir, poem, short story - read it in a friendly environment, and receive constructive feedback focused on clarity, grammar, punctuation, and organization of the piece. Everyone stands to gain as we sharpen our writing skills. The class will be limited to 11.

Monday 2:00-4:30PM Moderator: Anton Deiters First Class: January 9 Fee:\$15/\$18NR (8 Sessions)

Dance Program

Friday 2:05-2:50PM

Instructor: Nikki Nuut

Intro to Flamenco ~ In-Person

Have you wanted to know more about Flamenco, the beautiful and mysterious art form that hails from Southern Spain? Well, come learn by doing! Flamenco is a culture all its own, and we'll focus on the dance elements. Men and women will explore different palos (rhythms) and try their hand (and feet!) at a few. We'll begin with the simple 4-count Tangos and, when we're feeling comfortable, move on to the more complex 12-count rhythms. The course will conclude with trying out the Sevillanas, a folk dance performed all over Southern Spain in the ferie (festivals) during April every year. No dance experience necessary - just a love of learning something new. Ole!

Class will not meet January 13 or February 10.

First Class: January 6 Fee: \$30/\$36NR (7 Sessions)

Tap Dancing Beginners ~ In-Person

Learn the basics of tap dancing through music. Not only is this class great for learning tap routines, it is also a fun way to keep in shape.

| Tuesday 3:00-4:00PM | First Class: January 3 |
|------------------------------|--------------------------------|
| Instructor: Karen Casagrande | Fee: \$30/\$36NR (10 Sessions) |

Tap Dancing Continued ~ In-Person

| Continue to develop your tap dancing technique in this class with Karen. | | | | |
|--|--------------------------------|--|--|--|
| Tuesday 2:00-3:00PM | First Class: January 3 | | | |
| Instructor: Karen Casagrande | Fee: \$30/\$36NR (10 Sessions) | | | |

Zumba Gold ~ On Zoom

Zumba Gold brings exciting Latin and international dance rhythms to beginners. The easy-to-follow dances include Cha Cha, Merengue, Salsa, Cumbia, Tango, Rumba, Belly Dance and even Rock and Roll! Great for the mind, body and soul, Zumba is fun, easy, different and effective. HAVE FUN AND STAY FIT! Thursday 9:30-10:30AM

Instructor: Roxane Angotta

First Class: January 5 Fee: \$30/\$36NR (9 Sessions)

WINTER 2023 REGISTRATION

Here are the steps for paper registration:

- 1. Read the course book and select programs.
- 2. Complete the form on pages 15 19 indicating your contact information and the programs you want to take.
- 3. If registering for more than one person, please indicate, with initial or name, who is taking which class(es).
- 4. Total your program fees. The payment for Ridgefield residents is the first amount. The payment for non-Ridgefield residents is the second amount, designated as "NR."
- 5. Indicate your payment method:
 - Check, payable to Founders Hall. You may submit one check for your entire registration.
 - Credit card: Visa, MasterCard, Discover or American Express.

6. Mail your completed registration form and payment so that it arrives at Founders Hall by 4:30pm on Monday, December 5.

Please note: If a class you've selected is oversubscribed, we will make every effort to add additional sections. If necessary, we will conduct a random lottery to determine places in oversubscribed classes. If we are not able to accommodate your selection, we will call you and refund your payment. You will <u>not</u> hear from us if we are able to accommodate your selections. **Please note: only paid registrations will be included in any lottery.**

If you have questions or need assistance with completing the registration form, please contact Grace or Tracy.

Founders Hall WINTER 2023 Registration Form

| Member ID Number | | | | | |
|----------------------------|------------|------------|------------|------|--------|
| Name | | | | | |
| Address | | | | | |
| Phone | E-mail: _ | | | | |
| | Sign me up | Cour | se Fee | Bo | ok Fee |
| Academic Courses | | Ridgefield | Non-Ridgef | ield | |
| Book Discussion | | no fee | | | |
| Classical Wisdom | | \$15 | \$18 | | \$16 |
| Current Events | | \$15 | \$18 | | |
| Film: Biopix ~ In-Person | | | | | |
| Monday 1:00-4:00 | | \$30 | \$36 | | |
| Tuesday 10:00-1:00 | | \$30 | \$36 | | |
| Tuesday 1:30-4:30 | | \$30 | \$36 | | |
| French Intermediate | | \$30 | \$36 | | |
| French Advanced | | \$30 | \$36 | | |
| Great Decisions | | \$35 | \$42 | | |
| History: America 1927 | | \$30 | \$36 | | \$16 |
| Iconic Buildings In-Person | | | | | |
| Section 1 at FH Wed 10:30 | | \$30 | \$36 | | |
| Section 2 at FH Wed 1:00 | | \$30 | \$36 | | |
| Iconic Buildings Zoom Only | | | | | |
| Section 1 Zoom Wed 10:30 | | \$30 | \$36 | | |
| Section 2 Zoom Wed 1:00 | | \$30 | \$36 | | |
| Investments Discussion | | \$10 | \$11 | | |
| | 15 | | | | |

| Sig | n me up | Cour | se Fee | Bo | ok Fee | 2 | Art Courses | Sign me up | Course | Fee | Boo | ok Fee |
|-----------------------------------|---------|-----------------------------|--------------|------|---------------------|---|--------------------------------|------------|------------|-------------|-----|--------|
| | | Ridgefield | Non-Ridgef | ield | | | | | Ridgefield | Non-Ridgefi | eld | |
| Italian: Beginners Continuing | | \$40 | \$48 | | | | Drawing 3 - 2 - 3 | | \$40 | \$48 | | |
| Italian: Continuing 3 | | \$40 | \$48 | | | | Drawing with Graphite 2 | | \$40 | \$48 | | |
| Italian: Continuing 4 | | \$40 | \$48 | | | | Drawing Studio Workshop | | \$10 | \$12 | | |
| Meditation: Contentment | | \$20 | \$24 | | | | Drawing on Black Paper Zoom | | \$40 | \$48 | | |
| Music With Michael Lankester In I | | ¢20 | \$ 26 | | | | Drawing Supervised Study | | \$40 | \$48 | | |
| Section 1 at FH Thursday 10:30 | | \$30 | \$36 | | | | Life Drawing | | \$40 | \$48 | | |
| Section 2 at FH Thursday 1:00 | | \$30 | \$36 | | | | Oil Painting Section 1 1:30 | | \$40 | \$48 | | |
| Music With Michael Lankester Zoo | | ¢20 | ¢26 | | | | Oil Painting Section 2 3:15 | | \$40 | \$48 | | |
| Section 1 Zoom Thursday 10:30 | | \$30 | \$36 | | | | Watercolor Begin Again | | \$40 | \$48 | | |
| Section 2 Zoom Thursday 1:00 | | \$30 | \$36 | | | | Watercolor Inter/Adv 10:30 | | \$40 | \$48 | | |
| Adventures in Poetry with Ira Joe | | \$30 | \$36 | _ | . (. | | Watercolor Inter/Adv 1:30 | | \$40 | \$48 | | |
| Short Story Masterpieces | | \$30 | \$36 | | \$42 | | watercolor miter/redv 1.50 | - | ψ10 | ψ10 | | |
| Spanish Refresher | | \$30 | \$36 | | \$34 | | Liebby and Create Course | - | | | | |
| Star Crossed Lovers: Shakespeare | | \$30 | \$36 | | | | Hobby and Sports Course | | 4 | ± (= | | |
| We the People | | \$15 | \$18 | | \$8 | | Basketball Clinic | | \$35 | \$42 | | |
| Writing: A Shared Experience | | \$15 | \$18 | | | | Bridge Beginners with Experien | | \$30 | \$36 | | |
| Writing Workshop | | \$15 | \$18 | | | | Book: Bridge For Everyone | | | | | \$20 |
| | | | | | | | Bridge Intermediate/Advanced | | \$30 | \$36 | | |
| Dance Courses | | | | | | | Book: 25 Conventions | | | | | \$16 |
| Intro to Flamenco | | \$30 | \$36 | | | | Bridge Assisted Play | | no fee | | | |
| Tap Dancing Beginning | | \$30 | \$36 | | | | Cooking Tuesday, January 24 | | \$12 | \$15 | | |
| Tap Dancing Continued | | \$30 | \$36 | | | | Cooking Wednesday, January 2 | 25 🗖 | \$12 | \$15 | | |
| Zumba Gold | | \$30 | \$36 | | | | Founders Hall Singers | | No fee | | | |
| | | | | | | | Duplicate Bridge | | | | | |
| On the Road Trips | _ | <i>† (2)</i> | 4 – - | | | | Monday | | \$15 | \$18 | | |
| Salem Witches at NYHS | | \$63 | \$75 | | | | Partner (if any): | | | | | |
| Special Events | | | | | | | Friday | | \$15 | \$18 | | |
| Billiards Singles Tournament | | \$8 | \$10 | | | | Partner (if any): | | | | | |
| | | | | | | | (| | | | | |

Sign me up Course Fee

Course Fee Database

\$20

Ridgefield Non-Ridgefield

ACBL Sanctioned Duplicate Bridge E-mail debsslam@gmail.com.

| Genealogy | | | |
|---------------------------------|---|------|------|
| Adv Beg Genealogy Tues 2:30 | | \$40 | \$48 |
| Adv Beg Genealogy Thur 11:30 | | \$40 | \$48 |
| Intermediate Genealogy 9:30 | | \$40 | \$48 |
| Advanced Genealogy 2:30 | | \$40 | \$48 |
| 2023 Calendar Year Database Fee | | | |
| Genealogy Book Project 10:30 | | \$40 | \$48 |
| Knitting and Crocheting | | \$30 | \$36 |
| Piano Lessons | | | |
| Beginner | | \$30 | \$36 |
| Beginner Repeat | | \$60 | \$70 |
| Advanced Beginner | | \$60 | \$70 |
| Pickleball Beginning | | \$30 | \$36 |
| Pickleball Continuing | | \$30 | \$36 |
| Pickleball Ladder Play | | \$30 | \$36 |
| Quilt and Sew | | \$40 | \$48 |
| | | | |
| | | | |
| Technology Courses | _ | | |
| Google Docs | | \$30 | \$36 |

Google Docs \$30 \$36 iPhone \$30 \$36 Photoshop Level 3 \$30 \$36 Photoshop Workshop \$36 \$30

Before you register, consider this... Although your class fee may be just \$30, it actually costs Founders Hall \$90 to provide that class to you. How can we offer such a discount? Because members like you *donate* to Founders Hall in addition to paying program fees. That's the ONLY way we can continue to offer low-cost, life-long learning.

Payment

| Total Program Fees: | \$ |
|---------------------|--|
| Donation: | \$ |
| Total Enclosed: | \$ |
| Payment Method | |
| 1 | ayable to Founders Hall check for your entire registration. |
| Cash (hand-deliv | ered) |
| Credit Card (Visa | a, Mastercard, Discover or American Express) |
| Card number: | |
| Exp. date: | cvc: Zip Code |

On the Road Program

The following trip will depart from Pond's Edge Executive Park, 901 Ethan Allen Highway (Route 7). The executive park is south of the intersection of Routes 35 and 7. Please enter through the south entrance, which is near Ace Tire and across the street from Ridgefield Self-Storage. There is a sign that says 'Medical and Professional Park' at the entrance. Founders Hall staff will direct you to a parking spot from there.

You must have pre-arranged transportation to and from the bus.

The bus will leave promptly at the assigned time. We are not able to wait for any late arrivals, no exceptions. Masks are required when getting on and off the bus. Once seated, they may be removed.

The Salem Witch Trials at the New York Historical Society

Even after 300 years, Salem's witch trials remain a defining example of intolerance and injustice in American history. The extraordinary events of 1692-3 led to the deaths of 25 innocent people, the vast majority of whom were women. Organized by the Peabody Essex Museum, *The Salem Witch Trials: Reckoning and Reclaiming* includes tangible fragments from the past that illuminate the real lives of Salem's residents: those accused of witchcraft, their accusers, and those who defended them against legal charges, risking their own lives and reputations in the process. The exhibition seeks to ask: In moments of injustice, what role do we play?

We will have a guided tour of the exhibit and time to explore the museum. Lunch is available for purchase at the Parliament Cafe in the museum, a quick-service option for prepackaged salads, sandwiches, pastries, and coffee/tea.

Tuesday, January 17

8:30AM-5:30PM

Fee: \$63/\$75NR

FOUNDERS HALL WINTER 2023

Seminar Series

| Varian Fry, Connecticut Hero | | | | |
|---|--|-----------|--|--|
| Rita Frost | Friday, January 20 | | | |
| Get to Know Ridgefield: So LoWV and Tony Phillips | cial Services Friday, January 27 | 1:00PM | | |
| , I | Thuay, January 27 | 1.001 101 | | |
| Peripheral Neuropathy Dr. Brittny Howell | Friday, February 24 | 1:00PM | | |
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Special Events

Billiards Singles Tournament

| Sponsored by Ridgefield | Station | |
|-------------------------|-----------------------------|---------|
| \$8/\$10NR | Tues & Wed, Jan. 31 & Feb 1 | 10:00AM |

Founders Fridays

| Raid the Root Cellar Tasting Sponsored by Comfort Keepers | Friday, January 13 | 2:00-3:30PM |
|--|---------------------------------------|-------------|
| Superbowl PreGame Sponsored by Ridgefield Station | Friday, February 10 | 2:00-3:30PM |
| Around the World Tasting Sponsored by The Greens at Cannondale a | Friday, March 10 nd Wilton Meadows | 2:00-3:30PM |

New Member Welcome Coffees

Sponsored by The Greens at Cannondale and Wilton Meadows

| Monday, December 5 | 10:30-11:30AM |
|--------------------|---------------|
| Tuesday, March 14 | 10:30-11:30AM |

Art Program

Sponsored by the Anna-Maria and Stephen Kellen Foundation

Drawing 3-2-3 ~ Deconstructive and Re-Constructive Freehand Drawing (predominantly graphite pencil) ~ In-Person

An homage and genuflect to Cooper Union's 'Freehand Drawing' professor, Irwin Rubin, this course will focus on developing a better understanding of visualizing and drawing three dimensional objects. The 3-2-3 process involves deconstruction (deletion) of the 3-rd dimension in observation of 3D shapes, learning to flatten and draw them in 2 dimensions (silhouette / knock-out format), and then adding back the 3-rd dimension. The ultimate result is a deeper grasp of the principles of perspective in art.

Class participants will be limited to 8. Tuesday 10:30AM-12:00PM Instructor: Moki Kokoris

First Class: January 10 Fee: \$40/\$48NR (8 Sessions)

Drawing With Graphite Session II ~ In-Person

Although having taken Session I is helpful, it is not a prerequisite. This session will expand on what was covered in Session I by providing more detailed instruction, including 'drawing' with an eraser and a special impressing tool. More time will be devoted to classroom drawing for those who wish to practice and hone newly learned techniques.

Class participants will be limited to 8. Tuesday 1:00-2:30PM Instructor: Moki Kokoris

First Class: January 10 Fee: \$40/\$48NR (8 Sessions)

Drawing Studio Workshop ~ In-Person

This studio time affords an opportunity to work with like-minded colored pencil artists.

Monday 2:30-4:30PM Instructor: Open Session First Class: January 9 Fee: \$10/\$12NR (10 Sessions)

FOUNDERS HALL WINTER 2023

Drawing On Black Paper ~ Via Zoom

In this Zoom course, we will explore best methods of achieving the brightest and most vibrant colors in drawings on black paper. Individual topics covered will include: choosing what to draw, composing a scene with intense light and dark shadows for strong contrast, adjustment of pencil colors, layering, values, etc.

This course is better suited for artists who have rudimentary experience with colored pencils but all skill levels are welcome.

Materials: Black drawing paper (Canson XL 92 lb or similar) and a set of wax-based colored pencils, including white and black (Prismacolor or similar)

| Wednesday 1:30-3:00PM | First Class: January 11 |
|--------------------------|-------------------------------|
| Instructor: Moki Kokoris | Fee: \$40/\$48NR (7 Sessions) |

Drawing: Supervised Study with Moki ~ In-Person

Independent supervised study for both colored Pencil and/or Graphite drawing and an occasional surprise 'Inspirational Seminar'*.

You ask? We deliver! Individualized guidance for colored pencil drawing (from past courses: birds, botanicals, animals, etc.) and /or drawing with graphite. Assistance with composition, techniques, choosing paper colors, adding backgrounds, etc.

*'Inspiration seminars' (i.e. silverpoint). The goal is to add kindling to the fire in your artistic bellies.

Tuesday 3:00-4:30PM First Class: January 10 Instructor: Moki Kokoris Fee: \$40/\$48NR (8 Sessions)

Life Drawing ~ In-Person

Students work each week from a live model. During the last half-hour, peers will critique each others work. A model fee, based on the number of students in the workshop, will be collected at the first class.

Wednesday 10:00AM-12:00PM Instructor: Donatella Gagliano

First class: January 4 Fee: \$40/\$48NR (10 Sessions)

Oil Painting Section 1 ~ In-Person

For experienced or beginner artists, this course will cover painting techniques, color mixing, composition and painting styles as well as varied painting subjects - still life, landscape, portrait and figures. The art studio atmosphere is coupled with art direction and guidance and freedom to experience new things. Canvas fee is \$3.

Wednesday 1:30-3:00PMFirst Class: January 4Instructor: Bonnie WeberFee: \$40/\$48NR (10 Sessions)

Oil Painting Section 2 ~ In-Person

For experienced or beginner artists, this course will cover painting techniques, color mixing, composition and painting styles as well as varied painting subjects - still life, landscape, portrait and figures. The art studio atmosphere is coupled with art direction and guidance and freedom to experience new things. Canvas fee is \$3.

Wednesday 3:15-4:45PMFirst Class: January 4Instructor: Bonnie WeberFee: \$40/\$48NR (10 Sessions)

Watercolor: Begin Again ~ In-Person

Has it been a while since you painted? Do you want to get better at watercolor? Or, do you want to LEARN the art of watercolor? Tina will teach basic art techniques - composition, color, value, and texture which you will practice in each class. Or use this time to do your own thing! Just come paint!

Priority will be given to those not enrolled in another watercolor class.

Friday 10:30AM-12:30PM Instructor: Tina Phillips First Class: January 6 Fee: \$40/\$48NR (6 Sessions)

Intermediate to Advanced Watercolor ~ In-Person

This class is for experienced watercolorists only - with all their own equipment. Tina will provide a demonstration of a technique, then assist with application of it in a group painting session. As always, the 2 hour class time may be used for your own personal painting.

Section 1 Thursday 10:30AM-12:30PM Section 2 Thursday 1:30-3:30PM Instructor: Tina Phillips First Class: January 5 First Class: January 5 Fee: \$40/\$48NR (6 Sessions)

FOUNDERS HALL WINTER 2023

Hobby and Sports Program

The Hobby and Sports Program is sponsored by The Wadsworth Russell Lewis Trust Fund, Ridgefield Parks and Recreation and Ridgefield Thrift Shop

Basketball for Fun Clinic ~ In-Person

Want to feel like a kid again? Then consider joining the men and women of the "Seniors on the Ball" basketball team. Why join? It's a fun way to work on your balance, coordination and flexibility. We exercise, do drills and yes, the last 20 minutes or so of the session, we play a controlled, senior type of basketball on a reduced size court. As an added bonus, you will get to know some of the nicest people in Founders. No experience necessary, just a fun loving spirit. Team members are in their 70s, 80s, no one in their 90s yet. Class meets in the gym at Parks and Recreation. Class will not meet February 22.

| Wednesday 1:15-2:15PM | First class: January 4 |
|------------------------------------|-------------------------------|
| Coaches: JoAnn Cali and Jim Arcuri | Fee: \$35/\$42NR (9 Sessions) |

Bridge: Beginners With Experience/Skills ~ In-Person

This class is intended for two groups of students:

1) as a continuation for those who have recently taken a True Beginners class at Founders Hall or elsewhere and 2) a refresher for those who have played bridge before but feel "rusty" about their current skill level.

The class will be based on 5 card Majors, Standard American and will continue to employ the Beginners textbook: *Bridge for Everyone* by Crisfield, available through the registration form for \$20.

Class will not meet January 26.Thursday 9:30-10:30AMFirst class: January 5Instructor: Mike HessFee: \$30/\$36NR (9 Sessions)

Bridge: Assisted Play

Experienced players will be available to assist play and answer questions.Wednesday 10:00AM-12:00PMFirst Class: January 4Coaches: J. Clark, D. Thornton, C. VazzanaNo Charge

Bridge Intermediate / Advanced ~ In-Person

This class is for experienced players who want to improve their bidding, declarer play, and defense to the next level. We'll focus on 2/1 Game Force, supplemented by Standard American bidding based on five-card majors and will cover important basic conventions, like Blackwood, Stayman, and transfers. Then we'll build upon that knowledge and learn more about competitive conventions, like Michaels, Splinters, Jacoby 2NT, Negative Doubles, Roman Key Card Blackwood and New Minor Forcing. The class will also cover advances in defensive play: what to discard, giving count, and how to use suit preference signals. Comprised of short classroom lectures followed by the bidding and play of real bridge hands, this class is for players who are ready for more complex play. Recommended texts: Bridge for Everyone, D. W. Crisfield (\$20), and 25 Bridge Conventions You Should Know, Seagram and Smith (\$16) are both available through the registration form.

| Class will not meet January 26. | |
|---------------------------------|-------------------------------|
| Thursday 11:00AM-12:00PM | First class: January 5 |
| Instructor: Mike Hess | Fee: \$30/\$36NR (9 Sessions) |

Cooking with the Staff: Soups and Casseroles ~ In-Person

Nikki and Grace will share recipes, tips and techniques.

Section 1: Tuesday, January 24 Section 2: Wednesday, January 25 Instructor: Founders Hall Staff

11:00AM-1:00PM 11:00AM-1:00PM Fee: \$12/\$15NR (1 Session)

Duplicate Bridge ~ In-Person

Enjoy bridge playing the same hands as other pairs (duplicate). This approach will challenge your skill regardless of 'luck of the deal.' If you are registering with a partner, please include your partner's name on the registration form. This class is limited to 62 participants. Pre-requisite for Duplicate Bridge is proficiency with duplicate bridge rules and play.

| Section 1 | Monday | 10:00AM-12:30PM | First Class: January 9 |
|-------------|--------------|-----------------|--------------------------------|
| Section 2 | Friday | 10:00AM-12:30PM | First Class: January 6 |
| Director: B | ob Kimerling | | Fee: \$15/\$18NR (10 Sessions) |

FOUNDERS HALL WINTER 2023

ACBL Sanctioned Duplicate Bridge ~ ONLINE at www.bridgebase.com (BBO)

This is Founders Hall's ACBL sanctioned duplicate bridge which is perfect for anyone wishing to play and earn masterpoints (MPs) from home (yes, in your pjs!). Players with fewer than 750 MPs, of all abilities are welcome.

These games support Founders Hall and are held online every Thursday at 4:00pm. We play 18 boards and provide about two hours of fun. The cost is \$6.00 per player per game.

Please email Director Debbie Thornton to get started (you will need to obtain a free ACBL#) and she'll help you get set up and accustomed to both ACBL and BBO. She can provide free online practice sessions. Then you'll be ready to register, with your partner, for our games at www.bridgebase.com anytime within two hours of game time.

You can reach Debbie Thornton at: debsslam@gmail.com or text her on game day at (203)648-0241.

| Thursday 4:00-6:00PM | On-going |
|--------------------------------|-------------------------------|
| ACBL Director: Debbie Thornton | Fee per game: \$6 paid online |

Genealogy ~ In-Person

Gathering information about one's family is one of America's biggest hobbies. The various course levels range from the basics of census and immigration research through more advanced research techniques, and finally putting it all together in a wonderful book with documents, photos and stories.

Completion of Beginning Genealogy is a prerequisite for the following classes. Please check with Toni regarding correct class placement.

| Advanced Beginning Genealogy | Tuesday | 2:30-4:30PM |
|------------------------------|--------------------------------|----------------|
| Advanced Beginning Genealogy | Thursday | 11:30AM-1:30PM |
| Intermediate Genealogy | Thursday | 9:30-11:30AM |
| Advanced Genealogy | Thursday | 2:30-4:30PM |
| Instructor: Toni McKeen | First Class: January 3/5 | |
| | Fee: \$40/\$48NR (10 Sessions) | |

Annual Database Fee: \$20 - required from all Genealogy students registering for a 2023 Genealogy class this semester.

Genealogy Book Project ~ In-Person

For those of you who have been researching your genealogy, this course gives you the opportunity to focus on one relative and write their story using charts, records, photos, and family stories.

| Monday 10:30AM-12:00PM | First Class: |
|-------------------------|--------------|
| Instructor: Toni McKeen | Fee: \$40/5 |

First Class: January 9 Fee: \$40/\$48NR (10 Sessions)

Drop-in Groups ~ In-Person

| Gardeners (March-Oct) | Third Friday | 1:00-2:30PM | Jack Hughes |
|-----------------------|--------------|-----------------|-------------|
| Quilting Group | Tuesdays | 2:00-4:00PM | |
| Weaving | Wednesdays | 10:00AM-12:00PM | Sandy Hurd |

Founders Hall Singers ~ In-Person

This singing group meets once a week to work on a variety of music. New members are welcome.

Director: Daniela Sikora Monday 12:30-1:30PM No Charge

Knitting and Crocheting ~ In-Person

Work on the project of your choice, meet other knitters and crocheters, be inspired by your classmates' projects, troubleshoot problems, get important hints and tips along with a discount at a local store. You can learn a new skill or technique, cure your 'finishing phobia,' bring a 'show and share' or start from the beginning. This is a large class, so bring ample patience.

Tuesday 1:15-3:15PM Instructor: Jo Ann Brown

First Class: January 3 Fee: \$30/\$36NR (10 Sessions)

Piano Lessons ~ In-Person

These classes are limited to seven students. Schedule is subject to change.Beginner*Thursday 12:15-1:15PMFee: \$30/\$36NR (10 Sessions)Adv. BeginnerThursday 11:00AM-12:15PMFee: \$60/\$70NR (10 Sessions)Instructor:Ed KadziewiczFirst Class: January 5*Fee to repeat Beginning Piano Class: \$60/\$70NR

FOUNDERS HALL WINTER 2023

Pickleball - Beginners ~ In-Person

Pickleball is a blend of tennis, badminton and ping pong. Pickleball is a great way to meet new people and play a game that is right for a variety of skill levels and ages. It is a fun, easy sport to learn! Come swing a paddle with us and enjoy one of the fastest growing sports in America. Class will meet at the Parks and Recreation Center gym.

Class will not meet January 12 or February 23.

Thursday 12:15-1:15PMFirst Class: January 5Instructor: Tom McIntyreFee: \$30/\$36NR (8 Sessions)

Pickleball - Continuing ~ In-Person

This class is intended for those who have been through the beginners class and wish to further their skill level. Class will meet at the Parks and Recreation Center gym.

Class will not meet January 12 or February 23.

| Thursday 1:30-2:30PM | First Class: January 5 |
|--------------------------|-------------------------------|
| Instructor: Tom McIntyre | Fee: \$30/\$36NR (8 Sessions) |

Pickleball: Ladder Play ~ In-Person

Test your pickleball skills as part of an informal ladder league. Players registering for the session will be randomly placed on a ladder and grouped with three other players for matches to be played each Friday. Players move up and down the ladder based on their game results. A fun way to practice pickleball with similarly skilled players. Class meets at Parks and Recreation Center gym.

Class will not meet February 17 or 24.

| Friday 12:00-2:30PM | First Class: January 6 |
|--------------------------|-------------------------------|
| Instructor: Tom McIntyre | Fee: \$30/\$36NR (9 Sessions) |

Quilting and Sewing ~ In-Person

This class will be a combination of quilting and/or sewing. Continue your quilting journey or learn to use a sewing machine from the very start, read a pattern, begin to make garments or simple home decorating items or refresh your sewing skills. General sewing supplies needed for both mediums. Class is limited to 10.

Tuesday 11:00AM-1:00PMFirst Class: January 3Instructor: Jo Ann BrownFee: \$40/\$48NR (10 Sessions)

Phone, Camera, Photos and Albums, Calendars, Security, iCloud and Backups, the Internet, FaceTime, Email, Apps and Texting, This class ONLY covers Apple

the Internet, FaceTime, Email, Apps and Texting. This class ONLY covers Apple phones and not any other brand/manufacturers' devices. You must have an iPhone model 8 or higher. Also, you must be on a current version of the Operating System. Any version that starts with a '16' or higher will be fine.

iPhone Beyond Beginner to Intermediate ~ In-Person

functions. Topics include: Phone Buttons, Icons and Symbols, Contacts, Using the

This is a beyond beginner to intermediate class covering many important iPhone

FOUNDERS HALL WINTER 2023

Google Docs ~ In-Person

Google Docs is a free, user-friendly, cloud-based application for creating, editing,

and sharing word processing documents. Files can be accessed from any computer

with an internet connection. Google Sheets, a spreadsheet application, will be

introduced. To access Google Docs and Sheets, you will need to set up a free gmail account BEFORE coming to class. Please bring your gmail password to log

Because this is a beyond beginner/intermediate class we assume you already understand and can use some of the basic phone functions: how to use the phone and add contacts, send and receive emails and take pictures with the camera. If you do not know how to do these basic functions, this class might prove too challenging.

Wednesday 10:30AM-12:00PM Instructor: Michele Schor and Steve Fox

Technology Program

on to your gmail at Founders Hall.

Wednesday 3:00-4:30PM

Instructor: Anita Vallee

First Class: January 4 Fee: \$30/\$36NR (8 Sessions)

First Class: January 4

Fee: \$30/\$36NR (10 Sessions)

<u>Open Tech Lab</u>

Need help with computer classes or electronic devices? A volunteer will be in the Computer Lab on many Fridays from 2-4PM to answer questions and assist you. Please sign up at the front desk by 4:30 on the Thursday before attending. Fridays 2:00-4:00PM. No fee

FOUNDERS HALL WINTER 2023

Photoshop Level 3 ~ In-Person

This class continues from Photoshop Level 2 by mastering some of the more creativetools and great special effects possible with the program.Students must have taken Photoshop Levels 1 and 2 as a requirement for this class.Tuesday 1:00-2:30PMFirst Class: January 3Instructor: Toni McKeenFee: \$30/\$36NR (10 Sessions)

Photoshop Workshop ~ In-Person and on Zoom

This course is offered to those who have taken Photoshop 3. Now use your skills to work on your own photos with guided help.

Tuesday 10:30AM-12:00PMFirst Class: January 3Instructor: Toni McKeenFee: \$30/\$36NR (10 Sessions)

Founders Hall Foundation, Inc. 193 Danbury Rd. Ridgefield, CT 06877

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