

FOUNDERS

celebrating
20
years!

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Making the Best of Every Day

FORUM

MAY 2022

A Message from Grace:

Spring is always a good time for a fresh start and we're going to do just that this month. Our Annual Meeting takes place on the 10th, and we love seeing what progress we have made in the last year and where we are going. Annual Meetings are open to our members if you're interested in reports from the board and management, followed by a catered lunch.

With the spring semester underway, we love the energy in the building. The sound of Italian, piano, and singing fill our hallways! Don't miss our exciting upcoming events, and don't forget to mark your calendars for our anniversary celebrations: The Garden Party on June 23rd and Oktoberfest on October 1st.

Check out our special section of Founders Forum every month to see a highlight celebrating 20 years.

HIGHLIGHTS

- MAY 10 Founders Hall Annual Meeting
- MAY 12 Book Discussion: Gingerbread by Helen Oyeyemi
- MAY 13 Game Show Tea
Sponsored by RVNAhealth
- MAY 20 Seminar Series: Go For Broke: Japanese Americans in the US Military During World War II
Presented by Nancy Beck
- MAY 25 Fitness Day
Sponsored by Nuance Health
- MAY 30 Closed for Memorial Day

NEWS AND UPDATES

GAME SHOW TEA on MAY 13 2:00

Come spin the wheel! Join us for Wheel of Fortune on May 13th. If you are interested in being a contestant, please reach out to Nikki at: nicole@Founders-hall.org. Thank you to our sponsor, RVNAhealth.

SEMINAR SERIES on MAY 20 at 1:00

Join us for this educational and fascinating seminar, Go for Broke: Japanese Americans in the US Military During World War II. Presented by Nancy Beck, Secretary/Treasurer of Japan Society of Fairfield County.

FITNESS DAY on MAY 25 at 9:00

Sample some fitness offerings, participate in live demonstrations, and receive health screenings during this fun and interactive morning, followed by speakers on a variety of topics. Learn how to make fitness a priority with Nuance Health.

CLOSED FOR MEMORIAL DAY on MAY 30

Founders Hall will be closed for the holiday. Classes will resume on Tuesday, May 31st.



Founders Hall is a Donor-Supported Education and Recreation Center for Individuals Age 60 and Older

193 Danbury Road, Ridgefield, CT 06877 • 203.431.7000 • www.founders-hall.org • facebook: Founders Hall Ridgefield
Monday-Friday 8:30 am - 4:30 pm

RECAP

MARCH NEW MEMBER COFFEE

We welcomed new members into the building and gave them a glimpse into our programs and offerings for the first time since 2019!
Hope to see you all soon!

Thanks to our sponsor, The Greens at Cannondale and Wilton Meadows.



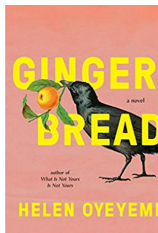
LUAU TEA

Members learned about the hula, sampled lime, coconut and pineapple goodies, and played Konane, the Hawaiian version of checkers at the Luau tea. It was a trip to Hawaii without the hassle. Thank you to our bakers: Stella Langer, Joan Giordano, Irene Brooker, Bev Wiggins, Angie Capocci, and Lorilee Palazzo.

Thanks to our sponsor, Spring Village at Danbury.



MAY BOOK DISCUSSION:



The May book is *Gingerbread* by Helen Oyeyemi.

Please join us on May 12th at 3:00.

Thank you to the Ridgefield Library for facilitating these discussions.

COMMEMORATIVE ADS AVAILABLE UNTIL MAY 15TH

Founders Hall is turning 20 in 2022! As part of this celebration, we are publishing a special twentieth anniversary fundraising event book, featuring commemorative ads.

Commemorative ads are brief messages to or about Founders Hall.

We often hear how much you appreciate Founders Hall. Here's your chance to put it in writing!

Please contact Cindy Nesbitt 203-431-7000 for more information.

YOU SHOULD KNOW

GARDEN CLUB BEGINS



The flower beds were cleaned, fresh dirt was brought in, and seeds were planted at the first meeting of the Garden Club.

Members who love to get their hands dirty bring new life to the Founders Hall's garden.

Hobby and Sports programs are sponsored in part by the Ridgefield Thrift Shop and the Wadsworth Russell Lewis Trust.

FITNESS DAY LINE UP ON MAY 25:

9:00 am-11:00am **Health Fair**

Goldstone Caregiver Center at Danbury Hospital

Stroke Prevention

Injury Prevention

Medication Management

Orthopedics

Mini Lectures

11:00 am Dr Scott Sanderson-The Treatment of Back Pain

11:30 am Dr Alan Radin-Healthy Aging

12:00 Dr. Torbet-The Benefits of Anterior Hip Surgery

12:30pm Dr. Gupta-The Latest Advances in Total Joint Replacement

Register for this free program at the front desk

Sponsored by Nuvance Health

New Members

(as of April 14)

- | | |
|---------------------|-----------------|
| Jonquit Aybin | Corey Panno |
| Karen Carroll | Sharon Pierce |
| Cathy Colby-Grauer | Ellen Roux |
| Donnalynn Gallagher | Lisa Ternullo |
| Mitch Hubsher | Diane Timmerman |
| Muriel Hubsher | Art Timmerman |
| Veena Khanna | |

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Thank you to our donors

from March 18-April 18

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Anonymous	Chris and Laurie Christiansen	Karen and Ira Gerard
Margot Anrico	Joseph P. Cleary	Richard Gillespie ^
Phyllis Appel	Cathy Colby-Grauer	Roger Gilson
Josh and Jessica Auerbach	Virginia Collier	Carol and Ron Giustino
Frida Avidon	Steve Conner	Marie Gladstone
Richard and Chloe Ball	John and Elaine Couri °	Charlie Glassman
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Christine Boylan	Vincent Falotico ^	Carol Hanlon
Gene and Nancy Brandon	Mr. and Mrs. Ted Fedun	Lizzy Hanson
Antoinette Brennan	Connie and John Fenton	Louise and Rick Hatch
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Anne Brodginiski	Neely Johnson	Hope Heller
Gladys Brogan	Bonnie R. Fischer	Michael Herron
BG and Dale Brown	Beulah Fisher and Dr. John K. Fisher	Kathleen Holz
Kathleen and Paul Burleson	Helen and Kevin Fitzmartin	Mrs. Ruth I. Holzthum ^
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Donors from March 18-April 18 (cont'd)

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Miriam Lodieski	John and Elaine Noonan	Betty Ross
Ursula Lombardi	Deborah Norley	Ellen Ross
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Garden Party Fundraiser

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THURSDAY, JUNE 23rd 3:00-5:00pm

FOOD, DRINK, RAFFLES, FUN!

\$50/person

HONORING ELAINE & JOHN COURI AND
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Generously sponsored by:



Ridgefield Station
A SENIOR LIVING RESIDENCE (SLR)

May at the Movies

Selections may change based on availability.



mon 2	Land Edee, in the aftermath of an unfathomable event, finds herself unable to stay connected to the world she once knew, and in the face of that uncertainty, retreats to the magnificent, but unforgiving, wilds of the Rockies. After a local hunter brings her back from the brink of death, she must find a way to live again. 2020, Robin Wright, Demian Bichir	2:30pm PG-13	1hr. 29 mins.
fri 6	Silvie's Love While awaiting her fiancé's return from the Korean War, young Sylvie Johnson is working in her dad's record store when a handsome saxophonist looking for a day job saunters in and sweeps her off her feet, forever complicating her life. 2020, Tessa Thompson, Nnamdi Asomugha	2:30 pm PG-13	1 hr. 54 min
mon 9	Love in the Afternoon When she learns a man's life is threatened, Ariane Chavasse (Audrey Hepburn) -- a young cellist inexperienced in amour -- poses as a world-wise femme fatale to foil a murder plot against American playboy Frank Flannagan (Gary Cooper) in director Billy Wilder's Paris-based romance. When Chavasse's mysterious alter ego captures Flannagan's heart, he unwittingly hires her father (Maurice Chevalier), a private detective, to learn more about her. 1957, Audrey Hepburn, Gary Cooper	2:30 pm NR	2hr, 10 min
mon 16	The Assistant The Assistant follows one day in the life of Jane, a recent college graduate and aspiring film producer, who has recently landed her dream job as a junior assistant to a powerful entertainment mogul. But as Jane follows her daily routine, she, and we, grow increasingly aware of the abuse that insidiously colors every aspect of her workday, an accumulation of degradations against which Jane decides to take a stand, only to discover the true depth of the system into which she has entered. 2020, Julia Garner, Matthew MacFadyen	2:30 pm R	1hr. 27 min
fri 20	Salmon Fishing in the Yemen A sheik with a love for the sport hopes to introduce fly-fishing to the Middle East and turns to uptight fisheries expert Fred Jones for help. Buoyed by the sheik's enthusiasm (and his comely English aide), Fred sets out to achieve the impossible. 2011, Ewan McGregor, Emily Blunt	2:30 pm PG-13	1hr. 51 min.
mon 23	Here Today Veteran comedy writer Charlie Burnz forms an unlikely yet hilarious and touching friendship with New York lounge singer Emma Payge. Emma unexpectedly wins a lunch with the comedy legend, and their friendship gets off to an extremely rocky start. Before long, each finds in the other a sort of soul mate, forging a deep bond that kicks the generation gap aside. 2021, Billy Crystal, Tiffany Haddish	2:30 pm PG-13	1hr. 57 min.
fri 27	Manchester by the Sea While working as a handyman in Boston, taciturn loner Lee Chandler gets word that his brother Joe has died of a coronary. After returning to the siblings' hometown, Lee receives another shock: He's been named legal guardian of Joe's 16-year-old son. 2016, Casey Affleck, Michele Williams	2:00 pm R	2hr. 15 min.

celebrating
20
 years!

2002-2022: Founders Hall 20th Anniversary Spotlight

Over the last two decades, we've had many classes that have been so popular they have become embedded in our curriculum. Among the staples is Toni McKeen's genealogy program. Described as a way of gathering information about one's family using census and immigration research, it has evolved into a way to preserve family stories for generations to come.

Toni has been teaching genealogy since the spring of 2004 and is inspired by her students to be the best teacher she can be. "The tears of joy when someone finds a grandmother in a census... we share in each other's excitement," Toni said.

Toni credits her classes' ongoing popularity with the continuously changing technology that allows research to continue advancing. New information is constantly added, making the discoveries endless.

Bonnie Weber's oil painting, Ira Joe Fisher's poetry class, and Mike Settanni's history classes have also been extraordinarily popular, maintaining consistent enrollment for close to 2 decades. While new classes and subjects are constantly added, these classics endured.

Save the Date

TO BENEFIT FOUNDERS HALL
ON OUR 20TH ANNIVERSARY

Oktoberfest



Join us for our 20th Anniversary celebration

October 1, 2022

at 6:30 PM

193 Danbury Road

AUTHENTIC CUISINE • OPEN BAR
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Sponsorships Still Available



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