



FOUNDERS HALL

Winter 2018

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INTRODUCTION

Information

Hours: Monday / Wednesday / Friday, 8:30AM-4:30PM
Tuesday / Thursday, 8:30AM-8:30PM
Address: 193 Danbury Road, Ridgefield CT, 06877
Phone: 203-431-7000
Email: foundershall@founders-hall.org
Web: www.founders-hall.org
Facebook: Founders Hall Ridgefield

Sponsors

Our special thanks to the generous sponsors who help us keep class and program fees at a minimum:

Academic Program:

Rudy and Sally Ruggles
Nick and Anita Donofrio
Philip and Christine Lodewick

Fitness Program:

Paul and Johanna Laszig Trust
Barker Welfare Foundation

Hobby & Sport Program:

Ridgefield Parks and Recreation
The Wadsworth Russell Lewis
Trust Fund

On the Road Program:

Ridgefield Professional Office Complex

Social Events:

Bethel Health Care
Dimitri's Diner
The Greens at Cannondale and
Wilton Meadows
Home Instead Senior Care
Laurel Ridge Health Care Center
M & T Bank
RVNA

Closing and Cancellation

Founders Hall closings for inclement weather will be posted on:

www.founders-hall.org
Facebook: Founders Hall Ridgefield
WFSB (channel 3)
WTNH (channel 8)

Programs are subject to change and/or cancellation.

Online Registration

You can now register and pay for semester programs online, which is simple, secure and convenient. It not only makes registration easier for you, it dramatically streamlines the process for staff, and over time, it will reduce the cost of printing and mailing course books, all of which will leave more time and money for programming.

How to Register Online

Log into your Community Pass account and simply follow the prompts to review the programs, make your choices and complete the registration. You can securely pay electronically (with a small processing fee added to the total), or you can choose to pay by check or cash.

If you have NOT activated a Community Pass account, please email Tracy Dubin (tracy@founders-hall.org). She will send you a log-in user name and password so you can take advantage of online registration for winter semester.

If you don't use email or would like some guidance in using on-line registration, please see Tracy or Grace for help.

If you prefer to use paper

Complete the form on pages 17 -22 and mail or drop it off with payment.

Whether You Register Online or On Paper

Winter semester programs begin on Tuesday, January 2. Programs are subject to change and/or cancellation.

If more people are interested in a class than there are available spaces, we will use a random lottery to assign places. **All PAID registrations received by 4:30 pm on Monday, December 4** will be included in any necessary lotteries. If there is not space for you in a class, we will notify you and refund your payment. No news is good news. You will not hear from us if we are able to enroll you as requested.

Fitness Registration

The registration for 2018 fitness classes began October 17, 2017. Please call Tracy Dubin regarding class availability.

WINTER 2018 CALENDAR

- December 1.....Christmas Tea
sponsored by Laurel Ridge Health Care Center
- December 4.....New Member Coffee
- December 4..... Winter 2018 Registrations Due
- December 6..... Holiday Parties
sponsored by Home Instead Senior Care
- December 8.....Eight Ball Challenge
- December 25 & 26 Closed in Observance of Christmas
- January 1..... Closed in Observance of New Year
- January 2..... Winter Semester Begins
- January 12.....Tea: Welcome to 2018
sponsored by RVNA
- January 19.....Seminar: Finding Information on the Internet
- January 23..... Trip: Metropolitan Museum of Art
- January 25.....Spaghetti Dinner and a Movie
sponsored by Bethel Health Care and Dimitri's Diner
- January 26.....Seminar: Interventional Pain Management
- February 6 & 7 Billiards Singles Tournament
- February 9.....Tea: Winter Olympics
sponsored by The Greens of Cannondale/Wilton Meadows
- February 16 Seminar: Michael's Musings
- February 23 Seminar: How to Stay Healthy While Traveling Abroad
- March 9Sampling: St. Patrick's Day Soda Bread
sponsored by Home Instead Senior Care
- March 12New Member Coffee
- March 12Spring Semester Registrations Due
- March 26Spring Semester Begins
- March 28 Trip: A Chorus Line at WBT
- March 30 Closed in Observance of Good Friday

FOUNDERS HALL WINTER 2018

Academic Program

*The Academic Program is generously sponsored by
 Rudy and Sally Ruggles,
 Nick and Anita Donofrio
 and Philip and Christine Lodewick*

20th Century Women Who Made a Difference

In the 20th century, many women, with newly gained influence, helped to change the world for the better. These pioneering women in their varied fields as rulers, scientists, fashion, and the arts, used their intelligence, their determination, and their new found strengths to benefit all of us. This is Part 2 of the series on famous women.

Instructor: Toni McKeen	First Class: January 3
Section 1 Wednesday 10:30AM-12:00PM	Fee: \$30/\$36NR (10 Sessions)
Section 2 Wednesday 1:15-2:45PM	Fee: \$30/\$36NR (10 Sessions)

AARP Smart Driver Course

Founders Hall sponsors this course, which will familiarize drivers with new traffic laws and regulations, new roadways, changes and updates on cars, safety procedures and tips, and adapting to driving as you get older. These four-hour classes, held at Ridgefield Crossings, are scheduled for January 16, March 20, May 15, July 17, September 18, November 20, 2018. Check with your auto insurance company, as rates may be reduced after completion of the course. Because New York State mandates a six-hour course and Connecticut mandates a four-hour course, NY residents must check with their insurance company regarding approval before enrolling for any of the Ridgefield classes.

Call William Van Hall at (203) 748-2344 for registration and more information.

FOUNDERS HALL WINTER 2018

Academic Program (continued)

The Art of Writing

Calling all writers! Come join a phenomenal group of your peers in this class. Whether you are a novice or advanced writer, interested in fiction, memoir, or poetry, there is something here for you. Members of the group will write, revise, share their work and have fun in a supportive environment. Each week, the instructor will offer in-class writing opportunities, prompts and ideas for take-home writing, and lead constructive critiques.

Tuesday 10:30AM-12:00PM First Class: January 2
Instructor: Cheryl Panosian Haddad Fee: \$30/\$36NR (10 Sessions)

Book Discussion

Join your friends, new and old, for a monthly book discussion. Books may be available at the front desk.

January 11 The Remains of the Day by Kazuo Ishiguro

February 8 Circle the Sun by Paula McLain

March 8 Hidden Figures by Margot Lee Shetterly

Thursday 3:00-4:30PM

Facilitator: Mary Rindfleisch of Ridgefield Library No Charge

Current Events

Share your thoughts on a variety of current event topics in an informal discussion format. Personal participation is encouraged in this interactive group.

Wednesday 10:00-11:30AM First class: January 3
Facilitator: Bill Monti Fee: \$12/\$15NR (10 Sessions)

Four More by Hitch

Bob Klaeger rounds out his Alfred Hitchcock screenings with four more from Hitch: 'The Lodger'-the silent that made him as a director; 'Rebecca,' his first US movie; 'Rope,' the most experimental movie he made; 'To Catch a Thief,' starring Cary Grant, Grace Kelly, and the Riviera.

Instructor: Robert Klaeger First Class: February 13
Section 1 Tuesday 9:30AM-12:30PM Fee: \$25/\$30NR (4 Sessions)
Section 2 Tuesday 1:00-4:00PM Fee: \$25/\$30NR (4 Sessions)

FOUNDERS HALL WINTER 2018

French Beginners

This class is for those with little or no previous experience with French. You will pick up the fundamentals of conversational French whether your goal is to prepare for travel to France or Quebec or achieve personal enrichment. In addition to speaking and comprehension, the course will also stress basic grammar, reading and writing. Barron's Learn French the Fun and Fast Way by Elisabeth Bourquin Leete is recommended for the class. It may be purchased through the registration form for \$24.

Friday 9:00 - 11:00AM First class: January 5
Facilitator: Françoise Lampe Fee: \$30/\$36NR (6 Sessions)

French Advanced Beginners

This is a continuation of French Beginners for those who completed the initial classes. It is also appropriate for anyone with a year or two of high school French. The emphasis will be on developing good communication skills, reinforcing grammar and building vocabulary.

Tuesday 2:30 - 4:30PM First class: January 2
Instructor: Françoise Lampe Fee: \$30/\$36NR (6 Sessions)

French Intermediate to Advanced

This class is for those with prior knowledge of the language or with the equivalent of three years of high school French. The emphasis will be on improving speaking fluency and expanding vocabulary. This will be achieved through discussion of current events and reading of news articles and selected French literary works. The course will also build on the basic framework of French grammar and reinforce sentence structure and pronunciation.

Friday 1:30 - 3:30PM First class: January 5
Instructor: Françoise Lampe Fee: \$30/\$36NR (6 Sessions)

FOUNDERS HALL WINTER 2018

Academic Program (continued)

Great Books, Great Discussions

Enthusiastic readers will use the Shared Inquiry method for discussion of Immigrant Voices: 21st Century Stories (\$22). The selections in this anthology highlight the complex relationships of immigrants in the United States at the beginning of the twenty-first century with their families, friends, new surroundings, and home countries. Books are available through the registration form or through www.store.greatbooks.org. Please read "No Subject" by Carolina De Robertis for the first class meeting.

Wednesday 12:30 - 2:00PM

Facilitator: Howard Jacobs

First class: January 3

Fee: \$30/\$36NR (8 Sessions)

Great Decisions

Developed by the Foreign Policy Association in 1954, the Great Decisions program is the oldest and largest grassroots world affairs educational program of its kind in the country. It is designed to bring citizens of all ages together in a study group to learn more about and exchange views on foreign policy issues of vital interest to our country. The program provides a common set of materials in the form of a briefing book of readings about the selected topics and a related video featuring subject experts in order to help participants reach informed opinions on policy options. In addition, time will also be set aside during each meeting for discussion of immediate international events. The Founders Hall Great Decisions program received the Frank R. Cella Memorial Award in 2010 in recognition of its superb achievement, exemplary leadership and commendable advancement of the Foreign Policy Association program. The cost of the briefing book is included in the fee. Enrollment will be limited to 50.

Monday 10:30AM -12:30PM

Facilitators: John Somma and Joel Third

First Class: January 15

Fee: \$30/\$36NR (8 Sessions)

FOUNDERS HALL WINTER 2018

History: Magellan

Come join us as we travel around the world in the 16th century with Ferdinand Magellan. Author Laurence Bergreen presents what the Associated Press calls, 'a well-documented and brilliantly written account that portrays the sixteenth century with the clarity and detail of a modern-day newspaper account.' Over the Edge of the World is 'a captivating tale of a tenacious captain and the most daring discovery of an era.' The book for the class, Over the Edge of the World - Magellan's Terrifying Circumnavigation of the Globe by Laurence Bergreen, may be ordered for \$14 using the registration form.

Wednesday 3:15-4:30PM

Instructor: Mike Settanni

First Class: January 3

Fee: \$30/\$36NR (10 Sessions)

Investments Discussion

Designed to be an interactive discussion of investment topics, this ongoing series of seminars will provide helpful information on investment resources and review general investment principles. In addition, discussion will be focused on current developments and their direct impact on stock, bond, mutual fund and other investment vehicles. Your thoughts and questions will be welcomed. Some elementary level of investment knowledge is helpful.

Tuesday 10:00-11:30AM

Facilitators: D. Campbell, A. Levine

First Class: January 2

Fee: \$12/\$15NR (10 Sessions)

Italian: Beginners Continuing

This continuing class is for those with knowledge of Italian. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. Class will not meet February 5 or 12.

Monday 8:30-10:00AM

Instructor: Rita Schaffer

First Class: January 8

Fee: \$30/\$36NR (8 Sessions)

FOUNDERS HALL WINTER 2018

Italian: Continuing

These classes are for those who have taken Beginners Italian or have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. This is a good class for those planning a trip to Italy or for those who just want to experience the beauty of the Italian language. Class will not meet the weeks of February 5 and February 12.

Level 3 Thursday 10:00-11:30AM First Class: January 4
Level 4 Monday 10:00-11:30AM First Class: January 8
Instructor: Rita Schaffer Fee: \$30/\$36NR (8 Sessions)

Those Who Served 1914-1918

The assassination of the Archduke Franz Ferdinand on June 28th, 1914, was the event that finally thrust Europe into the upheaval of World War I. In the midst of the chaos and devastation that followed, not a single soul came away unscathed. To commemorate the 100th anniversary of the ending of 'The Great War,' this series of lectures traces the lives and works of some of the many composers, artists and writers who were caught up in the conflagration, including:

Composers: Vaughan Williams, Butterworth, Bliss, Bax, Delius, Sibelius, Granados, Debussy, Ravel, Holst, Bartok, Puccini, Schoenberg, Berg & Stravinsky
Artists: Marc, Macke, Rosenberg, Nash, Kokoshka, Boccioni, Villon & Schiele
Writers: Apollinaire, Graves, Remarque, Hemmingway, TE Lawrence, C S Lewis, Owen, Sassoon & Tolkien

Instructor: Michael Lankester First class: January 4
Section 1 Thursday 10:45AM-12:15PM Fee: \$30/\$36NR (9 Sessions)
Section 2 Thursday 1:00-2:30PM Fee: \$30/\$36NR (9 Sessions)

Writing Workshop

Whether you are a new or seasoned writer, come and enjoy the company of classmates who will help you take your writing to a new level. Each week write something of your choice - short story, essay, memoir, poetry - and read it in a friendly environment and receive constructive feedback. Everyone stands to gain as we sharpen our writing skills. The class will be limited to 14 participants.

Monday 2:00-4:30PM First Class: January 8
Moderator: Anton Deiters Fee:\$30/\$36NR (10 Sessions)

FOUNDERS HALL WINTER 2018

Evening Academic Program

The Great Voices

From the heroics of grand opera to the intimacy of lieder, this series of six lectures focuses on some of the greatest voices of our time including:

1. Rosa Ponselle, Renata Tebaldi, Kirsten Flagstad, Elizabeth Schwarzkopf, Gundula Janowitz, Victoria de los Ángeles,
2. Maria Callas, Montserrat Caballé, Renata Scotto, Birgit Nilsson, Jessye Norman, Joan Sutherland, Kiri te Kanawa
3. Marian Anderson, Kathleen Ferrier, Elena Obratsova, Christa Ludwig, Frederica von Stade, Tatiana Troyanos
4. José van Dam, Robert Merrill, Friedrich Schorr, Dietrich Fischer Dieskau, Tito Gobbi, Sherill Milnes, Bryn Terfel, Richard Salter
5. Enrico Caruso, Beniamino Gigli, Jussi Böjrling, Loritz Melchior, Carlo Bergonzi, John McCormack
6. Tito Schipa, Alfredo Kraus, Josef Kaufmann, José Carréras, Plácido Domingo, Luciano Pavarotti

Class will not meet January 25.

Thursday 6:30-8:00PM First Class: January 4
Instructor: Michael Lankester Fee: \$25/\$30NR (6 Sessions)

FOUNDERS HALL WINTER 2018

Evening Academic Program (continued)

Shakespeare

This class will focus on a small selection of Shakespeare's plays, guiding students in analysis of the texts through in-class discussions and role-play. Particular attention will be paid to the way that Shakespeare's works connect to contemporary life and how the themes of the plays are just as relevant to us as to Elizabethan audiences. Julius Caesar will be covered in anticipation of the March 27 showing of The National Theatre of London LIVE in HD performance of Julius Caesar at The Ridgefield Playhouse. Information regarding tickets for the performance will be available in class.

The common text for the class will be the Folger Edition of Shakespeare. The book may be ordered through the registration form for \$8.00.

Thursday 6:00-8:00PM

First Class: February 22

Instructor: Michael Alltop

Fee: \$25/\$30NR (3 Sessions)

FOUNDERS HALL WINTER 2018

Art Program

Basic Drawing

This is a basic drawing class for beginning artists, artists who haven't had pencil in hand for years, or artists who have always wanted to take a crack at drawing. Martha believes we're all artists and has created the class as a series of exercises designed to experience drawing as a skill-set and to teach students how to really see. The emphasis is on process far more than product. (We're not going to the Louvre to hang our art, folks, but you'll likely be delighted with the process.)

Tuesday 12:30 -2:30PM

First class: January 2

Instructor: Martha Talburt

Fee: \$40/\$48NR (10 Sessions)

Beginning Portraiture

In this class, Martha builds a bridge from basic drawing skills to the more specific art of drawing portraits. Students study facial anatomy, from the skull outward - including facial features and their placement and how to create the effect of light and shadow on the face. Completion of the *Basic Drawing* class is a prerequisite for this course.

Monday 11:30AM-1:30PM

First Class: January 8

Instructor: Martha Talburt

Fee: \$40/\$48NR (10 Sessions)

Drawing with Colored Pencils 2

This is an advanced class wherein students should be knowledgeable both in drawing portraits and in the use of colored pencils, as the primary focus is on portraiture. The prerequisite is COLORED PENCILS 1. Class exercises are consistently challenging - designed to help students see better, feel more deeply about their subjects, and render their compositions more proficiently and empathically. Further work at home is often required.

Monday 2:30-4:30PM

First Class: January 8

Instructor: Martha Talburt

Fee: \$40/\$48NR (10 Sessions)

FOUNDERS HALL WINTER 2018

Art Program (continued)

Life Drawing

Students work each week from a new, live model. Class is unstructured. During the last half-hour, we will critique our work. Prerequisite is at least the basic drawing and portraiture classes from Martha or have a strong drawing background from other sources. Sixteen students is the maximum for this class. A model fee, based on the number of students in class, will be collected at the first class.

Tuesday 3:00-5:00PM

First Class: January 2

Instructor: Martha Talburt

Fee: \$40/\$48NR (10 Sessions)

Drawing: Studio Class

This is a non-structured class which has evolved into each student doing his or her own work, putting into practice what's been learned in Martha's other courses. Class members - all intermediate or advanced artists - choose from a full file of model photographs or something they bring from home to work on. Martha assists individuals in these efforts, moving through the classroom critiquing, demonstrating and always validating. Varied choice of drawing medium is encouraged. A major focus is on completed composition.

Tuesday 9:30-11:30AM

First Class: January 2

Instructor: Martha Talburt

Fee: \$40/\$48NR (10 Sessions)

Open Art Studio

Take advantage of this open time in the Art Studio to work on projects in progress or try something new.

Wednesday 9:00AM-1:00PM

Fee: No Charge

Oil Painting

Beginners will learn oil painting techniques including how to choose and use equipment, mix colors, create light and shadow and prep a canvas or masonite. More experienced artists will cover dimension, tone, the importance of palettes, color mixing, textures and placement of subject matter. Canvas fee is \$3, payable in class.

Section 1 Wednesday 1:00-3:00PM

First Class: January 3

Section 2 Wednesday 3:00-5:00PM

First Class: January 3

Instructor: Bonnie Weber

Fee: \$40/\$48NR (10 Sessions)

FOUNDERS HALL WINTER 2018

Watercolor Basics

This class will help you understand this delicate, luminous medium and develop your own style in the process. You will learn about paper, pigment, techniques, brushes, washes, textures and principles of composition and design.

Thursday 10:00AM-12:00PM

First Class: January 4

Instructor: Tina Phillips

Fee: \$50/\$60NR (7 Sessions)

Watercolor Intermediate

You will gain further mastery of watercolor technique during this seven-week class with Tina. There will be set-ups, inspiration, demonstration and critique. Completion of a previous watercolor class and mastery of basic skills are required.

Friday 10:00AM - 12:00PM

First Class: January 5

Instructor: Tina Phillips

Fee: \$50/\$60NR (7 Sessions)

Watercolor Advanced

This class is designed for those experienced in watercolor technique. Come with your own ideas and materials, or accept as much help, critiquing and inspiration from Tina as you want. This is a lively, independent, spirited group. Come paint!

Thursday 1:00-3:00PM

First Class: January 4

Instructor: Tina Phillips

Fee: \$40/\$48NR (7 Sessions)

Color Theory Tune-up

This workshop is for anyone who feels they could use a refresher course on the "whys and hows" of using the color wheel in their artwork. Bring along your favorite art supplies and explore a twist on the traditional primary colors as well as how to best use complementary and tertiary colors.

Friday 2:00 - 4:00PM

First Class: February 23

Instructor: Jean Linville

Fee: \$25/\$30NR (3 Sessions)

FOUNDERS HALL WINTER 2018

Pen and Ink Workshop

Fine tune your ability to create the illusion of three-dimensional forms on paper by utilizing cross-hatching, stippling and scribbling techniques. The characteristics of various pen & ink tools will also be explored including ballpoint pen, marker and traditional pens with nibs and ink.

Thursday 2:00 - 4:00PM

First Class: March 1

Instructor: Jean Linville

Fee: \$20/\$24NR (2 Sessions)

Evening Art Program

Exploring Acrylic Gel Medium

Beat the winter blues with layers and layers of color! In this class we will explore how to build up luminous layers of color using acrylic paints mixed with varying amounts of acrylic gel medium.

Tuesday 6:00 - 8:00PM

First Class: February 6

Instructor: Jean Linville

Fee: \$40/\$48NR (5 Sessions)

Watercolor: Beginner/ Again

For the beginning or 'returning to' watercolor artist - this class will open your artist's eye to this beautiful and luminous medium. You will learn technique, composition and values while having fun learning to 'let go' and let the medium do it.

Thursday 6:00 - 8:00PM

First Class: January 4

Instructor: Tina Phillips

Fee: \$50/\$60NR (7 Sessions)

WINTER 2018 REGISTRATION

Wait!

Before completing this form, will you consider registering online instead? Online registration is simple, secure and convenient for you and an enormous time-saver for our staff. Over time, online registration will leave more funds available for programming. Please see page 3 for details. Thank you.

Here are the steps for paper registration:

1. Read the course book and select programs.
2. Complete the form on pages 18 – 22 indicating your contact information and the programs you want to take. If you are taking the class or trip with another person (or have a partner for Duplicate Bridge), please note that person's name next to the appropriate class.
3. Total your program fees. The payment for Ridgefield residents is the first amount. The payment for non-Ridgefield residents is the second amount designated as "NR."
4. Indicate your payment method:
 - Check, payable to Founders Hall. (You may submit one check for your entire registration.)
 - Cash (if you're hand-delivering your registration).
 - Credit card: Visa, MasterCard, Discover or American Express. We will add a 4% processing fee to the transaction.
5. **Mail or drop off your completed registration form and payment at Founders Hall so that it arrives by 4:30pm on Monday, December 4.**

Please note: If a class you've selected is oversubscribed, we will make every effort to add additional sections. If necessary, we will conduct a random lottery to determine places in oversubscribed classes. If we are not able to accommodate your selection, we will call you and refund your payment. You will not hear from us if we are able to accommodate your selections. **Please note: only paid registrations will be included in any lottery.**

If you have questions or need assistance with completing the registration form, please contact Grace or Tracy.

Founders Hall

WINTER 2018 Registration Form

Member ID Number _____

Name _____

Address _____

Phone _____ E-mail: _____

Academic Courses

20th Century Women

	Sign me up	Course Fee		Book Fee	
		Ridgefield	Non-Ridgefield		
Section 1 10:30AM	<input type="checkbox"/>	\$30	\$36		
Section 2 1:15PM	<input type="checkbox"/>	\$30	\$36		
Art of Writing	<input type="checkbox"/>	\$30	\$36		
Current Events	<input type="checkbox"/>	\$12	\$15		
Four More by Hitch					
Section 1 9:30AM	<input type="checkbox"/>	\$25	\$30		
Section 2 1:00PM	<input type="checkbox"/>	\$25	\$30		
French Beginners	<input type="checkbox"/>	\$30	\$36	<input type="checkbox"/>	\$24
French Advanced Beginners	<input type="checkbox"/>	\$30	\$36		
French Intermediate to Advanced	<input type="checkbox"/>	\$30	\$36		
Great Books	<input type="checkbox"/>	\$30	\$36	<input type="checkbox"/>	\$22
Great Decisions	<input type="checkbox"/>	\$30	\$36		
History: Magellan	<input type="checkbox"/>	\$30	\$36	<input type="checkbox"/>	\$14
Investments Discussion	<input type="checkbox"/>	\$12	\$15		
Italian: Beginners Continuing	<input type="checkbox"/>	\$30	\$36		

Sign me up Course Fee Book Fee

Academic Courses

		Ridgefield	Non-Ridgefield	
Italian: Continuing 3	<input type="checkbox"/>	\$30	\$36	
Italian: Continuing 4	<input type="checkbox"/>	\$30	\$36	
M Lankester's Those Who Served 1914-1918				
Section 1 10:45AM	<input type="checkbox"/>	\$30	\$36	
Section 2 1:00PM	<input type="checkbox"/>	\$30	\$36	
Writing Workshop	<input type="checkbox"/>	\$30	\$36	

Evening Academic Courses

The Great Voices	<input type="checkbox"/>	\$25	\$30	
Shakespeare	<input type="checkbox"/>	\$25	\$30	\$8

Art Courses

Basic Drawing	<input type="checkbox"/>	\$40	\$48
Beginning Portraiture	<input type="checkbox"/>	\$40	\$48
Drawing with Colored Pencils 2	<input type="checkbox"/>	\$40	\$48
Life Drawing	<input type="checkbox"/>	\$40	\$48
Drawing: Studio Class	<input type="checkbox"/>	\$40	\$48
Oil Painting Section 1 1:00	<input type="checkbox"/>	\$40	\$48
Oil Painting Section 2 3:00	<input type="checkbox"/>	\$40	\$48
Watercolor Basics	<input type="checkbox"/>	\$50	\$60
Watercolor Intermediate	<input type="checkbox"/>	\$50	\$60
Watercolor Advanced	<input type="checkbox"/>	\$40	\$48
Color Theory Tune Up	<input type="checkbox"/>	\$25	\$30
Pen and Ink Workshop	<input type="checkbox"/>	\$20	\$24

	Sign me up	Course Fee	
		Ridgefield	Non-Ridgefield
<u>Evening Art Courses</u>			
Exploring Acrylic Gel Medium	<input type="checkbox"/>	\$40	\$48
Beginner/Again Watercolor	<input type="checkbox"/>	\$50	\$60

	Sign me up	Course Fee	
		Ridgefield	Non-Ridgefield
<u>Dance Courses</u>			
Ballroom Dancing	<input type="checkbox"/>	\$30	\$36
Beginner Tap Dancing Continued	<input type="checkbox"/>	\$30	\$36
Intermediate Tap Dancing	<input type="checkbox"/>	\$30	\$36
Zumba Gold	<input type="checkbox"/>	\$30	\$36

<u>Special Events</u>			
Spaghetti Dinner & Movie	<input type="checkbox"/>	\$8	\$10
Billiards Tournament	<input type="checkbox"/>	\$8	\$10

<u>On the Road Trips</u>			
Metropolitan Museum of Art	<input type="checkbox"/>	\$60	\$72
A Chorus Line at WBT	<input type="checkbox"/>	\$80	\$96

<u>Hobby and Sports Courses</u>			
ACBL Sanctioned Duplicate Bridge			
To register, email dlthornton@sbcglobal.net .			
Basketball Clinic	<input type="checkbox"/>	\$30	\$36
Bridge - Assisted Play	<input type="checkbox"/>	No fee	
Cooking			
Tuesday	<input type="checkbox"/>	\$12	\$15
Friday	<input type="checkbox"/>	\$12	\$15

	Sign me up	Course Fee		Book Fee
		Ridgefield	Non-Ridgefield	
<u>Hobby and Sports Courses</u>				
Duplicate Bridge				
Monday	<input type="checkbox"/>	\$15	\$18	
Partner (if any): _____				
Friday	<input type="checkbox"/>	\$15	\$18	
Partner (if any): _____				
Genealogy				
Intermediate I Genealogy Monday	<input type="checkbox"/>	\$40	\$48	
Continuing Genealogy Tuesday	<input type="checkbox"/>	\$40	\$48	
Book Project Genealogy Thursday	<input type="checkbox"/>	\$40	\$48	
Adv Beg Genealogy Thursday	<input type="checkbox"/>	\$40	\$48	
Beginning Genealogy Thursday	<input type="checkbox"/>	\$40	\$48	
Intermediate II Genealogy Thurs	<input type="checkbox"/>	\$40	\$48	
2018 Calendar Year Database Fee	<input type="checkbox"/>			\$20
Knitting and Crocheting	<input type="checkbox"/>	\$30	\$36	
Piano Lessons				
Beginner	<input type="checkbox"/>	\$30	\$36	
Beginner Repeat	<input type="checkbox"/>	\$60	\$70	
Intermediate Beginner	<input type="checkbox"/>	\$60	\$70	
Advanced Beginner	<input type="checkbox"/>	\$60	\$70	
Pickleball Beginning	<input type="checkbox"/>	\$30	\$36	
Pickleball Ladder Play	<input type="checkbox"/>	\$30	\$36	
Quilt or Sew	<input type="checkbox"/>	\$40	\$48	

<u>Evening Hobby and Sports Courses</u>				
Cooking	<input type="checkbox"/>	\$12	\$15	

Technology Courses

	Sign me up	Course Fee	
		Ridgefield	Non-Ridgefield
Intro to Computer	<input type="checkbox"/>	\$30	\$36
Microsoft Word	<input type="checkbox"/>	\$30	\$36
Photoshop Level 1	<input type="checkbox"/>	\$30	\$36
Photoshop Level 3	<input type="checkbox"/>	\$30	\$36

Before you register, consider this...

Although your class fee may be just \$30, it actually costs Founders Hall \$90 to provide that class to you. How can we offer such a discount? Because members like you donate to Founders Hall in addition to paying program fees. If you have not yet made a donation this year, why not send one in with your registration? That's the ONLY way we can continue to offer low-cost, life-long learning.

Payment

Total Program Fees: \$_____

Donation: \$_____

Total Enclosed: \$_____

Payment Method

- Check enclosed payable to Founders Hall
You may submit one check for your entire registration.
- Cash (hand-delivered)
- Credit Card (Visa, Mastercard, Discover or American Express)
A 4% processing fee will be added to the transaction.

Card number: _____

Exp. date: _____ cvc: _____

FOUNDERS HALL WINTER 2018

Dance Program

Ballroom and Swing to 20th Century Music Icons

This class is open to beginners as well as seasoned dancers. Featuring music from Frank Sinatra, Dean Martin, Elvis Presley and The Beatles, you'll learn basic social dance patterns in Fox Trot, Rumba, Waltz and Swing. No partner is necessary to join in on the dancing fun!

Friday 3:00-4:00PM

First Class: January 5

Instructor: Tonja Dias

Fee: \$30/\$36NR (10 Sessions)

Beginner Tap Dancing Continued

Learn the basic skills of tap dancing through music. Not only is this class great for learning tap routines, it is also a fun way to keep in shape.

Tuesday 3:00-4:00PM

First Class: January 2

Instructor: Karen Casagrande

Fee: \$30/\$36NR (10 Sessions)

Intermediate Tap Dancing

Continue to develop your tap dancing technique in this class with Karen.

Tuesday 2:00-3:00PM

First Class: January 2

Instructor: Karen Casagrande

Fee: \$30/\$36NR (10 Sessions)

Zumba Gold

Zumba Gold brings exciting Latin and international dance rhythms to beginners. The easy-to-follow dances include Cha Cha, Merengue, Salsa, Cumbia, Tango, Rumba, Belly Dance and even Rock and Roll! SO COME AND FEEL THE MUSIC! Great for the mind, body and soul, Zumba is fun, easy, different and effective. HAVE FUN AND STAY FIT!

Thursday 3:30-4:30PM

First Class: January 4

Instructor: Roxane Angotta

Fee: \$30/\$36NR (10 Sessions)

FOUNDERS HALL WINTER 2018

Seminar Series

The Good, the Bad and the Ugly: Finding Reliable and Trustworthy Information on the Internet

Ridgefield Library Friday, January 19 1:00PM

Interventional Pain Management

Dr. Antonio Paz Friday, January 26 1:00PM

Michael's Musings

Michael Powers Friday, February 16 1:00PM

How to Stay Healthy While Traveling Abroad

RVNA Friday, February 23 1:00PM

New Member Welcome Coffees

Monday, December 4 10:30-11:30AM

Monday, March 12 10:30-11:30AM

FOUNDERS HALL WINTER 2018

Special Events

Spaghetti Dinner and a Movie

Sponsored by Bethel Health Care and Dimitri's Diner

\$8/\$10NR Thursday, January 25 5:00-8:00PM

Billiards Singles Tournament

\$8/\$10NR Tues & Wed, Feb. 6 & 7 10:00AM

Tastings and Teas

Christmas Tea Friday, December 1 2:00-3:30PM

Sponsored by Laurel Ridge Health Care Center

Welcome to 2018 Tea Friday, January 12 2:00-3:30PM

Sponsored by by RVNA

Winter Olympics Tea Friday, February 9 2:00-3:30PM

Sponsored by The Greens at Cannondale and Wilton Meadows

St. Patrick's Day Soda Bread Sampling

Sponsored by Home Instead Senior Care

Friday, March 9 2:00-3:30PM

REHAB BY RVNA

hands·on care...



Whether you need out-patient physical, occupational or speech therapy, our therapists will help you return to the things you love.

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 ridgefieldvna.org | 203.438.RVNA (7862)

Rehab by RVNA is a subsidiary of RVNA

FOUNDERS HALL WINTER 2018

On the Road Program

The following trips will depart from Pond's Edge Executive Park, 901 Ethan Allen Highway (Route 7). The executive park is south of the intersection of Routes 35 and 7.

Please enter through the south entrance, which is near Ace Tire and across the street from Ridgefield Self-Storage. There is a sign that says 'Medical and Professional Park' at the entrance. Founders Hall staff will direct you to a parking spot from there.

The bus will leave promptly at the assigned time. We are not able to wait for any late arrivals, no exceptions.

Metropolitan Museum of Art

We will start the morning with a guided tour of European paintings, focusing on the Renaissance. After lunch on your own, spend the afternoon exploring Michelangelo: Divine Draftsman and Designer, an exhibit with a stunning range and number of works by the artist: 128 of his drawings, three of his marble sculptures, his earliest painting, and his wood architectural model for a chapel vault. (Guided tours of the exhibit are not offered but an audio guide is included.)

Tuesday, January 23 7:30AM-5:30PM Fee: \$60/\$72NR

A Chorus Line at Westchester Broadway Theater

The recipient of the Pulitzer Prize and nine Tony Awards including Best Musical, 'A Chorus Line' is one of the true masterpieces of live theater. It is a celebration and true-to-life depiction of performers and their struggle to achieve greatness on the Broadway stage. Its powerful stories are touching, funny and inspiring.

Wednesday, March 28 9:45AM-5:00PM Fee: \$80/\$96NR

A minimum of 40 registrants is required for each trip.

FOUNDERS HALL WINTER 2018

Hobby and Sports Program

*The Hobby and Sports Program is sponsored by
The Wadsworth Russell Lewis Trust Fund and
Ridgefield Parks and Recreation*

ACBL Sanctioned Duplicate Bridge

In our fully sanctioned ACBL duplicate bridge game, players may earn masterpoints in full compliance with rules, regulations and protocol established by the American Contract Bridge League. Play is open to Founders Hall members and a guest.

Founders Hall members may secure a reserved spot in each week's game by emailing the director at dlthornton@sbcglobal.net. If you have pre-registered, please inform the director immediately if you become unable to play. Reservations will be held until 3:15PM at which time spaces will be made available for walk-ins. Non-members are welcome to join us by following the same sign-in procedure and being advised there are seats available.

Payment will be collected at the door or see Tracy to pre-pay.

Thursday 3:30-6:30PM

Director: Debbie Thornton

Fee: \$11/\$13NR per game

Basketball for Fun Clinic

BASKETBALL? FOR YOU? ARE WE KIDDING? No, and neither are the seniors who are already taking part in our unique exercise program. Why don't you join us, using the moves used in basketball to keep yourself fit and limber, but without the running. Of course, if you feel so good after our class that you want to run to Stop & Shop and back, that's up to you. Class will meet at Ridgefield Parks and Rec.

Wednesday 1:15-2:15PM

First class: January 3

Coaches: JoAnn Cali and Jim Arcuri

Fee: \$30/\$36NR (10 Sessions)

Bridge: Assisted Play

Experienced players will be available to assist play and answer questions.

Tuesday 10:00AM-12:00PM

First Class: January 2

Coaches: J. Clark, D. Thornton, C. Vazzana

No Charge

FOUNDERS HALL WINTER 2018

Hobby and Sports Program (continued)

Cooking

Cooking for One or Two. Kimberly and Grace will share recipes cooking tips, and techniques.

Section 1: Tuesday, February 27 11:00AM-1:00PM

Section 2: Friday, March 2 11:00AM-1:00PM

Instructor: Kimberly Anderson and Grace Weber Fee: \$12/\$15NR (1 Session)

Duplicate Bridge

Enjoy bridge playing the same hands as other pairs (duplicate). This approach will challenge your skill regardless of 'luck of the deal.' If you are registering with a partner, please include your partner's name on the registration form. This class is limited to 62 participants. Pre-requisite for Duplicate Bridge is proficiency with duplicate bridge rules and play. Assisted Bridge on Tuesdays affords an opportunity to learn the mechanics and etiquette of Duplicate Bridge.

Section 1 Monday 10:00AM-12:30PM First Class: January 8

Section 2 Friday 10:00AM-12:30PM First Class: January 5

Directors: Debbie Thornton and Bob Kimerling Fee: \$15/\$18NR (10 Sessions)

Drop-in Groups

Gardeners	third Friday	1:00-2:30PM	Jack Hughes
Needlework Group	Thursdays	12:00-1:45PM	
Quilting Group	Tuesdays	2:00-4:00PM	
Rug Hooking	Wednesdays	1:30-4:00PM	Ethel Eckhaus
Wood Carving	Mondays	1:30-4:00PM	Jim Callahan

Founders Hall Band

The Founders Hall Band is open to any person, with any type of instrument, who is willing to learn music. The group meets on Friday mornings in the Living Room. For music, contact Darla Shaw, Band Manager.

Band Director: Bill Palmer Friday 9:30-11:30AM No Charge

FOUNDERS HALL WINTER 2018

Founders Hall Singers

This singing group meets once a week to work on a variety of music. New members are welcome.

Director: Daniela Sikora Monday 12:30-1:45PM No Charge

Genealogy

Gathering information about one's family is one of America's biggest hobbies. The various course levels range from the basics of census and immigration research through more advanced research techniques, and finally putting it all together in a wonderful book with documents, photos and stories.

Please note: Completion of Beginning Genealogy is a prerequisite for these classes. Please check with Toni regarding correct class placement.

Intermediate I Genealogy	Monday	9:30-11:30AM
Continuing Genealogy	Tuesday	11:30AM-1:30PM
Book Project Genealogy	Thursday	8:30-10:30AM
Advanced Beginner Genealogy	Thursday	10:30AM-12:30PM
Beginning Genealogy	Thursday	12:30-2:30PM
Intermediate II Genealogy	Thursday	2:30-4:30PM

Instructor: Toni McKeen First Class: January 2, 4 and 8
 Fee: \$40/\$48NR (10 Sessions)

2018 Calendar Year Database Fee: \$20

Knitting and Crocheting

Work on the project of your choice, meet other knitters and crocheters, be inspired by your classmates' projects, troubleshoot problems, get important hints and tips along with a discount at a local store. You can learn a new skill or technique, cure your 'finishing phobia,' bring a 'show and share' or start from the beginning. This is a large class, so bring ample patience.

Tuesday 12:15-2:15PM First Class: January 2
 Instructor: Jo Ann Brown Fee: \$30/\$36NR (10 Sessions)

FOUNDERS HALL WINTER 2018

Hobby and Sports Program (continued)

Piano Lessons

These classes are limited to seven students. Schedule is subject to change.

Beginner*	Thursday 12:15-1:15PM	Fee: \$30/\$36NR (10 Sessions)
Int. Beginner	Thursday 11:00AM-12:15PM	Fee: \$60/\$70NR (10 Sessions)
Adv. Beginner	Thursday 9:30-11:00AM	Fee: \$60/\$70NR (10 Sessions)
Instructor: Ed Kadziewicz		First Class: January 4

*Fee to repeat Beginning Piano Class: \$60/\$70NR

Pickleball - Beginners

Pickleball is a blend of tennis, badminton and ping pong. Pickleball is a great way to meet new people and play a game that is right for a variety of skill levels and ages. It is a fun, easy sport to learn! Come swing a paddle with us and enjoy one of the fastest growing sports in America. Class will meet at the Parks and Recreation Center gym. No class January 11 or February 8

Thursday 1:15-2:30PM	First Class: January 4
Instructors: Janice Pauly and Ted Seibert	Fee: \$30/\$36NR (7 Sessions)

Pickleball: Ladder Play

Test your pickleball skills as part of an informal ladder league. Players registering for the session will be randomly placed on a ladder and grouped with three other players for matches to be played each Friday. Players move up and down the ladder based on their game results. A fun way to practice pickleball with groups of similarly skilled players. Class meets at Parks and Recreation Center gym. No class Feb.16.

Friday 1:15-2:30PM	First Class: January 5
Instructors: Janice Pauly and Ted Seibert	Fee: \$30/\$36NR (8 Sessions)

Quilt or Sew

This class will be a combination of quilting and/or sewing. Continue your quilting journey or learn to use a sewing machine from the very start, read a pattern, begin to make garments or simple home decorating items or refresh your sewing skills. General sewing supplies needed for both mediums. Class is limited to 10 participants.

Tuesday 10:00AM-12:00PM	First Class: January 2
Instructor: Jo Ann Brown	Fee: \$40/\$48NR (10 Sessions)

FOUNDERS HALL WINTER 2018

Evening Hobby Program

Culinary Series

Cooking for One or Two Kimberly and Grace will share recipes, cooking tips, and techniques.

Tuesday 6:00-8:00PM	Class date: February 27
Instructors: Kimberly Anderson & Grace Weber	Fee: \$12/\$15NR (1 Session)

Technology Program

Introduction to Computer

Designed for the novice who wishes to learn the fundamentals of computers, this introduction to computer systems and programs will include Microsoft Windows and Word and various other computer applications. This class will be taught using Windows 7 operating system and Microsoft Word 2010.

Monday 1:00-2:30PM	First class: January 8
Instructor: Carl Scala	Fee: \$30/\$36NR (10 Sessions)

Microsoft Word

Learn the extensive capabilities of Microsoft Word. Formatting (including bullets, borders and shading), automatic numbering, sorting alphabetically and numerically, headers and footers, WordArt, SmartArt, clip art, personal letters, newsletters, watermarks, tables, column charts, pie charts, templates and more will be covered. This class will be taught using Windows 7 operating system and Microsoft Word 2010. Please bring a flash drive to each class.

Monday 3:00-4:30PM	First class: January 8
Instructor: Anita Vallee	Fee: \$30/\$36NR (10 Sessions)

Open Computer Lab

Need help? On Fridays from 10AM-12 noon, coaches will be on hand to answer questions and give additional assistance to computer class students. No fee.

FOUNDERS HALL WINTER 2018

Technology Program (continued)

Open Tech Lab

Need help with your electronic devices? A volunteer will be in the Computer Lab on Fridays from 2-3PM to answer questions and assist you. No fee.

Photoshop Elements 8 Level 1

This class continues from Photoshop Level 2, working on mastery of some of the more creative tools and great special effects possible with the program. Prerequisites for class: Completion of Toni's Beginning Photoshop and Photoshop Level 2.

Tuesday 1:30-3:00PM

First Class: January 2

Instructor: Toni McKeen

Fee: \$30/\$36NR(10 sessions)

Photoshop Elements 8 Level 3

This class continues from Photoshop Level 2 by mastering some of the more creative tools and great special effects possible with the program.

Students must have taken Photoshop 8 levels 1 and 2 as a requirement for this class.

Tuesday 3:00-4:30PM

First Class: January 2

Instructor: Toni McKeen

Fee: \$30/\$36NR(10 sessions)

2018 FITNESS PROGRAM

*The Fitness Program is sponsored by
The Paul and Johanna Laszig Trust and Barker Welfare Foundation*

Fitness classes are offered on a monthly basis. Registration for 2018 Fitness Classes opened October 17, 2017. Please call regarding availability of classes.

Aerobics

A low-impact exercise program offered throughout the year for muscle conditioning and increased body strength.

Section 1 Mon./Wed./Fri.

8:30-9:30AM

Section 2 Mon./Wed./Fri.

9:35-10:35AM

Instructor: S. Consentino, TBA, S. Neumann

Fee: \$35/\$42NR per month

Aquacize

This low-impact water exercise program uses flotation devices to improve joint flexibility, relieve pain and stiffness, and tone muscles.

Tues./Thurs. 9:30-10:30AM

Location: Parks & Recreation

Instructor: Parks & Rec Staff

Fee: \$35/\$42NR per month

Core

Pilates approach will be used in this core strengthening program. Stretching and use of free weights will strengthen the overall body as well as improve flexibility and balance. The class will use both mats and chairs.

Mon./Wed. 3:30-4:30PM

Instructor: Patti McEvoy Maloney

Fee: \$35/\$42NR per month

Stretch and Flex

This mostly-seated workout addresses the full body, focusing on flexibility and range of motion. This positive-attitude exercise approach incorporates lifting, reaching, stretching and breathing exercises, which can make even everyday activities easier.

Mon./Wed. 2:25-3:25PM

Instructor: Colleen Cugine

Fee: \$35/\$42NR per month

2017 FITNESS PROGRAM

Strength and Balance

A challenging exercise program that uses free weights and other tools in standing, sitting and floor workout routines to strengthen abdominal and lower back muscles, increase flexibility and improve body alignment. Participants must be able to use floor mats.

Beginner*	Mon./Wed./Fri.	12:35-1:20PM
Adv. Beginner*	Mon./Wed./Fri.	11:45AM-12:30PM
Intermediate 1*	Mon./Wed./Fri.	10:45-11:40AM
Intermediate 2**	Mon./Wed./Fri.	1:25-2:20PM

*Instructor: Susan Consentino Fee: \$35/\$42NR per month

**Instructor: Patti McEvoy Maloney Fee: \$35/\$42NR per month

Tai Chi

The following Tai Chi classes teach the long form of the Yang Style Tai Chi Chuan. This 'soft' form of martial arts is considered a safe and effective isometric exercise. Tai Chi is known to help improve balance, flexibility, strength and coordination as well as aid in the ability to manage stress.

The Tai Chi Beginner classes start in January with the study of the first of the three sections of the form and, over the full year, progress through the study of the second and third sections of the traditional Tai Chi long form.

Beginner	Mon./Fri.	8:30-9:15AM	Fee: \$30/\$36NR per month
Advanced Beginner	Mon./Fri.	9:15-10:00AM	Fee: \$30/\$36NR per month
Intermediate	Tues./Thurs.	12:00-1:00PM	Fee: \$35/\$42NR per month

Instructor: Mari Lewis

Beginner Workshop Wed. 8:30-9:30AM Fee: \$12/\$14NR per month
Coach: Diane Kerner

Seated Stretching & Conditioning

An easy (to moderate) approach to increase and improve flexibility and range of motion and posture. The program will include a combination of gentle stretching, breath awareness and muscle and core strengthening.

Tues./Thurs. 1:05-1:50PM

Instructor: Barbara Reidy Fee: \$30/\$36NR per month

2017 FITNESS PROGRAM

Seated Yoga

Balancing mind and body through stretches, breath and relaxation techniques. Some standing is done using the chair as support. All levels are welcome.

Tues./Thurs. 11:05-11:50AM Fee: \$30/\$36NR per month

Instructors: Supriya Swerdlick Hermenze and Liz Wendel

Yoga and Relaxation

These classes include warming stretches, yoga postures and breathing techniques. Section 1 includes some intermediate level postures and longer holds and is suitable for students with some experience with postures. Section 2 combines slow and easy movements and is suitable for new students and those wanting a mellow practice.

Section 1: Moderate Level Tues. Liz / Thurs. Valerie 8:30-9:45AM

Section 2: Gentle Class Tues. Liz/ Thurs. Supriya 9:45-11:00AM

Instructors: Liz Wendel, Supriya Swerdlick Hermenze, Valerie Rich

Fee: \$35/\$42NR per month

Evening Fitness Program

Strength, Core and More

This class incorporates strength, balance and core work. Total body toning will be achieved by using dumbbells, resistance bands and small weighted balls. Exercises will be done standing and on the floor with exercises on a mat.

Tues./Thur. 5:45-6:45PM

Instructor: Lindy Olszewski Fee: \$40/\$48NR per month

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