



FOUNDERS HALL

# Winter 2017

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## INTRODUCTION

### Information

Hours: Monday / Wednesday / Friday, 8:30AM-4:30PM  
Tuesday / Thursday, 8:30AM-8:30PM  
Address: 193 Danbury Road, Ridgefield CT, 06877  
Phone: 203-431-7000  
Email: [foundershall@founders-hall.org](mailto:foundershall@founders-hall.org)  
Web: [www.founders-hall.org](http://www.founders-hall.org)  
Facebook: Founders Hall Ridgefield

### Registration

The Founders Hall Winter Semester begins on Tuesday, January 3. Most classes are offered in a ten-week semester system. **Fitness classes** are offered on a monthly basis instead of as part of the semester system so that they may run continuously throughout the year. Registration for fitness classes for 2017 opened October 18, 2016. Please call regarding available spaces.

Please complete the form on pages 19-23 of this book and return it to Founders Hall with payment. If you are signing up with another person, please indicate this on your registration forms noting which class or trip you are attending together.

If more people are interested in a class than there are available spaces, we will use a random lottery to assign places. **All registrations received by 4:30pm on Monday, December 5** will be included in any necessary lotteries. If there is not space for you in a class, we will call you and refund your payment.

No news is good news. You will not hear from us if we were able to enroll you as requested. We will look forward to seeing you at the first class.

## INTRODUCTION

### Sponsors

Our special thanks to the generous sponsors who help us keep class and program fees at a minimum:

Academic Program:	Rudy & Sally Ruggles Nick & Anita Donofrio
Fitness Program:	Paul and Johanna Laszig Trust Barker Welfare Foundation
Hobby & Sport Program:	Ridgefield Parks and Recreation The Wadsworth Russell Lewis Trust Fund
Social Events:	The Greens at Cannondale and Wilton Meadows Laurel Ridge Health Care Center Oasis Senior Advisors Ridgefield Crossings

### Program Fees

Do you know that even with the help of sponsors, the program fees you pay cover just a small portion of what our programs actually cost to provide? We hope you'll consider making a donation to Founders Hall this year to help cover the difference.

### Closing and Cancellation

Founders Hall closings for inclement weather will be posted on:  
[www.founders-hall.org](http://www.founders-hall.org)  
Facebook: Founders Hall Ridgefield  
WFSB (channel 3)  
WTNH (channel 8)

**Programs are subject to change and/or cancellation.**

## WINTER 2017 CALENDAR

- November 18 ..... Fundraiser: Beefsteak
- November 19-21 .... Fundraiser: Wreath Festival  
*sponsored by Ridgefield Crossings,  
Union Savings Bank and  
John and Joanne Patrick*
- November 24&25 .. Closed for Thanksgiving
- December 2..... Christmas Tea  
*sponsored by Laurel Ridge Health Care*
- December 5..... New Member Coffee
- December 5..... Winter 2017 Registrations Due
- December 6..... Trip: Christmas Spectacular at Radio City
- December 7..... Holiday Party
- December 20..... 8 Ball Challenge with Paris Caporale
- December 23..... Closing at 1:00
- December 26..... Closed for Christmas
- December 30..... Closing at 1:00
- January 2..... Closed for New Year
- January 3..... Winter 2017 Semester Begins
- January 6..... Seminar: Aging: It's Only a Number, Right?
- January 12..... Book Discussion: The Children Act
- January 13..... Winter Warmth Tea
- January 20..... Seminar: Reverse Mortgages
- January 26..... Dinner and a Movie  
*sponsored by Dimitri's Diner*

## WINTER 2017 CALENDAR

- January 27 ..... Seminar: Scams -  
How to Identify and Avoid Them
- January 30..... Seminar: 21st Century Education
- February 1&2 ..... Billiards Tournament
- February 3..... Travelogue: China Then and Now
- February 9..... Book Discussion: My Antonia
- February 10..... Beach Party Tea  
*sponsored by Oasis Senior Advisors*
- February 17..... Seminar: Choosing a Caregiver
- February 24..... Seminar: Important Documents
- March 3 ..... Distinguished Speaker: Jack Sanders  
on Wicked Ridgefield
- March 9 ..... Book Discussion: The Marriage of Opposites
- March 10 ..... Salt Tasting  
*sponsored by Laurel Ridge Health Care*
- March 13 ..... New Member Coffee
- March 13 ..... Spring Semester Registrations Due
- March 24 ..... Seminar: Handling Difficult Conversations
- March 27 ..... Spring Semester Begins

## FOUNDERS HALL WINTER 2017

### Academic Program

*The Academic Program is generously sponsored by  
Rudy and Sally Ruggles  
and Nick and Anita Donofrio*

#### **AARP Smart Driver Course**

Founders Hall sponsors this course, which will familiarize drivers with new traffic laws and regulations, new roadways, changes and updates on cars, safety procedures and tips, and adapting to driving as you get older. These four-hour classes, held at Ridgefield Crossings, are scheduled for January 17, March 21 and May 16, 2017. Check with your auto insurance company, as rates may be reduced after completion of the course. Because New York State mandates a six-hour course and Connecticut mandates a four-hour course, NY residents must check with their insurance company regarding approval before enrolling for any of the Ridgefield classes. Call William Van Hall at (203) 748-2344 for registration and more information.

#### **The Art of Writing**

Calling all writers! Come join a phenomenal group of your peers in this class. Whether you are a novice or advanced writer, interested in fiction, memoir, or poetry, there is something here for you. Members of the group will write, revise, share their work and have fun in a supportive environment. Each week, the instructor will offer in-class writing opportunities, prompts and ideas for take-home writing, and lead constructive critiques.

Tuesday 10:30AM-12:00PM                      First Class: January 3  
Instructor: Cheryl Panosian Haddad                      Fee: \$30/\$36NR (10 Sessions)

#### **Book Discussion**

Join your friends, new and old, for a monthly book discussion. Books may be available at the front desk.

January 12     The Children Act by Ian McEwan  
February 9     My Antonia by Willa Cather  
March 9     The Marriage of Opposites: A Novel Based on the  
Life of Rachel Pizzaro by Alice Hoffman

Thursday 3:00-4:30PM  
Facilitator: Mary Rindfleisch of Ridgefield Library                      No Charge

## FOUNDERS HALL WINTER 2017

### **Current Events**

Share your thoughts on a variety of current event topics in an informal discussion format. Personal participation is encouraged in this interactive group.

Wednesday 10:00-11:30AM                      First class: January 4  
Facilitator: Bill Monti                      Fee: \$12/\$15NR (10 Sessions)

#### **French: Beginner Continuing 1**

This is a continuation of French Beginners for those who completed the initial class. Barron's Learn French the Fun and Fast Way by Elisabeth Bourquin Leete will be used for the class and may be ordered for \$24 using the registration form.

Friday 9:00 - 11:00AM                      First class: January 6  
Instructor: Françoise Lampe                      Fee: \$30/\$36NR (6 Sessions)

#### **French: Beginner Continuing 2**

This is a continuation of French Beginners for those who completed the initial classes.

Tuesday 1:30 - 3:30PM                      First class: January 3  
Instructor: Françoise Lampe                      Fee: \$30/\$36NR (6 Sessions)

#### **French: Advanced Beginners to Intermediate**

This class is for those with prior knowledge of the language. The emphasis will be on speaking and expanding vocabulary. The course will also build on the basic framework of French grammar and reinforce sentence structure and pronunciation.

Friday 1:00 - 3:00PM                      First class: January 6  
Instructor: Françoise Lampe                      Fee: \$30/\$36NR (6 Sessions)

#### **Great Books, Great Discussions**

Enthusiastic readers will use the Shared Inquiry method for discussion of Imperfect Ideal: Utopian and Dystopian Visions (\$26). The selections in this anthology illustrate the best and worst of what can happen when we attempt to mold the complex communities in which we live into our vision of a perfect state. Books are available through the registration form or through [www.store.greatbooks.org](http://www.store.greatbooks.org). Please read "The Ones Who Walked Away from Omelas" by Ursula K. Le Guin for the first class meeting.

Wednesday 12:30 - 2:00PM                      First class: January 4  
Facilitator: Brenda Chapman                      Fee: \$30/\$36NR (10 Sessions)

## FOUNDERS HALL WINTER 2017

### Academic Program (continued)

#### Great Decisions

Developed by the Foreign Policy Association in 1954, the Great Decisions program is the oldest and largest grassroots world affairs educational program of its kind in the country. It is designed to bring citizens of all ages together in a study group to learn more about and exchange views on foreign policy issues of vital interest to our country. The program provides a common set of materials in the form of a briefing book of readings about the selected topics and a related video featuring subject experts in order to help participants reach informed opinions on policy options. In addition, time will also be set aside during each meeting for discussion of immediate international events. The Founders Hall Great Decisions program received the Frank R. Cella Memorial Award in 2010 in recognition of its superb achievement, exemplary leadership and commendable advancement of the Foreign Policy Association program. The cost of the briefing book is included in the fee. Enrollment will be limited to 50.

Monday 10:30AM -12:30PM

First Class: January 16

Facilitator: Doug Coombs and Joel Third

Fee: \$30/\$36NR (8 Sessions)

#### Hercule Poirot: The Dandified Detective

Agatha Christie is widely acknowledged as the “Queen of Crime” for her intricate plot twists, imaginative motives and ingenious alibis. That said, it is her creation of an inimitable character, the Belgian sleuth, Hercule Poirot - with his egg-shaped head, magnificent waxed mustache, garbled syntax and, dare we say, insufferable ego - who has captured the hearts and minds of legions of fans of crime fiction around the world for over ninety years. In the spirit of that lasting tradition, we invite you to join our own lively band of enthusiasts as we take leave of the miscreants of the gaslight era and enter the post-World War I “Golden Age of Detective Fiction” through the compelling tales of this eccentric master of ratiocination. So tune up your own “little gray cells” and get in on the fun. Our common text will be The Labors of Hercules (available through the registration form for \$11). Please read the “Forward” and “The Nemean Lion” before our first meeting. Class limit of 30.

Friday 10:45AM-12:15PM

First Class: January 6

Instructor: Howard Jacobs

Fee: \$12/\$15NR (8 Sessions)

## FOUNDERS HALL WINTER 2017

#### History: Americans in Paris

Come with us across the Atlantic as we look back at Paris from 1830 - 1900. We will focus in on some famous Americans that we all know and some we have never heard of. Through it all these people would change the United States in some form. Medicine, Art, Invention and Literature would be influenced greatly from what is learned in The City of Light. As McCullough points out “Not all pioneers went West.” This fascinating story lets us look closely at men and women who “longed to soar into the blue.” The book for the class, The Greater Journey - Americans in Paris by David McCullough, may be ordered for \$16 using the registration form.

Wednesday 3:15-4:30PM

First Class: January 4

Instructor: Mike Settanni

Fee: \$30/\$36NR (10 Sessions)

#### Investments Discussion

Designed to be an interactive discussion of investment topics, this ongoing series of seminars will provide helpful information on investment resources and review general investment principles. In addition, discussion will be focused on current developments and their direct impact on stock, bond, mutual fund and other investment vehicles. Your thoughts and questions will be welcomed. Some elementary level of investment knowledge is helpful.

Tuesday 10:00-11:30AM

First Class: January 3

Facilitators: D. Campbell, A. Levine

Fee: \$12/\$15NR (10 Sessions)

#### Italian: Beginners Continuing

This continuing class is for those with knowledge of Italian. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. Class will meet January 9, 23; February 13, 20, 27; March 6, 13 and 20.

Monday 8:30-10:00AM

First Class: January 9

Instructor: Rita Schaffer

Fee: \$30/\$36NR (8 Sessions)

## FOUNDERS HALL WINTER 2017

### Academic Program (continued)

#### Italian: Continuing

This class is for those who have taken Beginners Italian or have a prior knowledge of the language. The emphasis will be on speaking, but there will be some focus on grammar, reading and writing. This is a good class for those planning a trip to Italy or for those who just want to experience the beauty of the Italian language.

Level 3 Thursday 10:00-11:30AM First Class: January 4  
Class will meet January 5, 19, 26; February 16, 23; March 2, 9 and 16.

Level 4 Monday 10:00-11:30AM First Class: January 9  
Class will meet January 9, 23, February 13, 20, 27; March 6, 13 and 20.

Instructor: Rita Schaffer Fee: \$30/\$36NR (8 Sessions)

#### Music and Mythology

*"Imagery, especially the imagery of dreams, is the basis of mythology."*

-Joseph Campbell

*"Mythology is not about opting out of this world, but about about enabling us to live more intensely within it."*

-Karen Armstrong

"Sing to me of the man, Muse, the man of twists and turns ....." From those opening words of Homer's *The Odyssey* to Virgil's *The Aeneid* and from *Beowulf* to Ovid's *Metamorphosen*, Michael Lankester investigates how the world of mythology has inspired some of the greatest music in the operatic and orchestral repertoire.

1. Background - The Greek & Roman Myths - Mozart, Beethoven and Berlioz
2. Ovid - Strauss, Britten
3. Daphnis - Ravel
4. Apollo - Britten, Stravinsky
5. Orpheus - Monteverdi, Liszt, Offenbach
6. King Arthur - Purcell, Gluck, Chausson, Albeniz & Birtwhistle
7. The Nordic Myths - Sibelius
8. Tristan and Isolde - Wagner
9. Ariadne - Strauss, Roussel, Crosse

Instructor: Michael Lankester First class: January 12  
Section 1 Thursday 10:45AM-12:15PM Fee: \$30/\$36NR (9 Sessions)  
Section 2 Thursday 1:00-2:30PM Fee: \$30/\$36NR (9 Sessions)

## FOUNDERS HALL WINTER 2017

#### Remarkable Women and Their Amazing Accomplishments

Our world has felt the results of women who took a different path, looked at things differently, and who wanted to change the world around them. Outstanding women in politics, the sciences, the arts, and society left their positive mark on our world.

Instructor: Toni McKeen First Class: January 4  
Section 1 Wednesday 10:30AM-12:00PM Fee: \$30/\$36NR (10 Sessions)  
Section 2 Wednesday 1:15-2:45PM Fee: \$30/\$36NR (10 Sessions)

#### Writing Workshop

Whether you are a new or seasoned writer, come and enjoy the company of classmates who will help you take your writing to a new level. Each week write something of your choice - short story, essay, memoir, poetry - and read it in a friendly environment and receive constructive feedback. Everyone stands to gain as we sharpen our writing skills. The class will be limited to 14 participants.

Monday 2:00-4:30PM First Class: January 9  
Moderator: Anton Deiters Fee:\$30/\$36NR (10 Sessions)

## FOUNDERS HALL WINTER 2017

### Evening Academic Program

#### British Film II

The conventional wisdom that the English and Americans are “two peoples separated by a common language” is nowhere more evident than in movies. This semester we will again screen and analyze four films. The selections are: *A Foreign Field*, *Venus*, *Miss Petigrew Lives for a Day*, and *The Third Man*. The only requirement, still, is a sense of irony.

Tuesday 6:00-9:00PM

First class: January 3

Facilitator: Robert Klaeger

Fee: \$25/\$30NR (4 Sessions)

#### The Nine Symphonies of Beethoven

From the diaries and conversation books of Ludwig van Beethoven and the biographies of Beethoven’s contemporaries, Schindler and Thayer, to the revelatory scholarship of Maynard Solomon and the recently published biography by Jan Swafford, Michael Lankester examines the life of the great composer alongside his Nine Symphonies, the thirty-two Piano Sonatas and the sixteen String Quartets.

1. The Background - The Bonn Years
2. Vienna - Symphonies Nos.1 & 2
3. The Heiligenstadt Testament - Symphony No.3 (Eroica)
4. Restless Creativity - Symphony No.4
5. Isolation - Symphony No.5
6. Escape to Nature - Symphony No.6 (Pastoral)
7. The Apotheosis of the Dance - Symphony No.7
8. The Immortal Beloved - Symphony No.8
9. Ode to Joy - Symphony No.9 (Choral)

Thursday 6:30-8:00PM

First Class: February 2

Instructor: Michael Lankester

Fee: \$30/\$36NR (9 Sessions)

## FOUNDERS HALL WINTER 2017

### Art Program

#### Basic Drawing

This is a basic drawing class for beginning artists, artists who haven’t had pencil in hand for years, or artists who have always wanted to take a crack at drawing. Martha believes we’re all artists and has created the class as a series of exercises designed to experience drawing as a skill-set and to teach students how to really see. The emphasis is on process far more than product. (We’re not going to the Louvre to hang our art, folks, but you’ll likely be delighted with the process.)

Tuesday 12:30 -2:30PM

First class: January 3

Instructor: Martha Talburt

Fee: \$40/\$48NR (10 Sessions)

#### Beginning Portraiture

In this class, Martha builds a bridge from basic drawing skills to the more specific art of drawing portraits. Students study facial anatomy, from the skull outward - including facial features and their placement and how to create the effect of light and shadow on the face. Completion of the *Basic Drawing* class is a prerequisite for this course.

Monday 11:30AM-1:30PM

First Class: January 9

Instructor: Martha Talburt

Fee: \$40/\$48NR (10 Sessions)

#### Drawing with Colored Pencils 1

The class introduces students to this marvelous medium with the jewel-like colors. Martha calls the careful and methodical approach required for colored pencils “meditative.” Students are taught basic color theory along with specific ways to handle the pencils - varied strokes and color mixing methods, including layering, scumbling and burnishing. The course is recommended for the committed art student who has taken Martha’s basic drawing class and is interested in augmenting class work with work at home. Half of the introductory class sessions are general. The second half focuses on colored pencil portraiture. Please bring a box (minimum of 48) of PRISMACOLOR SOFTCORE PENCILS - Ms. Talburt finds these pencils easiest to use and the most satisfying.

Monday 9:00-11:00AM

First Class: January 9

Instructor: Martha Talburt

Fee: \$40/\$48NR (10 Sessions)

## FOUNDERS HALL WINTER 2017

### Art Program (continued)

#### Drawing with Colored Pencils 2

This is an advanced class wherein students should be knowledgeable both in drawing portraits and in the use of colored pencils, as the primary focus is on portraiture. The pre-requisite is COLORED PENCILS 1. Class exercises are consistently challenging - designed to help students see better, feel more deeply about their subjects, and render their compositions more proficiently and empathically. Further work at home is often required.

Monday 2:30-4:30PM  
Instructor: Martha Talburt

First Class: January 9  
Fee: \$40/\$48NR (10 Sessions)

#### Life Drawing

Students work each week from a new, live model. Class is unstructured. During the last half-hour, we will critique our work. Prerequisite is at least the basic drawing and portraiture classes from Martha or have a strong drawing background from other sources. Sixteen students is the maximum for this class. A model fee, based on the number of students in class (16 maximum), will be collected at the first class.

Tuesday 3:00-5:00PM  
Instructor: Martha Talburt

First Class: January 3  
Fee: \$40/\$48NR (10 Sessions)

#### Drawing: Studio Class

This is a non-structured class which has evolved into each student doing his or her own work, putting into practice what's been learned in Martha's other courses. Class members - all intermediate or advanced artists - choose from a full file of model photographs or something they bring from home to work on. Martha assists individuals in these efforts, moving through the classroom critiquing, demonstrating and always validating. Varied choice of drawing medium is encouraged. A major focus is on completed composition.

Tuesday 9:30-11:30AM  
Instructor: Martha Talburt

First Class: January 3  
Fee: \$40/\$48NR (10 Sessions)

#### Open Art Studio

Take advantage of this open time in the Art Studio to work on projects in progress or try something new.

Wednesday 9:00AM-1:00PM

Fee: No Charge

## FOUNDERS HALL WINTER 2017

#### Oil Painting

Beginners will learn oil painting techniques including how to choose and use equipment, mix colors, create light and shadow and prep a canvas or masonite. More experienced artists will cover dimension, tone, the importance of palettes, color mixing, textures and placement of subject matter. Canvas fee is \$3, payable in class.

Section 1 Wednesday 1:00-3:00PM  
Section 2 Wednesday 3:00-5:00PM  
Instructor: Bonnie Weber

First Class: January 4  
First Class: January 4  
Fee: \$40/\$48NR (10 Sessions)

#### Watercolor Basics

This class will help you understand this delicate, luminous medium and develop your own style in the process. You will learn about paper, pigment, techniques, brushes, washes, textures and principles of composition and design.

Thursday 10:00AM-12:00PM  
Instructor: Tina Phillips

First Class: January 5  
Fee: \$50/\$60NR (7 Sessions)

#### Watercolor Intermediate

You will gain further mastery of watercolor technique during this seven-week class with Tina. There will be set-ups, inspiration, demonstration and critique. Completion of a previous watercolor class and mastery of basic skills are required.

Friday 10:00AM - 12:00PM  
Instructor: Tina Phillips

First Class: January 6  
Fee: \$50/\$60NR (7 Sessions)

#### Watercolor Advanced

This class is designed for those experienced in watercolor technique. Come with your own ideas and materials, or accept as much help, critiquing and inspiration from Tina as you want. This is a lively, independent, spirited group. Come paint!

Thursday 1:00-3:00PM  
Instructor: Tina Phillips

First Class: January 5  
Fee: \$40/\$48NR (7 Sessions)

## FOUNDERS HALL WINTER 2017

### Art Program (continued)

#### Weaving Beyond the Basics

This class is for weavers with some experience, such as participation in *Woven Gifts*. We will explore numerous variations in weaving such as lace weaves, tapestry or color and texture. Bring your ideas, your favorite yarns and weave with friends. It is recommended that you have your own loom for this class. There are a few looms available to rent for \$20. Check with the instructor if you have questions about whether this class is for you.

Section 1 Wednesday 9:00 - 11:00AM First Class: January 4  
Section 2 Wednesday 11:30AM - 1:30PM First Class: January 4  
Instructor: Christine Wilkinson Fee: \$55/\$66NR (10 Sessions)

### Evening Art Program

#### Landscape Painting with Acrylics

Explore this versatile media that is quick drying and can be used to create bold, textured colors as well as soft transparent hues that look like watercolors. Beginning with preliminary sketches done in the field or taken from original photographs, learn the components of a good landscape painting while also developing your own style. There will be demonstrations on how to: build a dynamic composition, work with palette knives, acrylic gel, gesso and paste, accentuate or eliminate brush strokes and effectively mix colors. Students may paint on a variety of surfaces in this class including paper, canvas and wooden objects. Some knowledge and experience with drawing is helpful for this class. Class will not meet February 21.

Tuesday 6:00 - 8:00PM First Class: January 3  
Instructor: Jean Linville Fee: \$50/\$60NR (9 Sessions)

#### Watercolor: Beginner/ Again

For the beginning or "returning to" watercolor artist - this class will open your artist's eye to this beautiful and luminous medium. You will learn technique, composition and values while having fun learning to "let go" and let the medium do it.

Thursday 6:00 - 8:00PM First Class: January 5  
Instructor: Tina Phillips Fee: \$50/\$60NR (7 Sessions)

## FOUNDERS HALL WINTER 2017

### Dance Program

#### Beginner Tap Dancing Continued

Learn the basic skills of tap dancing through music. Not only is this class great for learning tap routines, it is also a fun way to keep in shape.

Tuesday 3:00-4:00PM First Class: January 3  
Instructor: Karen Casagrande Fee: \$30/\$36NR (10 Sessions)

#### Intermediate Tap Dancing

Continue to develop your tap dancing technique in this class with Karen.

Tuesday 2:00-3:00PM First Class: January 3  
Instructor: Karen Casagrande Fee: \$30/\$36NR (10 Sessions)

#### Zumba Gold

Zumba Gold brings exciting Latin and international dance rhythms to beginners. The easy-to-follow dances include Cha Cha, Merengue, Salsa, Cumbia, Tango, Rumba, Belly Dance and even Rock and Roll! SO COME AND FEEL THE MUSIC! Great for the mind, body and soul, Zumba is fun, easy, different and effective. HAVE FUN AND STAY FIT!

Thursday 3:30-4:30PM First Class: January 5  
Instructor: Roxane Angotta Fee: \$30/\$36NR (10 Sessions)

# WINTER 2017 REGISTRATION

Here are the steps for registration:

1. Read the course book and select programs.
2. Complete the form on pages 19 – 23 indicating your contact information and the programs you want to take. If you are taking the class or trip with another person (or have a partner for Duplicate Bridge), please note that person's name next to the appropriate class.
3. Total your program fees. The payment for Ridgefield residents is the first amount. The payment for non-Ridgefield residents is the second amount designated as "NR."
4. Indicate your payment method:
  - Check, payable to Founders Hall. (You may submit one check for your entire registration.)
  - Cash (if you're hand-delivering your registration).
  - Credit card: Visa, MasterCard or American Express. We will add a 4% processing fee to the transaction.

**5. Mail or drop off your completed registration form and payment at Founders Hall so that it arrives by 4:30pm on Monday, December 5.**

Please note: If a class you've selected is oversubscribed, we will make every effort to add additional sections. If necessary, we will conduct a random lottery to determine places in oversubscribed classes. If we are not able to accommodate your selection, we will call you and refund your payment. You will not hear from us if we are able to accommodate your selections.

If you have questions or need assistance with completing the registration form, please contact Grace or Tracy.

# Founders Hall WINTER 2017 Registration Form

Member ID Number \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

E-mail: \_\_\_\_\_

	Sign me up	Course Fee		Book Fee	
		Ridgefield	Non-Ridgefield		
<b><u>Academic Courses</u></b>					
Art of Writing	<input type="checkbox"/>	\$30	\$36		
Current Events	<input type="checkbox"/>	\$12	\$15		
French Continuing Beginners 1	<input type="checkbox"/>	\$30	\$36	<input type="checkbox"/>	\$24
French Continuing Beginners 2	<input type="checkbox"/>	\$30	\$36	<input type="checkbox"/>	\$24
French Adv Beginners/Intermediate	<input type="checkbox"/>	\$30	\$36		
Great Books	<input type="checkbox"/>	\$30	\$36	<input type="checkbox"/>	\$26
Great Decisions	<input type="checkbox"/>	\$30	\$36		
Hercule Poirot	<input type="checkbox"/>	\$12	\$15	<input type="checkbox"/>	\$11
History: Americans in Paris	<input type="checkbox"/>	\$30	\$36	<input type="checkbox"/>	\$16
Investments Discussion	<input type="checkbox"/>	\$12	\$15		
Italian Beginners Continuing	<input type="checkbox"/>	\$30	\$36		
Continuing Italian 3	<input type="checkbox"/>	\$30	\$36		
Continuing Italian 4	<input type="checkbox"/>	\$30	\$36		
Music and Mythology					
Section 1 10:45AM	<input type="checkbox"/>	\$30	\$36		
Section 2 1:00PM	<input type="checkbox"/>	\$30	\$36		

	Sign me up	Course Fee		Loom Fee
		Ridgefield	Non-Ridgefield	
<b><u>Academic Courses continued</u></b>				
Remarkable Women				
Section 1 10:30AM	<input type="checkbox"/>	\$30	\$36	
Section 2 1:15PM	<input type="checkbox"/>	\$30	\$36	
Writing Workshop	<input type="checkbox"/>	\$30	\$36	

<b><u>Evening Academic Courses</u></b>				
British Film	<input type="checkbox"/>	\$25	\$30	
Nine Symphonies of Beethoven	<input type="checkbox"/>	\$30	\$36	

**Art Courses**

Basic Drawing	<input type="checkbox"/>	\$40	\$48	
Beginning Portraiture	<input type="checkbox"/>	\$40	\$48	
Drawing with Colored Pencils 1	<input type="checkbox"/>	\$40	\$48	
Drawing with Colored Pencils 2	<input type="checkbox"/>	\$40	\$48	
Life Drawing	<input type="checkbox"/>	\$40	\$48	
Drawing: Studio Class	<input type="checkbox"/>	\$40	\$48	
Oil Painting Section 1 1:00	<input type="checkbox"/>	\$40	\$48	
Oil Painting Section 2 3:00	<input type="checkbox"/>	\$40	\$48	
Watercolor Basics	<input type="checkbox"/>	\$50	\$60	
Watercolor Intermediate	<input type="checkbox"/>	\$50	\$60	
Watercolor Advanced	<input type="checkbox"/>	\$40	\$48	
Weaving Beyond the Basics				
Wednesday 9:00-11:00	<input type="checkbox"/>	\$55	\$66	
Wednesday 11:30-1:30	<input type="checkbox"/>	\$55	\$66	

	Sign me up	Course Fee	
		Ridgefield	Non-Ridgefield
<b><u>Evening Art Courses</u></b>			
Landscapes with Acrylics	<input type="checkbox"/>	\$50	\$60
Beginner/Again Watercolor	<input type="checkbox"/>	\$50	\$60

**On the Road Trips**

Museum of Natural History	<input type="checkbox"/>	\$50	\$60
Guggenheim Museum	<input type="checkbox"/>	\$50	\$60
Eagle Watch and River Museum	<input type="checkbox"/>	\$100	\$120

**Special Events**

Spaghetti Dinner and a Movie	<input type="checkbox"/>	\$8	\$10
Billiards Tournament	<input type="checkbox"/>	\$8	\$10

**Dance Courses**

Beginner Tap Dancing Continued	<input type="checkbox"/>	\$30	\$36
Intermediate Tap Dancing	<input type="checkbox"/>	\$30	\$36
Zumba Gold	<input type="checkbox"/>	\$30	\$36

**Hobby and Sports Courses**

Basketball Clinic	<input type="checkbox"/>	\$30	\$36
Bridge - Assisted Play	<input type="checkbox"/>	No fee	
Bridge Play and Analyze	<input type="checkbox"/>	\$30	\$36
Cooking with Chef Jehan			
Thursday	<input type="checkbox"/>	\$12	\$15
Friday	<input type="checkbox"/>	\$12	\$15
Duplicate Bridge			
Monday	<input type="checkbox"/>	\$15	\$18
Partner (if any): _____			
Friday	<input type="checkbox"/>	\$15	\$18
Partner (if any): _____			

	Sign me up	Course Fee		Book Fee
		Ridgefield	Non-Ridgefield	
<b><u>Hobby and Sports Courses</u></b>				
Genealogy				
Adv Beg Genealogy Monday	<input type="checkbox"/>	\$40	\$48	
Adv Beg Genealogy Thursday	<input type="checkbox"/>	\$40	\$48	
Continuing Genealogy Tuesday	<input type="checkbox"/>	\$40	\$48	
Intermediate Genealogy Thursday	<input type="checkbox"/>	\$40	\$48	
Book Project Genealogy Thursday	<input type="checkbox"/>	\$40	\$48	
Advanced Genealogy Thursday	<input type="checkbox"/>	\$40	\$48	
2017 Calendar Year Database Fee	<input type="checkbox"/>			\$20
Jewelry Workshop 10:00	<input type="checkbox"/>	\$17 per piece		
Jewelry Workshop 1:00	<input type="checkbox"/>	\$17 per piece		
Knitting and Crocheting	<input type="checkbox"/>	\$30	\$36	
Piano Lessons				
Beginner	<input type="checkbox"/>	\$30	\$36	
Beginner Repeat	<input type="checkbox"/>	\$60	\$70	
Intermediate Beginner	<input type="checkbox"/>	\$60	\$70	
Advanced Beginner	<input type="checkbox"/>	\$60	\$70	
Pickleball Beginning	<input type="checkbox"/>	\$30	\$36	
Pickleball Ladder Play	<input type="checkbox"/>	\$30	\$36	
Quilt or Sew	<input type="checkbox"/>	\$40	\$48	

**Evening Hobby and Sports Courses**

Cooking with Chef Jehan	<input type="checkbox"/>	\$12	\$15	
Sanctioned Duplicate Bridge To register, email dlthornton@sbcglobal.net				

	Sign me up	Course Fee	
		Ridgefield	Non-Ridgefield
<b><u>Technology Courses</u></b>			
Intro to Computer	<input type="checkbox"/>	\$30	\$36
Microsoft Word	<input type="checkbox"/>	\$30	\$36
Photoshop Beginning	<input type="checkbox"/>	\$30	\$36
Photoshop Advanced	<input type="checkbox"/>	\$30	\$36

**Evening Technology Courses**

Photoshop Level 2	<input type="checkbox"/>	\$30	\$36
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**Before you register, consider this...**

Although your class fee may be just \$30, it actually costs Founders Hall \$90 to provide that class to you. How can we offer such a discount? Because members like you donate to Founders Hall in addition to paying program fees. If you have not yet made a donation this year, why not send one in with your registration? That's the ONLY way we can continue to offer low-cost, life-long learning.

**Payment**

Total Program Fees: \$ \_\_\_\_\_

Donation: \$ \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

Payment Method

Check enclosed payable to Founders Hall  
You may submit one check for your entire registration.

Cash (hand-delivered)

Credit Card (Visa, Mastercard or American Express)  
A 4% processing fee will be added to the transaction.

Card number: \_\_\_\_\_

Exp. date: \_\_\_\_\_ cvc: \_\_\_\_\_

# FOUNDERS CIRCLE

Founders Circle is growing! These forward-thinking and caring individuals are linking their legacy with Founders Hall by leaving a bequest in their wills. **Why not join them?** Leaving a non-binding bequest to Founders Hall will proclaim your values, ensure that the next generation has the same access to life-long learning as you do, and impact lives for years to come.

For more information on legacy giving, please see Cindy Nesbitt.

ANONYMOUS	EMELIE HOWARD
JOAN ANTKIW*	CLAUDIA KELLY
STEPHEN ANTKIW	JAMES KELLY
ROSE M. ANTONUCCI*	DOLORES MACNEILL
THERESA BACH	MARGARET MCEACHERN
LEE V. BLUM	BEVERLY OSGOOD
JOAN BUBERT	WILLIAM OSGOOD
JIM CHRISTIANO	JOANNE PATRICK
JEANNE COOK	JOHN PATRICK
ELAINE COURI	CAROL M. PERINE
JOHN COURI	CANDACE PLECHAVICIUS
JACK DANIELS*	MARY LAURA PRITCHARD
JULIENNE DANIELS	TOM PRITCHARD
LIZ GOLDSTONE	BARBARA SCHNEIDER*
STEVEN GOLDSTONE	HELENE TAYLOR
MARYANN GRIERSON	ALAYNE VLACHOS
PETER GRIERSON	<i>*in grateful memory</i>



## Founders Circle

### What is it?

Founders Circle is a legacy society comprised of passionate people who are leaving a bequest to Founders Hall in their wills.

### Why would I join?

These legacy gifts allow us to maintain and improve our beautiful building, expand programming to meet the needs of an evolving membership, and develop initiatives that will carry Founders Hall forward for future generations.

You don't need great wealth to leave a bequest. A legacy gift of any size costs you nothing now - there is no out-of-pocket expense to leave a legacy gift.

### How do I join?

Name Founders Hall as a beneficiary in your will specifying either a dollar amount or a percentage of the remaining estate after all expenses are paid. You can make this commitment to Founders Hall through a simple codicil to your will. Or if you happen to be revising your will to add a new grandchild, for example, you can make the commitment then. You can also make Founders Hall a beneficiary of a life insurance policy, trust, 401(k), or IRA.

It is the commitment you are making, not the amount of the gift that is so important. Simply tell us you have made arrangements for a gift to Founders Hall (no need to specify any details) and we will include you as a member of Founders Circle.

## FOUNDERS HALL WINTER 2017

### On the Road Program

The following trips will depart from Pond's Edge Executive Park, 901 Ethan Allen Highway (Route 7). The executive park is south of the intersection of Routes 35 and 7.

Please enter through the south entrance, which is near Ace Tire and across the street from Ridgefield Self-Storage. There is a sign that says "Medical and Professional Park" at the entrance. Founders Hall staff will direct you to a parking spot from there.

**The bus will leave promptly at the assigned time. We are not able to wait for any late arrivals, no exceptions.**

#### American Museum of Natural History

Spend a day exploring fascinating artifacts and life-like exhibits as you wander the halls of this iconic, world-class museum. Our trip will include the Hayden Planetarium Space Show, *Dark Universe*, narrated by Neil deGrasse Tyson. This show celebrates the pivotal discoveries that have led us to greater knowledge of the structure and history of the universe. Lunch will be on your own at the museum's food court or a nearby restaurant.

Monday, January 23                      8:30AM-5:30PM                      Fee: \$50/\$60NR

#### Guggenheim Museum

Come with us to one of the most important architectural landmarks of the 20th-century, the Frank-Lloyd Wright-designed Guggenheim Museum. We will have a guided tour of the exhibit *Visionaries: Creating a Modern Guggenheim*, which explores not only avant-garde innovations from the late 19th through mid-20th centuries, but also the radical activities of six patrons who brought to light some of the most significant artists of their day. Lunch is on your own at the museum's restaurant or café, or a nearby restaurant.

Tuesday, March 21                      8:30AM-5:30PM                      Fee: \$50/\$60NR

## FOUNDERS HALL WINTER 2017

#### Eagle Watch River Cruise and Connecticut River Museum

We will take a 90-minute cruise of the lower Connecticut River and learn about the river's ecology, rich history, and wildlife, including eagles, osprey and more. Our on-board naturalist will help us find and observe eagles and other wintering wildlife. We will also have a guided tour of the Connecticut River Museum which offers exhibitions about the important stories of the River and its people, and will see their special exhibit of model trains. After our tours we will have lunch at The Griswold Inn.

The boat has a heated covered cabin but you will want to be on deck to see the wildlife. You will need to wear sturdy shoes and dress warmly (and in layers) for being outside in cold weather. Moderate walking is required between the dock, museum and restaurant. The boat cruise is held in normal winter weather, including snow.

Wednesday, February 15                      8:15AM-4:30PM                      Fee: \$100/\$120NR

**A minimum of 40 registrants is required for each trip.**

## FOUNDERS HALL WINTER 2017

### Distinguished Speaker Series

**Jack Sanders**  
Wicked Ridgefield                      Friday, March 3                      1:00PM

### Seminar Series

**Aging: It's Just a Number, Right?**  
Bill Crawford                      Friday, January 6                      1:00PM

**Strategies for the Reverse Mortgage in Retirement Planning**  
Robert Tranchell                      Friday, January 20                      1:00PM

**Scams: How to Identify Them and Avoid Them**  
Police Chief John Roche                      Friday, January 27                      1:00PM

**21st Century Education**  
Karen Baldwin                      Monday, January 30                      1:00PM

**China Then and Now**  
Doug and Kathleen Coombs                      Friday, February 3                      1:00PM

**Choosing a Caregiver**  
Heather McGhie                      Friday, February 17                      1:00PM

**Your Must Have Documents**  
P Banks, C Ceponis, L Tewes                      Friday, February 24                      1:00PM

**Handling Difficult Conversations**  
Dr. Dan Joynt                      Friday, March 24                      1:00PM

## FOUNDERS HALL WINTER 2017

### Tastings and Teas

Winter Warmth Tea                      Friday, January 13                      2:00-3:30PM  
*Sponsored by The Greens at Cannondale and Wilton Meadows*

Beach Party Tea                      Friday, February 10                      2:00-3:30PM  
*Sponsored by Oasis Senior Advisors*

Salt Tasting                      Friday, March 10                      2:00-3:30PM  
*Sponsored by Laurel Ridge Health Care*

### New Member Coffees

Monday, December 5                      10:30-11:30AM

Monday, March 13                      10:30-11:30AM

### Special Events

**Billiards Singles Tournament**  
\$8/\$10NR                      Wed. & Thurs., Feb. 1 & 2                      10:00AM

**Spaghetti Dinner and a Movie**  
*Sponsored by Dimitri's Diner*  
\$8/\$10NR                      Thursday, January 26                      5:00-7:00PM



## FOUNDERS HALL WINTER 2017

### Hobby and Sports Program (continued)

#### Genealogy

Gathering information about one's family is one of America's biggest hobbies. The various course levels range from the basics of census and immigration research through more advanced research techniques, and finally putting it all together in a wonderful book with documents, photos and stories.

**Please note: Completion of Beginning Genealogy is a prerequisite for these classes.** Please check with Toni regarding correct class placement

Advanced Beginner Genealogy	Monday	9:30AM-11:30AM
Advanced Beginner Genealogy	Thursday	10:30AM-12:30PM
Continuing Genealogy	Tuesday	11:30AM-1:30PM
Intermediate Genealogy	Thursday	2:30-4:30PM
Book Project Genealogy	Thursday	8:30-10:30AM
Advanced Genealogy	Thursday	12:30-2:30PM

Instructor: Toni McKeen First Class starting January 3  
Fee: \$40/\$48NR (10 Sessions)

2017 Calendar Year Database Fee: \$20  
All students must pay the database fee.

#### Jewelry Repurposed Workshop

Chances are you have beaded necklaces and bracelets, either broken or out of fashion, sitting in the back of a drawer or tucked away in a box in your closet. So... it's time to repurpose them at this Repurposed Jewelry Workshop. Bring your assorted collection and with the guidance of Kathy you will mix and match the beads to create a new piece or two of jewelry. Kathy will provide stringing wire, an assortment of additional beads in case some gaps need to be filled, as well as the finishing components including sterling silver clasps to complete the new designs you create. And don't forget the dangle earring that lost its mate – it might make a lovely pendant necklace. Limit of 12 participants per session.

Thursday March 9  
Section 1: 10:00AM - 12:00PM  
Section 2: 1:00-3:00PM  
Instructor: Kathryn Rothfeld

Fee: \$17 per piece

## FOUNDERS HALL WINTER 2017

#### Knitting and Crocheting

Work on the project of your choice, meet other knitters and crocheters, be inspired by your classmates' projects, troubleshoot problems, get important hints and tips along with a discount at a local store. You can learn a new skill or technique, cure your "finishing phobia," bring a "show and share" or start from the beginning. This is a large class, so bring ample patience.

Tuesday 12:15-2:15PM First Class: January 3  
Instructor: Jo Ann Brown Fee: \$30/\$36NR (10 Sessions)

#### Piano Lessons

These classes are limited to seven students. Schedule is subject to change.

Beginner*	Thursday 12:15-1:15PM	Fee: \$30/\$36NR (10 Sessions)
Int. Beginner	Thursday 11:00AM-12:15PM	Fee: \$60/\$70NR (10 Sessions)
Adv. Beginner	Thursday 9:30-11:00AM	Fee: \$60/\$70NR (10 Sessions)
Instructor: Ed Kadziewicz		First Class: January 5

\*Fee to repeat Beginning Piano Class: \$60/\$70NR

#### Pickleball - Beginners

Pickleball is a blend of tennis, badminton and ping pong. Pickleball is a great way to meet new people and play a game that is right for a variety of skill levels and ages. It is a fun, easy sport to learn! Come swing a paddle with us and enjoy one of the fastest growing sports in America. Class will meet at the Parks and Recreation Center gym. No class February 16.

Thursday 1:15-2:30PM First Class: January 5  
Instructors: Janice Pauly and Ted Seibert Fee: \$30/\$36NR (9 Sessions)

#### Pickleball: Ladder Play

Test your pickleball skills as part of an informal ladder league. Players registering for the session will be randomly placed on a ladder and grouped with three other players for matches to be played each Friday. Players move up and down the ladder based on their game results. A fun way to practice pickleball with groups of similarly skilled players. Class meets at Parks and Recreation Center gym. No class Feb. 17.

Friday 1:15-2:30PM First Class: January 6  
Instructors: Janice Pauly and Ted Seibert Fee: \$30/\$36NR (9 Sessions)

## FOUNDERS HALL WINTER 2017

### Hobby and Sports Program (continued)

#### Quilt or Sew

This class will be a combination of quilting and/or sewing. Continue your quilting journey or learn to use a sewing machine from the very start, read a pattern, begin to make garments or simple home decorating items or refresh your sewing skills. General sewing supplies needed for both mediums. Class is limited to 10 participants.

Tuesday 10:00AM-12:00PM

First Class: January 3

Instructor: Jo Ann Brown

Fee: \$40/\$48NR (10 Sessions)

### Evening Hobby Program

#### Culinary Series

**Cooking with Chef Jehan De Noüe:** Chef Jehan returns to demonstrate recipes and share cooking tips and techniques.

Tuesday 6:00-8:00PM

Class date: February 21

Instructors: Chef Jehan De Noüe

Fee: \$12/\$15NR (1 Session)

#### ACBL Sanctioned Duplicate Bridge

In our fully sanctioned ACBL duplicate bridge game, players may earn masterpoints in full compliance with rules, regulations and protocol established by the American Contract Bridge League. Play is open to Founders Hall members and a guest.

As space is limited, Founders Hall members may secure a reserved spot in each week's game by emailing the director at dlthornton@sbcglobal.net until the Tuesday afternoon preceding the game. If you have pre-registered, please inform the director immediately if you become unable to play.

Reservations will be held until 5:45PM at which time spaces will be made available for walk-ins. Non-members are welcome to join us by following the same sign-in procedure and being advised there are seats available.

Payment will be collected at the door or see Tracy to pre-pay.

Thursday 6:00-9:00PM

Director: Debbie Thornton

Fee: \$11/\$13NR per game

## FOUNDERS HALL WINTER 2017

### Technology Program

#### Introduction to Computer

Designed for the novice who wishes to learn the fundamentals of computers, this introduction to computer systems and programs will include Microsoft Windows and Word and various other computer applications. This class will be taught using Windows 7 operating system and Microsoft Word 2010.

Monday 1:00-2:30PM

First class: January 9

Instructor: Carl Scala

Fee: \$30/\$36NR (10 Sessions)

#### Microsoft Word

Learn the extensive capabilities of Microsoft Word in this ten-week class. Formatting (including bullets, borders and shading), headers and footers, WordArt, SmartArt, clip art, personal letters, newsletters, watermarks, tables and more will be covered. This class will be taught using Windows 7 operating system and Microsoft Word 2010.

Monday 3:00-4:30PM

First class: January 9

Instructor: Anita Vallee

Fee: \$30/\$36NR (10 Sessions)

#### Open Computer Lab

Need help? On Fridays from 10AM-12 noon, coaches will be on hand to answer questions and give additional assistance to computer class students. This program is free of charge.

#### Open Tech Lab

Need help with your electronic devices? A volunteer will be in the Computer Lab on Fridays from 2-3PM to answer questions and assist you. This program is free of charge.

## FOUNDERS HALL WINTER 2017

### Technology Program (continued)

#### Photoshop Elements 8 Beginning

Come and begin to master the amazing Photoshop Elements 8 program. With a step-by-step approach, you will learn to use the tools in the Tool Box and some fun tricks to enhance your older photos and to improve your less-than-perfect newer ones. Photos will be provided for practice in class. This course is a requirement for the advanced levels of Photoshop 8 classes.

Tuesday 3:00-4:30PM

First Class: January 3

Instructor: Toni McKeen

Fee: \$30/\$36NR(10 sessions)

#### Photoshop Elements 8 Advanced Level

After completing the three levels of Photoshop Elements 8 and learning how to use the tools and tricks, you will now have the opportunity to master these techniques by practicing on your own photos with the help of the instructor. Bring your photos to class on a flash drive.

Prerequisites for class: Completion of all 3 levels of Photoshop 8.

Tuesday 1:30-3:00PM

First Class: January 3

Instructor: Toni McKeen

Fee: \$30/\$36NR(10 sessions)

### Evening Technology Program

#### Photoshop Elements 8 Level 2

Having learned to use many tools to enhance photos, in this class we will peel away the “mystery” of using layers. Students will also expand their skills by exploring the advanced use of gradients, working with text, hand coloring B/W photos, correcting color cast, and many other fun tricks. Completion of Beginning Level of Photoshop Elements 8 is a prerequisite for this class.

Tuesday 7:00-8:30PM

First Class: January 3

Instructor: Toni McKeen

Fee: \$30/\$36NR(10 sessions)

## 2017 FITNESS PROGRAM

*The Fitness Program is sponsored by  
The Paul and Johanna Laszig Trust and Barker Welfare Foundation*

**Fitness classes are offered on a monthly basis. Registration for 2017 Fitness Classes opened October 18, 2016. Please call regarding availability of classes.**

#### Aerobics

A low-impact exercise program offered throughout the year for muscle conditioning and increased body strength.

Section 1 Mon./Wed./Fri. 8:30-9:30AM

Section 2 Mon./Wed./Fri. 9:35-10:35AM

Instructor: S. Consentino, P. Crotty, S. Neumann Fee: \$35/\$42NR per month

#### Aquacize

This low-impact water exercise program uses flotation devices to improve joint flexibility, relieve pain and stiffness, and tone muscles.

Tues./Thurs. 9:30-10:30AM

Location: Parks & Recreation

Instructor: Parks & Rec Staff

Fee: \$35/\$42NR per month

#### Core

Pilates approach will be used in this core strengthening program. Stretching and use of free weights will strengthen the overall body as well as improve flexibility and balance. The class will use both mats and chairs.

Mon./Wed. 3:30-4:30PM

Instructor: Patti McEvoy Maloney

Fee: \$35/\$42NR per month

#### Stretch and Flex

This mostly-seated workout addresses the full body, focusing on flexibility and range of motion. This positive-attitude exercise approach incorporates lifting, reaching, stretching and breathing exercises, which can make even everyday activities easier.

Mon./Wed. 2:25-3:25PM

Instructor: Colleen Cugine

Fee: \$35/\$42NR per month



Founders Hall Foundation, Inc.  
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Ridgefield, CT 06877

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