

FOUNDERS

FORUM

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Ridgefield Crossings
A Benchmark Senior Living Community

APRIL 2017

A Message from Grace

As spring semester gets underway, come learn about updates in estate planning and hearing technologies. During April, we'll treat you to a special Tea and a lively Tasting. And, we'll celebrate our cherished volunteers at the annual volunteer luncheon. We could not do all that we do here without them.

Our popular Antique Appraisal and Gold Sale are back, which can enrich you while helping Founders Hall. Speaking of enriching Founders Hall, we want to thank all of you who sent in donations with your spring registration. What a great way to help us fill the funding gap between the low fees you pay and our actual expenses. If you missed that chance, you'll find more opportunities springing up in the front hall with our annual Spring for Things as well as a special day out at Talbots. See the back page for details. I am so grateful for your ongoing support.

Happy Spring!

APRIL HIGHLIGHTS

- 6 O.W.L.S
RVNA Blood Pressure Screen
Founders Hall Day at Talbots
- 7 TEA: Tea Shop
sponsored by Laurel Ridge Health Care Center
- 12 Antique Appraisal and Gold Sale
- 13 BOOK DISCUSSION: News of the World
- 14 CLOSED, Good Friday
- 20 Volunteer Lunch *sponsored by Greens at Cannondale and Wilton Meadows*
- 21 SEMINAR: Updates in Estate Planning and Elder Law
- 28 TRIP: Wadsworth Atheneum
SEMINAR: Hearing Technology
Salt Tasting *sponsored by Laurel Ridge Health Care Center*

SEMINARS

UPDATES IN ESTATE PLANNING AND ELDER LAW

Friday, April 21, 1 pm

Attorney Ann L. Fowler-Cruz, of Cohen and Wolf, P.C., says that 2017 is already a year of changes. She will review some of the state and federal proposals that may impact your estate and long-term care planning, including State of Connecticut budget cuts and an estate tax exemption increase as well as some of the proposed federal changes to estate tax and Medicaid.



HEARING TECHNOLOGY

Friday, April 28, 1 pm

According to the National Center for Health Statistics, 48 million Americans have some degree of hearing loss. Mike Gravitz, former president of the southwest chapter of Hearing Loss Association of America, will lead a frank discussion of hearing loss, describe the latest assistive technologies and suggest coping techniques to improve communication.



Founders Hall is a Donor-Supported Education and Recreation Center for Individuals Age 60 and Older

193 Danbury Road, Ridgefield, CT 06877 • 203.431.7000 • www.founders-hall.org • Facebook: Founders Hall Ridgefield
M/W/F: 8:30 am - 4:30 pm Tu/Th: 8:30 am - 8:30 pm

Hats off to you!

Volunteer Appreciation Lunch

Thursday, April 20

Noon - 2 pm



April is Volunteer Appreciation Month. Our members and staff tip our hats to all the volunteers who make Founders Hall an engaging place. Volunteers will enjoy a lively springtime lunch while we honor those who keep Founders Hall head and shoulders above the rest! We will recognize entertainer Steve Kazlauskas as our Community Volunteer of 2016.

If you have volunteered more than 10 hours during 2016 and have not received an invitation to the luncheon, please contact Lisa. We would love to have you join us.

The FH Gardens Need Help!

Thanks to a team of dedicated members, our Founders Hall gardens thrive with beautiful flowers, herbs and vegetables. Although our gardens are growing, our group is not. If we are going to continue to maintain this beautiful resource, we need more hands for watering, weeding, spreading mulch and more. No experience is necessary. All you need is a willingness to help during the busy spring and summer season. You'll be amazed at what you'll learn. **For more information, join us on Friday, April 21, 1pm, in the dining room.** Help us make our gardens happy!



EVENTS

sponsored by



(Please note different times.)



TEA SHOP TEA Friday, April 7 3 pm

Meredith Mulhearn of *Cucumber & Chamomile* will speak about the differences between various types of tea from a health perspective and touch on the history of tea. She will also demonstrate the traditional Japanese way to make Matcha, the healthiest of the true teas.



SALT TASTING Friday, April 28 2:30 pm

Season your afternoon with a variety of flavorful salts and the savory sounds of Salsa, Merengue and more courtesy of the Founders Hall Zumba Gold class.

BOOK DISCUSSION

Thursday, April 13, 3pm

News of The World
by Paulette Giles

Facilitated by Mary Rindfleisch
of the Ridgefield Library



Thanks, Starbucks!



In addition to delicious baked goods, Starbucks is now generously donating sandwiches, salads and parfaits for you to enjoy while at Founders Hall. Because these items are perishable, they will be stored in the small refrigerator in the dining room. **This refrigerator is for Starbucks items only.** Please do not store your own food in there.

Remember, we get an average of 200 people a day here, so please share these snacks.

April at the Movies

Please note that movies can change based on availability.

mon **3** **Birth of a Nation** **2 pm**
 Nat Turner, a literate slave and preacher in the antebellum South, orchestrates an uprising.
2016, Nate Parker, Armie Hammer, R, 120 mins.

mon **10** **Mr. Church** **2pm**
 The story of a unique friendship that develops when a little girl and her dying mother retain the services of a talented cook - Henry Joseph Church. What begins as a six-month arrangement instead spans into fifteen years and creates a family bond that lasts forever.
2016, Eddie Murphy, Britt Robertson, PG-13, 104 mins.

mon **17** **Big Eyes** **2 pm**
 A drama about the awakening of painter Margaret Keane, her phenomenal success in the 1950s, and the subsequent legal difficulties she had with her husband, who claimed credit for her works in the 1960s.
2014, Amy Adams, Christoph Waltz, PG-13, 106 mins.

fri **21** **The Bicycle Thief** **3 pm**
 In post-war Italy, a working-class man's bicycle is stolen. He and his son set out to find it.
1949, Lamberto Maggiorani, Enzo Staiola, NR, 89 mins.

mon **24** **The Painted Veil** **2 pm**
 A British medical doctor fights a cholera epidemic in a small Chinese village, while being trapped at home in a loveless marriage to an unfaithful wife.
2006, Naomi Watts, Edward Norton, PG-13, 125 mins.



Join Us!

Bingo*	Fridays**	1 - 3 pm
Chess	Mondays	1:30 - 4:30 pm
Gardeners	Third Friday	1 - 2:30 pm
Mah Jongg	Thursdays	10am - 12 pm
Mexican Train Dominoes	Wednesdays	2:30 - 4:30 pm
Needlework	Thursdays	12 - 1:45 pm
Pinochle	Thursdays	2:30 - 4:30 pm
Quilting	Tuesdays	2 - 4 pm
Rug Hooking	Wednesdays	1:30 - 4 pm
Scrabble	Thursdays	1 - 3 pm
Walking	Mon./Wed.	8:20 am
Woodcarving	Mondays	1:30 - 4 pm

**except April 7, 14 and 28

*Bingo sponsored by



Welcome!

New Members

(as of March 15)

Jean Baldrige Yates	Nancy Houghton
Thomas Bergeron	Diane Jones
Hedy Butler	Jack Kozuchowski
Linda Clark	Nancy Kozuchowski
Ernest Conti	Joanne Marien
Diane DeSerio	James Orkin
Richard DeSerio	Jan Rifkinson
Ali Dorn	Laura Sanchick
John Dorn	John Simpson
Lois Driscoll	Sandra Simpson
Aileen Egan	Michael Vellensky
Karen Forrest	Ruth Vellensky
Altan Gursel	Peter Viviano
Kathleen Gursel	Kathleen Waters
Elizabeth Hanson	Leo Waters
James Harburger	John Wille
Michael Herron	Nancy Wille

FOUNDERS HALL DAY AT TALBOTS



Thursday, April 6, 10am – 8pm

Perk up your spring wardrobe while supporting life-long learning. If you shop at Talbots in Ridgefield anytime on Thursday, April 6, the store will donate 10% of all pre-tax sales to Founders Hall. Simply let the salesperson know you are shopping for Founders Hall. Located at Copps Hill Common, Talbots is known for its classic women's styles, quality craftsmanship and gracious customer service. The store will provide light refreshments throughout the day, so invite your friends for a fun, fashionable and worthwhile outing. Happy shopping and thanks for helping!

ANTIQUUE APPRAISAL & GOLD SALE

Wednesday, April 12, Noon - 4pm

Cost: \$5 per item to benefit FOUNDERS HALL.

Think you may have a hidden treasure? Bring in **up to three** items and Jack DeStories from Fairfield Auction will appraise their value. Please bring patience as this is a popular event.

An appraiser from American Gold & Diamond Buyers will also be here to evaluate your unwanted gold, silver and diamond jewelry and watches and offer you a price based on current values. If you sell, you will receive cash; Founders Hall will receive a portion of the total proceeds. Please bring valid identification.



FAIRFIELD AUCTION
ANTIQUES AND FINE ART

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SPRING FOR THINGS

Throughout April, you'll notice paper flowers springing up on trees in the front hall and dining room. Each flower is inscribed with needs for items such as newspaper subscriptions, stamps, coffee and more. Will you spring for the cost of one of those items? If so, simply pick a flower, attach your monetary donation and give it to the front desk. We'll use your donation to buy the item you choose.

You can make your donation individually or with a group of friends, classmates or exercise buddies. With your ongoing care and support, Founders Hall will bloom with great programs, classes and fellowship. Thank you for tending this very special garden.



Founders Hall, a 501(c)3 public charity incorporated under the name Founders Hall Foundation, Inc., was established by the Couri and Goldstone families. The Foundation has an agreement with the town of Ridgefield to lease the land and run Founders Hall through 2022, with the option for future extensions. With continued support from generous people like you, the Foundation will run Founders Hall for generations to come.

DONORS

Thank you!

Thank you to the many members who responded so generously to our February appeal letter with a donation. As you know, your support is essential to filling the funding gap between low fees and what it actually costs to provide all the wonderful programs you enjoy here.

We're happy to report that more donations have arrived with spring semester registrations, which we'll show in next month's newsletter. We're so grateful that the people who know, love and use Founders Hall are willing to support it.

Donors *from February 14 through March 9, 2017*

Anonymous	Joseph Ellis	Bessie Krysiewich
Joel R. Anyan	Inga Engstrom	Susan and Kevin Lally
Mr. and Mrs. James Arcuri	Angelina and Vincent Falotico	Bill and Bernadette Langenstein
Frida Avidon	Theodora Farrell	Linda Laqueur
Bonnie Barrett	Ruth Fasolino	Carolyn Lawrence
Sue and John D. Baruc	Walter Feltmate	Tony and Marianne Loomis
Ralph and Emily Beck	Filosa for Nursing and Rehabilitation	Lounsbury House
Jackie and Tom Beck	Lee and Brenda Finkel	Charles A. Luisi
Christopher and Videen Bennett	Beulah Fisher and Dr. John K. Fisher	James and Marny Lundy
Phyllis Best	Dr. and Mrs. Robert P. Fornshell	Jonathan Lustig
Bethel Health Care Center	Dorothy M. Franks	Maree MacPherson
Devera Black	Robert F. Fried	Noreen and Bill Magill
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Ann Buccitti	Jim and Sally Gilrain	Robert and Patricia Martinsen
Clarence Butler	Wilbert R. Goodwin	Lou and Carolyn McAdams
Max and Fran Caldwell	Joan Gregory	Margaret McEachern
Evelyn Calvert	Peter and Maryann Grierson	Carolyn and Earl Meyers
Pat Carey	Carol J. Haley	Mrs. Joanne Moyler
Mary Kay Carroll	Carol Hamilton	Katherine Nielsen
Joseph P. Cleary	Carol Hanlon	Althea Nolan
Ron and Kathy Cococcia	Irma Harkins	Jan A. Olmer
Helen and Frank Connally	Doris H. Healey	Mr. and Mrs. William Osgood
Ruth Corbett	Marge Holland	P.E.O. Sisterhood, Chapter G
Sandy and George Corday	Home Care by RVNA	Charles and Judith Pankenier
Rocco and Rachel Coscio	Dr. Donald and Nancy Moore Hulnick	Joanne and John Patrick
Valerie M. Cosgrove	IBM Employee Services	Edwin and Cloris Pearson
Margaret Courtney	Janet Ingraham	Herb Pearson
Covill Family Foundation	Mulvaney Plumbing and Heating	Mary Pierpaoli
Louise and Walter Dages	Janet Jacobs	Pinnacle Trips
Marilyn Dempsey	Mr. and Mrs. Michael Jaykus	Kathleen Preli
Mary Alice DiSalvo	Michael and Barbara Kaplan	Nancy Anne Quain
Joe and Alison Doucet	Diane Kerner	Mico and Otto Raebiger
Irene and Michael Doyle	Richard and Gigi Koleszar	Rita A. Raynor

Donors from Feb. 14 – March 9 (cont'd)

Charles and Barbara Reardon
 Gloria and Kenneth Reed
 Regional Hospice and Home Care
 Rehab by RVNA
 Roger Restaino and
 Miriam Martinez
 Maureen Reville
 Ridgefield Drive Ur Car Service
 Ridgefield Hardware
 The Ridgefield Playhouse
 Carol E. Roberts
 Ron Rogers
 Kent and Margaret Rohrer
 Mr. and Mrs. Harold Rolseth
 Sebastian and Phyllis Romano
 John and Carole Rosa
 Donald and Peter Rose
 Ellen Ross
 Ridgefield VNA
 Robert Sahlstrand
 Darcy and Sam Scatterday
 Walter and Angela Schlichting
 Ann Schmitter
 Mary Jane Scott
 Ted and Lori Seibert
 Eileen S. Shaw
 L. M. Sherdal
 Steve and Myrna Shomstein
 Manny Silva
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 Peter C. Welch, M.D.
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 Western Connecticut
 Health Network
 Tim and Heidi Williams
 Les and Sharon Wormell
 Mary Lou Worrall
 Dorothy A. Wright
 Jeanne Zornoza

FOUNDERS CIRCLE

Founders Circle is growing! These forward-thinking and caring individuals are linking their legacy with Founders Hall by leaving a bequest in their wills. Why not join them? Leaving a non-binding bequest to Founders Hall will proclaim your values, ensure that the next generation has the same access to life-long learning as you do, and impact lives for years to come. For more information on legacy giving, please see Cindy Nesbitt.



ANONYMOUS
 JOAN ANTKIW*
 STEPHEN ANTIKIW
 ROSE M. ANTONUCCI*
 THERESA BACH
 LEE V. BLUM
 JOAN BUBERT
 JIM CHRISTIANO
 JEANNE COOK
 ELAINE COURI
 JOHN COURI
 JACK DANIELS*
 JULIENNE DANIELS
 LIZ GOLDSTONE
 STEVEN GOLDSTONE
 MARYANN GRIERSON
 PETER GRIERSON
 EMELIE HOWARD*
 CLAUDIA KELLY
 JAMES KELLY
 ALINE LAWRENCE*
 TOM LESKO
 DOLORES MACNEILL
 MARGARET MCEACHERN
 BEVERLY OSGOOD
 BILL OSGOOD
 JOANNE PATRICK
 JOHN PATRICK
 CAROL M. PERINE
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*in grateful memory